

NEW YORK CITY FAMILY CAREGIVER COALITION

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NYCFCC Celebrates
NATIONAL FAMILY CAREGIVER MONTH 2009

Partnerships: Enriched & Empowered

4TH ANNUAL EVENING OF CELEBRATION & GRATITUDE
TUESDAY, NOVEMBER 10, 2009 - FIVE O'CLOCK IN THE EVENING
EMBLEMHEALTH CONFERENCE CENTER
NEW YORK, NEW YORK

EmblemHealth Proudly Salutes the
New York City Family
Caregiver Coalition

on the occasion of your

Fourth Annual Evening of
Celebration and Gratitude.

We applaud you for your commitment to health
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NATIONAL FAMILY CAREGIVERS MONTH, 2009

BY THE PRESIDENT OF THE UNITED STATES OF AMERICA

A PROCLAMATION

The true strength of the American family finds its roots in an unwavering commitment to care for one another. In difficult times, Americans come together to ensure our loved ones are comfortable and safe. Whether caring for a parent, relative, or child, our Nation's caregivers selflessly devote their time and energy to the well-being of those they look after. During National Family Caregivers Month, we honor the individuals providing essential services to family members who could not otherwise look after themselves.

Caregiver support is at the heart of my Administration's commitment to assisting our Nation's families. Currently, a variety of programs and services offer help and encouragement to family caregivers. The National Family Caregiver Support Program and the Lifespan Respite Care Act include important resources for caregivers of children and adults, with opportunities to receive much-needed assistance and take part in support programs with other families. These programs allow individuals to remain with their families for as long as possible while helping to ensure the wellness of participating care providers.

My Administration's dedication to caregivers is also embodied in our efforts to develop policies to support workers trying to manage their responsibilities on the job and at home. Families are best able to care for their loved ones when they can take time away from work without fear of losing their job or their income. We all have roles to play, including employers, by providing paid leave, flexible work arrangements, and other programs when feasible, to help ensure that caregivers are able to successfully meet their work and household responsibilities.

Every day, family caregivers assist loved ones with tasks ranging from personal care and homemaking, to transportation and financial assistance. As the foundation of America's long-term care system, these individuals give millions of Americans the peace of mind and security that only family can provide.

NOW, THEREFORE, I, BARACK OBAMA, President of the United States of America, by virtue of the authority vested in me by the Constitution and the laws of the United States, do hereby proclaim November 2009 as National Family Caregivers Month. I encourage all Americans to pay tribute and support those who are caring for their family members, friends, and neighbors in need of assistance.

IN WITNESS WHEREOF, I have hereunto set my hand this thirtieth day of October, in the year of our Lord two thousand nine, and of the Independence of the United States of America the two hundred and thirty-fourth.

BARACK OBAMA

NEW YORK CITY FAMILY CAREGIVER COALITION
NYCFCC
MISSION STATEMENT



The New York City Family Caregiver Coalition (NYCFCC) will create strength out of diversity and build a united forum that will lead to targeted action including advocacy, education, information and public awareness.

A “family caregiver” is a person who provides unpaid care for relatives and loved ones.

NEW YORK CITY FAMILY CAREGIVER COALITION

NYCFCC 

49 WEST 45TH STREET, 7TH FLOOR

NEW YORK, NEW YORK 10036

TEL: 646.447.7175; OR CFORC@hipusa.com

Founders:

National Alliance for Caregiving (NAC)
Council of Senior Centers and Services
NYC, Inc. (CSCS)

Officers:

Rev. Gregory L. Johnson,
James O'Neal, MA
Co-chairpersons

Marie Ellen Galasso, LMSW
Secretary

Marvin Tolkin
Treasurer

Dear Friends and Colleagues,

Welcome to our fourth annual New York City Family Caregiver Coalition (NYCFCC) event celebrating National Family Caregiver Month and entitled:

PARTNERSHIPS: Enriched and Empowered

We are deeply grateful for your attendance and for your role in family caregiving. This year has been one of great focus on health care and the debate continues. One way in which NYCFCC has been represented in this debate has been through the presence of our co-chair, Gregory Johnson, on the 16 member national panel of HHS-AoA National Family Caregiver Support Program Review Task Force in Washington.

In all discussions one constant remains: THE FAMILY CAREGIVER IS THE BACKBONE OF THE HEALTH CARE SYSTEM....and most of that service is FREE. Thus, we need to support, empower, guide, enhance and provide needed resources for this very important group of persons. Long considered, the "*the silent patients*," family caregivers are increasingly being recognized, respected and assisted for the vital role they play and for the huge financial contribution they make.

Coalitions like NYCFCC continue to grow and expand. They create platforms for synergy, the development of best practices and together have an ever increasing voice for advocacy. NYCFCC has been a leader city, state, nationally and more recently internationally for family caregivers

We are deeply grateful to our honorees this evening for allowing us to express our congratulations to them individually and collectively.

In celebrating and honoring each, we celebrate and honor all family caregivers and we say "*Thank you.*"

Thank you for joining us and thank you for your part in The World of Family Caregiving...



James C. O'Neal, MA



Rev. Gregory L. Johnson

Sponsored by: Council of Senior Centers and Services of New York City, Inc.

NEW YORK CITY FAMILY CAREGIVER COALITION

NYCFCC

OUR STORY



NYCFCC is a program of the Council of Senior Centers & Services created to bring together caregivers of all ages, circumstances, and relationships. The establishment of the NYCFCC began in 2004 when the Executive Director, Igal Jellinek of the Council of Senior Centers & Services of New York City, Inc. was contacted by Gail Gibson Hunt, the founder and CEO of the National Alliance for Caregiving who had received a generous grant from the Pfizer Corporation to establish Caregiver Coalitions all over the United States.

In an attempt to unite resources, Igal called CSCS board member, Rev. Gregory L. Johnson, - the then Assistant Director of Protocol for Caregiver Programs and Community Based Activities for HIP Health Plan of New York. (Gregory and Gail Gibson Hunt co-authored a publication for the White House Conference on Aging "Care for the Family Caregiver: A Place to Start"). Igal asked if HIP Health Plan would host the first meeting (a tradition and patronage that continues); and interested agencies/ persons were invited to attend the developmental meeting. Thus, was born the New York City Family Caregiver Coalition (NYCFCC).

- The mission of the NYCFCC is to create strength out of diversity and build a united forum that will lead to targeted action including advocacy, education, information and public awareness. A "family caregiver" is a person who provides unpaid care for relatives and loved ones.
- The caregivers served by the NYCFCC include: grandparents raising grandchildren, adults caring for aging parents, spousal caregivers, gay and lesbian caregivers, and caregivers from multi-cultural backgrounds.
- The member agencies of the NYCFCC serve over 400,000 people each year.
- The NYCFCC in its early stages of development provides a central organizing body for activities and services for family caregivers.
- The NYCFCC serves all 5 boroughs of New York City (NYC).
- The NYCFCC is made up of volunteer members.
- Member organizations include: social service agencies, research and advocacy organizations, elder law attorneys, non-profits, arts organization serving caregivers, hospitals and others.
- The NYCFCC is currently funded through volunteer in-kind donations of time, donations from member organizations, corporations and non-profit members, and individual contributions.
- The NYCFCC has formed four committees which have met, created action plans, and reported back to the NYCFCC on their progress. These committees are: Advocacy, Education, Information and Public Awareness. The NYCFCC, as a whole, launched an official kick-off event on November 14, 2006 with 221 attendees. The coalition published a membership directory distributed to all attendees. The coalition has become a valuable vehicle for communication of relevant news to member organizations.



STATE OF NEW YORK
EXECUTIVE CHAMBER
ALBANY 12224

DAVID A. PATERSON
GOVERNOR

November 10, 2009

Dear Friends:

I am delighted to send greetings to everyone gathered for the New York City Family Caregiver Coalition's 4th *Annual Evening of Gratitude and Celebration*, sponsored by the Council of Senior Centers & Services.

The New York City Family Caregiver Coalition (NYCFCC) brings together a diverse network of agencies and organizations with the common goal of promoting support and advocacy for family caregivers. Tonight's theme, "Partnerships: Enriched and Empowered," highlights the great collaboration that forms the strong heart of NYCFCC, which serves over 400,000 people annually throughout the five boroughs of the City.

I join with everyone gathered in recognizing tonight's special honorees, Dr. Mary S. Mittelman and the New York University Langone Medical Center's Psychosocial Research & Support Program, and Ana L. Oliveira of the New York Women's Foundation, for their outstanding leadership and contributions to caregivers in the metropolitan area.

On behalf of all New Yorkers, I commend all affiliated with the New York City Family Caregiver Coalition for your exemplary dedication and tireless advocacy, and extend best wishes for the future as the program remains an invaluable resource for individuals and families in New York City and the Empire State.

With warmest regards, and best wishes to all for a memorable occasion.

Sincerely,

A handwritten signature in cursive script that reads "David A. Paterson".

David A. Paterson

David A. Paterson
Governor

Michael J. Burgess
Director



Two Empire State Plaza
Albany, New York
12223-1251

www.aging.ny.gov

Dear Gala Attendees:

I want to join all of you in recognizing the special honorees at the 4th Annual Evening of Gratitude and Celebration, Dr. Mary Mittelman and Ana Oliveira, as well as all others who give so tirelessly of their time and efforts in support of the New York City Family Caregiver Coalition and the many in the community touched by the work of the Coalition.

Thanks to the good works of the Coalition, the New York City area has an organizing body for activities and services for family caregivers. The caregivers served by the Coalition, including grandparents raising grandchildren, adults caring for aging parents, spousal caregivers, gay and lesbian caregivers and caregivers from multi-cultural backgrounds benefit greatly from the activities and programs fostered by the Coalition. I want to also acknowledge the leadership of Igal Jellinek from the Council of Senior Centers and Services of New York City, the Rev. Gregory L. Johnson and James O'Neal for taking the first steps in bringing together caregivers of all ages and circumstances to form the Coalition.

Your special honorees have played vital roles in advancing policy and programming that assists caregivers, not just in New York City, but beyond. Dr. Mittelman has been evaluating psychosocial interventions for family members of people with Alzheimer's for more than two decades and her work as Director of the Psychosocial Research and Support Program at the Center of Excellence for Brain Aging and Dementia at New York University continues to place her as a national expert and leader in the field. Ana L. Oliveira, having taken on the responsibilities as President and CEO of The New York Women's Foundation in 2006, has worked in the health and human services field for over 20 years, developing programs for vulnerable populations throughout NYC. We are very fortunate to have them here in New York to advance their work and share their wisdom.

Once again, congratulations to the honorees and to the New York City Family Caregiver Coalition on this occasion of your 4th Annual Evening of Gratitude and Celebration.

Cordially,

Michael J. Burgess

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Lilliam Barrios-Paoli
Commissioner

2 Lafayette St.
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November 10, 2009

Dear Gala Attendees:

Congratulations to the New York City Family Caregiver Coalition on celebrating four years as a forum for advocacy, activities and services for family caregivers throughout New York City. Co-Chairs Greg Johnson, James O'Neal and the many member organizations of the Coalition have good reason to be proud of NYCFCC's work in bringing together such a broad and diverse range of stakeholders and in raising awareness of caregiver needs.

Congratulations also to the Council of Senior Centers and Services and to Emblem Health which have been supportive of the Coalition since its inception and without whose sponsorship tonight's gala would not have been possible. I note with pleasure the extraordinary accomplishments of the Coalition's honorees tonight, and join in congratulating them as well. Dr. Mittelman's groundbreaking work on interventions for people with Alzheimer's and dementia has given – and continues to give – hope to caregivers around the globe. And Ana Oliveira of the New York Women's foundation spearheads an organization that has empowered thousands of women to overcome adversity.

The Department is very pleased to count itself among the Coalition's founding members. On this gala occasion, I'd like to reaffirm DFTA's support for the Coalition's mission and our availability as a caregiver resource. Let me wish the NYCFCC many more years of successful growth as the pre-eminent representative of New York City caregivers to the broader public.

Sincerely,

A handwritten signature in black ink, appearing to read "Lilliam Barrios-Paoli", written over a horizontal line.

Lilliam Barrios-Paoli
Commissioner



The Public Advocate for the City of New York
Improving Access to City Services

Betsy Gotbaum
Public Advocate

November 10, 2009

Dear Friends:

It is my pleasure to send greetings to everyone attending the New York City Family Caregiver Coalition's 4th Annual Evening of Gratitude and Celebration.

As Public Advocate for the City of New York, I congratulate this year's honorees: Dr. Mary S. Mittelman and the Psychosocial Research & Support Program, at the Center of Excellence on Brain Aging, NYU Langone Medical Center; and Ana L. Oliveira, President & Chief Executive Officer of The New York Women's Foundation.

Upstanding institutions like the New York City Family Caregiver Coalition, and Council of Senior Centers and Services NYC, Inc., are at the core of what makes New York City great. I am heartened by their contributions and by the knowledge that they will continue to serve their community for a long time to come.

Best wishes for an outstanding evening and for the continuation of your vital work.

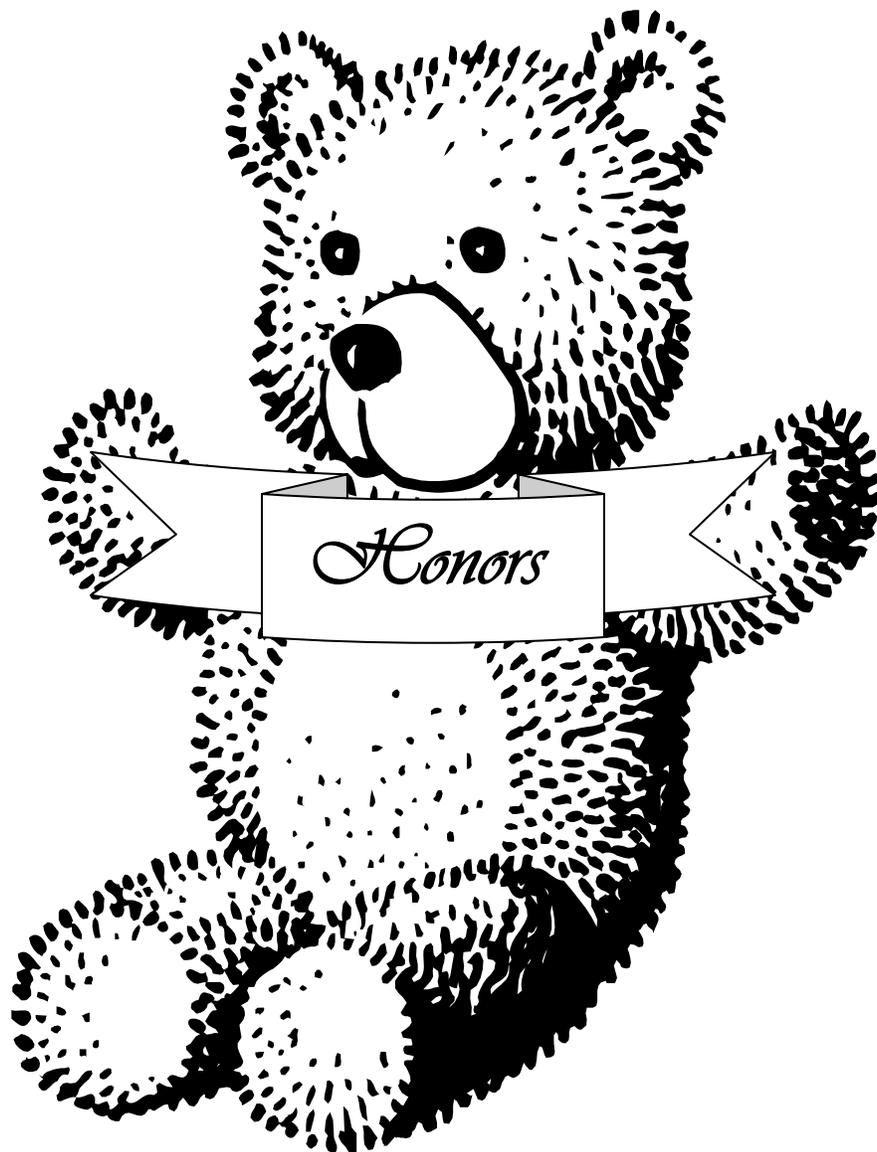
Sincerely,

Betsy Gotbaum



NEW YORK CITY
FAMILY CAREGIVER COALITION

NYCFCC



Dr. Mary S. Mittelman

AND THE
PSYCHOSOCIAL RESEARCH & SUPPORT PROGRAM,
CENTER OF EXCELLENCE ON BRAIN AGING,
NYU LANGONE MEDICAL CENTER



Ana L. Oliveira

PRESIDENT AND CHIEF EXECUTIVE OFFICER
THE NEW YORK WOMEN'S FOUNDATION



Dr. Mary S. Mittelman

AND THE

PSYCHOSOCIAL RESEARCH & SUPPORT PROGRAM, CENTER OF EXCELLENCE ON BRAIN AGING,
NYU LANGONE MEDICAL CENTER

Mary S. Mittelman is an epidemiologist who has been evaluating psychosocial interventions for family members of people with Alzheimer's disease for more than two decades. She is Director of the Psychosocial Research and Support Program of the NYU Center of Excellence on Brain Aging and Research Professor in the NYU Department of Psychiatry. She received her Dr.P.H. in psychiatric epidemiology and an M.S. in biostatistics from Columbia University School of Public Health.

