

A Simple Mexican Salad

Chili powder and lime juice are the secret ingredients in this cucumber and orange salad.

Ingredients

- 2 cucumbers
- 2 oranges
- 1 lemon or lime (the juice)
- 1/2 teaspoon chili powder
- 1/2 teaspoon salt



MAKES : 4 SERVINGS

Directions

1. Wash the cucumbers, oranges and lemon or lime under cold running water.
2. Slice the cucumbers. Peel and cut the oranges into small pieces.
3. Place cucumber slices and orange pieces in a medium size bowl. Add chili powder, lemon or lime juice and salt. ENJOY!

Credit: <https://whatscooking.fns.usda.gov/>

Simple Spring Snack

Fruit-a-Licious Breakfast Cup

- Low-fat yogurt
- Whole-grain cereal
- Fruit
- Using a spoon, layer yogurt, cereal, and fruit in a cup to create a fun pattern.



credit: cacfp.org

CACFP is an indicator of quality child care!