

# COMBINED CLUB CHAMPIONSHIPS

Hosted by Thanet AC

## TRACK AND FIELD MEETING

Saturday 3<sup>rd</sup> September 2016 – The Royal Harbour Academy Academy, Ramsgate

### Events

TRACK			FIELD		
12:00	70mH	<i>U13 Girls only</i>	11:00	Hammer	<i>U13 &amp; older</i>
	75mH	<i>U13 Boys &amp; U15 Girls</i>		High Jump (1)	<i>U13 &amp; U15</i>
	80mH	<i>U15 Boys &amp; U17 Girls</i>		Pole Vault (1)	<i>U17 &amp; older</i>
	100mH	<i>U17 Boys, Junior &amp; Senior Women</i>		Long Jump (1)	<i>U11 only</i>
	110mH	<i>Junior &amp; Senior Men</i>	12:30	Discus	<i>U13 &amp; older</i>
12:40	200m	<i>U13 and older</i>		High Jump (2)	<i>U17 and older</i>
12:50	600m	<i>U11 only</i>		Shot	<i>U11 only</i>
13:10	800m	<i>U13 and older</i>		Long Jump (2)	<i>U13 &amp; U15</i>
13:40	75m	<i>U11 only</i>	14:00	Pole Vault (2)	<i>U13 &amp; U15</i>
13:50	100m	<i>U13 and older</i>		Mega Howler	<i>U11 only</i>
14:20	300m	<i>U15 Girls &amp; Junior Women</i>		Long Jump (3)	<i>U17 and older</i>
14:30	1500m	<i>U13 and older</i>		Shot	<i>U13 and older</i>
15:00	400m	<i>Junior &amp; Senior Women, U15 Boys and older</i>	15:30	Javelin	<i>U13 and older Junior &amp; Senior Women, U15 Boys and older</i>
15:30	3000m	<i>Junior and Senior Women, U15 Boys and older</i>		Triple Jump	

- Ages at 31<sup>st</sup> Aug 2015 for U11, U13, U15, U17. Junior and senior ages at 31<sup>st</sup> Dec 2015
- Maximum spike length 6mm
- **Field events** – 4 trials

<b>Name:</b>		<b>DoB:</b>		<b>Age Group:</b>		<b>M/F</b>	
<b>Address:</b>				<b>Tel:</b>		<b>Club:</b>	
				<b>Email:</b>			
<b>Event plus PB's for seeding</b> <i>(U11, U13 and U15 athletes may enter a maximum of 3 events and only one middle distance race)</i>							
1. PB		2. PB		3. PB			
4. PB		5. PB		6. PB			
<b>Entry Fees:</b> Pre-entry - £3 for first event; all subsequent events £1 (Closing date 26 <sup>th</sup> August 2016) Entry on the day - £4 for first event; all subsequent events £2				<b>Entry Fee Enclosed:</b>  <i>Please make cheques payable to Thanet AC</i>			

**Please send entries to:** Linda Hardy, 26 Cliffsend Rd, Cliffsend, Ramsgate, Kent CT12 5JD

For further information and enquiries please contact Stephen Denny, [thanetathleticsclub@gmail.com](mailto:thanetathleticsclub@gmail.com) or 07939 412989