She is Principal Investigator of the **NYU-Spouse Caregiver Intervention study**, which has been funded by the NIH since 1987, as well as other studies of psychosocial interventions for people with cognitive impairment, dementia and their family members. She was recently a recipient of the first global award for Alzheimer's psychosocial research from Alzheimer's Disease International/ Fondation Mederic Alzheimer. In 2008 she received the Maggie Kuhn Award from Presbyterian Senior Services for her work to help older adults and Dr Mittelman and the Minnesota Department for the Aging received the Rosalynn Carter Caregiver Leadership award for their AoA-funded partnership translating the NYU Caregiver Intervention into practice

Dr. Mittelman's publications include a lead article in JAMA and an article in Neurology that provided evidence that counseling and support for spouse caregivers and their families can have a major impact on the time a person with AD can remain at home and on the well-being of the family caregiver as well. Other publications demonstrate the long-term effectiveness of counseling and support for caregivers in reducing symptoms of depression and the severity of their reactions to the behavior of their family members with dementia and in maintaining caregiver physical health. More recent publications show that the mechanism through which the intervention achieves these improvements in caregiver well-being is by improving the support and assistance from family members and friends and that the interventions effects on caregiver well-being lasted through nursing home placement and death of the person with dementia.

In the past few years, Dr. Mittelman has made a commitment to disseminate research findings to both health care providers and the community at large and to collaborate with community organizations to implement evidence-based psychosocial interventions in community settings. With her colleagues, she has written several books for caregivers and health care professionals, including *Counseling the Alzheimer's Caregiver: A Resource for Health Care Professionals*, published in 2003 by the American Medical Association. Dr Mittelman is a member of the scientific advisory boards of several Alzheimer's Centers and research institutes.



Ana L. Oliveira

**PRESIDENT AND CHIEF EXECUTIVE OFFICER
THE NEW YORK WOMEN'S FOUNDATION**

Ana Oliveira became the President & CEO of The New York Women's Foundation® in February 2006, on the eve of its 20th Anniversary. Under her leadership the Foundation has grown in several dimensions, doubling its grant-making and revenues, significantly widening public awareness of its presence in NYC and in the philanthropic world, launching landmarked reports on the conditions of women in New York, and broadening the Foundation's all inclusive democratic base of support.

Ana has worked in the health and human services field for over 20 years, developing programs for vulnerable populations throughout NYC. She served as the first woman and Latina Executive Director of Gay Men's Health Crisis for over seven years, overseeing a complete turn-around of the agency. Before working at GMHC, Ana directed innovative community-based programs at Samaritan Village, the Osborne Association, Kings County and at Lincoln Hospitals. Ana was a member of the New York City HIV Planning Council and was appointed by Mayor Bloomberg to the New York City Commission on AIDS in 2004. She continues to serve on the HIV Commission's Advisory Board.

Ana serves on the boards of the Women's Funding Network, The LGBT Center and The New York Foundation. In 2007, Ana joined the Selection Committee of the newly formed New York Times Nonprofit Excellence Awards.

In 2005, Ana was profiled in Newsweek as "America's Best," a series highlighting ordinary individuals using their extraordinary vision on behalf of others. In March 2009, Ana received the National Association of Women Business Owners (NAWBO) Master Award for her exceptional achievement as a non-profit leader. Given to a woman who operates a mature company, continues to be innovative and whose vision has helped the company to thrive and expand, this marks the first occasion that the Master Award honors "a non profit doing serious business."

Her awards feature: *Mutual Welfare League Certificate*, (Osborne Association); *Liberty Award*, (Lambda Legal & Education Defense Fund); *Community Service Award* (Empire State Pride Agenda); and *Rosie Perez Fuerza Award*, (Latino Commission on AIDS).

Ana was born and raised in Sao Paulo, Brazil, and resides in Manhattan. She has an M.A. in Medical Anthropology from the New School for Social Research and is a Licensed Acupuncturist.

Council of Senior Centers and Services of New York City, Inc.

proud sponsor of

New York City Family Caregiving Coalition

Congratulates the 2009 honorees

Dr. Mary S. Mittelman

And The Psychosocial Research & Support Program,
Center of Excellence on Brain Aging,
NYU Langone Medical Center

Ana L. Oliveira

President & Chief Executive Officer
The New York Women's Foundation

And

Applauds the hard work and dedication of its co-chairs
Rev. Gregory Johnson and James O'Neal

Thank you to our generous host, EmblemHealth

William J. Dionne
Board President, CSCS

Igal Jellinek
Executive Director, CSCS

The Power of Aging!



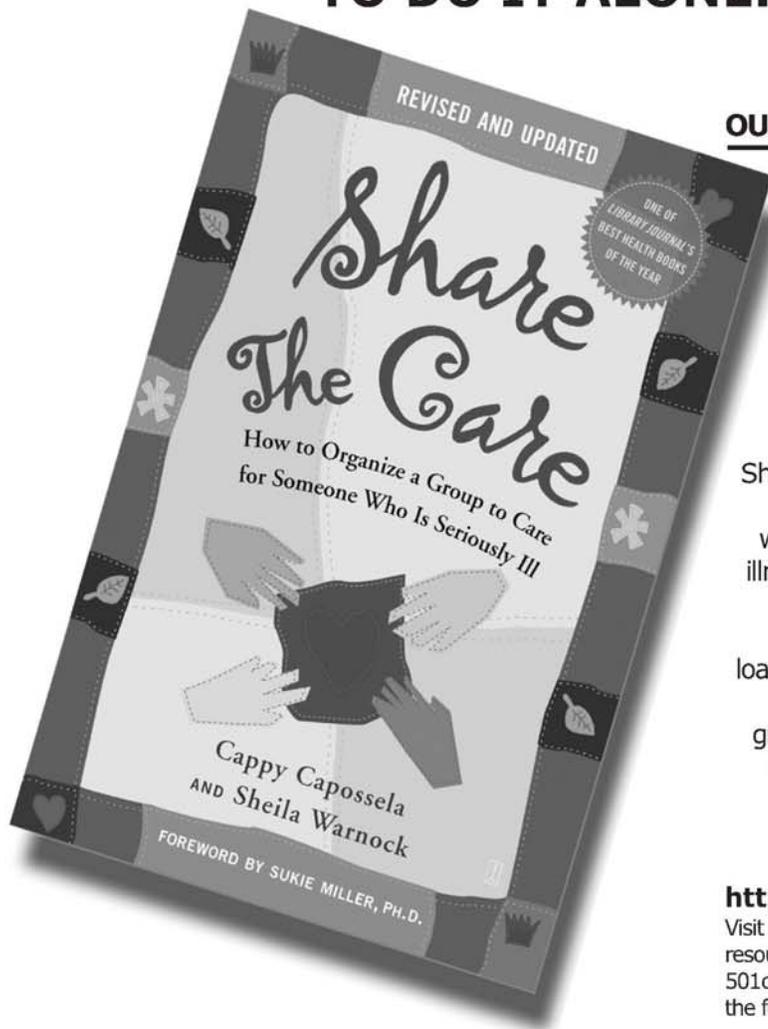
Ana, we are deeply grateful for your inspirational leadership and dedication to improving the lives of women and families in New York City.

Congratulations on being honored by
The New York City Family Caregiver Coalition!

The Board, Alumnae, and Staff of the New York Women's Foundation



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OUR ORGANIZATION:

At ShareTheCaregiving, Inc., we have one focus... to educate communities, corporations, clergy, and health professionals about group caregiving, using the Share The Care model.

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AS THEY HONOR

DR. MARY S. MITTELMAN

AND THE

PSYCHOSOCIAL RESEARCH & SUPPORT PROGRAM, CENTER OF
EXCELLENCE ON BRAIN AGING,
NYU LANGONE MEDICAL CENTER



ANA L. OLIVEIRA

PRESIDENT AND CHIEF EXECUTIVE OFFICER
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Services Now for Adults Persons, Inc.
80-45 Winchester Blvd.
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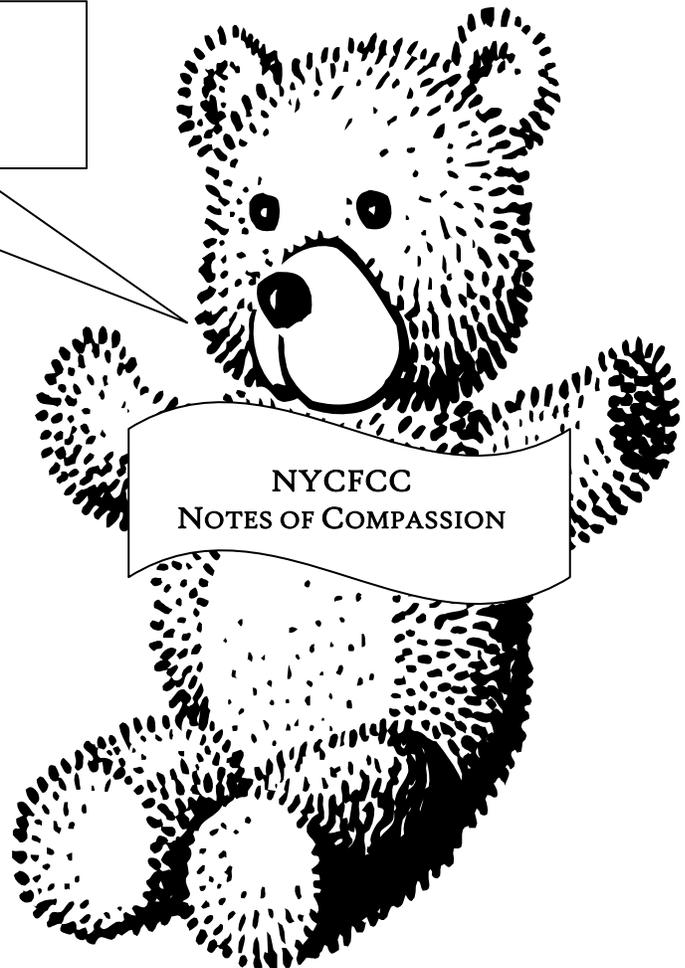
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Honorees
In Celebration and Gratitude

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Serving the Community Since 1972

- ❖ November 12, 2009 – Worldwide Release:
The Charter of Compassion
- ❖ In Memoriam





Charter for Compassion

The Charter for Compassion is the result of Karen Armstrong's 2008 TED Prize wish and made possible by the generous support of the Fetzer Institute. It will be unveiled to the world on **November 12, 2009**.

Why a Charter for Compassion?

The Golden Rule requires that we use empathy -- moral imagination -- to put ourselves in others' shoes. We should act toward them as we would want them to act toward us. We should refuse, under any circumstance, to carry out actions which would cause them harm.

The Charter, crafted by people all over the world and drafted by a multi-fath, multi-national council of thinkers and leaders, is a cry for a return to this central principle which is so often overlooked in our world. It reminds the faithful that in the past leading sages of all the major traditions insisted that the Golden Rule was the essence of religion, that everything else was "commentary," and that it should be practised "all day and every day." They insisted that any interpretation of scripture that led to hatred or disdain was illegitimate and that exegesis must issue in practical charity.

Like the Charter of Human Rights, this Charter for Compassion is a yardstick against which the laity as well as religious and secular leaders can measure their behaviour; it can empower congregations to demand a more compassionate teaching from pastors and preachers; it can mobilise youth, who have seen at a formative age what happens when bigotry becomes rife in a society; it can make interfaith understanding a priority; inspire exegetes, scholars, educators and the media to explore the role compassion has played in the traditions, and ensure that compassion is a focal point in the curricula of schools, colleges and seminaries.

The Charter seeks to change the conversation so that compassion becomes a key word in public and private discourse, making it clear that any ideology that breeds hatred or contempt ~ be it religious or secular ~ has failed the test of our time.

We need everybody to participate ~ atheists, Buddhists, Hindus, Christians, Jews, Muslims ~ everybody! Our polarized world needs to see compassion practically implicated ~ politically, socially and economically ~ and show that in our divided world, which so often stresses difference, compassion is something on which we can all agree.

About Karen Armstrong

Karen Armstrong is one of the most provocative, original thinkers on the role of religion in the modern world. Armstrong is a former Roman Catholic nun who left a British convent to pursue a degree in modern literature at Oxford. She has written more than 20 books around the ideas of what Islam, Judaism and Christianity have in common, and around their effect on world events, including the magisterial *A History of God and Holy War: The Crusades and Their Impact on Today's World*. Her latest book is *The Case for God*. Her meditations on personal faith and religion (she calls herself a freelance monotheist) spark discussion — especially her take on fundamentalism, which she sees in a historical context, as an outgrowth of modern culture.

In February 2008, Karen Armstrong won the TED Prize and wished for help in creating, launching and propagating the Charter for Compassion.

A project of the TED Prize

TED stands for Technology, Entertainment, Design. It is an annual conference which brings together the world's most fascinating thinkers and doers, who are challenged to give the talk of their lives (in 18 minutes). TED.com makes the best talks and performances, the ideas worth spreading, from TED available to the public, for free.

The [TED Prize](#) is designed to leverage the TED Community's exceptional array of talent and resources. It is awarded annually to three exceptional individuals who each receive \$100,000 and, much more important, the granting of "One Wish to Change the World."

Made possible by the Fetzer Institute

A private operating foundation based in Kalamazoo, Michigan, the [Fetzer Institute](#) engages with people and projects around the world to help bring the power of love, forgiveness and compassion to the center individual and community life. The Institute's work rests on a deep conviction that each of us has power to transform the world by strengthening the connection between the inner life of mind and spirit with the outer life of service and action. While the Fetzer Institute is not a religious organization, it honors and learns from a variety of spiritual traditions.

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In Memoriam



*NYCFCC remembers with deepest gratitude, respect and love one of our founding members
who passed away in recent days.*

*Each of us has been greatly blessed personally and professionally by her wisdom, her eagerness
to investigate, her grace, her guidance, her generosity of spirit and passion,*

We give thanks for the life of:

MARJORIE H. PANTOR

*Professor Emerita, Fordham University Graduate School of Social Service
Brookdale Distinguished Scholar*

NEW YORK CITY FAMILY CAREGIVER COALITION
NYCFCC 
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FOUNDING MEMBERS

AARP

Alzheimer's Association, New York City Chapter
Brookdale Foundation Group
The Carter Burden Center for Aging
Council of Senior Centers and Services of New York City
Empowering Caregivers
The Five Towns Senior Center
Freedman, Fish, & Grimaldi, LLP
Friends In Deed
New York City Department for the Aging
Heights and Hill Community Council
HIP Health Plan of New York
Institute for Puerto Rican/Hispanic Elderly, Inc.
Jewish Board of Family and Children's Services
Lenox Hill Neighborhood House
National Alliance for Caregivers
Services Now for Adult Person's Inc.
Sharethecaregiving, Inc.
The Supportive Care Programs of Saint Vincent's Hospital
The United Hospital Fund
The Visiting Nurse Service of New York

AARP

AARP is a nonprofit, nonpartisan membership organization for people age 50 and over. AARP is dedicated to enhancing quality of life for all as we age. We lead positive social change and deliver value to members through information, advocacy and service. AARP also provides a wide range of unique benefits, special products, and services for our members. These benefits include AARP Web site at www.aarp.org, "AARP The Magazine," the monthly "AARP Bulletin," and a Spanish-language newspaper, "Segunda Juventud." Active in every state, the District of Columbia, Puerto Rico, and the U.S. Virgin Islands, AARP celebrates the attitude that age is just a number and life is what you make it.

The AARP Grandparent Information Center (GIC) offers resources for grandparents of all types - those living close by or long distance, grandparents raising grandchildren, step grandparents, or those with visitation issues. The GIC also offers a variety of resources for the professionals who work with grandparents who have various family roles. AARP NY works to remove structural and attitudinal barriers to grandparents and other kin caregivers through outreach and training and public education, reform and coalition building.

AARP NY develops county-specific guides for educating caregivers and social service providers about eligibility and application for public assistance, school enrollment, legal rights, submission of legal documents and petitions, and foster parent certification; provides trainings to social service professionals, school personnel, and lawyers about legal rights and grandparent law; and coordinates summits and New York State KinCare Coalition meetings. Additionally, AARP NY develops various brochures and other publications relating to kin caregiver issues. For more information about kin caregiving or the NYS KinCare Coalition, contact Gerard Wallace at gwall@albanylaw.edu.

Beth Finkel is the New York State AARP Senior Manager of Programs and Services. She directs development of AARP issues, services and activities for New York State. She has been at AARP for 13 years. Before being in her current position at AARP she was the Associate State Director for Community Outreach at AARP.

She oversees all community outreach and services including Money Management, Grandparents Raising Grandchildren, Financial Security and Long Term Care programming. She leads and helped develop the

NYS KinCare Coalition. She created the NYS Medicare Savings Program Taskforce. Previously, she was the Executive Director of Manhattan Borough-Wide Interagency Council Aging and Public Policy Associate at the Council of Senior Centers and Services of New York City.

Ms. Finkel has Masters of Social Work from Yeshiva University in Community Organizing and a BS from American University in Business Administration. She has served on the boards of Brookdale Center for the Aging, Manhattan Community Board 8, and Yorkville Common Pantry.

AFRICAN HOPE COMMITTEE INC (AHC)

African Hope Committee Inc. is a community based nonprofit organization located in Harlem, New York. Our vision is to provide health education, immigration services, and the empowering of African and other immigrant population in New York City. AHC's mission is to serve and improve the overall welfare of the African immigrant community to facilitate greater assimilation and self-sufficiency. AHC's activities are planned with the purpose of relieving the poor, the distressed and the underserved African Immigrant population and other minority groups living in New York City. AHC provides health education services, home visits, case managements, counseling sessions, immigration services, translation, and referrals to health institutions.

