

CASA presents
The Dr. Roger Bland Lecture Series on
Improving Children's Mental Health

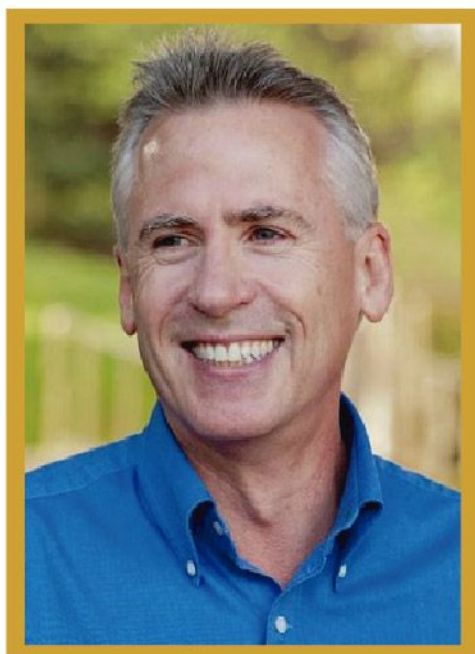
Session 4

TRANSITIONS: FROM YOUTH TO ADULT MENTAL HEALTH



Transitioning between adolescence and adulthood can be an exciting time for both youth and families. Often, for families whose youth have a mental health concern, this transition carries an additional layer of stress as they must learn to navigate a new system of mental health supports. While work is ongoing to improve transitions between the two systems, continued conversations about the importance of a smooth transition is essential to ensure that the work that gets done best serves families and youth.

**JOIN US FOR A NIGHT OF ENTERTAINMENT AND DISCUSSION
AND JOIN THE CONVERSATION AROUND CHILDREN'S MENTAL HEALTH.**



Dr. Ian Manion, PhD, C. - Keynote

Ian Manion is a clinical psychologist and scientist-practitioner who has worked with children, youth and families for over 30 years. He is currently the Director of Youth Mental Health Research at the Institute for Mental Health Research. Dr. Manion is actively involved in research on mental health promotion, youth depression, and suicide.

Time: 6 to 8 pm
Shaw Theatre at NAIT (Building X)
11762 106 St NW - Edmonton, AB

January 24, 2019

LESLEY MACDONALD - FACILITATOR

Everyone is welcome.

FREE registration at: CASAservices.org

