

# BURTON SINGERMAN, MD, MPH, DLFAPA

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## CURRICULUM VITAE

### EDUCATION AND TRAINING

<b><u>University</u></b> <i>1965 – 1969</i> <i>Magna Cum Laude</i> <i>BA</i>	Case Western Reserve University
<b><u>Medical School</u></b> <i>1969 – 1973</i> <i>MD</i>	Harvard Medical School
<b><u>Internship</u></b> <i>1973 – 1974</i>	Cleveland Metropolitan General Hospital and Mt. Sinai Hospital Internal medicine
<b><u>Postgraduate</u></b> <i>1974 – 1975</i> <i>MPH</i>	Johns Hopkins Bloomberg School of Public Health Epidemiology and international health
<b><u>Residency</u></b> <i>1976 – 1979</i>	Johns Hopkins Hospital Phipps Psychiatric Clinic and Hospital Psychiatric residency  Maudsley Hospital in London, England Registrar in child and adolescent psychiatry to Sir Professor Doctor Michael Rutter
<b><u>Post-Doctoral Research Training</u></b> <i>1979 – 1981</i>	Department of Psychiatry, Washington University School of Medicine Post-Doctoral Research Award, National Institute of Mental Health

### PROFESSIONAL AND ACADEMIC APPOINTMENTS

<i>2010 – present</i>	Psychiatrist, Intercare Behavioral Health, Pittsburgh, Pennsylvania Provide psychiatric care in Washington and Greene counties through the Centerville Clinics, a large, rural medical and mental health group that serves the Appalachian areas of Southwestern Pennsylvania.
<i>2005 – 2010</i>	Chairman, Department of Psychiatry, Conemaugh Valley Hospital System, Johnstown, Pennsylvania Expanded the scope of psychiatric services and ran the child and adolescent unit and, later, the adult psychiatric unit at the largest psychiatric program in this multi-county area of West-Central Pennsylvania. Increased occupancy and lost almost no days to managed care during five-year chairmanship. Recruited three new psychiatrists (Director of Geropsychiatry, Director of Adult Psychiatry, and Director of Child and Adolescent Psychiatry) after initially having to let go of two psychiatrists present on my arrival due to practice deficiencies. Recruited three physician assistant clinicians for inpatient and outpatient services. Coordinated educational clerkships for residents, medical students, and physician assistant students for

three years before appointing a doctor to this position.

*2001 – 2005*

Member, Clinical Practice Guideline Development Committee, Magellan Behavioral Health Services

Served as one of four psychiatrists on this seven-person committee, which revised guidelines—including specific guidelines for suicide, schizophrenia, substance abuse, and major depression—and office chart audits to ensure that our national network of providers, providing care to 60 million members for psychiatry and substance abuse, followed these guidelines. The committee revised these guidelines through updated literature reviews and weekly meetings, discussing the literature every two years in close consultation with the American Psychiatric Association.

Psychiatrist, Intercare Behavioral Health Services, Pittsburgh, Pennsylvania

Treated adolescent and adult patients in this group psychiatric practice in the South Hills of Pittsburgh in association with 12 psychotherapists.

*2000 – 2005*

Psychiatric Consultant, Magellan Behavioral Health, WPA Regional Service Center

Psychiatric Consultant, Highmark Blue Cross Blue Shield of Western Pennsylvania

Coordinated medical utilization, helped develop new programs, and monitored quality of care for this regional service center, which manages behavioral services for Highmark Blue Cross Blue Shield, covering 4.8 million patients around Pennsylvania and the country. Acted as clinical consultant for 30 care managers responsible for individual hospital or state reviews for all Highmark Blue Cross Blue Shield patients. Provided outreach to the provider community to assure satisfaction with Highmark Blue Cross Blue Shield psychiatric services.

*1999 – 2000*

Medical Director, Charter Behavioral Health Associates of Pennsylvania

Chairman, Department of Psychiatry Staff, St. Francis Medical Center

Coordinated quality of care for this company and its providers, including supervising clinicians and its 225-member network, providing direct clinical care and performing utilization review functions.

