

## Jaguar Football Skills Day

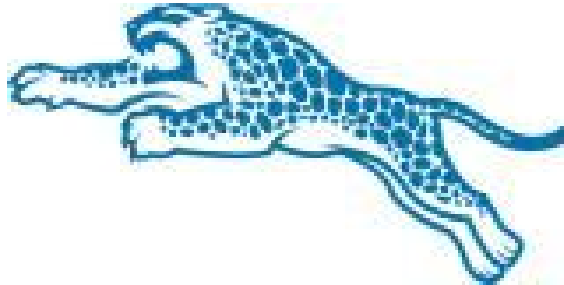
The Jaguar football team is excited to have the opportunity to visit each middle school for a skills day with our future Jags. The day will consist of skills tests like the vertical jump, pro agility, medicine ball throw and, time permitting, a game of ultimate football. Coaches and current players will be running the event. This is a great opportunity to interact with future coaches and teammates. We would love to have anyone considering playing attend.

Dates:

Moreland Ridge = Thursday, May 11<sup>th</sup> after school until 3:45

Delta Woods = Thursday, May 18<sup>th</sup> after school until 4:15

Wear shorts, t-shirt  
and tennis shoes and  
meet in small gym



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