To learn more about us, please visit www.afriquehope.org and African Hope Committee Inc. on Facebook.com. You can also contact us at email: info@afriquehope.org

AIDS COMMUNITY RESEARCH INITIATIVE OF AMERICA (ACRIA)

The AIDS Community Research Initiative of America is a pioneering research and education organization working in New York City, across the U.S., and around the world to help people living with HIV and AIDS enjoy longer, healthier lives. Every day, ACRIA is leading the development of new AIDS drugs, undertaking cutting-edge research, developing HIV healthcare and treatment education materials used around the world, and strengthening AIDS organizations both near and far through technical assistance and capacity building programs. For almost 20 years ACRIA has been championed by the art, fashion, media, and design communities.

Through its Center on HIV & Aging, ACRIA is a recognized leader on the emerging issue of older

adults and HIV. The Center investigates, defines, and seeks to address the unique needs and challenges that older adults of diverse populations living with HIV face as they age. Through research, education, and advocacy, the Center fosters the open exchange and dissemination of information within the lay and scientific communities and among both older adult and AIDS service providers. This open dialogue serves to advance the formulation of public policy guidelines, the identification of unmet needs, the improved delivery of life-saving services, and the articulation of research gaps in this understudied and underserved population.

Mark Brennan, PhD, is a Senior Research Scientist at ACRIA. Prior to receiving his doctoral degree in Applied Developmental Psychology from Fordham University in 1995, he was a Brookdale Fellow under the mentorship of Professor Marjorie Cantor and served as Co-Principal Investigator on *Growing Older in New York City in the 1990s*. After working at the New York City Department for the Aging, he joined Lighthouse International in 1996 to study coping and adjustment to age-related visual impairment and the roles of religion and spirituality in adaptation to chronic illness. During his tenure at the Lighthouse, Dr. Brennan served as a Principal Investigator on a study of caregiving among older LGBT adults. Since coming to ACRIA, Dr. Brennan's work has focused on depression, social supports, and spirituality among older adults with HIV. He is currently President-Elect of the State Society on Aging of New York, a Fellow of the Gerontological Society of America (GSA), and Board Member of the New York Association on HIV over Fifty (NYAHOF). He is the Book Review Editor for the *Journal of Religion, Spirituality and Aging*. Dr. Brennan has been recognized for his research and work in the field of aging by the Hunter-Brookdale Center on Aging, Pride Senior Network, and the New York State Office for the Aging. He has authored over 50 peer-reviewed articles, chapters and books.

ALZHEIMER'S ASSOCIATION, NEW YORK CITY **CHAPTER**

The mission of the Alzheimer's Association, New York City Chapter is to create and promote comprehensive and humane care for persons with Alzheimer's disease and related disorders, and to provide support for their families and professional caregivers. The Chapter meets this mission in the community through increasing public awareness, providing education, creating and encouraging replication of model programs, collaborating with research centers, and

undertaking advocacy. All of our programs are free of charge to persons with dementia and their family caregivers. For more information, please call our 24-hour Helpline at 800-292-3700

Core Programs

24-Hour Helpline

The 24-Hour Helpline is available around the clock, 365 days a year. Calls are answered by staff and specially trained volunteers who offer information, referrals, and support to family members, professional caregivers, people with dementia, and anyone in need of services regarding dementia. Translation services are available in 140 languages. The Helpline responds to over 400 calls per month.

Care Consultation

Care Consultation provides individual short-term counseling and support for family caregivers and persons with the disease, through phone and face-to-face sessions. Our care consultant helps families coordinate services and assists in care planning.

Support Groups

Over 130 support groups for caregivers provide a consistent and caring place for group members to discuss the challenges and problems of caregiving, share their feelings and find emotional support as well as exchange information and educate themselves about Alzheimer's disease. A pioneer in the movement to provide services to persons in the early stage of Alzheimer's disease, the Chapter offers support groups for this growing population.

MedicAlert® + Alzheimer's Association Safe Return®
MedicAlert® + Alzheimer's Association Safe Return® is a nationwide wanderer's safety program created by the Alzheimer's Association that assists in the safe and timely return of individuals with Alzheimer's disease and related dementias who wander and become lost. Persons with dementia enroll in the program and receive ID bracelets, wallet cards and other identifiers. MedicAlert + Alzheimer's Association Safe Return provides assistance whether a person becomes lost locally or far from home, and whether or not the individual is registered in the program.

Early Stage Services

Our Chapter's **Early Stage Services** are here to assist and support persons with early stage dementia and their families. We provide information by telephone or in private counseling sessions. We also have two programs, **MemoryWorks** and **Connections**, that are specifically designed for individuals with Mild Cognitive Impairment (MCI) or early-stage dementia..

Education Meetings

These informative meetings and educational seminars are conducted in each of the boroughs, and address important topics relating to Alzheimer's disease. Subjects include diagnosis, home care concerns, patient management, research updates, caregiver health and well being, nursing home placement and end-stage care giving issues.

Training

Our experienced training staff offer programs to sensitize professionals and paraprofessionals to the special needs of the Alzheimer's person and family. We offer individualized training to staff of adult day care programs, nursing homes, assisted living residences, community based social service agencies, pastoral ministries, and others.

- Dementia Home Care Workers Training - An innovative program offered in English and Spanish specially designed to equip home and personal care workers with the skills and knowledge they need to provide their clients with the highest quality of dementia care.
- Support Group Leaders Training - An intensive, 4-day workshop designed for professionals and former caregivers who wish to lead family and early stage support groups. This program employs a didactic and experiential approach to training new group leaders in support group leadership.
- Family Caregiver Workshop - A ten hour workshop, offered in English and Spanish, which focuses on a person-centered care approach, is conducted in a supportive and nonjudgmental environment. The training is offered at a variety of times in order to accommodate diverse schedules of Caregivers.

Diversity and Outreach

Diversity and Outreach efforts are designed to extend Chapter programs and services to under-served populations, including education, information, referrals and support to Latino, African-American, Chinese families and other ethnic groups.

BETTER LIVING NOW INC.

Better Living Now, founded in 1991, has become an industry leading national mail order company capable of providing a single source solution for healthcare products and disease management tools. We are committed to the highest quality of care and customer satisfaction.

Better Living Now's Mail Order Medical Supply Programs specialize in the needs of patients with chronic conditions such as Diabetes, Asthma and Cancer stocking a vast array of disposable supplies. Our mail order programs provide an efficient and cost effective delivery method for providers and their patients. We provide managed care organizations, PPO's, self-insured health funds, Medicare, Medicaid and other insurers a menu of comprehensive programs which help control and contain the costs of medical appliances, disposable medical supplies and prescription pharmaceuticals; while providing their members with comprehensive educational and professional support. Our staff of Licensed Pharmacists, Certified Diabetic Educators, Respiratory Therapists and Certified Fitters are available to answer questions and provide support 7 days a week.

Our philosophy is simple, anyone can ship supplies. Who is engaging and empowering the patient to be more compliant and to ultimately lead a more productive and happier life? We are!

BROOKDALE FOUNDATION GROUP

The Brookdale Foundation Group provides seed grants nationally to not-for-profit organizations for Group Respite and Relatives as Parents Program. The Relatives as Parents Program (RAPP) encourages and promotes the creation or expansion of services for grandparents and other relative caregivers who have taken on the responsibility of surrogate parenting. The Group Respite Program supports community-based efforts to develop and sustain social model respite programs for elders with Alzheimer's disease and their family caregivers.

To find information on programs in your area, go to www.brookdalefoundation.org

CARTER BURDEN CENTER FOR THE AGING, INC.

The concept of the Carter Burden Center for the Aging began in the early seventies. City Councilman Carter Burden recognized a very great need that was not being met in his district - Manhattan's Upper East Side. Countless frail and elderly who had contributed to the community their whole lives now needed help in order to remain in their apartments and continue to participate in the life of their neighborhood. In 1971 he addressed this need by creating a position for one social worker that worked solely with the seniors in his district. Now with a \$3.1 million dollar budget and a staff of forty, the Carter Burden Center for the Aging, Inc. serves thousands of people each year.

The Carter Burden Center provides many different kinds of assistance to seniors through our diverse programs. Often people come to the Center in crisis - they might have received an eviction notice or need help in ending an abusive relationship. Sometimes people need the socialization and activity available at the Carter Burden Luncheon Club. Dedicated staff, local undergraduate and graduate students, and over 1200 volunteers help to address these needs.

The Carter Burden Center for the Aging, Inc. promotes the well being of elderly residents of the Upper East Side of Manhattan through a broad array of direct social services and volunteer programs oriented to individual, family and community needs.

We are dedicated to supporting the efforts of older people to remain in their own homes living independently, safely and with dignity.

William J. Dionne has worked in the field of aging since 1975 in both Massachusetts and New York. He has been Executive Director of the Burden Center for the Aging since 1991 and in that capacity has overseen and encouraged its growth from an agency with three programs to one with six in four locations. As Executive Director of the Burden Center, Mr. Dionne has presented papers at city, state and national forums. He was appointed a delegate to the 2005 White House Conference on Aging by Gov. Pataki and serves on the Boards of various agencies and organizations including CSCS where he is President.

COUNCIL OF SENIOR CENTERS AND SERVICES OF NEW YORK CITY, INC.

Proud sponsor of the New York City Coalition for Family Caregivers (NYCCFC), Council of Senior Centers and Services of New York City, Inc. (CSCS) is the premier professional umbrella organization for the non-profit senior centers and service providers of New York City. Founded in 1979, CSCS acts as a social policy, advocacy, training, education and innovation resource for our member organizations that serve elderly New Yorkers.

Our mission is "to promote the quality of life, independent living, productivity and dignity of older adults and their families" and our vision is to effectively address the challenges and opportunities facing seniors and their families and the non-profit organizations serving them. In doing so, CSCS will continue to:

- Identify unmet and emerging needs
- Develop and promoting program and systems innovation

- Strengthen and expanding the organizational, program and resource capacity of nonprofit providers
- Advocate to all sectors at the city, state and national levels

CSCS represents over 200 senior service organizations, ranging from individual community-based senior centers to large, multi-purpose citywide organizations that serve 300,000 elderly offering congregate and home-delivered meals, benefit counseling; health promotion, adult day services, home care services, recreation and socialization, housing, transportation and more.

CSCS enjoys a reputation of delivering quality programs that meet the needs of its member agencies. In addition to public policy/advocacy activities, CSCS' core program initiatives include instructional workshops, an Annual Conference on Aging and customized technical assistance. Our most recent initiatives are the Money Management Bill Payer Program, the Marketplace @ CSCS and HIV/AIDS training for senior service organizations. More information about CSCS and our programs can be found at our website, www.cscs-ny.org.

Igal Jellinek has been Executive Director of Council of Senior Centers and Services of New York City for the past 20 years. Under his direction, CSCS has assumed the leadership role in advocating for seniors, building capacity of member agencies and identifying and promoting cutting edge programs to meet the ever-changing challenges of aging. Recognizing that services were being delivered in agencies other than senior centers, Mr. Jellinek expanded CSCS to include those senior service organizations such as case management agencies, housing, meals-on-wheels programs, NORCs, etc.

He began his career in 1972 as director of Washington Heights Community Services that became one of the original senior centers funded by the Human Resources Administration of New York City under Mr. Jellinek's leadership. He went on to become executive director of ARC Fort Washington, a large multi-purpose agency that included a senior center and one of the first social day care programs in the City.

Mr. Jellinek served as Vice-Chair of the U.S. Planning Committee for the United Nations International Year of Older Persons and in 2005 he was a delegate to the White House Conference on Aging. Mr. Jellinek is a board member of New York State Coalition on Aging and the New York City Human Services Council and

has been appointed to the New York State Caregiving Council. Mr. Jellinek has received numerous awards, his most recent being The Elinor C. Guggenheimer Award for Excellence in the Field of Aging presented in June 2007 and a community leadership award from VISIONS/Services for the Blind and Visually Impaired.

Bobbie Sackman, MSW, has been Director of Public Policy with Council of Senior Centers and Services of New York City since 1989. Ms. Sackman's career spans 30 years in the aging field and public policy work. Her experience includes a wide range of direct community-based service experience for the elderly as well as working for the NYC Office of Management and Budget.

Ms. Sackman advocates on city, state and federal levels for community-based senior services. She has also served as an adjunct professor on the master's level at the Wurzweiler School of Social Work at Yeshiva University and at Hunter College of the City University of New York in the Department of Urban Affairs and Planning.

A recipient of numerous awards, Ms. Sackman most recently was honored with Flushing House's Rose Kryzak Advocacy Award in November 2007.

Marvin Tolkin is a retired sleepwear manufacturer, who entered the field of aging ten years ago after he married his wife, Carole, a gerontologist. Since that time he served on the board of directors of the Five Towns Senior Center and is currently a member of the board of Council of Senior Centers and Services of New York City, where he serves as their business advisor. He was chosen to attend the White House Conference on Aging in 1995 and, with Carole, attended the United Nations Conference on Aging in Paris in 1999.

Mr. Tolkin was featured in the October 2005 issue of New York Magazine in an article entitled "I Quit," where he outlined his successful approach to the last third of life. He was also mentioned in David Wolfe's book *Ageless Marketing*, in which he developed his philosophy of "redirection instead of retirement."

In March 2006 was honored, along with his wife, by Presbyterian Senior Services with the Maggie Kuhn award.

EMBLEMHEALTH INC.

EmblemHealth, Inc., through its companies Group Health Incorporated (GHI) and HIP Health Plan of New York (HIP) provides affordable, quality health care coverage and administrative services to

approximately 3.4 million people. Groups and individuals can choose from a variety of PPO, EPO and HMO programs as well as prescription drug, dental and vision plans. Plans offer a choice of networks, including access to over 106,000 quality doctors and other health care professionals and most of the leading hospitals across the tristate region. For more information, visit www.emblemhealth.com.

Gregory L. Johnson, BDiv, BM, BA, SMM, MM-Musician, International Business Consultant, Entrepreneur, Ordained Inter-faith Minister, Spiritual Director, Health Care Professional, Family Caregiver

"The qualities that best describe GREG JOHNSON and which have earned him his exciting and diverse career are Leadership, Creativity, Enthusiasm and Vision. In every aspect of his broad and expansive areas of operation and expertise Greg has sought and found possibilities where they were least likely to be found, created them where none had hitherto existed. At all times he celebrated the SYNERGY of OPPORTUNITY and POSSIBILITIES. His innovative ideas, supported by substantive action, have produced enormously successful results.".....Strait's Times SINGAPORE

Director of Community Outreach for EmblemHeath and Creator of the Integrative Wellness-Care for the Family Caregiver program; founding member and co-chair NYCFC (New York City Family Caregiver Coalition); co-producer of the booklet, **CARE for the FAMILY CAREGIVER; A Place to Start**, written for the 2005 White House Conference on Aging; member of Speaker Christine Quinn's NYC Council's Hate Crimes Task Force; Member of the HHS-AoA National Family Caregiver Support Program Review Task Force; Volunteer Chaplain for the NYPD-GOAL (Gay Officers Action League); and Spiritual Director; guest lecturer; speaker; retreat leader; family caregiver. Rev. Johnson serves with the staff of the Marble Collegiate of New York City.

EMPOWERING CAREGIVERS

Empowering Caregivers® provides assistance, education, support, referrals, respite (for informal family caregivers), and promotes public awareness about the realities of those who care for loved ones. EC is deeply committed to helping family caregivers from all walks of life.

Empowering Caregivers®, www.care-givers.com was created to provide a safe, nurturing place for all family caregivers as well as professionals on an emotional and spiritual level. Expert columns feature well-known individuals in the fields of caregiving, self-help and

empowerment. The site offers: a newsletter, journal exercises, active forums/message boards, resources and much more. EC offers caregivers the opportunity to move into forgiveness, to heal and open to the most important healing power there is: LOVE. EC has received over 7 million visitors from over 200 countries.

Gail Mitchell founded Empowering Caregivers® caregivers.com in 1997 and National Organization For Empowering Caregivers® as a 501(c)(3) charitable non-profit in 2001 as a result of her personal experiences as a caregiver for family members and friends. Currently, she remains the President of Empowering Caregivers®. She is a featured presenter and keynote speaker at care related conferences and she offers workshops on "Empowering Caregivers®", in "Stress Management" and "Nurturing The Soul," not only for family caregivers but for the staffs of non-profit service organizations. Ms Mitchell has written over one hundred articles and a series of 60 journal exercises that have served millions of people around the globe. She has been interviewed on television and radio. Ms. Mitchell has assisted thousands of informal family caregivers as well as professionals who help their clients online and offline in ways to transform and empower themselves through their roles in caring for loved ones.

Prior to this Ms. Mitchell was the principal of JM Productions in Los Angeles, a producer of conventions, industrials and celebrity fundraising events. She founded a destination management firm, Sedona Source, in Sedona, Arizona. Ms. Mitchell is a graduate of the University of Pennsylvania.

THE FIVE TOWNS SENIOR CENTER

The Five Towns Senior Center is a not-for-profit agency dedicated to enhancing the dignity of older people by promoting, sponsoring and coordinating programs that physically and intellectually maintain and continue to develop quality of life. The purpose is to offer opportunities for socialization, education, recreation, volunteerism and cultural and intergenerational activities in a social setting. Transportation is also provided. The Five Towns Senior Center acts as a referral source to health and social services.

Carole Tolkin is a gerontologist with graduate degrees in education and public administration. She has been in the field of aging for the past 30 years, both in the private and not-for-profit sectors. Nine years ago Carole retired from her position as executive director of the Five Towns Senior Center in Woodmere, New York and became active on its board of directors,

where she served as president for four years. She is currently on the board of the New York State Coalition for the Aging, from which she received the prestigious Henrietta Rabe award.

Carole served as a spokesperson for the International Year of Older Persons in 1999 and attended the United Nations Conference on Aging in Paris that year. In November 2005, she organized a community-wide forum called "Ageism: the Last Prejudice," which was attended by almost 300 people. In December 2005, the Nassau Herald named Carole *Person of the Year* for her community efforts. In March 2006 she and her husband, Marvin, received the Maggie Kuhn award for their outstanding contributions in the field of aging.