*1994 – 1999*

Director, Department of Psychiatry and Behavioral Services, St. Francis Health System, Pittsburgh, Pennsylvania

*1987 – 1994*

Clinical Associate Professor of Psychiatry, SUNY Buffalo Medical School, Buffalo, New York

Clinical Chief of Psychiatry, Department of Psychiatry, Buffalo General Hospital

*1982 – 1987*

Director of Psychiatric Residency Training, St. Louis University School of Medicine, St. Louis, Missouri

Attending Psychiatrist, St. Louis University Hospitals, St. Louis, Missouri

## **HONORS**

*2014 – 2015*

President, Pittsburgh Psychiatric Society

*2013 – 2015*

Member, Steering Committee, Pennsylvania Psychiatric Society

*2011 – 2015*

Elected to the Executive Committee of the Pittsburgh Psychiatric Society, the local affiliate of the American Psychiatric Association

- 2013 Elevated to Distinguished Life Fellow of the American Psychiatric Association, the highest membership status attainable
- 2002 Elevated to Distinguished Fellow of the American Psychiatric Association
- 1995 – 2000 Psychiatric Consultant for the Catholic Diocese of Pittsburgh
- 1998 Recipient, honoree award for interfaith understanding by the Islamic Council of Greater Pittsburgh
- 1994 Elected to fellowship by the American Psychiatric Association at its annual meeting in Philadelphia, Pennsylvania
- 1993 Recipient, Exemplary Psychiatrist of the Year Award from the National Alliance of the Mentally Ill at the American Psychiatric Association Convention in San Francisco, California
- 1992 Peter L. Heggs Memorial Award from the National Alliance for the Mentally Ill, for service to the mentally ill of Western New York
- 1982 Participant, University Educators Travel Program to Israel  
One of 14 participants selected nationally by UJA-Hillel to be sent to exchange views with educators, health professionals, and government leaders in Israel.
- 1979 – 1981 National Institute of Mental Health National Research Service Award for research in psychiatric epidemiology
- 1978 Resident selected by Johns Hopkins Hospital's Department of Psychiatry for study at the Maudsley Hospital in London, England  
This distinction allows the resident to study with the person of his choice at the Maudsley Hospital. Salary was completely funded through a grant from the Johns Hopkins Hospital's Department of Psychiatry.
- 1973 Top Academic Student, Harvard Medical School Class of 1973
- 1969 Inductee, Phi Beta Kappa
- 1969 National Undergraduate of the Year, Zeta Beta Tau
- 1968 – 1969 President, Case Western Reserve University's Chapter of Omicron Delta Kappa, national leadership society
- 1968 Recipient of Case Western Reserve University's Twing Trophy  
Awarded to the undergraduate who displays the highest excellence in scholarship, leadership, and integrity.
- 1967 and 1968 Recipient of National Science Foundation Undergraduate Research Awards

### **RESPONSIBILITIES AT ST. FRANCIS MEDICAL CENTER**

- 1994 – 2000 Upgraded the quality and expanded the diversity of the psychiatric delivery system to include 200 psychiatric inpatient beds with diverse specialty units. Added alternative levels of care to the outpatient services, including partial hospital programs, in-home service programs, and new outpatient substance abuse programs to the outpatient community mental health center responsible for services to a significant portion of the city of Pittsburgh. Maximized service

contracting and relationships through utilization review and negotiations. Provided clinical supervision of medical and surgical requests for psychiatric consultation. Maximized service contracting and relationships through utilization review and negotiations, and provided clinical supervision of medical and surgical requests for psychiatric consultation.

1996 – 1999

In concert with the University of Pittsburgh Health System, worked in the development of a national model of a new managed care organization, equally owned, that won the contract for all public patients in Allegheny County as well as diverse employer contracts (Community Care Behavioral Health, owned by the St. Francis Health System and the University of Pittsburgh Health System).

1994 – 1999

Decreased the loss of reimbursement from managed care by sixfold, with average length of stay decreasing 60% without increased recidivism. Aided contracting and the expansion of psychiatric emergency care, which increased markedly to almost 10,000 visits per year. Recruited six full-time, eight part-time, and numerous community psychiatrists to the staff. Improved the integration of inpatient and outpatient psychiatric services into a full continuum of care. Upgraded clinical protocols and outcome studies. Upgraded educational programs for the psychiatric residency. Provided two hours of weekly supervision to residents. Acted as a case conference consultant. Participated in psychiatry residents' recruitment, evaluation, and selection. Coordinated an administrative journal club and a monthly resident journal club on issues relevant to psychiatric administration. Participated in psychiatric experiences of other residents and medical students on elective, both from within the St. Francis Medical Center as well as from affiliated institutions. Organized numerous well-attended conferences, including "Privatizing Public Mental Health: Promise or Peril?" Helped organize the kickoff conference of the Carter Center Faith and Health Consortium, with Rosalynn Carter as keynote speaker. Addressed this conference on the relevance of interfaith dialogue to aid community mental health.

