

May 31, 2020 ~ Holy and Glorious Pentecost Sunday

Today's Readings:

Epistle: Acts 2: 1-11

Gospel: John 7: 37-53; 8: 12

June 7, 2020 ~ Sunday of All Saints (First Sunday after Pentecost)

Today's Readings:

Epistle: Hebrews 11: 33 - 12: 2

Gospel: Matthew 10: 32-33; 37-38; 19: 27-30

Holy Cross Parish News & Events



Holy Cross Parish extends its best wishes and congratulations to **Muriel Zaremsky** who celebrated her **90th** birthday on Saturday, May 16. May the Lord continue to bless His servant Muriel with good health, long life, and many more happy years ~ Многая літа!

Many thanks to all who have been mailing in their weekly donations or dropping them off at the rectory. With your continued support, we have been able to cover our regular bills, meet our parish expenses, and keep up our pledge to the Mission Fund. And remember: if you would like a candle lit, you can include this in your (weekly) contribution, indicating the number of candles and size, and for whom the candle is to be lit on an accompanying slip of paper. The cost is \$3.⁰⁰ ea. for large and 50¢ ea. for small.

We extend our sincerest condolences to Roger Swerdlyk and family on his passing of their beloved †**MaryAnn**, wife, mother, grandmother, and aunt on Tuesday, May 19. May our Lord God, Who promised to send the Holy Spirit, guide her path into His heavenly kingdom, number her among the just and may her memory be everlasting ~ вічна її пам'ять. 

Today, May 31, is **Pentecost Sunday (Зелені Св'ята)**. Due to the current restrictions on social distancing, gravesite services will not take place at this time. We will continue to follow directives from the government and the Eparchy (and the local R.C. Diocese) re: the number of individuals allowed to gather together, and may consider another date in the future for these prayer services.



Despite the fact that the government is taking steps to slowly open up the province once again, a decision has been made to cancel this year's "**Parish Picnic and Volunteer Appreciation Day**" originally scheduled for Sunday, June 14. We will look forward to next year's event when, by the grace of God, we are able to come together to welcome Summer. Stay safe, healthy, and patient during these uncertain times.

Your Return Gift to God

Let us strive to live as Christian stewards, receive God's gifts gratefully, cultivate them responsibly, share them generously and lovingly with others, and return them with increase to the Lord.

PLEASE NOTE:

Due to a directive from the Chancery Office re: parish security issues, weekly collection numbers will no longer be published online from this time forward. Amounts will still appear on hard copies.

Thank you for your continued support and understanding!

Дякуємо за вашу щедрість! Thank you for your generosity!

The Mission Collection from **January to June 2020** is for TBRHSC's "**Our Hearts at Home**" cardiovascular campaign. Memorial donations can also be directed to this fund, or the charity of your choice. Please indicate this on the envelope.

Schedule of Liturgical Services

All public services remain **suspended** until further notice. You can access a number of live streaming liturgical services on the Internet. The full list is on our Facebook page or on the Royal Doors website — www.royaldoors.net. There are other Eparchy and parish websites you can visit, such as www.skeparchy.org and click on **Liturgy Live**.

Until we are able to gather at Holy Cross again, please continue to pray and meditate daily.



In the Gospel for Pentecost Sunday, St. John highlights a kind of religious elitism, a misplaced pride that caused the Pharisees to consider Jesus as a rabble-rouser, appealing to the little guy, the uneducated Jew who wouldn't keep every prescription laid down by the scribes and Pharisees. The little guy hasn't the assets or capability to dress like the Pharisees or spend hours a day in study like the scribes. But the little guy listens to Jesus preaching humility before God, poverty of spirit, forgiveness of enemies, doing good for others and instinctively knows that this is the real meaning of religion. They were energized. Even the soldiers sent to arrest Jesus testified to their excitement: "Nobody every spoke like this man!" That is one of the reasons why the Christian Church spread so rapidly in the days and years after Pentecost.