ROBERT M. FREEDMAN

Robert M. Freedman is Counsel to the Law Firm of Mazur Carp Rubin & Schulman, P.C. He practices in the areas of Elder Law, Trusts and Estates, Guardianship and Planning for Individuals with Disabilities and their families.

As a pioneer in these fields, Bob offers unparalleled expertise to deliver comprehensive solutions for clients. Serving not just as a lawyer, but also as a trusted advisor and advocate, Bob takes a compassionate and caring approach to bring greater peace of mind to individuals and their families. Bob was a founding partner of the Law Firm of Freedman Fish & Grimaldi, LLP.

He was also a staff attorney at Legal Services for the Elderly and the Institute on Laws and Rights of Older Adults of the Brookdale Center on Aging of Hunter College. Bob is a Founder and past Chair of the Elder Law Section of the New York State Bar Association and a Founder and Fellow of the National Academy of Elder Law Attorneys. He was the Treasurer and served on the Board of Directors of the Council of Senior Centers and Services for 20 years. He now serves on the board of the Carter Burden Center for the Aging. He holds a BA from Tufts University and a JD from New York University.

FRIA, INC.

FRIA - the voice and resource for quality long term care- is an over 30-year-old not-for-profit advocacy organization dedicated to fostering the dignity and independence of seniors in long term care settings, with a special focus on nursing home residents, and to ensuring that they receive prompt, high quality, compassionate care. We seek to accomplish this by helping friends and relatives become more informed

and effective caregivers for the needs of their loved ones.

FRIA offers a free bilingual telephone Helpline staffed by trained counselors who provide up-to-date information and practical advice on long term care subjects such as: Selection and evaluation of residential long term care facilities and placement; financing of long term care in New York State including Medicare and Medicaid; alternatives to nursing homes; quality of care and quality of life concerns; resident and family rights; end of life options; promoting Culture Change. The Helpline is available M-F 10:00am to 5:00 pm at (212) 732 4455.

FRIENDS IN DEED

Friends In Deed provides emotional and spiritual support for anyone diagnosed with HIV/AIDS, cancer, and other life-threatening physical illnesses. Support is also available for family, friends, and caregivers of those who are ill, and all dealing with grief. In addition, Friends In Deed runs an HIV prevention program for at-risk teens in NYC public schools, having reached over 100,000 students since the program began. For more information, visit www.friendsindeed.org or call 212-925-2009. *All services are free of charge.*

Cynthia Burke is the current Outreach Director of Friends In Deed, avidly pursuing relationships with hospital social work departments, doctors, health care facilities and ordinary businesses introducing Friends In Deed as a valuable resource in the community. She has a BA degree from the University of Houston and is an ordained Interfaith Minister.

THE NEW YORK CITY DEPARTMENT FOR THE AGING

The New York City Department for the Aging (DFTA) helps thousands of older New Yorkers through a wide range of supportive services in the home and community. Most of these services are provided through contracts with community-based agencies. Older adults in need of supportive services receive home-delivered meals and homecare through DFTA-funded community agencies. Caregiver programs and case management agencies ensure a comprehensive evaluation is performed for those needing assistance and linkage with appropriate services. Through the National Family Caregiver Support Program administered in New York City by the Department for the Aging, individuals caring for persons age 60 and older or grandparents with the primary responsibility of raising their grandchild age 18 or younger receive

information and assistance, counseling, training, support groups, respite services, and help with supplementing other care needs.

The Department's Alzheimer's & Caregiver Resource Center assists family caregivers directly and serves as an educational and training resource for community-based providers and the general public, notably through its semi-annual conference on Alzheimer's disease and numerous workshops in the multicultural communities. The Grandparent Resource Center (GRC) assists grandparents raising their grandchildren, linking the grandparent with support groups, referring for services, and counseling on a wide range of issues. The GRC also provides training for professional service providers and educational outreach. The Department's Foster Grandparent Program offers low-income older persons an opportunity to contribute to their community by "grandparenting" children-in-need and helping them to develop literacy skills and self-esteem. Free information about health care coverage is available through the Health Information Counseling and Assistance Program (HIICAP).

Other important community-based services provided by the Department for the Aging include training older adults for the job market, and senior volunteerism. Benefits and entitlements available through the DFTA include the federal Home Energy Assistance Program (HEAP) and Weatherization Referral and Packaging Program (WRAP), which includes weatherization assistance to improve the cost efficiency and comfort of seniors' homes.

GRIOT CIRCLE (GAY REUNION IN OUR TIME)

GRIOT (Gay Reunion In Our Time) Circle is a community-based organization which seeks to create and maintain a safe space for older lesbian, gay, bisexual, and transgender (LGBT) people of color. We provide emotional support and quality programming in order to counteract the effects of ageism, racism, sexism, and homophobia on this fragmented and marginalized population. As GRIOT Circle's membership, programmatic and service needs continues to develop and evolve, our financial needs expand as well. We are requesting a grant from The Paul Rapoport Foundation in the amount of \$25,000.00 for general support, to assist us in meeting the agencies goal and objectives in this fiscal year. It is our hope that with this grant we can maintain the level and quality of all of our services to our Elders.

Founded over thirteen years ago as an informal gathering of Elders, GRIOT Circle was officially

recognized as a nonprofit 501(c)(3) in 1997. To this date, GRIOT Circle remains the only organization exclusively dedicated to serving the needs of Elder Lesbian, Gay, Bi-sexual, Transgender and Two-Spirit people of color. It is our mission to counteract the damaging conditions that affect this population by maintaining a safe space for these Elders, alleviating their feelings of isolation and fear, and providing programs and support systems designed to affirm their lives and encourage self-empowerment.

Our membership consists of approximately 1200 individuals, most of whom reside in underserved communities of, the five boroughs of New York City. GRIOT also has members throughout the country, including Philadelphia, California, and New Jersey. Our latest census reflects that approximately 80% of GRIOT's members are lesbian-identified females between the ages of fifty-one to eighty-seven years old. 19% are gay-identified males between the ages of fifty to seventy-five and the additional 1% identifies as Transgender. Over 90% of our members are from modest- to low-income households, and about 60% are retired and on fixed incomes. About 80% of GRIOT members identify as being black, African-American, or Caribbean-American, with 10% reporting Latin American ancestry, including Puerto Rican, Ecuadorian and Dominican. 5% White, 1% Asian and the remaining 4% identifying as Other. Each year, GRIOT's membership increases by at least ten percent.

GRIOT Circle's primary goal is to create an environment in which our Elders can exist without fear, where they can enrich, affirm, and empower their lives. Currently, we try to achieve this goal through the wide array of free programming that we offer to our members. Some of these programs are offered through joint collaboration as well as linkage agreements with agencies that have specialized skills in areas where GRIOT staff are not trained to provide.

GRIOT provides a series of Health and Wellness programs in collaboration with the YWCA of Brooklyn, and the Spanish Speaking Elderly Council; RAICES, GMHC, SAGE, ACRIA, and the Forte Green Council of Senior Centers. Our Collaboration with GMHC, ACRIA and SAGE allows us to increase our capacity to provide HIV/AIDS prevention, outreach, testing and referral services to the larger Brooklyn elder communities.

HANAC, INC.

HANAC, Inc. sponsors over 40 programs with sites and offices throughout the City. Whether assisting immigrants to acclimate to their new country,

youngsters to explore their talents and accept new responsibilities, families to confront the problems of poverty, dysfunction and drugs, or the elderly to enjoy their leisure time and sustain their health, HANAC continues to accept and respond to challenges.

HANAC programs for seniors include 4 senior centers, a NORC program, Senior Community Service Centers, an Extended Services program, housing assistance for low income seniors, a home weatherization program and a Caregivers program for seniors in New York City with a focus on work in Queens.

HANAC's Caregivers Program is designed to assist those who are caring for someone over the age of 60 and feel isolated and overwhelmed. We offer counseling, support groups, supplemental services, outreach and referral information, education, respite and advocacy.

John Kaiteris, CEO. John Kaiteris has been Executive Director for HANAC for many years. He has seen the growth of HANAC from a small grass roots organization into a city-wide, multifaceted social service agency. Mr. Kaiteris is committed to all HANAC's clients but has focused recent efforts on increasing senior housing opportunities in Queens. The Archbishop Iakovos Senior Residence, an affordable housing 100-unit complex for seniors with low to moderate income, will be joined soon by three new housing initiatives that will yield an additional 499 affordable senior apartments.

John Kaiteris was an early member and past president of the CSCS. With the hearty approval of Mr. Kaiteris, HANAC has become a supporter and sponsor of the NYC Family Caregiver Coalition.

HEIGHTS AND HILL COMMUNITY COUNCIL

(Services for Older Adults)

Since its inception 38 years ago, Heights and Hill Community Council has had one goal: to help older neighbors in Brooklyn, to live safe and independent lives as members of the community. Heights and Hill serves as the critical link between community members, government, and professional service providers whose common goal is to preserve the dignity of our older neighbors.

While the organization's core service is social work case management - case managers meet with older people and their families in their homes to help them cope with the stresses of deteriorating health, the threat of being alone, and the difficulties of managing

everyday life – other services include meals-on-heels, referrals for home care services, information regarding various benefits and entitlements, and educational and support services to family caregivers. Heights & Hill also provides transportation services through the Senior Shuttle, a fixed-route service that makes 32 designated stops throughout the neighborhoods of Brooklyn Heights, Cobble Hill, Carroll Gardens, and Boerum Hill four times each weekday and door-to-door transportation to Eileen Dugan Senior Center and St. Charles Jubilee Center.

A monthly Speaker Series for Seniors was initiated in the fall of 2005, presenting authors and celebrities speaking on such topics as investments, the Automat, Brooklyn recipes, Brooklyn history, historic figures, and other stimulating topics. Heights and Hill also presents an annual workshop series “You and Your Aging Relative” covering such topics as Financial Planning, the Insurance Maze, What’s Normal Aging and What’s Not.

Heights and Hill’s extensive use of community volunteers enhances the agency’s capacity to bring caring, compassionate services to elderly neighbors, as well as keeping isolated seniors in touch with the general community. Volunteers help to deliver “meals-on-heels” in Brooklyn Heights, participate in a neighborhood Thanksgiving Dinner for the elderly at Grace Church, and act as “friendly visitors” to homebound isolated neighbors.

Judy Willig, LCSW is the Executive Director of Heights and Hill Community Council and has led the agency through two decades of growth. She is an active member of various community and aging organizations including the Council of Senior Centers and Services of New York City, the Federation of Protestant Welfare Agencies Task Force on Aging, a founding member of the New York City Hoarding Task Force and the Brooklyn Local Aging Network, as well as a former longtime member of the Community Board 6 Human Services Committee. She has led workshops and support groups for family caregivers, and is herself a caregiver. She has proven herself to be an effective aging advocate and community organizer, has published articles on aging and has presented workshops at numerous national and citywide conferences on aging. Ms. Willig received her MSW from the University of Michigan School of Social Work and her BA in psychology from Binghamton University.

ISABELLA GERIATRIC CENTER

Since its inspired beginning in 1875, Isabella Geriatric Center, a non-profit, non-sectarian organization, has pioneered in the care of the elderly of New York. Located in northern Manhattan, Isabella Geriatric Center has grown from a traditional nursing home into a progressive provider of state-of-the-art care for all - on its own campus and in the community at large.

Isabella Geriatric Center offers a continuum of care to those in need – from the family requiring childcare to those seeking sensitive support for an aging loved one. Its mission is to provide quality care through diverse programs designed to promote health and independence within and beyond its walls. Within this spectrum of care, Isabella Geriatric Center offers the following:

- ❖ **Child Day Care** for 39 children from 3 months to 6 years.
- ❖ **Senior Housing** – 77 moderately priced apartments for independent adults, age 62+.
- ❖ **Adult Day Health Care** for 70 community residents who benefit from the services of the nursing home while returning home each day.
- ❖ **Home Care** for eligible residents of Manhattan, the Bronx and Westchester who require care for medical or mental health illness, including: * **Long term home health care program** * **Isabella Visiting Care, Inc.**
- ❖ **Isabella Nursing Home** – a 705 bed residential care facility featuring differentiated levels of comprehensive care including: **Dementia care, Respite care, Palliative care, Short stay & long term rehabilitation and Ventilator dependent care**

Isabella’s long-standing dedication to the community is evident in the many programs that it fosters:

- ❖ **Upper Manhattan Partnership for Senior Independence** - led by Isabella, UMPSI is a consortium of 7 non-profit community organizations to provide case management services to more than 1,000 residents of Harlem, East Harlem, Washington Heights & Inwood.
- ❖ **Isabella Senior Resource Center** – a free information center specializing in insurance and entitlement counseling and referrals to neighborhood resources.
- ❖ **Caring Partners Program** - a program that trains high school students in all aspects of eldercare.

- ❖ **Volunteer Program** – which benefits from the dedicated contributions of more than 500 volunteers each year.
- ❖ **Certified Nurses Aide Training & Home Health Aide Training** free training programs that prepare qualified candidates to work in the nursing home and in the community.
- ❖ **Naturally Occurring Retirement Community (NORC) Programs** initiatives to develop supportive service programs for those 60 years and over living in community residential buildings. We currently have 2 NORC Programs serving over 900 community residents.
- ❖ **Fifty Plus Club** a free program providing health education and training for older adults.
- ❖ **Walking Works Wonders** a year-round fitness program designed to encourage healthy daily living among community residents over the age of 50.
- ❖ **Caregiver Support Program** provides counseling and support to caregivers in northern Manhattan.

**INSTITUTE FOR PUERTO RICAN/HISPANIC
ELDERLY, INC.**

Institute for Puerto Rican/Hispanic Elderly, Inc. is the largest and major Hispanic non-profit organization serving Hispanic and other ethnic/racial minority seniors and their families in New York City and environs. It provides assistance with entitlements, home health care, housing and the development of advocacy activities and strategies to support programs for the Latino elderly, including HIV/AIDS counseling and referral support. The Institute provides direct assistance services to over 15,000 individual seniors a year, and informational/referral services to another 125,000.

Suleika Cabrera Drinane, Executive Director, serves as the 2nd Vice President and founding member for 100 Hispanic Women, Inc., and is a pioneer in the advocacy for minority seniors. She founded the Institute for the Puerto Rican/Hispanic Elderly, Inc. and has developed and implemented programs and services to improve the quality of life for senior citizens. Among her programs is the Hispanic Senior Action Council, a social/cultural/civic vehicle for self-development, leadership, and the protection of elderly rights and entitlements. She has also established many service networks and coalitions for wide access to information and assistance.

**JEWISH BOARD OF FAMILY AND CHILDREN'S
SERVICES**

The Kinship Care Program

The Kinship Care Program (KCP) is designed to respond to the needs of Brooklyn grandparents and other relatives who are the primary caregivers of their grandchildren, nieces and nephews when parents are unable to care for them. Kinship caregivers often assume this role due to parental abuse, neglect, death, incarceration, substance abuse, suicide, illness and/or poverty.

The KCP provides emotional support, case management and advocacy and legal advice for relative caregivers. Services include a weekly support group, individual counseling, referral and information, assistance with financial, medical and educational entitlements and benefits, and legal liaison. All caregivers of any age are eligible to participate in the KCP and there are no fees or insurance payments required. The staff is fluent in English, Spanish and Russian and there is no waiting list. Caregivers can also participate in educational forums and recreational events through our affiliation with the Brooklyn Grandparents' Coalition.

The KCP is located at 2020 Coney Island Ave, Brooklyn, NY 11223. For more information, contact Deborah Langosch, Program Director at 212-632-4760, dlangosch@jbfcs.org.

The New York City Kincare Task Force

The NYC Kincare Task Force was established in 1992 in recognition that the services needed by caregivers raising relative children require collaboration among many systems far beyond the traditional aging network or the child welfare systems. The Task Force, a joint effort of the Jewish Board of Family and Children's Services, a mental health and social service agency, and the Hunter College School of Social Work, has addressed the need for cross-systems exchange. The Task Force provides a channel through which established and newly developing kincare programs benefit from each other's experiences.

The Task Force's 30 member agencies/organizations represent a cross section of providers, researchers and consumers from the aging, child guidance, mental health, child welfare and legal networks. The Kincare Task Force creates an opportunity for a collaborative partnership to promote a cross-fertilization of information and ideas, program development, public policy analysis and coalition building. Gaps in service have been identified and brought to the attention of the appropriate agencies.

Its objectives are to coordinate a knowledge exchange between the various systems; to educate and facilitate cross systems communication; to identify gaps in service and policy related to kinship care families; to disseminate findings and models of service; to create an intergenerational network.

The Brooklyn Grandparents' Coalition

The Brooklyn Grandparents' Coalition originated in 1994 in order to address gaps in services for relative caregiving families. Additionally, the Coalition strives to increase social interaction and networking among relative caregivers and enhance their knowledge about legal, health care, education, financial, psychological issues. Currently the Coalition is comprised of 13 agencies that provide services and support groups to kinship care providers in Brooklyn, New York. Through our collaborative partnership of public and private agencies, the Coalition holds psycho-educational forums for relative caregivers, a multi-cultural holiday party and summer recreational events. The Coalition also writes and distributes a newsletter on relevant topics for caregivers three times a year.

Deborah Langosch, PhD, LCSW, is the director of the Kinship Care Program and chairperson of the Brooklyn Grandparents' Coalition at the Jewish Board of Family and Children's Services in New York City. She also co-chairs the New York City Kinship Task Force. Dr. Langosch has been working with grandparent caregivers and their relative children for the past seventeen years in mental health settings and community service agencies. She has been responsible for program development, fund raising, direct service and supervision.