1999

Developed a successful strategic plan that helped create Kairos, the largest psychiatric Independent Practice Association (IPA) in Pennsylvania, which contracted with St. Francis and other facilities and included over 70 active psychiatrists affiliated with St. Francis.

1998

Upgraded the quality and expanded the diversity of the psychiatric delivery system. A Blue Cross study showed that 86% of residents from 13 surveyed communities in the Pittsburgh metropolitan area rated St. Francis as their preferred site for psychiatric care.

## **COMMITTEE MEMBERSHIPS AT ST. FRANCIS MEDICAL CENTER**

1997 – 2000

Physician Credentialing Committee and Special Investigative Committee

1996 – 2000

Medical Staff Bylaws Committee

1995 – 2000

Editorial Board, *St. Francis Journal of Medicine*

Pharmacy and Therapeutics Committee

Medical Staff Executive Committee

1994 – 1999

Medical Executive Committee

1995 – 1997

Chairman, Impaired Physicians Committee, St. Francis Medical Center

## **RESPONSIBILITIES AT BUFFALO GENERAL HOSPITAL AND SUNY BUFFALO MEDICAL SCHOOL**

- 1990 – 1994* Lecturer, sophomore psychiatry lecture series, SUNY Buffalo Medical School
- 1989 – 1994* Coordinator, Community Forensic Rotation, SUNY Buffalo Department of Psychiatry Residency Program
- 1987 – 1994* Upgraded the quality and expanded the scope of psychiatric services at this 700-bed hospital with 60 inpatient psychiatric beds. This included developing additional programs and providing direct education for medical students and psychiatric residents from SUNY Buffalo. Initiated and helped coordinate the Five Year Plan for Mental Health Services at Buffalo General Hospital, published in 1988 and jointly developed with the Hospital Board of Trustees. Added 47 additional psychiatric beds through CON process. Reorganized the new 107-bed psychiatric inpatient unit into a 10-bed Medical Psychiatry Unit, 15-bed Affective Disorders Unit, 20-bed Geropsychiatry Unit, 20-bed Mentally Ill Chemical Abuse Unit, and 42-bed General Psychiatry Unit, with expansion begun in 1991 and ending in early 1993. Recruited nine full-time psychiatrists and four part-time psychiatrists to upgrade clinical service delivery and create the foundation for a greater academic role for the department.
- Coordinator, medical student third-year psychiatry clerkship, Buffalo General Hospital
- Psychiatric consultant, Buffalo General Hospital Cardiac Transplant Program  
Evaluated and followed progress of all candidates for cardiac transplant.
- 1991 – 1993* Clinical consultant in developing a grant to the Erie County Department of Mental Health for the psychiatric enhancement of emergency room services. This grant funded a psychiatrist in the evening and weekend hours in the emergency room at Buffalo General Hospital, in addition to supplementing the Mentally Ill Chemical Abuse Services for all emergency patients in the Buffalo region as part of a comprehensive psychiatric emergency program. The total amount of the grant was approximately \$120,000 yearly.
- 1988 – 1993* Clinical consultant for the grant for the Home Based Crisis Intervention Program at Buffalo General Hospital to intensively work with children and adolescents in need of psychiatric hospitalization, who might have been diverted from intensive in-home treatment for four to six weeks. The program was funded through the State Office of Mental Health for \$211,000 yearly starting in 1989.
- Clinical consultant for the Mentally Ill Chemical Abuse Admission Diversion Grant program, which helped to prevent psychiatric hospitalization for those with dual diagnoses of psychiatric and substance abuse disorders, with intensive in-home counseling treatment linkage. This program was operated through the Buffalo General Hospital Community Mental Health Center and was funded through the New York State Office of Mental Health for approximately \$200,000 yearly starting in 1989.
- 1990 – 1992* Consultant, Family Support Research Study in collaboration with Libby Robinson, PhD, School of Social Work, University of Buffalo
- 1987 – 1990* Preceptor, SUNY Buffalo Medical School New Resident Orientation Week  
Responsible for 1.5-day segment on resident teaching methods with medical students.