~ from a sermon by W. Pat Cunningham

In the Sunday of All Saints, near the end of the Gospel reading, Peter's question to the Lord, on behalf of the rest of the apostles, states basically: "What's in it for us?" Notice that Jesus does not rebuke Peter but rather eagerly lists the benefits the disciples could expect for their commitment and sacrifice. God wants each of us to ask, "What's in it for me?" He wants to reveal His rewards and to seek them by faith. We will demonstrate more faith and actually produce more for God if we have His incentives in mind. Remember: If we live for Christ like no one else now, later, in heaven, we can live with Christ like no one else.

~ from a sermon by Joel Smith

Another Prayer for Healing and Comfort During the Coronavirus

Almighty and merciful God, source of all life, health and healing, look with compassion on our world, brought low by disease; protect us in the midst of the grave challenges that assail us and in your fatherly providence grant recovery to the stricken, strength to those who care for them, and success to those working to eradicate this scourge. Through Christ our Lord. Amen.



ST. GEORGE'S SOCIETY

The spring issue of **The Plentiful Harvester** is now ready and has been electronically sent to those who have rendered us their e-mail addresses. Hard copies are also be available. Give Michael Watral a call and he'll be glad to drop a copy to you — within our city surroundings of course!

Unfortunately, due to the continued threat of the coronavirus, we have decided to postpone of **60th anniversary** celebrations, but hope to have something in the fall if all goes well.

Now for some good news! In mid-May, we received a scholarship application via email which was then forwarded to the Scholarship Committee to process. At this time, we cannot provide any details as it is customary to conceal the results until the evening of convocation ceremonies. Both Catholic high schools will have a 'virtual graduation' and we have forwarded our monetary support to the Awards Trust Fund.

Love and Service to God for 60 years!

The Little Things in Life

When I look at a patch of dandelions, I see a bunch of weeds that are going to take over my yard. My kids see flowers for Mom and Dad and blowing white fluff that you can wish upon.

When I look at someone destitute and he smiles at me, I see a smelly dirty person who probably wants money and I look away. My kids see someone smiling back at them and they smile back.

When I hear music I love, I know I can't carry a tune and don't have much rhythm, so I sit self-consciously and listen. My kids feel the beat and move to it. They sing out the words. If they don't know them, they make up their own.

When I feel wind on my face, I brace myself against it. I feel it messing up my hair and pulling me back when I walk. My kids close their eyes, spread their arms, and fly with it, until they fall to the ground laughing.

When I pray, I say "thee" and "thou", "grant me this", "give me that." My kids say, "Hi God! Thanks for my toys and my friends. Please keep the bad dreams away tonight. Sorry, I don't want to go to Heaven yet. I would miss my Mommy and Daddy."

When I see a mud puddle, I step around it. I see muddy shoes and dirty carpets. My kids sit in it. They see dams to build, rivers to cross and worms to play with.

I wonder if we are given kids to teach or to learn from? No wonder God loves the little children.

Enjoy the little things in life, for one day you may look back and realize they were the big things!

~ Author unknown



HOLY CROSS GOLDEN AGERS

Update: With government regulations still in effect, the Executive has decided to cancel **our annual wind-up**, planned for June 11. And with the border still closed, monthly buses to Grand Portage have not been scheduled.

As stores and services slowly begin to re-open, we remind all members to continue practicing social distancing/self-isolation, washing your hands frequently. If you do not have to venture out into the community, stay home and keep in close contact with your family members, but limit gatherings and visits at this time. If you have any major symptoms (prolonged fever, dry cough, extreme fatigue, and difficulty breathing), proceed to the ER **immediately** for assessment. We want to see everyone back when we are allowed to gather together again. Stay safe and healthy — exercise, stretch, and eat balanced meals, and keep up-to-date with the latest news and practices.

*"Do not regret growing older.
It's a privilege denied to many."*

SCRIPTURE READINGS FOR THE SECOND SUNDAY AND THIRD SUNDAY AFTER PENTECOST

Second Sunday (June 14)

Romans 2: 10-16
God's Judgement

Matthew 4: 18-23
God Calls Four Fishermen

Third Sunday (June 21)

Romans 5: 1-10
Right with God

Matthew 6: 22-33
God and Possessions

As you read each passage, ask yourself these questions:
"What thoughts, ideas, words or images come to mind?"
and "What are the connections between them?"
This will help make them easier to follow and understand.

