Post parathyroid and thyroid surgery

1. The next day you can remove outside dressing, it is not necessary to replace it. Leave the steri-strips (small white tapes) on the skin until they fall off. It is safe in the morning to take a shower right over the incision.

2. It is important to take the calcium supplements as directed.

3. If you develop tingling, numbness, jaw difficulties please call the office right away and if no answer then call 911. If you develop difficulty swallowing, shortness of breath or neck swelling call 911 right away.

4. You can drive when off the painkillers and your neck is mobile.

5. Avoid alcohol while on the painkillers.

6. Make a follow up appointment for about two weeks by calling 703 823 4066.