## **COMMITTEE ASSIGNMENTS AT SUNY BUFFALO MEDICAL SCHOOL**

- 1991 – 1994* Task Force on Smoking Policy, Buffalo General Hospital

- Task Force on Heart/Lung Transplantation, SUNY Buffalo Medical School
- 1989 – 1994* Undergraduate Education Committee, Department of Psychiatry, SUNY Buffalo Medical School
- 1988 – 1994* Chairman, Impaired Physicians Committee, Buffalo General Hospital
- Quality Assurance Committee, Buffalo General Hospital
- 1987 – 1994* Physicians' Advisory Committee of SUNY Buffalo Medical School
- Graduate Education Committee, Department of Psychiatry, SUNY Buffalo Medical School
- Medical Executive Committee, Buffalo General Hospital
- Steering Committee, Department of Psychiatry, SUNY Buffalo Medical School
- 1989 – 1990* Task Force on Education and Research in Substance Abuse, SUNY Buffalo Medical School
- 1988 – 1990* Task Force on Psychiatric Services, WNY Health Science Consortium
- 1987 – 1989* Committee on Resident Credentialing, WNY Graduate Medical/Dental Consortium
- 1987 – 1988* Search Committee for Director of the Department of Emergency Medicine, SUNY Buffalo Medical School

## **RESPONSIBILITIES AT ST. LOUIS UNIVERSITY**

- 1985 – 1987* Director, Outpatient Psychiatric Services, Department of Psychiatry, St. Louis University Medical School
- Expanded outpatient services and improved psychiatric residency training rotations in outpatient services.
- Consultant in Psychiatry and Course Director for Psychiatry, Department of Occupational Therapy, Washington University
- Co-Course Director, Sophomore Psychiatry Lecture Series, and lecturer in six subject areas, St. Louis University Medical School
- 1982 – 1987* Director of Residency Training, Department of Psychiatry, St. Louis University Medical School
- Led the program back to a full complement of residents and into a highly competitive program for applicants nationally. The program previously had difficulty attracting competitive applicants.
- Attending Psychiatrist, Adolescent and Adult Psychiatric Unit, St. Louis University Medical School
- Consultant in Psychiatry, VA Medical Center, St. Louis, Missouri
- 1982 – 1985* Director of Inpatient Psychiatric Services, Department of Psychiatry, St. Louis University Medical School
- Rebuilt the Adolescent and Adult Psychiatric Unit from below 50% occupancy to 90%

occupancy. Created a teaching environment given high ratings by all rotations of medical students and residents.

### **COMMITTEE ASSIGNMENTS AT ST. LOUIS UNIVERSITY**

*1984 – 1987*

Medical Center Library Committee, St. Louis University

Participated in the search committee for the new Library Director and oversaw library functions.

Member and Subcommittee Chairman, Residency Review Committee, St. Louis University Medical Center

Critiqued and offered suggestions for improving all residency programs at the medical center.

Member, Utilization Review Committee, St. Louis University Hospital

Member, Forms and Records Review Committee, St. Louis University Hospital

### **RESPONSIBILITIES AT WASHINGTON UNIVERSITY DEPARTMENT OF PSYCHIATRY**

*1981 – 1982*

Lecturer, Human Sexuality course for second-year medical students at Washington University Medical School

*1980 – 1982*

Lecturer, Psychiatric Epidemiology for the second-year medical student class as part of its introductory course in psychiatry

Coordinator, Advanced Resident Psychotherapy Lecture Series

Organized a 16-week psychotherapy series bringing together notable psychotherapists and psychotherapy researchers from throughout the St. Louis area. Delivered three lectures, including two lectures on nonspecific factors in psychotherapy and one lecture on cost-benefit analysis in psychotherapy.

Coordinator, Washington University Epidemiology Seminar

Organized this weekly interdisciplinary epidemiology seminar, which brought together epidemiological researchers from throughout the university and overviewed issues pertinent to epidemiology. The researchers presented their studies along with data for the entire group to evaluate. The seminar eventually expanded to include psychiatric residents interested in psychiatric epidemiology as well as members from seven different departments within Washington University.

Member, Admissions Committee, Washington University School of Medicine

Served on a 16-member faculty committee that evaluated all applications to the Washington University School of Medicine. Conducted interviews of all prospective students and made decisions regarding offers of placement in the medical school.

Director, Psychiatric Service, The Medical Care Group of St. Louis (MCG)

Coordinated psychiatric services for a pre-paid group practice developed by the Washington University School of Medicine. Organized the delivery of psychiatric services to maximize communication and quality of care. Coordinated meetings among the 10 faculty psychiatrists who consulted with patients for this group, as well as the psychiatric social workers employed by MCG. Participated extensively in direct clinical care of MCG patients. This reorganization and improved communication significantly reduced hospital utilization for psychiatric services. Actively participated in work with primary care physicians at MCG, delivering two lectures per month on psychiatric topics of importance to primary care practitioners. Initiated

research into the types of patients seen by psychiatrists and social workers at MCG, variables associated with decreasing psychiatric utilization, addressing the relationship between improved outpatient care and decreased hospitalization, and the medical utilization of patients in the mental health system at MCG. The Medical Care Group of Washington University Medical School was the second university group practice in the country to follow the Harvard Health Plan.

