



PAD A CHEEK®

Mask Liner

FFS

Simplus and F&P 431

**Extra Padding Included,
tuck into the pocket if needed**

- Remove the headgear, and lay the **Mask Liner** out (Photo #1).
- Lift the sewn strap, insert the forehead part of the mask under it (Photo #2).
- Pull the loose flap hanging down and over the elbow in the mask, pushing the elbow thru the hole (Photo #3).
- Attach the Velcro. Adjust the size by turning the Velcro tab over and use the other side to make it smaller.
- Then re-attach the straps to the mask by putting the strap **through the hole in the edge of the forehead pad** and then over the outside layer of the forehead pad (Photo #4).
- Smooth out the **Mask Liner**, you can trim the hole larger if you need to by cutting little slits in the bottom of the hole, extend these slits to make it large enough, then trim the fabric away between the slits to round the hole up again.
- There is a triangle sewn in to protect your nose bridge and can be trimmed if needed. **You may want to trim the hole for your nose and mouth. Do this carefully; it is very easy to get the hole too large.**

Make certain no exhalation vents are covered with the Mask Liner



Photo # 1



Photo # 2



Photo # 3



Photo # 4



Photo # 5

The **PAD A CHEEK® Mask Liner** is made from 100% polyester (micro fleece and micro fiber), and can be machine or hand washed with warm water. If you have any questions, please contact us.

PAD A CHEEK® 434-985-4003

157 Sunset Drive, Stanardsville, VA 22973

email admin@padacheek.com

web site www.padacheek.com

Designed and Sewn in the USA