Dr. Langosch has given numerous national and local presentations on issues that kinship care families face. In addition, she recently completed her doctoral work at New York University School of Social Work. Her dissertation topic was, "Grandmother's Raising Grandchildren Due to the Death of their Parent." She has an extensive background in the field of loss, trauma and bereavement and is also in private practice in Brooklyn, NY.

JEWISH HOME LIFECARE

Serving the Individual, Benefiting the Community
Jewish Home Lifecare is New York's oldest and largest not-for-profit long-term care and rehabilitation provider and is internationally recognized as an innovative leader in providing healthcare to elders, as well as an academic center for research and education. With campuses in the Bronx, Manhattan and Westchester and through Community Services,

Jewish Home Lifecare serves more than 10,000 elders annually via traditional long-term care, short-stay rehabilitation, Alzheimer's/dementia care, respite care, hospice care, home healthcare, adult day care, care management, telehealth programs, senior housing and transportation. Jewish Home Lifecare also places a strong focus on wellness, healthy aging and caregiver support.

Our mission is to support health, individuality and dignity of our elders. Ensuring our care is person-centered means establishing and maintaining partnerships with our clients and families, our staff and volunteers and our neighbors. We implemented an ongoing exchange of ideas and information with the community; innovative new programs to engage and inspire our elders' individual interests; better technology to serve our clients in their homes; and job training and enrichment opportunities to improve staff performance and satisfaction. Regardless of how and where our clients access our services; our goal is to help them enjoy a rich and full life, giving them the opportunity to live as independently as possible.

For more information about our programs, Connections, our information and referral line, is available to both professionals and clients to take referrals and provide resource information. Contact Connections at 1-800-544-0304.

LENOX HILL NEIGHBORHOOD HOUSE

Services for Caregivers

Lenox Hill Neighborhood House is the oldest and largest social services and educational organization on the Upper East Side of Manhattan, serving 20,000 people in need each year. Its mission is to help those in need who live, work or go to school on Manhattan's East Side from 14th Street to 96th Street. Its programs include Youth & Family Services; Homeless and Housing Services; Fitness & Aquatics; Legal Advocacy & Organizing; Adult Education; Homecare through its affiliate The Caring Neighbor; Visual & Performing Arts; and Older Adult Services.

Project STAR

Within the Department of Older Adult Services is Project STAR, Lenox Hill Neighborhood House's support program for family caregivers. Project STAR (**S**upport, **T**raining, **A**dvocacy and **R**espite) provides an array of services to support individuals who are caring for an adult age 60 and over. Project STAR services include individual counseling and ongoing weekly support groups for caregivers; information and referral to other services; forums and workshops on a

variety of topics for caregivers; counseling on entitlements and benefits; and limited respite care services. We also work closely with and refer caregivers to the Neighborhood House's other programs for older adults including senior centers, social adult day programs, transportation service, and case management for homebound elderly.

For more information about Project STAR or programs for older adults at Lenox Hill Neighborhood House or to make a referral, please contact: Christopher Chin, at (212) 744-5022 ext. 1266 OR the Department of Older Adult Services Intake Line at (212) 744-5022 ext. 1203.

Caregiver Legal Support Center

The Caregivers Legal Support Center of Lenox Hill Neighborhood House provides legal information, advice and representation to unpaid family caregivers to manage the complex needs of their frail elderly family members and care recipients. The Legal Support Center provides integrated legal services on a variety of civil legal issues that directly relate to helping improve the quality of life of the care recipient, such as housing, medical benefits and health law, income support and advance planning documents.

In addition to direct legal representation for people who are economically disadvantaged, the Legal Support Center educates and counsels caregivers and care recipients on topics such as advance directives, housing, supplemental needs trusts, Medicaid and home health care planning. We also collaborate with other caregiver organizations throughout New York City by sharing information, providing referrals and reaching out to more caregivers and care recipients in need of assistance.

For more information about the Caregiver Legal Support Center or to make a referral, please contact Mia Kandel, Esq. at (212) 744-5022 ext. 1384.

Christopher Chin, LMSW has been the Program Coordinator for Project STAR, a support program for caregivers or older adults at Lenox Hill Neighborhood House since December 2002. Mr. Chin received his Master of Science in Social Work from the Columbia University School of Social Work in 2001. He has had over five years of experience in facilitating caregiver support groups and providing individual counseling and practical support to overwhelmed caregivers. Prior to being employed at Lenox Hill Neighborhood House, Mr. Chin provided case management assistance to homebound older adults who lived in the Upper East Side.

Mia Kandel, Esq. joined Lenox Hill Neighborhood House's Legal Advocacy & Organizing Department as an attorney in the Caregivers Legal Support Center in October 2007. The Caregivers Legal Support Center provides free civil legal services to low-income caregivers and their elderly care-recipients in areas such as housing, health care, government benefits and advance directives. Mia grew up in Brooklyn and graduated *summa cum laude* from the State University of New York at Binghamton in 2002. She then attended the Benjamin N. Cardozo School of Law from which she graduated in 2006. Mia is admitted to practice in New York and New Jersey.

NATIONAL ALLIANCE FOR CAREGIVERS

Established in 1996, The National Alliance for Caregiving is a non-profit coalition of national organizations focusing on issues of family caregiving. Alliance members include grassroots organizations, professional associations, service organizations, disease-specific organizations, a government agency, and corporations.

The Alliance was created to conduct research, do policy analysis, develop national programs and increase public awareness of family caregiving issues. Recognizing that family caregivers provide important societal and financial contributions toward maintaining the well-being of those they care for, the Alliance's mission is to be the objective national resource on family caregiving with the goal of improving the quality of life for families and care recipients.

Here are just a few of the Alliance's achievements since 1996: *The National Caregiver Survey* identified the profile of the caregiver, care recipient, and the impact of caregiving; *The Family Care Resource Connection* provides reviews and ratings for over 1,000 consumer-oriented caregiver resources such as web sites, videos, books and brochures; *Toward a National Caregiving Agenda: Empowering Family Caregivers in America*, a national grassroots caregiving movement focused on advocacy and activism which will organize and mobilize family caregivers around the country; *The Third International Conference on Family Care*, October 12-14, 2002, the first international conference on family caregiving held in the US; *MetLife Study of Sons at Work: Balancing Employment and Eldercare* (with Towson University) compared caregiving tasks and impact on work attitudes of over 1,300 male and female caregivers at three large US employers.

NATIONAL MULTIPLE SCLEROSIS SOCIETY – NYC
CHAPTER

MS Stops people from moving. The National MS Society exists to make sure it doesn't. Through our 50-state network, the Society funds more MS research, provide more services to people with MS, offer more professional education and further more advocacy efforts than any other MS organization in the world. The Society is dedicated to achieving a world free of MS.

In addition to raising money locally to support the Society's national research initiatives, the New York City Chapter serves nearly 7,000 individuals with MS and their families in all five boroughs with a variety of clinical, educational, recreational and direct support programs.

As Multiple Sclerosis typically is diagnosed in individuals in young to mid adulthood, caregivers are wide ranging in age: from young children, to young adults unable to leave home due to care giving responsibilities for their parents, to elderly parents now caring for their adult child with MS. The National MS Society provides a variety of services to these caregivers including: information and referral, individual and family counseling, support groups, home care and respite service, case management, legal and social service advocacy, caregiver wellness days, and a variety of educational, counseling and recreational services specifically designed for child caregivers.

Andrea Arzt, LCSW has been Senior Director of Counseling Services at the New York City Chapter of the National MS Society for five years and has worked for over 25 years with individuals with disabilities and their families through both her agency and private practice work. Previously she was Assistant Director of the Epilepsy Institute, Coordinator of the International Center for the Disabled's Brain Injury Rehabilitation Program, and worked as psychotherapist at the Manhattan's Independent Living Center (CIDNY) and AHRC. She provides consultation and training on a variety of topics related to psychotherapy with individuals with disabilities. She obtained her MSW from Hunter College School of Social Work and her Certificate in Psychoanalytic Psychotherapy from the Brooklyn Institute for Psychotherapy and Psychoanalysis.

MARTIN PETROFF

Martin Petroff is an elder-law attorney and health-care advocate for the elderly and disabled. A former staff

attorney for health-care affairs for the New York City Department for the Aging, his interests include Medicaid, Medicare, Social Security, and planning for long-term care.

As a consumer advocate, Mr. Petroff has spoken widely on radio and television and before the United Federation of Teachers, the Alzheimer's Association, and the AARP. Mr. Petroff has been a regular guest on the WMCA Radio broadcast, *Health Saturday*.

Mr. Petroff is a member of the Executive Committee of the Elder Law Section of the New York State Bar Association and a director of the Long Term Care Community Coalition of New York State. He is the editor of the *Elder Law Report*, a nationally distributed newsletter published by his firm.

Mr. Petroff's firm, Martin Petroff & Associates, is located at 270 Madison Avenue, in midtown Manhattan, (212) 679-5800; PetroffElderlaw.com.

SERVICES NOW FOR ADULT PERSONS, INC.

Services Now for Adult Persons, Inc. (SNAP) has been serving the senior citizens of eastern Queens for more than 23 years. SNAP has a comprehensive array of services that respond to the needs of the community residents who are older adults. The environment of the SNAP senior centers is welcoming; there are varied activities; the meals are nutritious and meet 1/3 of the recommended Daily Dietary Allowance; the site is open for at least 250 days a year and welcomes seniors of all backgrounds and orientations; provides educational and recreational opportunities and acts as a focal point for the community in providing information and referral for aging services.

SNAP is one of the original 15 Caregiver Services contractors working with the Department for the Aging to provide a network of such services to New York City. The Caregiver Program of SNAP seeks to encourage, empower and equip our caregiver clients by providing a variety of services for caregivers in Community Boards 10, 12, 13 and 14.

Services Now for Adult Persons, Inc. Caregiver Program is located at 80-45 Winchester Blvd., Building #4 CBU# 29, Queens Village, NY 11427; For more information please contact Marcia Friedlander, LCSW, Caregiver Program Coordinator, (718) 740-6519.

Marie Ellen Galasso LMSW is the Director of Social Services for SNAP (Services Now for Adult Persons, Inc.) a social service agency dedicated to improving the quality of life of older adults in Queens. Ms. Galasso

has worked with seniors and their caregivers for the past 7 years. She is a licensed Social Worker who received her Master of Social Work Degree, with a concentration in Aging and Health, from Hunter College School of Social Work and has had the pleasure of working with the Queens Interagency Council on Aging as chairperson of their annual caregivers conference each November for the past 2 years. Her work and personal experience as a caregiver has given her an empathy for all those who find themselves in the position of giving care to an older adult, relative or friend.

SHARETHECAREGIVING, INC.

The mission of ShareTheCaregiving, Inc. (now a project of the National Center for Civic Innovation, aka The Fund for the City of New York) is to improve the quality of life of both care recipients and their caregivers. The organization promotes and educates people about the benefits of group caregiving using the model known as Share The Care™. (www.sharethecare.org) Since 1995 it has proven to be a successful grassroots solution for caregivers across the United States, in Canada and other countries.

The Share The Care model teaches ordinary people (friends, relatives, neighbors, coworkers, and acquaintances) how to create a “caregiving family” to help someone *they know* who is in need of assistance - whether it’s rehabilitation, illness, aging or any other situation where the primary caregiver is unable to carry the load. The model supports not only the person in need but *their entire family* as well. If there is no family nearby, the group becomes “family.”

Born in NYC, the model grew out of the experiences of 12 women (mostly strangers to each other) who came together and stayed together for three and a half years to care for a mutual friend with terminal cancer. They developed the forms, techniques and systems to rotate responsibilities so no one person has too much to do.

In 1995, Sheila Warnock and the late Cappy Capossela, two members of this group, documented their methods into the step-by-step handbook SHARE THE CARE (How to Organize a Group to Care for Someone Who Is Seriously Ill) Simon & Schuster. In 2004 an updated and revised second edition was published and includes 50 additional pages of information based on research of groups around the country. It was cited by *The Library Journal* as “One of the best consumer healthcare books of 2004.” In

2008 it received a “Caregiver Friendly Award for Best Book” from *Today’s Caregiver magazine*.

The organization offers (on request) full day training sessions, workshops and lectures for healthcare professionals, clergy, and caregivers throughout the US and Canada. The organization provides e-mail and telephone support to caregivers and professionals and is currently seeking matching funds for a major web based project that would allow groups to work on line using all the Share The Care color-coded forms and systems.

Sheila Warnock, Founder & President, ShareTheCaregiving, Inc. has spent most of her professional life in the arts and advertising. However, during the mid 80’s several profound personal experiences changed her life when she simultaneously became a sole long distance caregiver for her elderly mother and an emotional crutch for her friend diagnosed with cancer. By undertaking this dual role, Sheila truly experienced the tremendous responsibilities and struggles that caregivers have to endure.

By 1988, and following the creation of the original Share The Care group, Sheila pioneered with the other 11 women a whole new, cost-effective, community based approach to caregiving predicated on the sharing of responsibilities—a method that highlights the importance of “taking care of oneself” while being a caregiver.

In January of 2002, Cappy was diagnosed with a brain tumor and Sheila organized a group of 33 people to care for her until her death 10 months later. In 2003, Sheila resolved to take the Share The Care model out into the world on a greater level and changed her life’s work and founded Share The Caregiving, Inc. Currently she serves as Chair of the NYCFCC Public Awareness Committee.

THE SUPPORTIVE CARE PROGRAM & FAMILY CAREGIVER CENTER OF SAINT VINCENT’S HOSPITAL

The Supportive Care Program is a FREE specialized program for patients with an advanced or progressive illness, and their caregivers. The program provides an interdisciplinary approach to care, which includes nursing, social work, spiritual care and specially trained volunteers.

Patients are visited at home, in the hospital and other treatment settings. Our primary goal is to enhance comfort and improve the quality of life of the patient

and their loved ones. Our interventions are: providing emotional and spiritual support, giving assistance with concrete social work and nursing needs, acting as advocates and liaisons with other involved health care and social service providers. Patients and their physicians need not be affiliated with Saint Vincent's Hospital and anyone can make a referral. Our catchment area is within a distance of 45 minutes from the hospital and accessible to public transportation. In cases when there is a death of the patient, bereavement groups and one-to-one support is available to caregivers. Additionally, we offer various types of support groups throughout the year. **For more information or to make a referral, please call us @ 212-604-7508.**

The Family Caregiver Center

Since its inception in April 2001, the center has provided information, education and support to caregivers of the frail elderly or anyone with a chronic or life threatening illness. Individual counseling and ongoing support groups are available for spouses/partners, daughters, sons, and friends of the patient. The Center also offers time limited bereavement groups on a periodic basis. All of our services are free of charge. For more information or to make a referral, please call 212-604-7332.

The Supportive Care Program & Family Caregiver Center team is comprised of individuals with advanced education and training in their disciplines, specializing in patient and caregiver support and counseling and bereavement.

Kathleen Triche, DSW, LCSW is the Manager of St. Vincent's Supportive Care and Family Caregiver Program. Dr. Triche has been at St. Vincent's since July 2007. Previously, she was Director of Community Social Services at Village Care of New York, and the Coordinator of the Geriatric Psychiatry Outpatient Program at Beth Israel Medical Center. She has also been a faculty member of the National Parkinson Foundation's Allied Health Professions Team Teaching Program. Dr. Triche received a BS in Biology from Loyola University of New Orleans, a Masters of Social Work from Tulane University and a Doctor of Social Work degree from Wurzweiler School of Social Work of Yeshiva University. Her dissertation was entitled: *Family Factors that Affect the Resolution of Grief in Older Persons.*

THE UNITED HOSPITAL FUND

The United Hospital Fund's mission is to shape positive change in health care for the people of New

York. We advance policies and support programs that promote high-quality, patient-centered health care services that are accessible to all. We undertake research and policy analysis to improve the financing and delivery of health care in hospitals, clinics, nursing homes, and other care settings. We raise funds and give grants to examine emerging issues and stimulate innovative programs. And we work collaboratively with civic, professional, and volunteer leaders to identify and realize opportunities for change. Next Step in Care: Family Caregivers and Health Care Professionals Working Together is a new campaign and website with guides and materials for caregivers and providers to make transitions in care settings smoother and more effective. The website will be available mid-November at www.nexstepincare.org.

Carol Levine joined the United Hospital Fund in New York City in October 1996 where she directs the Families and Health Care Project. This project focuses on developing partnerships between health care professionals and family caregivers, who provide most of the long-term and chronic care to elderly, seriously ill, or disabled relatives. She was director of the Citizens Commission on AIDS in New York City from 1987-91 and director of the Orphan Project from 1991 - 96. As a senior staff associate of The Hastings Center, she edited the Hastings Center Report. In 1993 she was awarded a MacArthur Foundation Fellowship for her work in AIDS policy and ethics.

Ms. Levine edited *Always On Call: When Illness Turns Families into Caregivers*, which was published in 2000 by the United Hospital Fund; Vanderbilt University Press published a revised and expanded edition in 2004. She is the author of *Making Room for Family Caregivers: Seven Innovative Hospital Programs*, a United Hospital Special Report published in 2003, and with Thomas H. Murray, co-editor of *The Cultures of Caregiving: Conflict and Common Ground among Families, Health Professionals and Policy Makers*, published by Johns Hopkins University Press in 2004. She is also editor of *Family Caregivers on the Job: Moving Beyond ADLs and IADLs* (New York: United Hospital Fund, 2004) and guest editor of the Winter 2003-2004 issue of *Generations*, published by the American Society on Aging, titled "Family Caregiving: Current Challenges for a Time-Honored Practice."

She has written several books and articles, including a "Sounding Board" essay in the *New England Journal of Medicine* entitled "The Loneliness of the Long-Term Care Giver" (May 20, 1999). She has published articles and reviews in *Journal of the American Medical*

Association, *Journal of the American Geriatric Society*, *Journal of General Internal Medicine*, *Health Affairs*, as well as in the popular press.