*1979 – 1982*

Actively participated in developing and testing the NIMH Diagnostic Interview Schedule (DIS), a structured psychiatric interview used in psychiatric epidemiological studies throughout the country. The DIS was accepted, in slightly modified form, as the standard instrument to be used in all international WHO collaborative psychiatric studies. The DIS has been updated with each revision of the American Psychiatric Association's Diagnostic and Statistical Manual. It is still in active use nationally and internationally. St. Louis was the first of six sites for the Epidemiological Catchment Area Study. The next sites were Johns Hopkins, Yale, Duke, and others selected to represent the U.S. population's ethnic and racial background. It was the largest-scale epidemiologic psychiatric research project undertaken in the world at the time.

Actively participated in the Washington University Epidemiological Catchment Area Study, a large-scale community survey of psychiatric morbidity and mental health utilization patterns in a randomly selected population from the St. Louis region. This study showed the incidence of psychiatric illness, based on a one-year follow-up with the population. Participated in training lay interviewers in the use of this instrument, performing psychiatrist re-interviews to ensure the lay interviewers' accuracy. Helped construct the DSM-III criteria checklist to evaluate the efficacy of the DIS in making DSM-III diagnoses.

Actively participated in large-scale studies of patients admitted for alcoholism in order to evaluate drinking practices and the likelihood of development of social drinking patterns over an eight-year follow-up period. Aided in designing the instrument used in the study and utilized the developed instrument as an interviewer in the project. This research involving the DIS, Alcohol Follow-up Study, and the General Population Epidemiological Study was conducted under the direction of Dr. Lee Robins from the Department of Psychiatry. Included were weekly meetings with Dr. Robins and discussions throughout the week to address any difficulties that arose.

Interviewing Techniques Instructor and Preceptor for the introductory course in clinical psychiatry for third-year medical students  
Lectured on psychiatric diagnoses and psychopharmacology to the entire third-year class.

## **PAST PROFESSIONAL EXPERIENCE**

*1975 – 1976*

Member, Emergency Associates, Inc., Cleveland, Ohio

Emergency Room Physician, Huron Road Hospital, Cleveland, Ohio  
During this period after my internship, worked in an inner-city emergency room where I was the sole physician in a busy emergency service during evenings and nights. Provided all initial care and stabilized all patients, with a 40-minute to one-hour delay before any consultants could be brought in to aid in specialized care.

*1975*

Instructor, Johns Hopkins University, School of Health Services, Baltimore, Maryland  
Taught techniques of physical diagnosis for health associate students.

*1972 – 1973*

Drug Counselor for undergraduate students, Harvard University Health Services, Boston, Massachusetts



As part of a new program created by the health service, trained advanced medical students in problems associated with drug abuse. Acted as counselor for undergraduate students who came to the health service with drug-related problems.

## **SPECIAL PROJECTS AND EXPERIENCES**

- 2003 – 2005* Participant and Presenter, APA Council on Business Outreach  
Offered presentations to employer groups and insurance companies on the cost of missed care and psychiatric diagnoses on employee productivity and medical prognosis. Offered presentations to Highmark and Aetna and plan presentations for PPG internationally as well as in Virginia and Ohio. This business outreach utilized Pittsburgh as a demonstration project for the training of psychiatrists in other parts of the country to carry out similar business outreach. Its overall goal was to ensure the quality mental health coverage nationally.
- 2002 – 2005* Member, National Magellan Health Services Clinical Practice Guidelines Committee  
Acted as one of four psychiatrists on this seven-member committee that publishes Magellan guidelines for the treatment of psychiatric disorders including major depression, suicide, substance abuse, and schizophrenia, based on extensive literature reviews, with each guideline updated every two years. Magellan, which covers 65 million Americans, sends these guidelines as standards of care to all of its credentialed practitioners across the country.
- 1976 – 1979* Founder and Coordinator, Diversional Activities Program, Johns Hopkins Hospital  
Began this program during my first year of psychiatric residency, involving approximately 40 undergraduate students from universities across Baltimore. Students participated in an evening program that provided activities for inpatients on Johns Hopkins' psychiatric wards. It continued for many years and was considered highly successful, receiving a grant from the Armco Steel Company.
- 1974 – 1975* Student member, Minority Admissions Recruitment Committee, Johns Hopkins School of Hygiene and Public Health
- 1971 – 1973* Student member, Harvard Medical School committee to evaluate admissions procedures  
Participated in this eight-member committee, composed of five faculty and three student representatives, which was appointed by the medical school dean to study admission procedures and policies at Harvard Medical School and to make recommendations for changes in these procedures and policies. Wrote the initial policy statement, which defined the medical school's admission criteria policy and described the importance of diversity in medical school admissions. My writing was later reflected in the Bakke case brief cited by the U.S. Supreme Court, which described the Harvard Medical School's admissions program as a positive example of creating student diversity. This committee provided an explicit basis on which the admissions policy of the medical school was founded and thus was accepted as being nondiscriminatory. Served as one of the final co-authors of the Student Faculty Committee Report on admissions policy, which was presented to the entire faculty.
- 1968 – 1969* Student physician, Family Health Care Program, Harvard Medical School  
  
