# **COUPLES AND ASPERGER'S SYNDROME**

Including "The Relationship Minefield" Therapy Programme
A One-day Workshop hosted by ASPIA Inc.

# **VENUE**

The Dome Auditorium Burwood RSL Club 96 Shaftesbury Road BURWOOD NSW 2134

# **DATE**

Saturday 10 March 2018

### TIME

9.00am – 4.00pm (All catering provided)

# **Presentation by Professor Tony Attwood and Dr Michelle Garnett**

This workshop will cover the perspectives of each partner, the developmental phases from meeting to aging, communication issues, challenges in the relationship, factors to promote success, managing stress and supporting each other, sharing the workload of a household/family; affection and intimacy, love languages, and will also include an introduction to the components of Tony and Michelle's new 8 Session Couples Group Therapy Programme "The Relationship Minefield".



**Tony** is a clinical psychologist who has specialized in autism spectrum disorders since he qualified as a clinical psychologist in England in 1975. He works in his own private practice, and is also adjunct professor at Griffith University, Queensland and senior consultant at the Minds and Hearts clinic in Brisbane. His book Asperger's Syndrome – A Guide for Parents and Professionals has sold over 350,000 copies and has been translated into over 25 languages. He has worked with over 8,000 individuals of all ages with Asperger's Syndrome or an Autism Spectrum Disorder.

Tony presents workshops and runs training courses for parents, professionals and individuals with Asperger's Syndrome all over the world and is a prolific author of scientific papers and books on the subject. His book The Complete Guide to Asperger's Syndrome was published in October 2006 and he has several subsequent books published by Jessica Kingsley Publishers, Future Horizons Inc. and Guilford Press.

**Michelle** is a Clinical Psychologist and Founder and Director of "Minds & Hearts," a psychology clinic that provides services specifically for Asperger's Syndrome, Autism and related conditions. Michelle has specialized in autism spectrum conditions (ASC) for over 20 years, developing expertise in all subtypes of autism across all ages.



Michelle created the first screening instrument for Asperger's Syndrome, the Australian Scale for Asperger's Syndrome (ASAS) in 1993. She obtained a PhD for her research on

ASC in 2007 from the University of Queensland, Australia. Since then she has co-authored three books on ASC with Prof Tony Attwood, and a number of peer reviewed journal articles. She provides training in ASC for postgraduate clinical students for four Australian Universities.

# **COUPLES & ASPERGERS SYNDROME WORKSHOP**

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# **REGISTRATION PAGE**

# Registration and payment must be received by 5 March 2018

Cost: \$125 per person / add \$75 per person for each additional person Price includes workshop and all food and refreshments

### Pay via PayPal

See the "Events" page on the ASPIA website – follow this link <a href="www.aspia.org.au/events.html">www.aspia.org.au/events.html</a>
Then, please send an email to <a href="mailto:info@aspia.org.au">info@aspia.org.au</a> with names of guests & any dietary requirements.

#### **Credit Card Payment**

Please complete form below (keep a copy for your records) and post to ASPIA Inc PO Box 57 Macarthur Square LPO, MACARTHUR SQUARE NSW 2560 or scan and email to <a href="mailto:info@aspia.org.au">info@aspia.org.au</a>

### Pay via Cheque

Please complete form below (keep a copy for your records) and post to ASPIA Inc (address above)

#### Pay via Direct Deposit

Account Name: ASPIA Inc BSB: 062 340 Account Number: 1018 1011 (please include surname) Then, please send an email to <a href="mailto:info@aspia.org.au">info@aspia.org.au</a> with your full name and name/s of your guest.

### **Dietary Requirements**

Special dietary requirements for you or your guest MUST BE PRE-ORDERED when registering

NAME/S OF PEOPLE ATTENDING - \$125 per person / add \$75 per person for each additional person

I am paying by <b>Chequ</b> e	e / Credit card (please circle)	). We only accept Visa or Mastercard.
Name on Card:		
Card Number		
		Signature:
Special Dietary Requir	ements: Gluten Free / Veg	etarian / Dairy Free / Other

- Free parking is available under the club. 10 minute walk from Burwood Station.
- FOOTPRINT BOOKS from Warriewood in Sydney will provide books for purchase.
- This workshop is a professional development opportunity and will be offering PD points
- PLACES ARE LIMITED
- Final date for registrations is Monday 5 March 2018