

COMBINED CLUB CHAMPIONSHIPS

Hosted by Thanet AC

TRACK AND FIELD MEETING

Saturday 8th September 2018 – The Royal Harbour Academy, Ramsgate

Events

TRACK			FIELD		
12:00	70mH	<i>U13 Girls only</i>	11:00	Hammer	<i>U13 & older</i>
	75mH	<i>U13 Boys & U15 Girls</i>		Long Jump (1)	<i>U11 only</i>
	80mH	<i>U15 Boys & U17 Girls</i>			
	100mH	<i>U17 Men, U20 & Senior Women</i>	12:30	Discus	<i>U13 & older</i>
	110mH	<i>U20 & Senior Men</i>		High Jump	<i>U13 & older</i>
12:45	3000m	<i>U15 Boys and older, U17 women and older</i>		Long Jump (2)	<i>U13 & U15</i>
13:15	75m	<i>U11 only</i>			
13:30	100m	<i>U13 and older</i>	14:00	Mega Howler	<i>U11 only</i>
14:00	800m	<i>U13 and older</i>		Long Jump (3)	<i>U17 and older</i>
14:20	400m	<i>U15 Boys and older, U20 women & older</i>		Shot	<i>U13 and older</i>
14:40	600m	<i>U11 only</i>			
14:50	200m	<i>U13 and older</i>	15:30	Javelin	<i>U13 and older Junior &</i>
15:15	300m	<i>U15 & U17 Girls</i>		Triple Jump	<i>Senior Women, U15 Boys and older</i>
15:30	1500m	<i>U15 and older</i>			

- **PLEASE REGISTER AND COLLECT NUMBERS 30 MINS BEFORE YOUR FIRST EVENT AND SIGN IN AT THE EVENT 10 MINS BEFORE ITS START**
- Max 3 events for U11 – U15 athletes
- Ages at 31st Aug 2018 for U11, U13, U15, U17. Under 20 & older ages at 31st Dec 2018
- Maximum spike length 6mm
- **Field events** – 4 trials for all athletes

Name:		DoB:		Age Group:		M/F	
Address:				Tel:		Club:	
				Email:			
Event plus PB's for seeding							
<i>(U11, U13 and U15 athletes may enter a maximum of 3 events and only one middle distance race)</i>							
1. PB		2. PB		3. PB			
4. PB		5. PB		6. PB			
Entry Fees:				Entry Fee Enclosed:			
Pre-entry - £3 for first event; all subsequent events £1 (Closing date 1 st September 2018) Entry on the day - £4 for first event; all subsequent events £2				Please make cheques payable to Thanet AC			

Please send entries to: Linda Hardy, 26 Cliffsend Rd, Cliffsend, Ramsgate, Kent CT125JD
 For further information and enquiries please contact, thanetathleticsclub@gmail.com or 07799 959647