

# Covenature

Dream it. Wish it. Do it



# WELCOME TO THE LOVENATURE SUPERFOODS CATALOG OF INGREDIENTS

It's our mission to shake up the industry and to make organic ingredients more widely available and more affordable in the market.

We want to go back to the way nature intended it, and working along with our farmers we source and produce the best quality organic dried ingredients directly from origin and delivering them right to your warehouse.

Following rigorous standards of excellence, we control every part of the process from volume, quality, and homogeneity, along with making sure your product always meets our strict European standards. So this includes certifying that it is free of unwanted pesticides, herbicides, and heavy metals. We always keep up to our commitment to deliver what we promise at whatever the cost.

Our close relationships with growers mean we handle all the documentation for you, and quickly assess the feasibility of a project, in record time.

In cooperation with our partners, we are also able to offer a full retail packing service, in some cases, we can also provide biodegradable "cane and corn materials."

As always, our dedicated Lovenature Superfoods specialists are on hand to help you with the logistics of your order.





## **COCONUT PRODUCTS LIST**

We have all products in organic and conventional version.

- · Virgin coconut oil.
- Coconut Flour.
- · Coconut Cream (Liquid).
- · Coconut Water
- . Coconut Water Concentrated Powder
- Desiccated Coconut.
- Dairy Free Coconut Cream Powder
- · Cream Powder.
- · Coconut Palm Sugar.

**INDIA, INDONESIA & PHILIPPINES** 

# Ask for your quote today:

#### LOVENATURE

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Cinnamon Becard Ltd
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#### CONTACT

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#### ADDRESS

The Stables

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Lamberhurst, Tunbridge Wells

Kent TN3 8AD, UK



#### VIRGIN COCONUT OIL

# Unrefined Cold Pressed

The Coconuts are handpicked from the plantations which are certified Organic thus ensuring the good quality of the extracted oil. The extraction is done by the cold pressed method which helps retain the nutrients and the delicate fats. The meat of the fresh coconuts is shredded and then undergoes cold press using the natural coconut water to make the coconut milk. The milk is then stored for half a day and the oil gets naturally separated from the heavier water. The oil when filtered from the curd is free from chemicals, high heat treatment and has no trans-fatty acids. Our high grade Virgin Coconut Oil has the advantage of a long shelf life due to its high anti-oxidant properties.

#### **USES**

Cooking up to medium high temperatures. Ideal for stir-frying vegetables, seafood, meats and baking. Also use in the manufacturing of beverages flavoring, sauces, soaps, skin and hair products as well as commercial and home detergents.

#### **PRODUCT DETAILS**

- INGREDIENTS
   2nd press from Organic Coconut meat.
- MANUFACTURE CERTIFICATIONS
  ISO 9001:2008, ISO 22000:2005, GMP,
  Organic, Kosher, Halal.
- SHELF LIFE

Product will solidify and become cloudy below 250 C. Before dispensing gradually thaw above melting point. Stable up to 2 years.

NUTRITIONAL FACTS	
PER 1 TBSP (14 g)	VALUE
Calories	125 kcal
Cal from Fat	124 cal
Saturated Fat	13 g
Trans Fat	0 g
Cholesterol	0 mg
Carbohydrates	0 g
Sugar	0 g
Protein	0 g

PACKAGING		
Product Packaging	Container Loading	
210 Liter (418.874 lbs) Drum		
5 Liter (10 lbs) Pail	720 Pails / 20' Container	
Types of VCO we Produce		
Cold Pressed		
Expeller Pressed		
DME Method		
Centrifugal Method		
Fermendation Method		



## **COCONUT FLOUR**

Coconu Flour is produced from farm fresh Coconut Meat which is dried, defatted and finely ground to produce the flour. It is high fiber, high protein, low fat, gluten – free product. Coconut flour is cream colored with slight nutty odor. The fatty acid content of Coconut Flour is mostly lauric (48.4%). Unlike wheat flour, Coconut flour affers a good amount of essential amino acids.

#### **USES**

Good source of fiber due to its high dietary fiber content. Enhances the flavor of most products viz. Chocolate, vanilla, etc. Improves the texture of baked products (cakes breads, etc.)

#### **PRODUCT DETAILS**

• INGREDIENTS

Pure Coconut

• MANUFACTURE CERTIFICATIONS
ISO 9001:2008, ISO 22000:2005, GMP,
Organic, Kosher, Halal.

• SHELF LIFE

Product will solidify and become cloudy below 25° C. Before dispensing gradually thaw above melting point. Stable up to 2 years.

