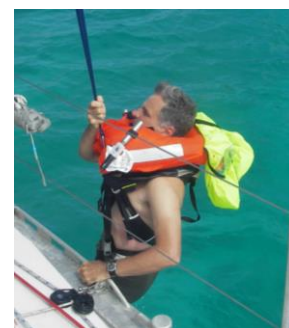


# Emergencies on Board – Seminar Outline



- 0900 **Introductions**  
*Worksheet – Participants to fill out*
- 0915 **Scariest moments**  
Expect the unexpected
- 0945 **Reduce the Anxiety in Boating**
- 1015 **Break**
- 1030 **Preventing Emergencies**  
Reducing Risks – 6 Steps  
Preventing situations that you have control over  
Preparing for emergencies that you have no control over
- Black Box Theory**
- 1200 **Lunch** – *Participants are to read Transport Canada Report on Picton Castle Accident*
- 1300 **When things go wrong!!**  
Case Study – Picton Castle  
S.A.D. Principle
- Managing Emergency Situations**  
Preparing yourself to deal with emergencies  
Emergency Situations and Methods of Dealing With Them  
Fire/Flooding/Mechanical/Medical/COB/Steering/etc...
- 1430 **Break**
- 1450 **Managing Emergency Situations (continued)**
- 1545 **Abandoning Ship**  
When/Preparations/Ditch Bag/Task Assignment  
Survival/Life Raft/Helicopter
- 1630 **Q+A**
- 1645 **Wrap up**



Ken and Carol Gillstrom set sail on Voyageur 10.10 June 2, 2012 and sailed 35,000 nm in the following 25 months. Prior to this Ken taught intermediate and advanced levels of sailing throughout the Great Lakes and Caribbean. During this time with over 60,000 miles for Ken, he has experienced, dealt with, and witnessed many types of emergency situations.

Ken will share his experiences and teach you strategies to prevent and manage emergency situations on board your own boat.