EVENTS IN OUR COMMUNITY



ONE CITY.
FIFTY YEARS.

Due to government restrictions, all community events and gatherings consisting of five or more persons have been cancelled or postponed at this time. Please check our local newspaper or online version for updates. The City continues to respond to the COVID-19 pandemic. Watch community updates from the Mayor, find out how City services are affected using the A-Z service directory, access City contacts, and read the latest City media releases. For more info, visit www.thunderbay.ca/coronavirus.

MISSION DAYS: *From the Ascension of Our Lord to the Descent of the Holy Spirit*

Dear parishioners and friends of Holy Cross: Here is the final installment this year from the Mission Days Guidebook. I encourage you to please try to set aside at least five minutes of family time (during COVID-19, this can be done through Facetime, Skype or Zoom) in order to read the text below and then to discuss among yourselves the Missionary Tasks provided for the glorious Feast of Pentecost — the birthday of the Christ's Church. Once again, we are called upon to discover and understand anew that our parish communities and families (domestic churches) are missionary in nature. Such understanding flows from the gift of our Baptism, by virtue of which, and through the power of its mystery, we have committed ourselves to believe, live, serve, and share the experience of our faith in Christ; and not simply with our family members, but with everyone we meet in life. Let us pray that the Lord might renew our life in God by the grace and intercession of the Holy Spirit.

~ Father Stepan Didur

Day 10 ~ Pentecost Sunday

OUR MISSION: TO CARRY THE HOLY SPIRIT TO OTHERS



Word of God. On the last day of the feast, the great day, Jesus stood up and cried out, "If anyone thirsts, let him come to Me and drink. Whoever believes in Me, as the Scripture has said, 'Out of his heart will flow rivers of living water.'" Now this He said about the Spirit, whom those who believed in Him were to receive, for as yet the Spirit had not been given, because Jesus was not yet glorified... Again, Jesus spoke to them, saying, "I am the light of the world. Whoever follows Me will not walk in darkness but will have the light of life."

Meditation. What a wonderful image of the Holy Spirit: a river of living water, which flows forth from those who believe in Christ. Whenever we see a river each one of us wants to stop and look at how its waters flow. We think about those downstream and how the waters bring life and joy to them. The Holy Spirit acts in a similar fashion through us and makes us God's instruments, so that we might bring life and joy to others. He gives us various gifts (see Isaiah 11:2-3): wisdom, reason, counsel, strength, knowledge, devotion and fear of God), while we, in turn, are called to bring forth His fruit (see Galatians 5:22-23): love, joy, peace, patience, kindness, goodness, fidelity, gentleness, self-control) for the growth of the Church of Christ. We can say that the Holy Spirit allows us the possibility to know Christ as the Light of the world and leads us to a life in Christ. He makes each one of us a carrier of Divine grace, an apostle of Christ, a witness to His truth and a luminary of God's goodness.

We can, therefore, conclude that the Lord calls us to an active Christian life. He invites us to boldly take responsibility upon ourselves and work to change society for the better, to transfigure our parishes, to better our lives in the light of the Good News. Jesus overcame the world (see John 16:33) and, having given us His Holy Spirit, He calls us to holiness and to witnessing His goodness and mercy. Let us not be afraid to share our gift of faith with others. Let us be assured of Christ's support, as he has not left us alone. Let us ask for inspiration from the Holy Spirit, so that we might do God's will in all.

Quotation-witness. "The Holy Spirit teaches us: he is the Interior Master. He guides us along the right path, through life's challenges. He teaches us the path, the way. In the early times of the Church, Christianity was called 'the way' (cf. Acts 9:2), and Jesus himself is the Way. The Holy Spirit teaches us to follow him, to walk in his footprints. More than a master of doctrine, the Holy Spirit is a master of life." (Pope Francis, *Pentecost 2014*) Prayer.