She received a BA in history from Cornell University, where she was elected to Phi Beta Kappa, and an MA from Columbia University in public law and government. She received a Ford Foundation Foreign Area Training Fellowship for study at Columbia's Russian Institute.

THE VISITING NURSE SERVICE OF NEW YORK

Founded in 1893, the Visiting Nurse Service of New York (VNSNY) is the largest not-for-profit home health care organization in the United States. VNSNY provides expert and compassionate care in all five boroughs of New York City as well as Nassau and Westchester counties.

VNS CHOICE (Community and Home Options of Integrated Care for the Elderly) began operation on January 1, 1998 as a comprehensive managed long-term care program for older adults who wish to live at home, but need assistance with day-to-day activities of daily living. VNS CHOICE provides the opportunity for the older person to be assisted by the home care specialists at VNS without having a plan of care that might be prescribed when being discharged from a hospital or rehabilitation setting. Since the first program in 1998, VNS CHOICE has been expanded to include a Special Needs Medicare Advantage Program (SNP), and will introduce another Medicare Advantage program in January 2010.

The in-home services of VNSNY and VNS CHOICE range from the skilled care of professional, registered nurses and rehabilitation therapists to the supportive services of home health aids. The goal of the care giving at VNS is to assist people to remain at home, safely, in the community as long as possible. We bring the caring home by providing total care needs in the community and at home.

There are over 7,000 senior citizens in the VNS CHOICE Managed Long Term Care (MLTC) Program, and over 3,000 enrolled in the Medicare Advantage Program. In 2008 (current year information not available until next year), VNS served a total of 138,600 patients and nurses, social workers, rehab therapists and home health aids made 2,456,000 professional visits. The average age of a VNSNY patient is 73 years old, and in 2008, 525 patients were over 100 years old (the oldest was 113 years old). Diabetes and hypertension were among the most frequently diagnoses of our patients.

James C. O'Neal is the Director of Community Relations for VNS CHOICE at the Visiting Nurse Service of New York. He is Co-Chair of the NYC Family Caregiver Coalition, and is very much involved in care giving and senior health in New York City. He is a member of the Advisory Board of ACRIA. James is Past President of the State Society on Aging of New York, and sits on the Board of Directors of a number of organizations dedicated to better health for New York City's Senior Citizens, including the Board and Executive Committee of the Council of Senior Centers and Services of New York City, Inc. (the parent of the NYC Family Caregiver Coalition), the NY Citizen's Committee on Aging, and the Institute for the Puerto Rican/Hispanic Elderly. Mr. O'Neal is the recipient of Community Service Awards from Korean Community Services, the Chinese-American Planning Council's Nan Shan Senior Center, the United Hindu Cultural Senior Center, and from Jamaica Service Program for Older Adults (JSPOA).

THE VISITING NURSE SERVICE OF NEW YORK - HOSPICE CARE PROGRAM

The Visiting Nurse Service of New York (VNSNY) Hospice Care program provides hospice and palliative care services in patients' private homes or other care facilities in four boroughs: Manhattan, Brooklyn, Bronx and Queens.

Our hospice team works with patients, their families, their physicians, and nursing home staff to: **Achieve Comfort.** Working with the patient's physician, our hospice nurses evaluate and manage any pain or symptoms. Our nursing team coordinates a plan of care and our hospice physicians make home visits and consult with the patient's primary physician. **Promote Choice.** We honor patients' wishes and respect family values and cultural beliefs. Our hospice social workers help facilitate decisions on many issues, including those about the goals of care. **Provide Support.** Our chaplains and social workers provide emotional support and counseling for the patient and family members. Specially trained volunteers provide vital companionship and respite care. Caregivers are the primary core of hospice services. Our nurses, social workers, chaplains, and physicians are accessible 24 hours a day, 7 days a week and following the death of the patient are available to the caregiver for 13-months.

The Rev. Paul A. Metzler is the Director of Community and Program Services for the Hospice Care program of the Visiting Nurse Service of New York. He is a *Fellow* of the American Association of

Pastoral Counselors; a *NYS Licensed Marriage & Family Therapist*, a *Clinical Member* of the American Association for Marriage and Family Therapy; and a *Member* of the Association for Death Education and Counseling; the Council of Hospice Professionals; Spiritual Directors International and the Assembly of Episcopal Healthcare Chaplains. He serves as the Book Review Editor for *The Forum*, publication of the Association for Death Education and Counseling. He is a priest associate of the Church of the Transfiguration in the borough of Manhattan.

VISIONS/ Services for the Blind & Visually Impaired

VISIONS/Services for the Blind and Visually Impaired is a non-profit rehabilitation and social service organization. VISIONS purpose is to develop and implement programs to assist blind and visually impaired people of all ages to lead independent and active lives, and to educate the public to understand the capabilities and needs of people who are blind and visually impaired.

NYCFCC MEMBERSHIP LISTING



a

Abatemarco, RN, Jeanne

130 W. 12th Street, #4J
New York, NY 10011
Bus: (212) 604-07267
Bus Fax: (212) 604-7111
E-mail: jeabatemarco@svcmcnyc.org

Adam, Elizabeth

31 West 12th Street
New York, NY 10011
Bus: 212.989.2751
E-mail: hansiadam@hotmail.com

Adolph, Cheryl

75 Stuyvesant Place
Staten Island, NY 10301
Bus: 718.483.7113
Bus Fax: 718.273.5683
E-mail: cadolph@statenislandmuseum.org

Alvarado, Elizabeth

5073 Braodway
New York, NY 10034
Bus: 212.342.9353
Bus Fax: 212.342.9876
E-mail: ealvarado@isabella.org

Amalbert, Mary E.

459 West 152nd Street
New York, NY 10031
Bus: 212-234-4661
Bus Fax: 212-491-6948
E-mail: bunster369@yahoo.com

Anderson, Lawrence

55 Water Street, 4th floor
New York, NY 10041
Bus: 646-447-6041
Bus Fax: 646-447-3094
E-mail: landerson@emblemhealth.com

Andreocci, Debbie

PO Box 20309
Brooklyn, NY 11202
Bus: 212-737-3817

Aragon, Stephanie

360 Lexington Avenue, 4th Floor
New York, NY 10017
Bus: 646.744.2914
Mobile: 800-272-3900
Bus Fax: 212-697-6158
E-mail: saragon@alznyc.org

Arzt, Andrea

733 3rd Avenue, 3rd Floor
New York, NY 10017
Bus: 212-453-3215
E-mail: aarzt@msnyc.org

Astacio, LMSW, Alanna

1250 Broadway, 11th Floor
New York, NY 10001
Bus: 212.609.5612
Mobile: 347.331.3915
Bus Fax: 212.290.3029
E-mail: alanna.astacio.vnsny.org

Astacio, LMSW, Caroline

43-41 39th Street
Sunnyside, NY 11104
Bus: 718-784-6173 ext. 440
Bus Fax: 347-784-6173
E-mail: castacio@scsnyc.org

Auchincloss, Deacon Anne

170 West 12th Street
New York, NY 10011
Bus: 212.604.7838
Bus Fax: Pager: 2505
E-mail: aauchincloss@svmcnyc.org

b

Bailey, Loudes

605 Hancock Street
Brooklyn, NY
Bus: 347.689.8589
Bus Fax: 347.425.8693
E-mail: brooklynseiorcare@yahoo.com

Baker, Nadine

2975 Independence Ave
Riverdale, NY 10463
Bus: 718.554.8811
Mobile: 718.432.0744
E-mail: nbaker@fhsny.org

Banks, John H.

4 Irving Place - Room 1650-S
New York, NY 10003
Bus: 212.460.2706
E-mail: banksjo@coned.com

Battista, Vanessa

710 West 168th Street, 9th Floor
New York, NY 10032
Bus: (212) 305-5388
E-mail: battistr@hotmail.com

Bennett, Rachel

520 Eighth Avenue
North Wing, Third Floor
New York, NY 10018
Bus: 212.204.6240
E-mail: rbennett@medicarerights.org

Berg, Adriane

6 Cedar Ridge Road
Lebanon, NJ 8833
Bus: 908.236.8148
Bus Fax: 908.236.8149
E-mail: adrianeberg@msn.com

Berkowitz, M.S, R.D, C.D.E., Valerie

7 West 51th Street - 2nd floor
New York, NY 10019
Bus: 212.459.1700
Bus Fax: 212.459.1727

Berman, Adam S.

10 Rockefeller Plaza, 4th Floor
New York, NY 10020
Bus: 212-332-5150
E-mail: aberman@eheintl.com

Berman, Judy

108-50 62nd Drive Apt 4L
Forest Hills, NY 11375
Bus: 718-275-6576
E-mail: jmischel@emblemhealth.com

Berman, MPA, Adam S

10 Rockefeller Plaza 4th Floor
New York, NY 10020
Bus: (212) 332-5150
E-mail: aberman@eheintl.com

Boling, Janet

3120 Lake Center Drive
Santa Ana, CA 92704
Bus: 714.825.5813
Bus Fax: 714.825.5450
E-mail: janet.boling@phs.com

Bond, Edison

450 Clarkson Ave - Box 23
Brooklyn, NY 11203
Bus: 718.270.2692
E-mail: edison.bond@downstate.edu

Bones, Mark W.

500 Greenwich Street 3rd Floor
New York, NY 10013
Bus: 212.625.1616 ext. 109
Bus Fax: 212.219.4078
E-mail: mbones@visionsvcb.org

Bosch, Carmen

200 West Tremont Avenue
Bronx, NY 10453
Bus: 718-299-0300
Bus Fax: 718-299-4513
E-mail: cbosch@cabny.org

Bouchard, Michelle

191 Seventh Ave #@2N
New York, NY 10011
Bus: 646.348.4175
E-mail: michelle.bouchard@healthcorps.org

Boyle, Brian J.

71 Overhill Road
Providence, RI 2906
Bus: 401.383.8041
Bus Fax: 401.383.7074
E-mail: brianjboyle@cox.net

b**Brennan, PhD, Mark**

230 West 38th Street, 17th Floor
New York, NY 10018
Bus: 212.924.3934 ext.131
Bus Fax: 212.924.3936
E-mail: mbrennan@acria.org

Buerkle, LMSW, Greta

215 East 95th Street, #26E
New York, NY 10128
Bus: 917-721-7347
E-mail: gbuerkle@jhha.org

Burdick, Lydia

677 West End Ave
New York, NY 10025
Bus: 212.665.5415
E-mail: lydiaburdick@hotmail.com

Burgess, Michael J.

2 Empire State Plaza
Albany, NY 12223
Bus: 518.474.4425
Bus Fax: 518.474.1398
E-mail: mike.burgess@ofa.state.ny.us

Burke, Cynthia

594 Broadway, Suite 706
New York, NY 10012
Bus: (212) 925-2009
Bus Fax: 212-925-2688
E-mail: cburke@friendsindeed.org

c**Cabrera Drinane, Suleika**

105 East 22nd Street, Ste. 615
New York, NY 10010
Bus: (212) 677-4181
Bus Fax: (212) 777-5106
E-mail: suleika@iprhe.com

Carmichael, Gail

49 West 45th Street
New York, NY 10036
Bus: 212.840.8005 ext103
E-mail: gcarmichael@hanac.org

Carmichael, Lakezia

26 Federal Plaza room 3800
New York, NY 10278
Bus: 212.616.2357
Bus Fax: 212.312.8708
E-mail: lakezia.carmichael@cms.hhs.gov

Carpenter, Karen Marie

55 Water Street, 3C08
New York, NY 10041
Bus: 646-447-6825
Bus Fax: 646-447-3095
E-mail: kcarpenter@emblemhealth.com

Casey, Colin

322 8th Ave, Suite 1700
New York, NY 10001
Bus: 212.633.8052
Bus Fax: 212.633.8096
E-mail: colin@tomduane.com

Casey, Peggy

55 Water Street, 12th Floor
New York, NY 10041
Bus: 646.447.7406
Bus Fax: 646.447.3053
E-mail: pcasey@emblemhealth.com

Castro-Pyatt, Lillian

55 Water Street, 4th floor
New York, NY 10041
Bus: (646) 447-7039
Bus Fax: (646) 447-3004
E-mail: lpyatt@emblemhealth.com

Chaikin, Karen

55 Water Street - 9th Floor
New York, NY 10041
Bus: 646.447.7658
E-mail: kchaikin@emblemhealth.com

Chan, RN, Selina

First Avenue at 16th Street
New York, NY 10003

Chen, Alan W.

2701 Emmons Ave
Brooklyn, NY 11234
Mobile: 347.331.7666
Bus Fax: 718.368.6259
E-mail: awchen@pthomecare.com

Chin, Christopher

331 East 70th Street
New York, NY 10021
Bus: (212) 744-5022 x1266
E-mail: cchin@lenoxhill.org

Cooper, Eileen

324 East 23rd Street
New York, NY 10010
Bus: 212.460.7841
E-mail: ecooper@mpgcares.com

Corey, Emilie Roy

Two Columbus Avenue, 35A
New York, NY 10023
Bus: 212-977-5274
E-mail: froggycor@aol.com

Corrado, Donna

191 Joralemon St, 14th Floor
Brooklyn, NY 11201
Bus: 718.722.6123
E-mail: dcorrado@ecbq.org

Cruz, Henry

55 Corporate Blvd - Mailcode 55C425C
Bridgewater, NJ 8807
Mobile: 718.637.7812
E-mail: Henry.Cruz@sanofi-aventis.com

d**DeMarco, Theresa**

55 Water Street, 9th Floor
New York, NY 10041
Bus: 646-447-6885
E-mail: tdemarco@emblemhealth.com

Desai, Mala

31-10 Thomson Avenue, Room C233-E
Long Island City, NY 11101
Bus: 718-482-5031
E-mail: mdesai@lagcc.cuny.edu

Deska, Christine

780 Third Avenue, 33rd Floor
New York, NY 10017
Bus: 212.407.3714
E-mail: cdeska@aarp.org

Dionne, William J.

1484 First Avenue, 2nd Floor
New York, NY 10021
Bus: (212) 879-7400 x301
Bus Fax: (212) 879-9864
E-mail: dionnew@burdenctr.org

Duke, MHA, MBE, Brian M.

30 East Oakland Avenue
Doylestown, PA 18901
Bus: 215-348-0510 ext.1202
Bus Fax: 215-348-9253
E-mail: bmduke@co.bucks.pa.us

Dunn, Carol L.

460 Brielle Ave, Room 123
Staten Island, NY 10314
Bus: 718.667.3162
Bus Fax: 718.667.8063
E-mail: siseniorhelp@verizon.net

e**Ebenstein, Helene**

439 10th Street
Brooklyn, NY 11215
Bus: 917.803.2787
E-mail: hebenstein@nyc.rr.com

Emers, Antionette

500 Greenwich Street, 3rd Floor
New York, NY 10013
Bus: 212.625.1616 x 144
Bus Fax: 212.219.4078
E-mail: aemers@visionsvcb.org

e**Evans, Aston**

1368 Fulton Street, 3rd Floor
Brooklyn, NY 11236
Bus: 718.230.5838
Bus Fax: 718.230.7522
E-mail: aston.evans@iprhe.org

f**Fairbairn, MSW, Danielle**

1368 Fulton Street, 3rd Floor
Brooklyn, NY 11216
Bus: 718.230.5838
E-mail: danielle.fairbairn@iprhe.org

Farkas, Frank

1 Fordham Plaza
Bronx, NY 10453
Bus: 718-365-4044
E-mail: ffarkas@jasa.org

Fedus, M.A., Donna B.

389 Whitney Ave
New Haven, CT 6511
Bus: 203.789.7645
Bus Fax: 203.562.6355
E-mail: donna.fedus@yale.edu

Fenley, Robin

2 LaFayette Street, 15th Floor
New York, NY 10007
Bus: (212) 442-3087
Bus Fax: (212) 442-1135
E-mail: rfenley@aging.nyc.gov

Finkel, Beth

780 Third Avenue, 33rd Floor
New York, NY 10017
Bus: (212) 407-3717
Bus Fax: (212) 644-6390
E-mail: bfinkel@aarp.org

Fish, Kathleen

New York, NY
E-mail: jnkfish@aol.com

Fleurival, Maxime

987 Lincoln Place
Brooklyn, NY 11213
Bus: 718.810.3285
E-mail: maxlife360@yahoo.com

Fordyce, Moira

2728 Monserat Avenue
Belmont, CA 94002
E-mail: moiraf9@gmail.com

Forte, LCSW, Laura

505 88th Street -apt 3e
New York, NY 10128
Bus: 917.623.7215
E-mail: laurajforte@gmail.com

Francis, PhD, Glen-Michael

25 Flatbush Ave, 5th Floor
Brooklyn, NY 11217
Bus: 718.246.2775
Bus Fax: 718.246.2572
E-mail: glen@griotcircle.org

Freedman, Esq., Robert M.

