

# Get slim with TRIM

**TAVALA**  
TRIM.



Tavala announces a breakthrough in energy and weight loss formulas. World, meet Tavala Trim.

Tavala Trim is a thermogenic fat burner (available in both drink and capsule form) and helps with healthy weight management, appetite suppression, metabolism, and energy. All you have to do is take one in the morning every day, and let the ingredients go to work for you.

Tavala Trim was created with the latest developments in health and nutritional science, and each one of our products at Tavala has been created and formulated to lead you to a healthier lifestyle.

So give it a try! Be your best you, and try Tavala Trim today.

If you are sensitive to stimulants, we recommend taking just half a stick your first time to gauge your reaction. From Day 2 on, you should be able to handle a full serving.

Yes, caffeine and DMHA are stimulants, and should be consumed with care. Both the capsules and drink powder contain the same formula for weight loss. The powder, however, also contains flavoring to make Trim taste good.

Trim helps boost your metabolism, decrease your appetite, and gives extra energy to fuel your day. For best results, we recommend taking Trim in addition to regular exercise.

**METABOLISM**

**SUPPRESSED APPETITE**

**WEIGHT MANAGEMENT**

**ENERGY AND FOCUS**

# TRIM STICKS

**Directions for use:** Empty contents of one stick into 12-16 oz of water and stir/shake and drink each morning.

**Note:** If you are sensitive to stimulants, you may want to start with just half of a stick the first two days, then begin with the regular one stick serving from day three on. Can also be taken with food.

## Supplement Facts

Serving Size 1 Packet (5g)  
Servings Per Container 28

Amount Per Serving	% Daily Value
Calories 12	
Total Carbohydrate 3g	1%*
Vitamin B6 (Pyridoxine hcl) 6mg	300%
Vitamin B12 (Cyanocobalamin) 90mcg	1500%
Chromium Amino Acid Chelate 120mcg	100%
Vanadium 21mcg	**

### INGREDIENTS:

PROPRIETARY BLEND (440.4MG): 1,5-DIMETHYLHEXYLAMINE HCL, PHENYLETHYLAMINE HYDROCHLORIDE, CAFFEINE, GREEN TEA LEAF EXTRACT, SYNEPHRINE

**OTHER INGREDIENTS:** ELDERBERRY FRUIT EXTRACT, MALTODEXTRIN, CITRIC ACID, NATURAL FLAVORS, NATURAL COLORS (MFD. FROM FRUITS AND VEGETABLES), SUCRALOSE

\* Percent Daily Values are based on a 2,000 calorie diet.

\*\* Daily Value Not Established

# TRIM CAPSULES

**Directions for use:** Take 1-2 capsules in the morning each day. Note: if you are sensitive to stimulants, take with food.

## Supplement Facts

Serving Size 2 Capsules

Servings Per Container 28

Amount Per Serving	% Daily Value
Vitamin B6 (Pyridoxine hcl) 6mg	300%
Vitamin B12 (Cyanocobalamin) 90mcg	1500%
Chromium (Chromium AAC) 120mcg	100%
Vanadium 21mcg	**

\*\* Daily Value Not Established

PROPRIETARY BLEND (380MG): 1,5-DIMETHYLHEXYLAMINE HCL, PHENETHYLAMINE HYDROCHLORIDE, CAFFEINE, GREEN TEA LEAF EXTRACT, SYNEPHRINE, RICE FLOUR  
OTHER INGREDIENTS: GELATIN CAPSULE

These statements have not been evaluated by the Food and Drug Administration. The products and services are not intended to diagnose, treat, cure or prevent any disease.

Results may vary. Seek the advice of a qualified health care provider before beginning any new health care regimen.



# IMPACT INGREDIENTS

## CAFFEINE

Study after study suggests caffeine can improve memory, decrease fatigue, improve your mental functioning. It can improve your short-term memory and speed up your reaction times, according to a study presented in 2005 at the Radiological Society of North America.

Caffeine may prevent weight gain: research out of Germany showed that weight loss study participants who drank 2-4 cups of caffeinated coffee a day were more likely to be successful at keeping the weight off than those who did not consume caffeine.

Caffeine reduces chronic inflammation. Researchers from Stanford University found that caffeine blocks the expression of a gene responsible for low-grade chronic inflammation as we age. This inflammation eventually leads to high blood pressure, hardening of the arteries, and heart disease. Caffeine seems to help reduce this age-related inflammation in those that are regular consumers of the drug.

## PEA

PEA (Phenylethylamine) is a natural chemical found in the body and is commonly referred to as the "Love Drug" - famous for being the component in chocolate that makes cocoa so appealing.

This dopamine-boosting supplement is considered to be a powerful focus and concentration promoter, able to counteract signs of depression and anxiety. It is also said to increase productivity and mental drive, motivating your way to better mental performance.

### HOW IT WORKS:

- Stimulates the release of dopamine and norepinephrine
- Promotes positive mood and well-being
- Curbs appetite and supports weight loss

## GREEN TEA EXTRACT

Green Tea Extract is loaded with antioxidants and nutrients that have powerful effects on the body. This includes improved brain function, fat loss, protecting cells and molecules from damage by free radicals, improved health, reducing blood sugar levels and improving cholesterol and triglycerides.