

# *start with sleep*

## FOR A HAPPIER, HEALTHIER YOU.

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### **Consultation Contract + Waiver for Consulting, Coaching and Presentations**

The services that START WITH SLEEP provides are not intended to replace medical advice. You agree that none of the advice that START WITH SLEEP provides shall be considered medical advice. You should always consult with your personal physician or other health-care professional if you have any healthcare related questions or before embarking on a new sleep program. If a medical problem appears or persists, do not disregard or delay seeking medical advice from your personal physician or other qualified healthcare provider. Accordingly, START WITH SLEEP expressly disclaims any liability, loss, damage, or injury caused by information provided to the client.

I understand that the services, programs and classes offered by START WITH SLEEP are voluntary. I acknowledge that injuries, accidents, or other complications associated with products or services may result from my participation. I will consult my physician if I am concerned about any of the risks to my health, baby's health or well-being that may result from my participation of services with START WITH SLEEP. I acknowledge that it is my responsibility to follow instructions for any service provided or purchase I make, and to seek help from START WITH SLEEP if I have any questions. I understand that there is no guarantee that my work with the START WITH SLEEP will resolve my need and understand my commitment and accountability involved. I knowingly and voluntarily agree to waive and release START WITH SLEEP, its employees and representatives from any and all claims of liability or demands for compensation that I may acquire during my time working with START WITH SLEEP.

I agree that by purchasing services provided by START WITH SLEEP that I agree to the terms of use and I am electronically signing my consent.

**START WITH SLEEP's mission is to LISTEN, COACH, SUPPORT and EDUCATE you to make the best decisions for you and your sleep health but our resources, tools and education are not a substitute for medical advice.**