Prayer. Blessed are You, O Christ our God who revealed the fishermen as most wise by sending them the Holy Spirit; through them You caught the entire world. Loving Master, glory to You. (*Troparion for Pentecost*)

Missionary tasks. 1. *Personal/Family.* As we close these Mission Days let us look at the list of gifts and fruits of the Holy Spirit. Let us ask ourselves: What gifts do I see in my family? What fruits have I brought over the past year?

2. *Parish.* Let us open our eyes to the gifts of the Holy Spirit in our parish community. In planning our parish life let us focus on the fruits of the Holy Spirit we would like to bring forth.

3. *Beyond the parish.* Let us teach ourselves to see our personal behaviour and our entire life in the Christian community through the lens of mission: as an opportunity to bear witness to God's love and goodness before others.

~ taken from Mission Days Guidebook: *From the Ascension to the Descent of the Holy Spirit*





God Sends the Holy Spirit on Pentecost

Sunday, May 31 is Pentecost Sunday. It is a day that we remember and celebrate a very special event in the early days of the church. Let's look at today's Gospel lesson and see what Pentecost is all about.

When Jesus told His disciples that He was going to return to heaven, He promised them that He would ask the Father to send another helper to be with them. That was a wonderful promise that Jesus gave His followers, but Peter, James, John, Andrew, and the rest of the disciples weren't really sure exactly what that meant.

After Jesus had ascended into heaven, the Bible tells us that His followers were gathered together in one place. They were gathered to celebrate a festival called Pentecost when they gave an offering to God of the first fruits of their harvest.

Suddenly, they heard a sound like the rushing of a mighty wind. Next, they saw what appeared to be tongues of fire that came to rest upon the heads of each one of them. That would have been pretty amazing if that had been all that happened, but it wasn't. The Bible tells us that, after the wind and fire, they were filled with the Holy Spirit and they

began to speak in other languages. Everyone there could understand what was being said regardless of what language they spoke.

That is an amazing story about God sending the Holy Spirit, isn't it? What is really amazing is that the Holy Spirit didn't come that one time and then go away. The Spirit still lives in the hearts of



Christ's followers and the Spirit is with us here today. The Holy Spirit guides us in the decisions we make each day. He is the Comforter who calms our fears and fills us with hope. The Holy Spirit speaks to us through the Scripture and helps us to understand what we read. The Holy Spirit is to help us, so let us listen to Him and do what he leads us to do.

Let us pray: Heavenly Father, we are thankful to you for sending the Holy Spirit to live within us and to be our comforter, teacher, and guide. In Jesus' name we pray. Amen.

Source: www.sermons4kids.com

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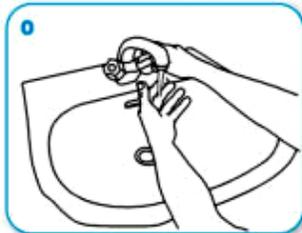
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How to handwash Catholic Style!



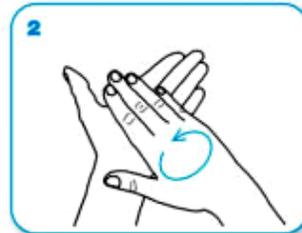
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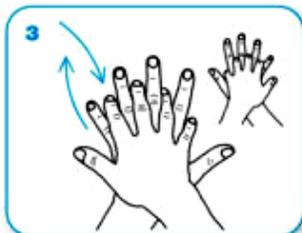
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Our Father, Who art in heaven,
Hallowed be Thy Name.



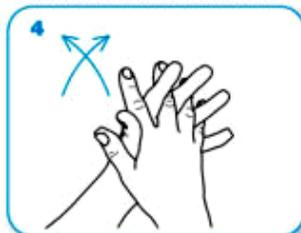
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Thy Kingdom come.
Thy Will be done,
on earth as it is in Heaven.



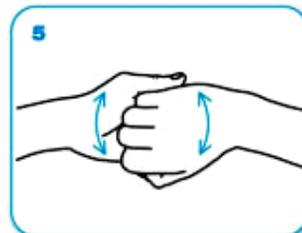
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Give us this day our daily bread.