President, Committee of Organizational Presidents, Case Western Reserve University
- 1967 – 1969* Co-founder, Hough Inner City Basketball League, Cleveland, Ohio  
Brought approximately 80 nine- to twelve-year-old children to Case Western Reserve University to participate in the league, which was founded for underprivileged children living in the Hough area of Cleveland. It began after the Hough riots and was supported by outreach to African-American clergy and churches.

## COMMUNITY ACTIVITIES

- 1998 – present* Consultant and member of speakers bureaus for Pfizer, Glaxo, Bristol-Myers, Wyeth-Ayerst, Eli Lilly, Cephalon, and Forrest to talk to primary care physicians and psychiatrists about depression, mood disorders, anxiety disorders, and schizophrenia
- 2007 – 2010* Member, Board of Trustees, Cambria County Mental Health / Mental Retardation
- 1995 – 2001* Member, Interfaith Advisory Committee, United Mental Health
- 1998 – 2000* Member, Credentials Committee, Community Care Behavioral Health Organization, a non-profit partnership including St. Francis Health System, providing all public behavioral services in Allegheny County
- Part organizer and member, Board of Directors, KAIROS Psychiatric IPA, the largest psychiatric IPA in Pennsylvania, directly contracting with St. Francis and other psychiatric facilities
- Psychiatric Consultant, Sojourner House, a residential facility for drug-addicted mothers and their children
- Advisory Board, Pittsburgh Coalition on Faith and Health, funded by the Carter Center of Atlanta and the Templeton Foundation
- 1997 – 2000* Member, Board of Directors, United Mental Health
- 1996 – 2000* Member, Advisory Board of Trustees, Liberty Place of Pittsburgh
- 1992 – 1994* Chairman, Task Force on Integration of Public and Private Psychiatric Services, SUNY Buffalo Medical School
- 1991 – 1994* Chairman, Managed Care Task Force, Western New York Psychiatric Association  
Organized a coalition of professional psychiatric, psychological, and social work societies to fight the abhorrent managed care practices of a behavioral health managed care organization brought in by Blue Cross Blue Shield of WNY. This work was carried out in association with the local alliance for the mentally ill, providing a leading national model to mandate acceptable standards of care for mental health care patients.
- 1990 – 1994* Member, Executive Committee, Western New York Psychiatric Association  
Chairman, Bylaws Committee, Western New York Psychiatric Association
- 1989 – 1994* Member, Board of Trustees, Jewish Community Center Association of Buffalo
- 1990 – 1992* Chairman, Task Force on Education and Programming, Jewish Community Center of Buffalo  
This two-year initiative studied and coordinated programming in all Jewish agencies in Buffalo to better provide couples and children of intermarriage with a sense of identity and place in the Jewish community.
- 1985 – 1987* Member, Quality Assurance and Utilization Review Committee, Physicians Health Plan of Greater St. Louis  
Member, Advanced Leadership Training Program, Jewish Community Federations of St. Louis, a 12-seminar course for selected community leaders

- 1984 – 1987 Member, Board of Directors, Hillel Foundation, Washington University
- Member, Hillel Academic Associates, a national body of Jewish academicians, developed to exchange ideas on issues relevant to the Jewish community
- 1981 – 1987 Chairman, Task Force on Israel and the Mideast, Jewish Community Relations Council of St. Louis
- 1982 – 1983 Member, Advisory Panel, St. Louis Association for Gifted Education
- 1981 – 1983 Member, Steering Committee on Mental Health, Jewish Community Federations of St. Louis
- 1980 – 1983 Member, Human Studies Review committee, Jewish Community Centers Association  
This four-member committee examined research proposals involving studies within the Jewish community.
- 1980 – 1981 Member, Leadership Development Council, Jewish Community Federations of St. Louis