1250 Broadway Suite 3800
New York, NY 10001
Bus: 212.686.7700
Bus Fax: 212.532.1425
E-mail: RFreedman@MazurCarp.com

Freidlander, Marcia

80-45 Winchester Blvd., Bldg. #4, CBU#29
Queens Village, NY 11427

Freudenheim, Ellen

551 Fifth Avenue, 28th Floor
New York, NY 10176
Bus: 718.636.5040
E-mail: ellenfreud@yahoo.com

Frost, Felice

Bus: 718.763.2484
E-mail: frostbix@aol.com

g**Galasso, Marie Ellen**

80-45 Winchester Blvd., Bldg. #4, CBU#29
Queens Village, NY 11427
Bus: (718) 454-2100
Bus Fax: (718) 740-4999
E-mail: MegSNAP@aol.com

Garland, MHA, Eileen

90 Park Avenue, 17th Floor
New York, NY 10016
Bus: (212) 786-7404

Gavin, Gerry

79 Madison Avenue, 16th Floor
New York, NY 10016
Bus: 212-268-0384
Bus Fax: 212-268-0502
E-mail: ggavin@manhattanmedia.com

Geer, MSW, Clara

P.O. Box 566
Bronx, NY 10472
Bus: 646.234.8144
Bus Fax: 718.828.7029
E-mail: ge7cla@aol.com

Gibbs, Joan

1270 5th Avenue
New York, NY 10029
Bus: 646.831.7031
Bus Fax: 212.534.2182
E-mail: tjgdesign@aol.com

Gibson Hunt, Gail

4720 Montgomery Lane, Suite 642
Bethesda, MD 20814
Bus: (301) 718-8444
Bus Fax: (718) 523-7746
E-mail: gailhunt@caregiving.org

Gifford, MD, Elizabeth**Gilchrist, Alison**

Bus: 336.414.6898
E-mail: alisongilchrist@gmail.com

Glajchen, DSW, Myra

First Avenue at 16th Street
New York, NY 10003
E-mail: mglajchen@chpnet.org

Glickhouse, Lenore

2 Lafayette Street, 21st Floor
New York, NY 10007
Bus: 212.442.1279
Bus Fax: 212.442.4058
E-mail: lenore@anyf.org

Goldman, Fatima

281 Park Ave South
New York, NY 10010
Bus: 212.777.4800
Mobile: 212.801.1323
Bus Fax: 212.673.4085
E-mail: fgodman@fpwa.org

Goldman, Lindsay

130 East 59th Street, 17th Floor
New York, NY 10022
Bus: 212.836.1865
Bus Fax: 212.836.1130
E-mail: goldmanli@ujafedny.org

Goltzman, Bari**Golub, Rita**

60 Riverside Drive, 2E
New York, NY 10024
Bus: 646-335-2600
E-mail: golub60@aol.com

Gonzalez Ramos, Gladys

1 Wash Square North, 309, Code 6112
New York, NY 10003
Bus: (212) 260-8435
E-mail: gmg1@nyu.edu

Gonzalez, Annette

2 LaFayette Street, 15th Floor
New York, NY 10007
Bus: 212-788-3146
E-mail: agonzalez@aging.nyc.gov

g**Gorelik, Olga**

650 East 104th Street
Brooklyn, NY 11236
Bus: 718.649.0700
Mobile: 917.837.3512
Bus Fax: 718.649.4441
E-mail: olga@ambercourtal.com

Green, Mark

E-mail: MarLgreen@cs.com

Greene, Michael

49 West 45th Street, 7th Floor
New York, NY 10038
Bus: 212.398-6565 ext.228

Greene, Rick. C.

E-mail: rick.greene@aoa.hhs.gov

Griffenberg, Ph.D., Grace

334 Henry Hudson Pkwy West
Bronx, NY 10463
Bus: 718.543.5454

Grimaldi, Judith D.

521 Fifth Avenue, 25th Floor
New York, NY 10175
Bus: (212) 953-1172

Grimley, Souci

55 Water Street 12th Floor
New York, NY 10041
Bus: 646.447.7659
Bus Fax: 646.447.3004
E-mail: sgrimley@emblemhealth.com

Griswold, Tim

PO Box 220882
Chantilly, VA 20151
Bus: 703-327-1206
Bus Fax: 202-549-5111 (m)
E-mail: tgriswold@ffcg.org

h**Hamlim, Helen R.**

333 East 66th Street, #2E
New York, NY 10065
Bus: 212-288-1836
Bus Fax: 212-288-3515
E-mail: helenitz@rcn.com

Hanson-Bolton, Wendy

2600 Netherland Ave
Bronx, NY 10463
Bus: 212.884.5900 ext 19
E-mail: whbolton@riverdalesenior.org

Harper, Dorothy

333 Seventh Avenue - 17th floor
New York, NY 10000
Bus: 212-725-4925 ext 3414
Bus Fax: 212-725-8916
E-mail: DHarper@diabetes.org

Harris, Lewis

108-25 62nd Drive
Forest Hills, NY
Bus: (718) 592-5757
Bus Fax: (718) 592-2933
E-mail: lharris@fhch.org

Hart, Seitu Jemel

7407 Aquatic Drive
Arvene, NY 11692
Bus: 877.217.ANDERSON
E-mail: shart@andersonconsults.com

Hemmings, Beverly

1800 Adam Clayton Powell, Suite 8B
New York, NY 10026
Bus: 212.932.9401
Bus Fax: 212.932.8549
E-mail: youthfulemmings@aol.com

Henry, David P.

18 East 41th Street, 10th floor
New York, NY 10017
Bus: 212.683.6000
Mobile: 917.860.2468
E-mail: dhenry@telenoticiasusa.com

Hodin-Baer, Ali

2 Lafayette St, Ste 2100,
New York, NY 10007
Bus: 212.442.1375
Bus Fax: 212.442.4058
E-mail: Ali@anyf.org

Holland, Karen

250 Mercer Street, #A202
New York, NY 10012
Bus: (212) 327-9614
Bus Fax: (646) 422-4114
E-mail: kholland@rcn.com

i**Ionascu, MD, Nathan**

Bus: 914-238-4877
E-mail: amaldan@verizon.net

Isaacs, Susan

55 Water Street 13th Floor
New York, NY 10041
Bus: 646.447.7710
Bus Fax: 646.447.3216
E-mail: sisaacs@emblemhealth.com

j**Jacks, Arlene**

551 Fifth Avenue, 28th Floor
New York, NY 10176
Bus: (646) 467-8097

Jackson, Cheryl

2 LaFayette Street
New York, NY 10007
Bus: (212) 422-1071
E-mail: cjackson@aging.nyc.gov

Jacobson, Sibyl

27-01Queens Blvd
New York, NY 11101
Bus: 212.578.7049

Jafri, Hussain

146/1, Shadman, Jail Road
Lahore, Pakistan
Bus: (1) 759-6589 /7573911
Bus Fax: (+92-42)7573911
E-mail: info@alz.org.pk

Jellinek, Igal

49 West 45th Street, 7th Floor
New York, NY 10036
Bus: 212.398-6565 ext. 225
Bus Fax: (212) 398-8398
E-mail: ijellinek@cscs-ny.org

Jennings, Craig

24L Madison Park Gardens
Port Washington, NY 11050
Bus: 516.944.6454
Bus Fax: 516.944.6291
E-mail: craig@craigjennings.com

Joannidis, Stavroula

32-06 21st Street
Astoria, NY 11106
Bus: 718-726-1227
E-mail: sjoannidis@hanac.org

Johnson, Cheryl

55 Water Street 2nd Floor
New York, NY 10041
Bus: 646.447.6059
Bus Fax: 646.447.3071
E-mail: cjohnson@emblemhealth.com

Johnson, Gregory

55 Water Street 4th Floor
New York, NY 10041
Bus: (212) 633-0516
E-mail: gjohnson@emblemhealth.com

Johnson, Marcia

2606 East 15th Street, Suite305
Brooklyn, NY 11235
Bus: 718.891.4663
Bus Fax: 718.891.4143
E-mail: marcia.johnson@homestead.com

j**Joice, Eric M.**

35 Beaverson Blvd. Bldg. 11
Brick, NJ 8723
Bus: (732) 262-8020
Bus Fax: 732 262-4370
E-mail: ejoice@familyresourcenetwork.org

Jones, Michael

594 Broadway, Suite 706
New York, NY 10012
Bus: (212) 925-2009
Bus Fax: 212. 925. 2688
E-mail: mjones@friendsindeed.org

k**Kaiteris, John**

32-06 21st Street
Astoria, NY 11106
Bus: 718-726-1227

Kalaspudi, Vasundhara Dr.

208 Parkway Drive
Roslyn Height, NY 11577
Bus: 516.859.5125
Bus Fax: 516.626.0332
E-mail: indiahometsa@gmail.com

Kalman, Annie

199 14th Street
Brooklyn, NY 11215
Bus: 718-499-7701

Kamber Ph.D, Thomas

1713 Eighth Ave #8
Brooklyn, NY 11215
Bus: 718.360.1707 (o) 917.363.4081 ©
E-mail: tkamber@oatny.org

Kaplan, Rabbi Bob

70 West 36th Street suite 700
New York, NY 10018
Bus: 212.983.4800 ext 136
Bus Fax: 212.983.4084
E-mail: rabbob1@aol.com

Karan, Donna**Kats, Polina**

235 East Broadway
New York, NY 10002
Bus: 212-346-7878
E-mail: pkats@lmhccnyc.org

Kenien, MSW, MPA,, Cara

950 Third Avenue, 19th Floor
New York, NY 10022
Bus: 212.308.7355
Bus Fax: 212.750.0132
E-mail: cjk@brookdalefoundation.org

Kole, Henriette

1000 Pelham Parkway
E-mail: hkole@aiamsh.org

Kramer, Edward

Bus: 518.527.2404

l**Lagemann, Clark**

10700 Bren Road West
Minnetonka, MN 55343
Bus: 908.705.1840
E-mail: clark.lagemann@americanmedicalsyste.ms.com

Laguerre, Michelle

199 14th Street
Brooklyn, NY 11215
Bus: 718-499-7701 x:117
Bus Fax: 718-768-2119
E-mail: mlaguerre@psdc.org

Langosch, Deborah

120 West 57th Street, 2nd Floor
New York, NY 10019
Bus: (212) 632-4760
Bus Fax: 212-307-7896
E-mail: Dlangosch@jbfcs.org

Lebenkoff, Sharon

1 Prospect Park West
Brooklyn, NY 11215
Bus: 347-296-2345
Bus Fax: 718-230-1109
E-mail: slebenkoff@leezasplace.org

Leefer, Joanna

18 John Street Suite 905
New York, NY 10038
Bus: 212.732.5868
E-mail: jleefer@fria.org

Leest, Linda M.

80-45 Winchester Blvd., Bldg. #4, CBU#29
Queens Village, NY 11427
Bus: (718) 454-2100
Bus Fax: (718) 740-4999

Leiner, Roberta

130 East 59th Street, 17th Floor
New York, NY 10022
Bus: (212) 836-1573
Bus Fax: (212) 836-1368
E-mail: leinerr@ujafedny.org

Lemon-Denton, Jackie

55 Water Street 10th Floor
New York, NY 10041
Bus: 646.447.7057
Bus Fax: 646.447.3242
E-mail: jackie@emblemhealth.com

Levi, Sharon

845 3rd Ave
New York, NY 10022
Bus: 917.613.2812
E-mail: slevi@seniorbridge.net

Levine, Carol

350 Fifth Avenue, 23rd Floor
New York, NY 10118
Bus: (212) 494-0755
Bus Fax: (212) 494-0801
E-mail: clevine@uhfnyc.org

Levine, Jed

360 Lexington Avenue, 5th Floor
New York, NY 10017
Bus: (212) 983-6906 x216
Bus Fax: (212) 697-6158
E-mail: jlevine@alznyc.org

Levinson, Natalie

331 East 71st Street
New York, NY 10021
Bus: (212) 288-1831

Lewek, Marion

80-45 Winchester Blvd., Bldg. #4, CBU#29
Queens Village, NY 11427
Bus: (718) 454-2100

Lewin, Nancy

199 Grandview Road, N3217
Skillman, NJ 8558
Bus: 908-874-2834
Bus Fax: 908-874-1233
E-mail: nlewin2@cpus.nj.com

Lorenzo, Dawn**Luongo, Rosalinda**

200 West Tremont Avenue
Bronx, NY 10453
Bus: 718-299-0300
Bus Fax: 718-299-4513
E-mail: rluongo@cabny.org

m**Mako, Catrina**

55 Water Street 12th Floor
New York, NY 10041
Bus: 646.447.7657
Bus Fax: 646.447.3004
E-mail: cmako@emblemhealth.com

Mancusa, Anthony Lt.

Bus: 917-769-0514
E-mail: mancusa@fdny.nyc.gov

Markosky, Karol

49 West 45th Street, 7th Floor
New York, NY 10036
Bus: 212.398.6565 ext.227
Bus Fax: (212) 398-8398
E-mail: kmarkosky@cscs-ny.org

m**Martinez, Yvette**

780 Third Avenue, 33rd Floor
New York, NY 10017
Bus: 212.407.3714
E-mail: ymartinez@aarp.com

Masri, Diane

Bus: 718.676.4319 ext 417
E-mail: dmasri@jbfc.org

May, Thomas Rev.

1865 Broadway
New York, NY 10023
Bus: 212.408.1200

Mcall, Marcia

55 Water Street - 8th Floor
New York, NY 10041
Bus: 646.447.6917
Bus Fax: 646.447.3021
E-mail: mmccall@emblemhealth.com

McCord, Jane

55 Water Street - 9th Floor
New York, NY 10041
Bus: 646.447.6063
Bus Fax: 646.447.3021
E-mail: jmccord@emblemhealth.com

McNichol, Dave

55 Water Street, 10th Floor
New York, NY 10041
Bus: 646.447.7130
E-mail: dmcnichol@emblemhealth.com

Megan, Linda

175 East 96th Street, 21Q
New York, NY 10128
Bus: 650.678.3604 (c)
E-mail: lmegan@enclarahealth.com

Meighan, Deborah

200 East 66th Street, C2003
New York, NY 10021
Bus: (212) 838-9012
E-mail: djmeighan@earthlink.net

Mendez-Santiago, Edwin

2 Lafayette Street, 7th Floor
New York, NY 10007
Bus: 212.442.1277
E-mail: emendezsantiago@aging.nyc.gov

Metzler, D. Min., Rev. Paul

1250 Broadway, 11th Floor
New York, NY 10001
Bus: 212.609.1979
Bus Fax: 212.290.3933
E-mail: paul.metzler@vnsny.org

Miller, Nancy

500 Greenwich Street, 3rd Floor
New York, NY 10013
Bus: 212-625-1616 ext. 117
Mobile: 917-859-9184
Bus Fax: 212-219-4078
E-mail: NMiller@visionsvcb.org

Mitchell, Gail

425 W. 23rd St., 9B
New York, NY 10011
Bus: 212 807 1204
Bus Fax: (212) 645-5143
E-mail: grm@GailRMitchell.com

Mittelman, Dr. Mary

560 First Avenue, Room THN312C
New York, NY 10016
Bus: 212-263-7560
Bus Fax: 212-263-6991
E-mail: mary.mittelman@nyumc.org

Mobley, Carrie

250 Broadway, 30th Floor
New York, NY 10007
Bus: 212.788.5504
Mobile: 646.263.1525
Bus Fax: 212.788.9106
E-mail: carrie.mobley@council.nyc.gov

Muneer, Abbey H

42-26 76th Street Suite 1
Elmhurst, NY 11373
Bus: 718.507.7616
Mobile: 347.398.3151
E-mail: chiefeditor@lnom.org

n**Negrone, Lillian**

2550 Webb Ave
Bronx, NY 10468
Bus Fax: 718.410.1621
E-mail: lnegrone@jhha.org

Nesoff, Irwin

Box 130, 75A Lake Road
Congers, NY 10920
Bus: (845) 268-6315
Bus Fax: (845) 268-6315
E-mail: inesoff@optonline.net

Nooris, Laurie

530 East 23rd Street
New York, NY 10010

o**Ogburn-Harraway, Tamar E.**

55 Water Street, 4th Floor
New York, NY 10041
Bus: 646-447-7292
Bus Fax: 877.812.0505
E-mail: togburnharraway@emblemhealth.com

O'Neal, James C.

1250 Broadway, 11th Floor
New York, NY 10001
Bus: (212) 609-5615
Bus Fax: (212) 290-4706
E-mail: joneal@vnsny.org

Ordonez-Jenkins, Rosemary

1071-A East Tremont Avenue
Bronx, NY 10460
Bus: West Farms 718.620.1900
Crotona Park 718.716.1128x811
Bus Fax: (718) 716-8459
E-mail: rordonez@phippsony.org

p**Panken, Wendy**

360 Lexington Avenue, 5th Floor
New York, NY 10017
Bus: (212) 983-6906
Bus Fax: (212) 697-6158
E-mail: wpanken@alznyc.org

Pappas, Zach

32-06 21st Street
Astoria, NY 11106
Bus: 718-726-1227

Pearson, Clarence

530 East 23rd Street
New York, NY 10010

Peist, Ariella

350 Fifth Avenue, 23rd Floor
New York, NY 10118
Bus: 212-494-0751
Bus Fax: 212-494-0801
E-mail: apeist@uhfnyc.org

Pendrick, Ilene

154 Christopher Street, 3rd Floor Marketing Dept
New York, NY 10014
Bus: 212-337-5765
E-mail: ILENEP@vcny.org

Pereszty, Anne

49 West 45th Street, 7th Floor
New York, NY 10038
Bus: 212.398-6565 ext.232

Petroff, Martin

60 East 42nd Street, suite 1026
New York, NY 10165
Bus: 212.962.2400
Bus Fax: 212.571.0284
E-mail: mbpetroff@aol.com

Pichardo, Mercedes

75-01 Broadway 3rd Floor
Elmhurst, NY 11373
Bus: 718.478.7171 ext.27
E-mail: mercedes.pichardo@iprhe.org

p**Polite, Dionne H.E.**

780 Third Avenue 33rd Floor
New York, NY 10017
Bus: (212) 407-3702
Mobile: 845.721.6661
Bus Fax: (212) 644-6390
E-mail: dpolite@aarp.org

Powell, RN, Renee

New York, NY
Bus: 212.241.5090 (o) 888.898.6822 (o)

Pyle, Rolanda

950 Third Avenue, 19th Floor
New York, NY 10022
Bus: (212) 308-7355 x109
Bus Fax: (212) 750-0132
E-mail: rp@brookdalefoundation.org

q**Quest, Richard**

Bus: 917.399.9063
E-mail: richard.quest@turner.com

r**Radding, Fay**

551 Fifth Avenue, 28th Floor
New York, NY 10176
Bus: 646-467-8097
Bus Fax: 212-873-0416
E-mail: FaysPlace@aol.com

Radensky, Laura

404 5th Avenue, 7th Floor
New York, NY 10018
Bus: (212) 273-2530
Mobile: 646-709-9197
E-mail: lradensky@jhha.org

Reeves, Kareem

55 Water Street, 4th Floor
New York, NY 10041
Bus: 646.447.6191
Bus Fax: 646-447-3041
E-mail: kreeves2@ghi.com

Regini, Francesco

145 6th Ave - 1st floor
New York, NY 10013
Bus: 646-452-2496
Mobile: 631-748-8345
Bus Fax: 212-229-2790
E-mail: Francescoregini@communitymediallc.com

Reich, PhD, Leonard

55 Water Street
New York, NY 10041
Bus: 646.447.7227
Bus Fax: 646.447.3235
E-mail: lreich@emblemhealth.com

Resinick, Caryn B.