NUTRITIONAL FACTS	
PER 100 gms	PER 100 gms
Crude Protein	19.3 g
Crude Fat	8.56%
Ash	5,28%
Total Dietary Fiber	39.6%
Calcium	32 mg
Phosphate	483 mg
Iron	10 mg

PACKAGING	
Product Packaging	Container Loading
500 gm Pouch Packing 50 pouches per Carton	800 cartons per 20' container



#### **COCONUT CREAM**

# Liquid

Hand-picked Coconuts are processed using state-of-the art Ultra High Temperature and aseptically packed. This process ensures highest hygienic food standard without compromising on natural flavor and quality of fresh coconut cream. Provides smooth and refined texture to food preparations.

#### **USES**

Ideal for Curries and Stews; soup, dips, dressings and marinades, smoothies, yoghurt bases, jellies and ice cream. Also used as cake ingredient for baking, confectionery ingredient, sauces, dairy replacement, etc.

#### **PRODUCT DETAILS**

- INGREDIENTS
  - **Pure Coconut**
- MANUFACTURE CERTIFICATIONS
  ISO 9001:2008, ISO 22000:2005, GMP,
  Organic, Kosher, Halal.
- SHELF LIFE

24 months if stored at  $55^{\circ}$  C +1-  $50^{\circ}$  F away from sun light and humidity

NUTRITIONAL FACTS	
PER 100 gms	PER 100 gms
Calories	704.4 kcal
Protein	7.1 g
Dietary Fiber	13.2 g
Sugar	5.7 g
Cholesterol	0 mg
Sodium is found in conventional product	

PACKAGING	
Product Packaging	Container Loading
20 Kg (44 lb) Pail	720 Pails / 20' Container



### **COCONUT WATER**

The elixir of life is very sensitive to air and sunlight. The coconut water starts losing its nutrients the moment it comes out of the nut. We have the most advanced technology to package the fresh coconut water without harmful exposure. With Rosun's processing and packaging solutions, it has a long shelf life and stays fresh for months with all its nutrients intact.

#### **USES**

Coconut water contains cytokines and lauric acid, the two important elements which are used in the process of cell growth and their regulation. It has significant anti-ageing, anti-carcinogenic and anti-thrombotic properties which helps to minimize skin aging, balances pH levels and keeps the connective tissue hydrated and strong.

#### **PRODUCT DETAILS**

INGREDIENTS

**Pure Coconut** 

- MANUFACTURE CERTIFICATIONS
  ISO 9001:2008, ISO 22000:2005, GMP,
  Organic, Kosher, Halal.
- SHELF LIFE

  Recommended temperature range: -18°C

NUTRITIONAL FACTS	
PER 100 gms	PER 100 gms
Protein (N x 6.25)	1.78
Carbohydrates	65.02
Calories - Fat Cal	0.84
Total Fat	5.7 g
Total Calories, Cal	274.76
Potassium	3,129
Magnesium	290.14
Cholesterol	0
Calcium	326.39
Sucrose	12.14
Total Sugars	20.12

PACKAGING	
Product Packaging	Container Loading
256 kg (564.00 lbs) Drum	70 Drums / 20' Container



#### COCONUT WATER CONCENTRATED POWDER

With our processing and packaging solutions, it has a long shelf life and stays fresh for months with all its nutrients intact. Only handpicked farm fresh Coconuts are used for production of Coconut Water Concentrate/Powder. We have world class facilities for processing Coconuts and derive Coconut Water Concentrate/Powder.

#### **USES**

It can be reconstituted as a thirst quenching drink and can also be reconstituted and mixed with other fruit flavors. Excellent replenishment during dehydration since has natural electrolytic properties.

#### **PRODUCT DETAILS**

- INGREDIENTS
  - Farm Fresh Tender Coconut
- MANUFACTURE CERTIFICATIONS
  ISO 9001:2008, ISO 22000:2005, GMP,
  Organic, Kosher, Halal.
- SHELF LIFE

  Recommended temperature range: -18°C

NUTRITIONAL FACTS	
PER 100 gms	PER 100 gms
Protein (N x 6.25)	1.78
Moisture	22.92
Ash	9.44
Carbohydrates	65.02
Calories - Fat Cal	0.84
Total Fat	5.7 g
Total Calories, Cal	274.76
Potassium	3,129
Magnesium	290.14
Cholesterol	0
Calcium	326.39
Sucrose	12.14
Total Sugars	20.12

PACKAGING	
Product Packaging	Container Loading
256 kg (564.00 lbs) Drum	70 Drums / 20' Container



#### **DESSICATED COCONUT**

Hygienically shredded coconut meat produced from farm fresh top grade and mature coconuts. Add to cooking and baking for a great coconut taste and delightful mouth-feel; crunchy, gritty and fiberous. Available in three qualities: High Fat, Medium Fat and Low Fat.