3
And forgive us our trespasses,
as we forgive those who trespass
against us.



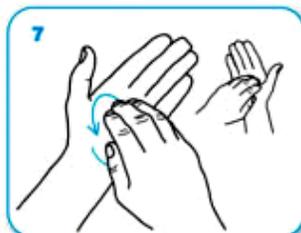
4
And lead us not into
temptation, but deliver us
from evil. Amen.



5
Hail Mary, Full of Grace,
The Lord is with thee.



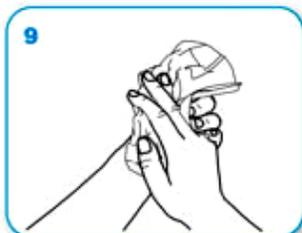
6
Blessed art thou among women,
and blessed is the fruit
of thy womb, Jesus.



7
Holy Mary, Mother of God,
pray for us sinners



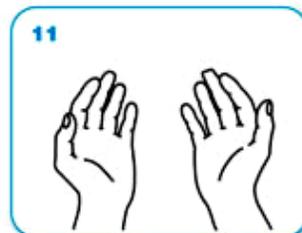
8
now, and at the hour of
our death. Amen.



9
Glory be to the Father,
and to the Son,
and to the Holy Spirit.



10
As it was in the beginning,
is now, and ever shall be,
world without end.



11
Amen.

Clean hands are life savers

... and prayers save souls!





Червень 2020 June



Holy Cross Parish Calendar of Events & Hall Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Notes:	1	2	3	4 No Golden Agers activities	5	6
7 First Sunday after Pentecost Sunday of All Saints	8	9 	10	11 Feast of the Holy Eucharist Golden Agers annual wind-up cancelled	12	13
14 2nd Sunday after Pentecost Parish Picnic and Volunteer Appreciation Day cancelled	15	16	17 3:45 p.m. - Bus to Grand Portage (tentative)	18 No Golden Agers activities	19 Feast of Christ, Lover of Mankind	20 St. George's 60th anniversary celebrations have been postponed
21 3rd Sunday after Pentecost Happy Father's Day	22	23	24 Feast of the Nativity of St. John the Baptist	25 No Golden Agers activities	26 6:00 p.m. - Bingo at Superior Shores Deadline for July calendar submissions	27
28 4th Sunday after Pentecost Saints of Ukraine	29 Feast of Ss. Peter and Paul	30	All public services, gatherings, and events, as well as all hall rentals remain cancelled until further notice. As we await directives from the government and our Eparchy, please be patient and understanding of the situation.			

Looking Ahead: Wednesday, July 1 Happy Canada Day!
Friday, July 31 Deadline for August calendar submissions

July 2020

1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Enjoy the summer; stay safe and healthy!

How Christians Should Be Responding to COVID-19

First, and most importantly, don't panic. There are more than enough "Chicken Littles" running around proclaiming doom and gloom, and there are many false prophets proclaiming this virus as God's judgment against whatever ill they believe plagues society.

It is important during this time that we realize that God is still sovereign. He is in control. Nothing that is happening is a surprise to Him. Nor is it something that He has not allowed to occur for some reason. A reason that may only be known to Himself. Regardless of what may happen to others around us, to our families, or to ourselves, God is in control and we can trust Him to accomplish His perfect will through whatever may come.

Without a doubt, the loss of life and suffering caused by COVID-19 is tragic. Before it runs its course, it will have likely touched everyone in the world to one extent or another. But, as Christians, our response does not need to mirror the unrest and despair that those around us exhibit. We have a hope that transcends this world and our circumstances. We can rejoice, not in the tragic events unfolding around us, but in the God Who can use them to accomplish His purpose in our lives and in this world.

During this time, look for opportunities to stay in touch. Nothing can replace face to face contact and human touch, but many of us today live in a very connected world. We can text, chat, email, talk on the phone, make video calls, attend virtual worship services and Bible studies, and more. Of course, not everyone can do all of that, but most of us can do at least some of it. So, take advantage of the available technology.

