

FOREWORD

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“There are no unnatural or supernatural phenomena, only very large gaps in our knowledge of what is natural.”

The late Dr. Edgar Mitchell, Apollo 14 Astronaut and FREE Co-Founder

We live in an exciting world where advances in space exploration and astrophysics are matched by the wonder of UAP² sightings and deep inner space phenomena as detailed in the field of parapsychology. We now understand that the speed of thought far exceeds the speed of light. We live in a quantum universe in which quantum effects reside in the dark energy fields and support telepathic transfer of information from mind to mind, through the exchange of quantum holograms. Preceding at the speed of thought allows for what the Dr. Edgar Mitchell FREE Foundation calls the Contact Modalities-- contact with Non Human Intelligence (NHI)³ via UAP related contact, Near Death Experiences (NDEs), Out of Body Experiences (OBEs), Channeling, Telepathic Communications, Remote Viewing, visual sightings of Orbs, Spirits, Hallucinogenic Journeys, etc, which involve parapsychological phenomena such as telepathy, clairvoyance, clairaudience, precognition, retrocognition, etc.

The Dr. Edgar Mitchell Foundation for Research into Extraterrestrial and Extraordinary Experiences, or FREE, is a 501c3 academic research not for profit foundation. FREE was co-founded by myself (R.S.), the late Apollo astronaut Dr. Edgar Mitchell, Australian researcher Mary Rodwell, and Rey Hernandez, an attorney, a UAP Contact Experiencer, and Ph.D. candidate at the University of California at Berkeley. Over the last 5 years, the FREE Foundation has had over 10 Ph.D. academics on its Board of Directors and 10 other lay researchers. Almost all of our board members have been internationally recognized as pioneers

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² The term “*Unidentified Aerial Phenomena*” (UAP) will be used in preference to “Unidentified Flying Objects” (UFOs), a more traditional term popularized in movies and mass media, since the term UAP is more inclusive, comprising such things as strange lights or plasma phenomena, in addition to unidentified aerial craft like the proverbial “flying saucer.”

³ The term “*Non-Human Intelligence*” (NHI) will be used in preference to “Extraterrestrial”, a more traditional term popularized in movies and mass media, since the term NHI is more inclusive, comprising both physical and non-physical “beings” as well as “terrestrial” and possible “inter-dimensional” intelligence.

in exploring the topic of UAP contact with NHI and in Consciousness studies. Many of these individuals are also authors in this book.

Due to the “ethereal nature” of the FREE research data, these UAP related contact phenomena are not studied in universities. FREE’s academic research study seeks to address this problem. Our book analyzes the data findings from the historic FREE Experiencer Research Study. FREE is in the 5th year of administering the world’s first comprehensive, multi-language, academic research study on individuals that have had UAP related contact experiences with Non Human Intelligence (NHI)-- The FREE Experiencer Research Study.

This book, volume one of our multi-volume book series that FREE is preparing, is focused on an analysis of the data from our 5 year FREE Experiencer Research Study. Before the death of Dr. Edgar Mitchell, he agreed to rename the FREE Foundation for his legacy and for the publication of many articles he had previously published in other journals. Many of his articles were published in our website, “**EXPERIENCER.ORG**”, over the last 4 years ago with Edgar’s approval. Our Chapter 3 article was written by Dr. Mitchell in 1974, titled “*Introduction: From Outer Space to Inner Space*”, Edgar states:

“Although some research people claim connections between UFO phenomena and the psychic event, the correlations are not sufficiently established to warrant treatment in this volume [his 1974 book]. These omissions are not an oversight, rather, they are due to a paucity of solid research material. That paucity, in turn, is caused primarily by the lack of funding and research support from which this field has generally suffered-- a lack, incidentally, that we hope this volume will soon help to change.”⁴

It was obvious that Edgar clearly understood the connection between the UAP phenomena and what he termed the “*psychic event*” and that there was a lack of scientific “parapsychology” research on this phenomena . As Edgar stated, there was little to no academic research on this connection back in 1974. Now, more than 44 years later, once Edgar began to review the early data from our FREE Experiencer Research Study shortly before he passed away, he clearly received confirmation that our data finally provided the necessary “solid research data” that clearly established the connection between the UAP phenomena and the “paranormal”. If Edgar would have published his book in 2018 instead of 1974, the topic of UAPs would have been prominently featured in his 1974 book titled *Psychic Exploration: A Challenge for Science*.⁵