2 Lafayette Street, 7th Floor
New York, NY 10007
Bus: 212.442.1277
Bus Fax: 212.442.1286
E-mail: cresnick@aging.nyc.gov

Restrepo, David

149 5th Avenue
New York, NY 10010
E-mail: david@carepilot.com

Rivera, Ivonne

1368 Fulton Street, 3rd Floor
Brooklyn, NY 11216
Bus: 718-230-5838
Bus Fax: 718-230-7522
E-mail: ivonne.rivera@iprhe.org

Rivera, Maria

105 East 22nd Street, Ste. 615

Rondon, Scharlene

49 West 45th Street, 7th Floor
New York, NY 10038
Bus: 212.398-6565 ext. 223
E-mail: srondon@cscs-ny.org

Rosario, Archbishop Angelo M.

127 & 159 Dreiser Loop
Bronx, NY 10475
Bus: 917.374.7917
E-mail: bxctf@aol.com

Rosario, Bishop Nancy

127 & 159 Dreiser Loop
Bronx, NY 10475
Bus: 917.374.7917
E-mail: bxctf@aol.com

Rosen, Nadya

331 East 76th Street
New York, NY 10021
Bus: 212-744-5022
E-mail: nrosen@lenoxhill.org

Rosenberg, Rhonda

400 Eighth Avenue
New York, NY
Bus: 212-971-3060

Rosenthal, LCSW, Susan J.

120 W. 57 St. 6th floor
New York, NY
Bus: 212 399-2685 ext. 209
E-mail: srosenthal@jbfcs.org

s**Sackman, Bobbie**

49 West 45th Street, 7th Floor
New York, NY 10036
Bus: 212.398-6565 ext.226
Bus Fax: (212) 398-8398
E-mail: bsackman@cscs-ny.org

Saliva, Felicia

250 East 117th Street
New York, NY 10035
Bus: 212-831-2135
Bus Fax: 212-831-2153
E-mail: felicia.saliva@iprhe.org

Santiago, Elizabeth

360 Lexington Avenue, 5th Floor
New York, NY 10017
Bus: 646.744.2918
E-mail: esantiago@alznyc.org

Scesney, William

200 Corporate Blvd South
Yonkers, NY 10701
Bus: 914.377.4701
Mobile: 718.405.7742
Bus Fax: 914.377.4701
E-mail: bscesney@montefiore.org

Sector, Alan

E-mail: Alan.Sector@ujc.org

Shah, Gopi

111 Lawrence Street
Framingham, MA 1702
Bus: 800.451.0525 ext.1931
Bus Fax: 440.794.4647
E-mail: gopi.shah@philips.com

Sheehan, Peter

422 East 72nd Street#24E
New York, NY 10021
Bus: 917.224.7983
Bus Fax: 212.717.5668
E-mail: psheehan@verizon.net

Shrier, Jackie

177 Fort Washington Avenue
New York, NY 10032
Bus: 646-533-6032
Bus Fax: 212-342-1057
E-mail: jas9055@nyp.org

Sinha, Avani

P.O. Box 40263
Glen Oaks, NY 11004
Bus: 917.288.7600
E-mail: avani.indiahome@gmail.com

Slade, Yolanda

55 Water Street 12th Floor
New York, NY 10041
Bus: 646.447.7649
Bus Fax: 866.268.9120
E-mail: yslade@emblemhealth.com

Smith, Nikki

49 West 45th Street, 7th Floor
New York, NY 10036
Bus: 212.398-6565 ext.224
Bus Fax: (212) 369-8398
E-mail: nsmith@cscs-ny.org

S**Smith, Terrylynn**

441 Convent Avenue, Suite 4D
New York, NY 10031
Bus: 646-447-5860
Bus Fax: 646-447-3302
E-mail: tsmith@hipusa.com

Soehner-Layton, Barbara

55 Water Street 12th Floor
New York, NY 10041
Bus: 646.447.7262
Bus Fax: 646.447.3234
E-mail: blayton@emblemhealth.com

Sokoloff, Tracey A.

5073 Braodway
New York, NY 10034
Bus: 212.342.9525
Bus Fax: 212.342.9808
E-mail: tsokoloff@isabella.org

Sriedlander, Marcia

80-45 Winchester Blvd.
Queens Village, NY 11427
Bus: 718.740.6519
Bus Fax: 718.740.4999
E-mail: caregiversfirst@aol.com

Stahl, Evelyn

331 East 71st Street
New York, NY 10021

Stanton, Sir. Ellsworth

169 Clinton Street
Brooklyn, NY 11201

Stetekiewych, Sonia

120 Est 101 Street
New York, NY 10025
Bus: 212.870.5097
Bus Fax: 212.870.5908
E-mail: sstet@jhha.org

Stewart, Frances

55 Water Street, 12th Floor
New York, NY 10041
Bus: 646.447.7291
E-mail: fstewart@emblemhealth.com

Stillson, Kathy

97-45 Queens Blvd
Rego Park, NY 11367
Bus: 718.459.0500 x1212
E-mail: kstillson@hipusa.com

t**Taylor, David**

2095 Broadway, Room 308
New York, NY 10023
Bus: (212) 874-6633
Bus Fax: (212) 873-3986
E-mail: dtaylor@pssusa.org

Taylor, Rev. Mitchell G.

12-11 40th Ave
LIC, NY 11101
Bus: 718.784.0877
Bus Fax: 718.729.1288
E-mail: mtaylor@erdalliance.org

Thomas, Denise

55 Water Street 12th Floor
New York, NY 10041
Bus: 646.447.7656
Bus Fax: 646.447.3004
E-mail: dthomas@emblemhealth.com

Thurston, Catherine

305 Seventh Ave., 16th Floor
New York, NY 10001
Bus: (212) 741-2247 x227
Bus Fax: (212) 366-1947
E-mail: cthurston@sageusa.org

Tirado, Felicia

Bus: 718.685.4173
E-mail: feliciat@maximselfcare.com

Tolkin, Carole

270 Pepperidge Road
Hewlett, NY 11557
Bus: (516) 374-3552
Bus Fax: (516) 374-2551
E-mail: clt270@aol.com

Tolkin, Marvin

270 Pepperidge Road
Hewlett, NY 11557
Bus: (516) 374-3552
Bus Fax: (516) 374-2551
E-mail: mt270@aol.com

Triche, DSW, LCSW, Kathy

170 West 12th Street
New York, NY 10011
Bus: 212-604-7332
Bus Fax: 212-604-7111
E-mail: KTriche@svcmcnyc.org

Tsao, Dr. Mary Ann

5 Temasek Boulevard #12-06, Suntec Tower Five
Singapore 38985
Bus Fax: 6337 9719

Twomey, Richard D.

20 Park Plaza, Suite 920
Boston, MA 2116
Bus: 617-456-3763

v**Valentin, Michael**

681 Carlyle Place
Union, NJ 7083
Bus: 201-247-6196
Bus Fax: 908-206-1241
E-mail: mvalen12@tttus.nj.com

Van Dusen, RN, Karen L.

55 Water Street 12th Floor
New York, NY 10041
Bus: 646.447.7350
Bus Fax: 646.447.3042
E-mail: kvandusen@emblemhealth.com

Vega, Joan Griffiths

670 Tenth Street
Brooklyn, NY 11215
Bus: (718) 788-3468
E-mail: jdragon87@earthlink.net

Villanueva, Milagros

UN DCI- 1206
New York, NY 10017
Bus: (212) 963-8482

Volpe, Charles

10 Bruce Street
W. Babylon, NY 11704
Bus: 631.422.9353
Mobile: 631.456.0836
Bus Fax: 631.376.0146
E-mail: cjv9xny@aol.com

w**Walker, Rose**

199 14th Street
Brooklyn, NY 11215
Bus: 718-499-7701

Waller, Diane

New York, NY
Bus: 212.366.0065
E-mail: dianewaller@mindspring.com

Warnock, Sheila

c/o NCCI 6th fl. 121 Sixth Ave.
New York, NY 10176
Bus: 212-991-9688
E-mail: swarnock@sharethecare.org

Watts, Scarlett

520 Eighth Ave., N. Wing 3rd Floor
New York, NY 10018
Bus: 212.204.6285
Bus Fax: (212) 869-3532
E-mail: swatts@medicarerights.org

Weber, Tom

305 Seventh Ave., 16th Floor
New York, NY 10001
Bus: (212) 741-3590
Bus Fax: (212) 620-5619
E-mail: tweber@sageusa.org

Weimersherimer, Betti

18 John Street Suite 905
New York, NY 10038
Bus: 212.732.5935
E-mail: BWeimers@fria.org

W

Werley, Besty

P.O. Box 231240
New York, NY 10023
Bus: 212.803.6121
E-mail: betsy@thetransitionnetwork.org

Weschler, Lana

177 Fort Washington Avenue
New York, NY 10032
Bus: 212.289.1129

White, John

55 Water Street 12th Floor
New York, NY 10041
Bus: 646.447.7650
Bus Fax: 646.447.3004
E-mail: jwhite@emblemhealth.com

Williams, RN, Tania

Willig, LCSW, Judy

57 Willoughby St., 4th Flr
Brooklyn, NY 11201
Bus: (718) 596-8789 x11
Bus Fax: (718) 403-0346
E-mail: JWheightsandhill@aol.com

Winter, Frank

Bus: 212.616.2355
E-mail: frank.winter@cms.hhs.gov

Wolfson, Georgiana

124 Franklin Place
Woodmere, NY 11598
Bus: 516.374.4747
E-mail: seniorwoodmere@aol.com

Wright, Sharon

49 West 45th Street
New York, NY 10036
Bus: 212.840.8005

Y

Yonchenko, Michael

8053 Sonoma Highway
Santa Rosa, CA 95409
Bus: 707.833.2727
E-mail: my@directhealthmedia.org

Z

Zur, Phyllis Erlbaum

100 W. Kingsbridge Road
Bronx, NY 10468
Bus: (718) 410-1216
Bus Fax: (718) 410-1366
E-mail: perlbaum-zur@jhha.org

We are

We are truly.....diverse and inclusive

We are:

Women and men

Black and white and all shades in between

We are straight and gay

*We are Christians, Jews, Muslims, Buddhists, agnostics, and I hope a few
atheists, it keeps us all growing*

We are from all over the world

We are New Yorkers.....one and all.....by birth or adoption

We are family caregivers

We are big business, government, and non-profits

We are researchers and center leaders

We are formal caregivers and family caregivers

And we are learning to talk to one another

We are finding a common language and moving the dialogue forward

*In the year ahead we are planning to add just such a communication-
dialogue committee.*

We are about seniors caring for seniors

We are about seniors raising grandchildren

We are about children caregivers

We are about gays and lesbians facing end of life issues in the middle of life

We are about people with chronic conditions

We are family caregivers and we care.....

We are rich

We are poor

But we are all extremely wealthy with love, caring and compassion

We are channels for one another and for others...

We are channels of goodness and love

We are not going through life

We are growing through life

We are not human beings trying to have a spiritual experience

We are spiritual beings having a human experience

And.....we are sharing the caring.

To each of you I say thank you, thank you, thank you.

***Reverend Gregory L. Johnson
Co-chair NYCFCC***

Nov. 13, 2007

Guest Performing Artists..... Many Thanks



Tony Smith is an accomplished saxophonist with over 30 years of experience bringing pleasure to his listeners. It only takes one note from his soothing horn to see that he is someone blessed with a special talent. This anointed musician on the saxophone is someone that has a message from God to share with others. "Do what God has called you to do".

Tony has released four solo projects. The latest titled "Rewind Let's Do It Again", like Tony's first 3 projects, ministers to those seeking spiritual comfort and relief through instrumental interpretation. Tony and his host of talented musicians incorporate elements of jazz, gospel and classical music. In keeping with his recording tradition, this CD has both standard gospel hymns and original songs written by Tony. Special invited guest musicians involved with this project include saxophonist Ron Brown, guitarist Jonathan DuBose Jr., trumpeter Syreeta Thomson, bassists Bryant Wilder and Reggie Young.

In 2005 and 2004 Tony was nominated at the Urban Gospel Industry Awards for Best Gospel Jazz Album and Best Gospel Jazz Male Artist. He was nominated in two categories in 2003 at The American Gospel Music Awards for Best New Gospel Jazz Artist and Best New Artist of the Year. Tony won Best New Gospel Jazz Artist for that year. Tony has been spotlighted on several television shows including appearing twice on Bobby Jones Gospel, The Gospel of Music with Jeff Majors, Up Close & Personal, The Jazzspel, New Mercies Café TV, Gospel Central Video Music TV, Parade Of Quartets, Making Great Strides and the Faith Now TV show. He has shared the stage with such artists as Ted & Sheri, Tramaine Hawkins, Deitrick Haddon, Tonex, Hezekiah Walker, Vickie Winans, Neville Peter, Shirley Caesar, Lucinda Moore, Moses Tyson Jr and Nancey Jackson-Johnson. Tony has played for such dignitaries as the Premiere and members of Parliament in Bermuda, The National Baptist Convention, The 100th anniversary of C.O.G.I.C. in Memphis, Tenn and for Bishop Richard F. Norris and the Council of Bishops of the AME Church.

This talented artist hosts his own gospel jazz radio show on WFDU 89.1FM in Teaneck, New Jersey where he focuses on the instrumentalist side of gospel music. He has interviewed many independent and international artists such as Allen & Allen, Ben Tankard, Kirk Whalum and Angella Christie. Tony is an associate member of the Grammys Recording Academy. Parishioners at Macedonia AME Church in Flushing, Queens where Reverend Nicholas Genevieve-Tweed is the pastor, have the honor of hearing his horn playing during morning service and afternoon programs.

Through the grace of God, and the support of his loyal fans, Tony's ministry continues to grow. "I want to give back to God the talents and gifts that he has given me; it doesn't matter how you lift Him up, as long as you lift Him up with your whole heart, as you praise His name". More information can be found on Tony's websites, tonysmith.com and gospeljazzations.com.

Elizabeth Rose

...is an artist who keeps growing hyphens: songwriter-actress-singer-musician-producer-filmmaker-teacher.

She is performing her one woman musical comedy, "If You Want Me- You Can Have Me - Right NOW!!", on stages in New York and Ireland. Rose has composed songs for PBS, Nickelodeon, Discovery and feature films.

An energetic and versatile performer, her fav gigs including singing the national anthem at Shea Stadium, recording with blues legend Pinetop Perkins and headlining with her band at The Bottom Line in New York. Her song, "I'm Too Beau'ful (for you)" has been honored by Elmore Magazine as one of the "Top Strong Women Songs" since 1921.

She was a primary caregiver for her mother, actress/teacher Gerry Rose, who began doing comedy skits on the David Letterman Show at age 75. Elizabeth would like to thank Terry Lynn Smith and Gregory Johnson for inviting her to participate in this celebration for Care for the Family Caregiver.



NYCFCC

In addition to our Coalition Volunteers we wish to thank.
EmblemHealth for being our gracious host this evening.

EmblemHealth Team

Anthony L. Watson Chairman and CEO

Frank Branchini President and COO

Michael Adoniz
Clay R. Ballard
Peggy Casey
Karen Chaikin
Eileen Counihan
Debra Dunlap
Makida S Dupree
Allison Greene
Jeanette Guzman
John Kennedy
Roberto Justiniano
Carl Lancaster
Jackie Lemon-Denton
Jill Loewenthal
Doreen Louie
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Asadullah Noorata
Timothy Nugue
Michelle Paige
Ed Patterson
William Sacrey
Mary Servillo
Yolanda Slade
Frances Stewart
Michael Stofa
Terry Lynn Smith
John White
Michael Worthington
Raymond Vacca
Patricia Zilinske

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Event Coordinator, Creator and Journal
Table Top/Trade Show Coordinator
Host and Volunteer Coordinator

Tamar E. Ogburn
Lillian Pyatt-Castro
Kareem Reeves

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On their 4th Annual Evening of Celebration & Gratitude

Dr. Mary S. Mittelman

AND THE

PSYCHOSOCIAL RESEARCH & SUPPORT PROGRAM,
CENTER OF EXCELLENCE ON BRAIN AGING,
NYU LANGONE MEDICAL CENTER

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THE NEW YORK WOMEN'S FOUNDATION

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Ms. Clarisse Mefotso Fall, MPH, Executive Director
African Hope Committee Inc.
441 Convent Avenue • New York, NY 10031
212-862-9010 • Fax: 212-862-1949
www.afriquehope.org

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on the celebration of
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