Maybe the most important thing you can do is to take advantage of the opportunity to grow spiritually. Christians often express that life is too busy to spend much time in prayer and Bible study. But, if you are one of those "stuck at home," this is an ideal opportunity to invest in your spiritual life. Pray. Read the Bible. Pray some more. Meditate on what you are reading. Read a book on spiritual disciplines. Pray some more. Seek the Lord and His will for your life. Above all, don't let this time go to waste.

During this time of darkness, be a light. Let your light so shine that it will glorify God, drawing others to find their hope and fullness in the only One who truly transcends the struggles of this life. "Rejoice always, pray continually, give thanks in all circumstances; for this is God's will for you in Christ Jesus" (1 Thessalonians 5:16-19).

~ Ed Jarrett, *Chriiianity.com* Contributing Writer

DIVINE LITURGY PROPER S FOR PENTECOST SUNDAY

At the beginning of the Divine Liturgy, immediately after “Blessed be the Kingdom” and our “Amen,” we all kneel and sing the following in Tone 6 (samohlasen):

Heavenly King, Advocate, Spirit of Truth,* Who are everywhere present and fill all things,* Treasury of Blessings, Bestower of Life,* come and dwell within us,* cleanse us of all that defiles us,* and, O Good One, save our souls.

First Antiphon

The heavens tell the glory of God,* and the firmament declares the work of His hand.

Refrain: Through the prayers of the Mother of God, O Saviour, save us.

Day to day pours forth the message* and night proclaims this knowledge to night. *Refrain*

Their utterance has gone forth into all the earth,* and their words unto the ends of the world. *Refrain*

Third Antiphon (Troparion with interpolated verses)

(Soloist): O Lord, by Your power the kind shall rejoice and greatly exult in Your salvation.

Troparion, Tone 8:

Blessed are You, O Christ our God Who revealed the fishermen as most wise by sending them the Holy Spirit; through them You caught the entire world. Loving Master, glory to You.

Verse: You gave him his heart’s desire and did not deny the request of his lips. *Troparion*

Verse: For You have gone before him with gracious blessings, you have placed upon his head a crown of precious stones. *Troparion*

Entrance verse (soloist): Be exalted, O Lord, in Your strength; we will sing and make music to Your might. *Troparion*

Glory be to the Father and to the Son and to the Holy Spirit, now and forever and ever. Amen.

Kontakion, Tone 8:

When the Most High came down and confused the tongues, He parted the nations. When He divided the tongues of fire, He called all to unity; thus with one voice we glorify the all-Holy Spirit.

Instead of Holy God:

In Ukrainian:

Всі, ви що в Христа хрестилися, у Христа зодягнулися.
Алилуя! (3х)

(transliterated) Vsee, vi shcho v Khrista khrestilisya, oo Khrista zodyahnoolisya. Alleluia! (3x)

Слава Отцю і Сину і Святому Духові, і нині і повсякчас і на віки вічні. Амінь...у Христа зодягнулися. Алилуя!

Всі, ви що в Христа хрестилися, у Христа зодягнулися.
Алилуя!

In English:

All you, who have been baptized into Christ, you have put on Christ! Alleluia! (3x)

Glory be to the Father and to the Son and to the Holy Spirit, now and forever and ever. Amen...You have put on Christ! Alleluia!

All you, who have been baptized into Christ, you have put on Christ! Alleluia!

Prokeimenon, Tone 8

Their utterance gone forth into all the earth, and their words until the ends of the world.

verse: The heavens tell the glory of God, and the firmament declares the work of His hand.

Epistle: Acts 2: 1-11

When the day of Pentecost had come, they were all together in one place. And suddenly from heaven there came a sound like the rush of a violent wind, and it filled the entire house where they were sitting. Divided tongues, as of fire, appeared among them, and a tongue rested on each of them. All of them were filled with the Holy Spirit and began to speak in other languages, as the Spirit gave them ability.

Now there were devout Jews from every nation under heaven living in Jerusalem. And at this sound the crowd gathered and was bewildered, because each one heard them speaking in the native language of each. Amazed and astonished, they asked, “Are not all these who are speaking Galileans? And how is it that we hear, each of us, in our own native language? Parthians, Medes, Elamites, and residents of Mesopotamia, Judea and Cappadocia, Pontus and Asia, Phrygia and Pamphylia, Egypt and the parts of Libya belonging to Cyrene, and visitors from Rome, both Jews and proselytes, Cretans and Arabs — in our own languages we hear them speaking about God’s deeds of power.”

