

SCHOOL WEBSITE (www.cromprimary.school.nz) and SCHOOL FACEBOOK PAGE (Cromwell Primary School)

School newsletters, what's happening this week, classrooms blogs and more can be found on the website. Important information is posted on the facebook page. Please check here for information first!

COMING UP

- **Fri 17 Aug**
 - Student Council Cupcake Fundraiser cupcakes handed out. Last chance to order before school on Friday. No IOUs. \$3 per cupcake
 - Assemblies
 - Kārearea Assembly (K2) 11:30am
 - Hārewa 3 & 6 at 2:15pm
 - NOTE: Ako Assembly has been postponed until next Friday (24 Aug)
 - Kapa Haka practise 3:30pm-5pm
- **Tues 21 Aug** - Senior (Years 4-6) Ski Trip to Cardrona
- **Wed 22 Aug** - Maori/Pasifika CoL Community Combined Schools and ECE Hui, 5:30pm at Goldfields Hall. Kapa Haka Performances
- **Thurs 23 Aug**
 - Central Otago Primary Schools' Cross Country
 - Junior Cross Country (Years 0-3), 1:30pm
- **Fri 24 Aug**
 - Assemblies
 - Hārewa 4 & 5 Assembly 2:15pm
 - Ako Assembly 1:45pm
 - Kapa Haka practise 3:30pm-5pm
 - SOKs Ski Programme - last day to get booking forms to Damien (damianandsandra@yahoo.co.nz). If you haven't received a confirmation e-mail from Cadrona, please send booking forms through again.

JUNIOR CROSS COUNTRY

The junior cross country is being held on Thursday 23 August starting at 1.30pm. Children are encouraged to wear a modified school uniform for the day - blue shorts (if they have them), their school polo shirt and gym shoes. If they have a house t-shirt please wear this. Extra layers should be school uniform jerseys or fleece jackets and their own track pants if they have them. Racing will commence with the Year 0 girls. All children are expected to participate. It is a highly achievable course and a wonderful opportunity for everyone to take part and do the best they can. There will be prize giving at the conclusion of the racing. The final race of the day will be the much anticipated parent and child race! Children are always very keen to have their parents run with them around the circuit, so make sure you're not caught out with the wrong footwear on. You've even got a week to sneak in some training! We look forward to seeing you there supporting your kids. Postponement day for the junior cross country will be Friday 24 August.

SMMC (SATURDAY MORNING MUSIC CLASS) 2018 CENTRAL OTAGO YOUNG (ORCHESTRAL) MUSICIANS DEMONSTRATION CONCERT

Sunday 9th September, at 3:30pm in the College Auditorium, the SMMC Community Orchestra is again coming to Central Otago to support a combined demonstration concert involving pupils from the SM Music in Central Programme, alongside members of both the Central Otago Regional Orchestra and the Central Otago Regional Training Orchestra.

This is a great opportunity for children possibly interested in learning an orchestral instrument to come along and enjoy items by violin and cello pupils and a Combined Orchestra.

SOKs

Skiing at Cardrona - This popular 4 day programme takes place again this year in September (7th, 14th, 20th and 21st). This is a great programme and is parent driven. You must get your child up the mountain or arrange a friend to do so for you. If you are interested please email Damian MacKenzie to obtain the registration form (damianandsandra@yahoo.co.nz). Booking forms need to be in by Friday 24 August.

SEMINAR - ANXIETY, DEPRESSION AND UNRELENTING STANDARDS OF PERFECTION. HOW TO PARENT FOR WELLBEING

New Zealand is leading the world in appalling youth mental health statistics. Come and hear what your daughters have told us about their own feelings and experiences and explore research based strategies on how to support our young women by parenting for Wellbeing. These workshops will be really useful for all parents. You are welcome to bring friends, family and colleagues to share these interactive workshops. We all need to be involved in the increasingly important discussions around youth and wellbeing.

Cromwell – 7:00 pm Monday 20 August – The Gate, 6 Barry Avenue, Cromwell

If you would like to attend the seminar, please RSVP to admin@shcs.school.nz. Regards. Jackie Barron, Principal St Hildas.