Chapter 1 in our book, titled “*A Report on Phase I and II of FREE’s Experiencer Research Study: The Results of a Quantitative Study*”, was written by myself, Rey Hernandez and Dr. Jon Klimo. This chapter provides a summary and analysis of the data from our quantitative Phase 1 and Phase 2 surveys. Over a 4 year period, FREE collected responses to 2 quantitative surveys containing more than 700 questions and a separate Phase 3 qualitative survey comprised of written responses to 70 open ended questions. Over this 4 year period, we

⁴ Mitchell, Edgar (1974). *Psychic Exploration: A Challenge for Science*. New York: G. P. Putnam’s Sons

⁵ Ibid.

collected more than 3,200 responses from respondents from over 100 countries. This chapter contains an extensive discussion of our research methodology, a detailed analysis of our data, and a summary of possible physics theories that might begin to explain this extremely complex phenomenon. Even though we have acquired for the first time the necessary basic data in this field, we conclude that we actually know very little about this complex phenomena and that we need to continue rigorous academic research in this arena.

Chapter 2 of our book was authored by Dr. Jon Klimo and titled *“A Report on Phase III of FREE's Research Activity: The Results of a Qualitative Study”*. This chapter contains a detailed analysis of our qualitative research data from our Phase 3 research instrument which was comprised of written responses to 70 open ended questions. Compared to quantitative-type studies, qualitative-type research is notoriously time-consuming and usually involves using interview or questionnaire items that invite free, open-ended responses. Dr. Klimo is an expert in this field because he spent over 40 years teaching “Qualitative Research Methods” for various university graduate programs as a Professor of Psychology. Jon spent an entire year preparing and reviewing the more than 1,450 open ended responses to our Phase 3 survey which was comprised of more than 10,000 pages of written responses. Needless to say, it was an exhausting and monumental task. As Dr. Klimo states in this chapter:

“In January 2016, we began collecting data for Phase 3, our first completely qualitative-type study, using approximately 160 questions about 70 of which were qualitative questions requiring free, open-ended written responses. We proceeded to collect data for this third phase, again for about a year, until we decided to stop and analyze the results we had accrued to that point. By then, we had approximately 1,000 respondents. Currently (as of the beginning of 2018), there are about 1,450 Phase 3 respondents (though, as mentioned, we decided to analyze only the first thousand). As we had done with the two previous phases of our research, we used the online data-gathering service "Survey Monkey" to gather data for Phase 3.”

The subsequent chapters, authored by Mary Rodwell, Kathleen Marden, Joseph Burkes MD, Preston Dennett, Brent Raynes, Dr. Rebecca Hardcastle Wright, Dr. Michael Melton, Reverend Michael Carter, Susan Manewich, Dr. John Alexander and the late Brad Steiger, delve into the data findings from specific topic areas addressed in our research study. Each of the authors provides their own analysis and express their personal opinion of the FREE data based upon their extensive research experience in this field.

Volume 2 of our book, a separate publication, will be a theoretical book that will focus on the relationship between Consciousness and Non Human Intelligence. Numerous physicists, astrophysicists, neuroscientists, psychologists and lay researchers are currently writing articles on this topic which we hope to publish by December 1, 2018. Our objective for these two initial books is to establish a new paradigm on the questions of **“What is Consciousness”** and **“What is the Relationship between Consciousness and Non Human Intelligence”**. Eventually the FREE organization hopes to undertake cross comparative research on individuals that have had contact with Non Human Intelligence (NHI) via the **“Contact Modalities”** (contact via perceived UAPs, NDEs, OBEs, Remote Viewing, Channeling, Ghosts/Spirits, Hallucinogenic Journeys, Orbs, PSI Contact, etc).

