



# TOWN 'N COUNTRY • JANUARY 2019

## HAPPY NEW YEAR!

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>7520 W. Waters Ave., #8 Tampa, FL 33615 813-356-1703</b> Monday-Thursday: 9am-6pm Friday & Saturday: 9am-1pm <i>The Center is closed 1 to 3pm on Tuesdays for staff meeting</i>	<b>1</b> <b>CLOSED</b> 	<b>2</b> 9:30am-6pm: *Counseling 11am-12pm: Free Play (Discovery) 4:30-6pm: Conversational English	<b>3</b> 10-11am: Arts & Crafts 11am-12pm: Free Play (Recreational) 3-4pm: ACCESS & VPK	<b>4</b> 10-11am: Free Play (Discovery)	<b>5</b> 9-11am: Citizenship Study Group 11:30am-12:30pm: myON
<b>6</b>	<b>7</b> 9:30am-6pm: *Counseling 10am-3pm: Mobile Medical Clinic with Hearing and Vision Screening 3-5pm: Walk-Ins Immunizations Only	<b>8</b> 9:30am-6pm: *Counseling 10-10:45am: Baby & Me #1 11:15am-12pm: Creative Learning #1 3-4pm: ACCESS & VPK	<b>9</b> 9am-4pm: CPR & First Aid Class 9:30am-6pm: *Counseling 10-10:45am: Music & More #1 11:15am-12pm: Little Amigos #1 <b>3:45-5:30PM:</b> <b>AFTER SCHOOL READING            CREW REGISTRATION</b>	<b>10</b> 10-11am: Arts & Crafts 11am-12pm: Free Play (Recreational) 3-4pm: ACCESS & VPK	<b>11</b> 9:30-10:30am: Growing Together #1 11am-12pm: Wonder Years #1	<b>12</b> 9-11am: Citizenship Study Group 11:30am-12:30pm: myON
<b>13</b>	<b>14</b> 9am-2:30pm: Dental Services 9:30am-6pm: *Counseling 2-4pm: KidCare & ACCESS 4:30-6pm: Conversational English	<b>15</b> 9:30am: Car Seat Safety Class 9:30am-6pm: *Counseling 10-10:45am: Baby & Me #2 11:15am-12pm: Creative Learning #2 3:45 & 4:45pm: After School Reading Crew #1	<b>16</b> 9:30am-6pm: *Counseling 10-10:45am: Music & More #2 11:15am-12pm: Little Amigos #2 4:30-6pm: Conversational English	<b>17</b> 10-10:45am: Story Time 11am-12pm: Free Play (Recreational) 4-4:30pm: Story Time: K-2 4:30-5:30 pm: myON 5:30pm: *FCAC Meeting & FCAC Playgroup	<b>18</b> 9:30-10:30am: Growing Together #2 11am-12pm: Wonder Years #2	<b>19</b> <b>CLOSED</b>
<b>20</b>	<b>21</b> <b>CLOSED</b> <b>I Have a Dream</b> 	<b>22</b> 9:30am-6pm: *Counseling 10-10:45am: Baby & Me #3 11:15am-12pm: Creative Learning #3 3:45 & 4:45pm: After School Reading Crew #2	<b>23</b> 9:30am-6pm: *Counseling 10-10:45am: Music & More #3 11:15am-12pm: Little Amigos #3 4:30-6pm: Conversational English	<b>24</b> 10-10:45am: Story Time 11am-12pm: Free Play (Recreational) 4-4:30pm: Story Time: K-2 4:30-5:30pm: myON	<b>25</b> 9:30-10:30am: Growing Together #3 11am-12pm: Wonder Years #3	<b>26</b> 9-11am: Citizenship Study Group 11:30am-12:30pm: myON
<b>27</b>	<b>28</b> 9:30am-6pm: *Counseling 11am-12pm: Free Play (Discovery) 2-4pm: KidCare & ACCESS 4:30-6pm: Conversational English	<b>29</b> 9:30am-6pm: *Counseling 10-10:45am: Baby & Me #4 11:15am-12pm: Creative Learning #4 3:45 & 4:45pm: After School Reading Crew #3	<b>30</b> 9:30am-6pm: *Counseling 10-10:45am: Music & More #4 11:15am-12pm: Little Amigos #4 4:30-6pm: Conversational English	<b>31</b> 10am-3pm: Mobile Medical Clinic with Hearing and Vision Screening 3-5pm: Walk-Ins Immunizations Only	<b>REGISTRATION REQUIRED FOR PROGRAMS &amp;            SERVICES, PLEASE CALL THE CENTER</b> <ul style="list-style-type: none"> <li>• Calendars are subject to change.</li> <li>• Description of all programs on the reverse side or visit <a href="http://www.familysupporthc.org">www.familysupporthc.org</a>.</li> <li>• Anyone with a disability requiring special accommodations, call at least 5 days prior to the activity. For hearing/speech impaired, call us through the Florida Relay Services at 1-800-955-8771.</li> <li>• *Closed Group: By invitation/another agency is scheduled.</li> </ul>	