#### **USES**

Bakery and Confectionery industries to enhance the texture, flavor, aroma, degree of chewiness and product attraction of nut bars, cookies, biscuits, cakes, pies, teas and ice cream. Also used in soap and creams for personal care.

#### **PRODUCT DETAILS**

#### INGREDIENTS

Farm Fresh Tender Coconut

## MANUFACTURE CERTIFICATIONS

ISO 9001:2008, ISO 22000:2005, GMP, Organic, Kosher, Halal.

#### • SHELF LIFE

Recommended temperature range: 15-21°C at 20-50% Rh. Should be stored in odor-free area,

out of sunlight and away from walls. Avoid storage in high moisture areas.

NUTRITIONAL FACTS	
PER 100 gms	PER 100 gms
Calories Cal from Fat	650 Cal
Saturated Fat	60 g
Trans Fat	0 g
Cholesterol	0 g
Carbohydrates	25 g
Sugar	6 g max
Protein	9 g max
*Sodium	25-50 mg

PACKAGING	
Product Packaging	Container Loading
100 lb multi.layer bag	250 bags / 20' Container
50 lb multi.layer bag	550 bags / 20' Container
25 lb multi.layer bag	1100 bags / 20' Container



#### DAIRY FREE COCONUT CREAM POWDER

A free flowing uniform granular powder Impart a sweet creamy flavor, free from foreign or objectionable flavors and odors Dissolves instantly in hot beverages Serves as an excellent whitening powder Add a smooth rich taste to coffee or tea Requires no refrigeration.

#### **USES**

Our standard Non Dairy Creamer has a slightly sweet and good taste and is suitable for most hot beverages including coffee, tea, hot chocolate and so on. Is it also used as a bakery, bread, cake, cookies and doughnut ingredient for good flavor.

#### **PRODUCT DETAILS**

# INGREDIENTS

Farm Fresh Tender Coconut

#### MANUFACTURE CERTIFICATIONS

ISO 9001 :2008, ISO 22000:2005, GMP, Organic, Kosher, Halal.

#### BENEFITS

Recommended temperature range: 15-21°C at 20-50% Rh. Should be stored in odor-free area, out of sunlight and away from walls. Avoid storage in high moisture areas.

NUTRITIONAL FACTS	
PER 100 gms	PER 100 gms
Calories Cal from Fat	650 Cal
Saturated Fat	60 g
Trans Fat	0 g
Cholesterol	0 g
Carbohydrates	25 g
Sugar	6 g max
Protein	9 g max
* Sodium	25-50 mg

PACKAGING	
Product Packaging	Container Loading
Cans - 24 cans per carton	1,176 Cartons / 20' Container



#### **COCONUT PALM SUGAR**

Wholesome Sweeteners Organic Coconut Palm Sugar is a rich, unrefined brown sugar with a deep caramel flavor. It is produced by tapping the sweet nectar from the tropical coconut palm tree flower and drying the nutrient rich juice in a large open kettle drum.

The juice condenses into a delicious, handmade whole brown sugar that adds warm color and a depth of flavor to baking. It is delightful in brownies, cookies and cakes and also makes a perfect topping for oatmeal. Organic Coconut Palm Sugar also is commonly used to sweeten Asian dishes, sauces and beverages.

NUTRITIONAL FACTS		
PER 1 TBSP (14 g)	VALUE	
Calories	375	
iron	1.8 mg	
Total Fat	0	
Niacin	40.1 mg	
Cholesterol	0	
Nitrogen	210 mg	
Phosphorous	75 mg	
Potassium	1011 mg	
Calcium	7.1 mg	
Magnesium	31 mg	
Sodium	47 mg	
Chlorine	463 mg	
Vitamin A	145 mcg	
vitamin B1	1.73 mg	
Vitamin B2	11.9 mg	
Vitamin B3	38.1 mg	
Vitamin B6	33.29 mg	

#### **PRODUCT DETAILS**

#### INGREDIENTS

Natural, granulated coconut flower blossom nectar.

- MANUFACTURE CERTIFICATIONS
  ISO 9001 :2008, ISO 22000:2005, GMP,
  Organic, Kosher, Halal.
- BENEFITS

Coconut Palm Sugar is lauded for its low glycolic index of 35; It metabolizes slowly and easily by the human system.

#### **INDIA, INDONESIA & PHILIPPINES**

PACKAGING		
Product Packaging	Container Loading	

4 kgs. Food grade poly bags 900 cartons per 20' Container x5 bags per carton



# MAKE YOUR ORDER

Contact us today!



LOVENATURE

CONTACT

ADDRESS

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