The FREE Foundation elected Dr. Jon Klimo, a retired Professor of Psychology, as the Chair of our FREE Research Committee. Jon is widely considered to be one of the world's leading academic authorities on the subject of what is commonly called "the paranormal". He was continuously teaching and guiding research in doctoral programs over the past 40 years, including teaching "Research Methodology", beginning as a professor at Rutgers University and most recently as a full professor in the clinical program at the American School of Professional Psychology, Argosy University, San Francisco Bay Area campus. Dr. Klimo has chaired over 220 doctoral dissertations; approximately 40 of these dissertations have been in the areas of parapsychology (e.g., precognition, psychokinesis, etc) near death experiences, out of body experiences, consciousness studies, "Ufology" and "Extraterrestriology". Jon is also working on completing four book projects for publication. Two of Jon's articles are included in this book.

Our Research Committee also included Dr. Leo Sprinkle, an Emeritus Professor of Counseling Services at the University of Wyoming and one of the early academic pioneers in the field of UAP related contact with NHI. His ground-breaking pioneering research investigating "UAP abductions" and his psychological testing of UAP contact experiencers began in the mid-1960s and set the standard for research in this field. Both Dr. Edgar Mitchell and I fully participated in the Research Committee as well as numerous other individuals who spent hundreds of hours contributing to this research effort which included the following individuals: FREE Board of Directors Mary Rodwell, Kathleen Marden, Dr. Claude Swanson, Giorgio Piacenza, Dennis Briefer, Dr. Robert Davis, Rosemary Guiley, and my dear friend, radio documentarian Ralph Steiner. Many advisors to FREE also spent countless hours participating as formal and informal members of our Research Committee who included the following: Barbara Lamb, Denise Stoner, Brent Raynes, David Chase, Dr. Joseph Burkes, Preston Dennett, Rebecca Hardcastle-Wright, Marcel Polte, Dr. Michael Melton, Reverend Michael Carter, Norman Michael Murburg, Illobrand von Ludwiger, Giles Campbell, Rodrigo Fuenzalida, Julio César Galeano, Barbara Mango and our FREE Support Coordinator, Lynn Hartrum. FREE has also received guidance and support from Dr. Dean Radin, Dr. Diana Hennacy Powell, Dr. Kenneth Ring, Dr. Diana Pasulka and Raymond Fowler.

Until we began our FREE Experiencer Research Study, no one had a basic understanding on the topic of UAP related contact with Non Human Intelligence (NHI). Why? Because no one had ever undertaken a comprehensive, multi-language, quantitative and qualitative data collection, via anonymous surveys, administered internationally, via the latest survey collection software, to thousands of UAP related "Contact Experiencers". The FREE Research Committee included most of the major investigators in this field who assisted the FREE academics in developing the study's research methodology. All of these major researchers understood that basic research in this field was never undertaken in a comprehensive and academic manner. The dissemination of our surveys was conducted on a worldwide basis to various groups involved in these areas: Ufology, the Paranormal, "abduction research", UAP Contactees, MUFON chapters, UAP Disclosure, CE5, Consciousness research, and other similar and related Internet sites. We posted on a weekly basis announcements to over 500 Facebook sites, YouTube listings, and monthly mailings to an email database of over 5,000 individuals and organizations. Additionally FREE's Board of Directors conducted hundreds of radio interviews over the first 3 years of the survey data collection. The result was that by the date of the cutoff for the analysis of our

surveys, April of 2017, FREE had collected almost 3,200 responses to our English language survey from over 110 countries.

Unlike previous efforts in this field, our survey was not based upon hypnotic regressions, lucid dreams, or channeling, but only upon recollections derived from conscious explicit memories. This was a guard against false memory stimulation and a method of keeping the testimony grounded.

We are conducting our study in 4 major languages (English, Spanish, German, Slovak and very soon in Mandarin & Cantonese Chinese). We asked almost 600 quantitative questions for our Phase 1 and Phase 2 surveys and our Phase 3 qualitative survey is comprised of written responses to 70 open ended questions. As of June 2018, the date of this publication, FREE has received almost 4,200 responses to our 3 surveys from Experiencers from over 110 countries for our English language survey. We have received almost 1,000 responses to our Spanish language survey. A separate book which analyses the Spanish language survey data will be completed in the very near future by a separate Spanish speaking FREE research committee.