## **PRESENTATIONS AND CONSULTATIONS**

- 1983 – *present* Offer diverse presentations on television as well as interviews in local and national magazines related to issues in psychiatric treatment and education.
- 2004 – 2005 Facilitator and Funding Coordinator, Magellan Psychopharmacology Update CEU seminars for mental health therapists and primary care clinicians. Over 240 participants attended each presentation.
- 2000 – 2005 Coordinator, Magellan's yearly psychiatric dinner for psychiatrists in Western and Central Pennsylvania. Over 65 psychiatrists attended each event.
- 1999 – 2000 Conference Director, Mental Health and Spirituality, Pittsburgh Theological Seminary, in association with the Carter Center in Atlanta
- 1998 Interviewed for Associated Press newspaper articles on psychological dimensions of school violence and the Holocaust
- 1997 Invited Lecturer, "Psychiatric Ethics," Central New York Psychiatric Association, at the invitation of the President of the American Psychiatric Society
- 1996 Invited Lecturer, "Mental Health and Spirituality," Belmont Center, Albert Einstein Health System, Philadelphia, Pennsylvania
- 1995 Conference Director, "Mental Health, Spirituality, and Recovery: The Healing Process," a daylong regional symposium held at the Pittsburgh Theological Seminary. Rosalyn Carter delivered the keynote address. This event led to Pittsburgh being selected as the primary site for the Carter Center Mental Health and Spirituality Division.
- Conference Director, "Eating Disorders and Managed Care," a daylong symposium held at St. Francis Medical Center
- Conference Director, "Privatizing Public Mental Health: Promise or Peril?" a regional daylong symposium with diverse national speakers held at St. Francis Medical Center
- 1987 – 1994 Delivered diverse grand rounds presentations in psychiatry at SUNY Buffalo Medical School

and St. Francis Medical Center, in addition to other invited lectures on the interface between psychiatric and medical disorders, managed care issues in psychiatry, and other issues in psychiatric administration.

- 1992* Conference Director, "The Trauma of Medical Illness: Psychological Effects," a regional daylong symposium in Western New York
- 1991* Keynote speaker, "The Psychiatric Effects of Multiple Sclerosis," an annual conference of the Western New York Multiple Sclerosis Society
- 1982* Speaker, "Conference on Academic Abuses in the Soviet Union," Washington University
- One-hour televised interview on the effects of the Holocaust on present-day Israel
- One-hour St. Louis-area CBS televised interview on depression in the community at large
- 1981* Presenter on adolescent psychiatric disorders, Continuing Education Series, St. Louis Children's Hospital
- 1979* Guest on television talk show on the subject of adolescent drug abuse, covering 1.5 hours over six nights
- Interviewed on St. Louis television program, addressing causes and trends in adolescent drug abuse
- Interviewed for one hour on radio show about adolescent psychiatric disorders
- Interviewed on St. Louis-area CBS television news program and nationally televised CBS radio show regarding psychiatric repercussions for the American hostages in Iran
- Keynote speaker, St. Louis Conference on Adolescence, under the sponsorship of the University of Missouri
- Consultant, Department of Psychiatry, Cambridge Hospital
- Presented a one-week course titled "The Understanding of the Psychiatric Diagnoses Underlying the Diagnostic Interview Schedule." Trained interviewers to use the Diagnostic Interview Schedule. The course was funded through a grant for studying individuals with a diagnosis of borderline personality organization.

## **PROFESSIONAL LICENSING**

- 1981* Diplomate, American Board of Psychiatry and Neurology
- 1973* Diplomate, National Board of Examiners

## **MEMBERSHIPS**

- American Psychiatric Association
- Pennsylvania Psychiatric Society
- Pittsburgh Psychiatric Society

Allegheny County Medical Society

Pennsylvania Medical Society

## **PUBLICATIONS**

### **Book Reviews**

1. Behavioral Disorders: Understanding Clinical Psychopathology by Igor Grant, MD. J Nerv Ment Dis 170 (2):125-126, 1982.
2. Critical Problems in Psychiatry by Keith Brodie and Jessee Cavenor. J Nerv Ment Dis 172 (4):244-245, 1984.
3. Invited reviewer by publisher for Calming the Stormy Seas of Stress by Karl Schultz. Saint Mary's Press, Winona, Minnesota, 1999.