## Children's Board Family Resource Centers in Town 'N Country – Programs & Services

Please call 356-1703 to make your reservation

### CHILD DEVELOPMENT

*Provided by Champions for Children's Baby Bungalow Program led by Trained Facilitators*

- **Baby & Me:** A 5-week developmental playgroup for pre-crawling, crawling and toddling babies birth to 14 months. This playgroup targets the unique needs of infants for free exploration and play as well as caregiver/child attachment.
- **Creative Learning:** A 5-week playgroup for 3, 4 and 5 year olds that will stimulate your child's creativity, initiative and cognitive development using science, math and art play.
- **Growing Together:** A 5-week developmental playgroup for confidently walking 1 year olds (12 to 24 months) that targets early childhood development through music, singing, rhymes, motor activities and social interaction.
- **Infant Massage:** A 3-week course for pre-crawling babies that will strengthen the bond between the caregiver and baby. A certified infant massage educator will instruct the caregiver on the techniques and benefits of infant massage.
- **Little Amigos:** This 5-week playgroup for 2, 3 and 4 year olds exposes English-speaking children to Spanish through music, singing, rhymes and activities.
- **Music & More:** A 5-week playgroup that nurtures the developmental growth of 6 months through 5 year olds. Musical play promotes language development, social/emotional development, and motor and cognitive skills.
- **Wonder Years:** A 5-week developmental playgroup for 2 and 3 year olds that targets early childhood development through music, singing, rhymes, parachute play, stories and creative activities to promote preschool readiness.
- **Developmental Screening:** Families meet with an early childhood specialist to complete the Ages & Stages Questionnaire for children up to 5 years.

### HEALTH *Provided by St. Joseph's Children's Wellness and Safety Center*

- **Well Child Care:** Children who are uninsured and on Medicaid receive free immunizations and school physicals by appointment with the Mobile Health Clinic.
- **Nutrition Classes:** Fun classes that include activities which teach the child about healthy foods, nutrition, and eating habits.
- **Hearing Screening** (ages birth-18)
- **Vision Screening** (ages 2-18) *Provided by Preserve Vision Florida*
- **Dental Services** (ages 6 months-18) *Provided by Tampa Family Health Centers*

### SAFETY *Provided by St. Joseph's Children's Wellness and Safety Center*

- **Car Seat Safety Class:** After viewing a presentation on how to pick the appropriate car seat and secure it correctly, you will be able to do it hands on!
- **CPR & First Aid Class:** An 8-hour certification class where you will learn how to perform Cardio Pulmonary Resuscitation and choking rescue on infants, children, and adults. You will also learn how to handle many emergencies such as bleeding, shock, poisoning, head and spine injuries and much more. This is a great course for all parents, grandparents, babysitters and anyone who cares for children.
- **Safe Sitter Class:** An 8 hour class for kids ages 11 through 17 to learn how to handle behavior problems, rescue a choking infant and child, how to run your own babysitting business, first aid and how to keep yourself and children you are babysitting safe.

### READY TO LEARN *Provided by A! SLS Success through Learning & Support*

The Afterschool Reading Crew is a reading program designed to help your child improve their literacy skills and develop a love for reading. It is a 5 week program for children in Kindergarten, 1st or 2nd Grade. Each session will consist of reading instruction and activities and will last 60 minutes (50 minutes of instruction and 10 minutes for caregiver feedback). Caregiver must be present at all sessions.

### CENTER DRIVEN PROGRAMS

- **Family Community Advisory Council:** Join this group of community members and have the opportunity to suggest or recommend programs and services at your local Center.
- **Free Play:** A fun and relaxing time for children ages 1 to 4 years old and caregiver.
- **Arts & Crafts for Children:** Kids will enjoy projects to help develop their creative side, ages 2-4 and 5-12 years.
- **Conversational English:** Learn the basics on how carry on a conversation in English.
- **Citizenship Study Group:** Learn about becoming a US Citizen.
- **Story Time:** Storytelling, singing and more.
- **Volunteer Program:** Volunteer opportunities for events and Center-driven activities.
- **Family Events:** Activities involving the entire family.

### COMMUNITY SERVICES

- **ACCESS Assistance:** Apply for or check status of benefits.
- **Family Counseling:** Provided by Hillsborough County Counseling Services.
- **Florida KidCare Assistance:** Help with applying for Florida KidCare Insurance.
- **Health Insurance Marketplace Assistance:** A "navigation" specialist can help you through the health insurance application process and answer questions you may have.
- **VPK Enrollment Assistance:** Help with applying for Voluntary Pre-Kindergarten.

Children's Board Family Resource Centers funded by the Children's Board of Hillsborough County and administered by the Healthy Start Coalition of Hillsborough County.

Managing partners include: A! SLS Success through Learning & Support, Champions for Children, Children's Home Network, REACHUP, Inc. and St. Joseph's Children's Wellness and Safety Center.

All programs and services are at no cost to families and individuals.

[www.familysupporthc.org](http://www.familysupporthc.org)