



# Steph's Apron

*Low calorie recipes for your favorite comfort foods*



## Prociutto Arugula Pizza

### Ingredients:

1 8-inch pre-made frozen cauliflower crust

1/4 cup pizza sauce

2 oz. sliced prosciutto

1/2 cup low-moisture part-skim mozzarella cheese shredded

1 cup arugula

1 tsp lemon juice

Salt

Pepper

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### Directions:

Thaw/prepare the cauliflower crust as directed.

In a bowl toss the Arugula with the lemon juice, salt, and pepper. Set aside.

Spread the pizza sauce evenly over the top of the pizza. Sprinkle the mozzarella cheese to cover the surface of the pizza. Add 1/2 of the Arugula mixture to the top of the pizza and then the sliced prosciutto. Bake the pizza according to the crust directions.

Top with the additional 1/2 of the Arugula left over, cut and serve.

Cook Time: Approx. 35 min | Servings: 1 pizza | Calories per servings: 420 cals |