### **Papers**

1. Griffith DL, Singerman B: Reduction Reactions in 5-Pentyl Halides. Chemical Communications, pgs. 438-39, 1969.
2. Singerman B, Higgins C, Waring BJ, Cubells J, Ruff G: An Evening Diversional Activities Program for Psychiatric Patients. J Psychiatric Nursing 18(12)d:28-31, 1980.
3. Singerman B, Riedner E, Folstein M: Emotional Disturbance in Hearing Clinic Patients. Br J Psychiatry 137:58-62, 1980.
4. Singerman B: DSM-III: Historical Antecedents and Present Significance. J Clin Psychiatry 42(11):409, 1981.
5. Singerman B, Stoltzman RD, Robins LN, Helzer JE, Croughan JL: Diagnostic Concordance between DSM-III, Feighner, and RDC. J Clin Psychiatry 42(11):422-426, 1981.
6. Stoltzman RD, Helzer JE, Robins LN, Croughan JL, Singerman B: How Does DSM-III Differ from the Systems on Which It Was Built? J Clin Psychiatry 42(11):411-421, 1981.
7. Zimny Z, Sata L, Singerman B: Psychiatric Recruitment: Suggestions to Departments of Psychiatry. J Psychiatric Education vol. 12:2289-2298, 1988.
8. Singerman B: Psychiatric Practice in the 1990's. Critical Care Newsletter, St. Francis Health System, invited article for the Fall Conference on the Neurosciences, September 1994.
9. Singerman B, Raheja R: Malignant Catatonia: A Continuing Reality. Annals of Clinical Psychiatry vol. 6 (#4):259-266, 1994.
10. Flaherty MT, Wald HP, Pringle JL, Singerman B: Incarceration vs. Rehabilitation. St. Francis Journal of Medicine, vol. 2:10-17, Spring 1996.
11. Singerman B: Medicine and Spirituality. St. Francis Journal of Medicine, vol. 2 (#3), Fall 1996.
12. Chaudhary SI, Singerman B: New Models for Ambulatory Mental Health. St. Francis Journal of Medicine, vol. 3 (#1), Spring 1996.
13. Kane R, Smith J, Singerman B; Eating Disorders and Managed Care. Connections, International Newsletter of

Eating Disorder Professionals, Spring 1999.

14. Medical Ethics vs. Medical Corporatization: Can They Co-exist? Bulletin of the Allegheny County Medical Society, April 1999.
15. Mental Health, Spirituality and Recovery: Conference Proceedings. St. Francis Journal of Medicine, vol. 5 (#3), pgs. 140-143, Fall 1999.
16. The Many Costs of Missing Clinical Depression: How It Hurts Your Patients. Bulletin of the Allegheny County Medical Society, pgs. 506-507, October 1999.
17. Psychiatric Practice in the New Millennium. St. Francis Journal of Medicine, vol. 5 #3, pgs. 144-146, Fall 1999.
18. Medicine and Spirituality in an Age of Technology. Bulletin of the Allegheny County Medical Society, pgs. 198-200, April 2000.
19. Civil Litigation and Post-Traumatic Stress Disorder. Tucker Independent Medical Experts Bulletin, May 2016.
20. The Long-Term Consequences of Traumatic Brain Injury in Military and Civilian Populations. Tucker Independent Medical Experts Bulletin, publication pending.

#### **Book Chapter**

Singerman B, Kashin J, Goldstein M: Psychiatric Effects of Visual and Hearing Impairment. Depression and Chronic Illness, Robinson R and Rabins P, editors, Igaku- Shoin Medical Publishers, Inc., pgs. 116-131, 1989.

#### **Poster Presentations**

1. Kane R, Smith J, Singerman B: Eating Disorders Treatment in a Managed Care Setting: Academy of Psychosomatic Medicine Annual Meeting, November 1996.
2. Kane R, Singerman B, Lynn D, White D, Stiebel V: Integrating Primary Care and Psychiatry, The St. Francis Experience: American Academy of Psychosomatic Medicine Annual Meeting, November 1996.
3. Singerman L, Singerman B, et al.: Poster on the development and validity of the VFQ 7 as a brief instrument that correlates change in emotional and social functioning with level of response to ophthalmologic treatment: Association for Research in Ophthalmology, Miami, Florida, June 2012. The research relating visual treatment effectiveness with change in emotional and social functioning is ongoing, with new studies looking at multi-site treatment effectiveness in macular degeneration.