Our research methodology was completely different from all of the previous studies done in this field. We also discovered that many of our survey findings contradict much of what has been published in this subject area. The true story of UAP related contact with Non Human Intelligence was not being accurately presented. FREE's work is thus a paradigm shifting event. It seeks to amalgamate inquiries in diverse fields of consciousness research, also including contributions to advanced physics.

It is important to stress that FREE is not a "ufology" organization. The majority of the FREE Board of Directors, including the late Dr. Edgar Mitchell, view that the field commonly called ufology operates under a very limited paradigm. Much of the focus of mainstream "Ufology Research" is on a rudimentary "nuts & bolts" approach which primarily investigates the physical aspects of the phenomena and assumes an "Exterrestrial Hypothesis" as to the NHI behind this phenomena. FREE does not take this position. Astronomer J. Allen Hynek, who served as scientific adviser to several studies (Project Sign, Grudge, and Blue Book) undertaken by the U.S. Air Force to analyze UAP-related events, for example, concluded that:

"I hold it entirely possible that a technology exists which encompasses both the physical and the psychic, the material and the mental.... The UFO phenomenon is so strange and foreign to our daily terrestrial mode of thought."⁶

Similarly, computer scientist and astronomer Jacques Vallée (2003) stated:

"My personal contention is that the phenomenon is the result of an intelligence, that is technologically directed by an intelligence, and that this intelligence is capable of manipulating space and time in ways that we don't understand. ... The essential conclusion I'm tending to is that the origin of the phenomenon of the intelligence is

⁶ Hynek, J. Allen (1978). United Nations committee to research and investigate global UFO reports. July 14, 1978.

not necessarily extraterrestrial. ... I think we are dealing with something that is both technological and psychic, and seems to be able to manipulate other dimensions. This is neither wishful thinking nor personal speculation on my part. It's a conclusion that comes from interviewing critical witnesses, and then listening to what they have to say." (Valle, YouTube video titled "Thinking Allowed – Implications of the UFO Phenomena", interviewed by Dr. Jeffrey Mislove, dated 2003)

As you will soon observe from our data, FREE's research suggests that the physical aspects are but a small fraction of attributes associated with these complex manifestations. Indeed, it is the pervasive non-physicality, the parapsychological and other paranormal aspects, that comprise the majority of survey respondent's experiences. We firmly believe that the field of parapsychology needs to take note and instead of remaining distant of the UAP phenomena, this field needs to embrace it. We hypothesize, as the late Dr. Edgar Mitchell repeatedly stated to members of FREE, that ***"The Experiencer of contact with NHI is the key that will open the door towards understanding what is the relationship between what is "Consciousness" and contact with NHI".***⁷

FREE hypothesizes that all types of contact with NHI (contact via NDEs, OBEs, UAP Contact, Remote Viewing, Channeling, communications with ghosts/spirits, Hallucinogenic Shamanic Journeys, Telepathic Contact, sightings of Orbs, PSI, and other types of "paranormal" Contact with NHI) might actually be one phenomenon that should not be studied separately. We call all of the ways that humans have pierced the veil and have had contact with NHI the "Contact Modalities". An article in our book titled ***"Phenomena Without Borders"***, written by Dr. John Alexander, past president of the International Association for Near Death Studies, discusses this hypothesis in more detail.

We firmly believe that cross comparative academic research on "Experiencers" of the Contact Modalities may provide insight into the validity of various models of consciousness. Once the necessary cross comparative research has been undertaken among the various Contact Modalities, numerous commonalities will be derived that are shared by many of the experiencers of the Contact Modalities. These common variables identified from these experiencers can then be utilized to develop a viable hypothesis for a possible ***"Unification Theory of Consciousness and Contact with NHI"***. Volume 1 of our book analyzing the data from the FREE Experiencer Research Study and our forthcoming Volume 2 theoretical book on Consciousness are first steps towards this paradigm changing effort.

⁷ Personal conversation with Dr. Edgar Mitchell