



## Kennedy House Triathlon Entry Form

<b>Participant's Name:</b>						
<b>If entering as part of a team, Team Name:</b>						
<b>Category:</b>  Please tick the correct box	PLEASE TICK	Child Categories				
		Team - U 8 (6-7 years)				
		Team – U11 (8-10 years)				
		Team U16 (11-15 years)				
		Individual – U11 (8-10 years)				
		Individual U16 (11-15 years)				
		Amateur Individual				
		Amateur Team				
		Elite Individual				
		Elite Team				
Please circle your t-shirt size	ADULT	S	M	L	XL	XXL
	CHILD	XS	S	M	L	
Where possible, please give your estimated swim time						
Where possible, please give us your estimated run time						
Where possible, please give us your estimated cycle time						



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<b>Race Entry Fees</b>	Individual Adult: TSH 50,000 Team Adult: TSH 40,000 p/person Individual Child: TSH 30,000 Team Child: TSH 20,000 p/person This amount will include refreshments along the routes (water, bananas & orange segments); as well as a t.shirt and egg & bacon/ hamburger roll & tea/coffee/juice/water
<b>Bank Account for race entries to be transferred to:</b>	A/C Name: Kennedy House Ltd A/C Number: 0260000352 Bank Name: Exim Mpesa Account *details to follow shortly*

### PLEASE READ AND SIGN THE PARTICIPATION WAIVER BELOW

I know that participating in a triathlon is a potentially hazardous activity, which could cause injury or death. I will not enter and participate unless I am medically able, and by my signature, I certify that I am medically able to perform this event, and am in good health, and I am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with participating in this event, including but no limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road; all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release KENNEDY HOUSE SCHOOL, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I am also aware that there will be no refund of the entry fees for any reason what so ever.

**Signature** (parent or guardian required if under 18)

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**Date** \_\_\_\_\_

**Questions? Call Francie Charters on +255784222820/ email:**  
[frances.charters@kennedyhouseschool.org](mailto:frances.charters@kennedyhouseschool.org).

[www.kennedyhouseschool.org](http://www.kennedyhouseschool.org)