(Proper continue on next page)

Alleluia verses

By the Lord's word the heavens were established, and by the Breath of His mouth all their host.
The Lord has looked down from heaven and beheld the whole human race.

Gospel: John 7: 37-53; 8: 12

On the last and greatest day of the festival, while Jesus was standing there, He cried out, "Let anyone who is thirsty come to Me, and let the one who believes in Me drink. As the Scripture has said, "Out of the believer's heart shall flow rivers of living water." Now He said this about the Spirit, which believers in Him were to receive; for as yet there was no Spirit because Jesus was not yet glorified.

When they heard these words, some in the crowd said, "This is really the prophet." Others said, "This is the Messiah." But some asked, "Surely the Messiah does not come from Galilee, does He? Has not the scripture said that the Messiah is descended from David and comes from Bethlehem, the village where David lived?" So, there was a division in the crowd because of Him. Some of them wanted to arrest Him, but no one laid hands on Him.

Then the temple police went back to the chief priests and Pharisees, who asked them, "Why did you not arrest Him?" The police answered, "No one has ever spoken like this!" Then the Pharisees replied, "Surely you have not been deceived too, have you? Has any one of the authorities or of the Pharisees believed in Him? But this crowd, which does not know the law and they are accursed." Nicodemus, who had gone to Jesus before, and who was one of their number, asked, "Our law does not judge people without first giving them a hearing to find out what they are doing, does it?" They replied, "Surely you are not also from Galilee, are you? Search and you will see that no prophet is to arise from Galilee."

Again, Jesus spoke to them, saying, 'I am the Light of the world. Whoever follows Me will never walk in darkness but will have the light of life.'

Hymn to the Mother of God (Instead of "It is truly right to bless you...):

(Soloist): O my soul, magnify the one Divinity in three Persons.

Irmos: (the faithful join in)

Rejoice, O Queen, boast of virgins and mothers, for ev'ry tongue, though capable and eloquent, cannot hymn you as is your due, and every mind is confounded in seeking to comprehend the way in which you gave birth. Wherefore with one accord we glorify you.

Communion verses

Your good Spirit will lead me to the land of righteousness. Alleluia, alleluia,* alleluia.

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DIVINE LITURGY PROPERs FOR MONDAY OF THE HOLY SPIRIT **First Week of Pentecost**

At the beginning of the Divine Liturgy, immediately after "Blessed be the Kingdom" and our "Amen," we all kneel and sing the following in Tone 6 (samohlasen):

Heavenly King, Advocate, Spirit of Truth,* Who are everywhere present and fill all things,* Treasury of Blessings, Bestower of Life,* come and dwell within us,* cleanse us of all that defiles us,* and, O Good One, save our souls.

First Antiphon

The heavens tell the glory of God,* and the firmament declares the work of His hand.

Refrain: Through the prayers of the Mother of God, O Saviour, save us.

Day to day pours forth the message* and night proclaims this knowledge to night. *Refrain*

Their utterance has gone forth into all the earth,* and their words unto the ends of the world. *Refrain*

Third Antiphon:

Come, let us sing joyfully to the Lord, let us acclaim God, our Saviour.

Refrain: O good Advocate, save us who sing to You: Alleluia!*

Let us come before His face with praise, and acclaim Him in psalms. *Refrain*

For God is the great Lord and the great king over all the earth. *Refrain.*

Entrance verse (soloist): Be exalted, O Lord, in Your strength; we will sing and make music to Your might. (then the following Troparion immediately after — do not sing "Come let us worship...")

(continued on next page)

Troparion, Tone 8:

Blessed are You, O Christ our God Who revealed the fishermen as most wise by sending them the Holy Spirit; through them You caught the entire world. Loving Master, glory to You.

Glory be to the Father and to the Son and to the Holy Spirit, now and forever and ever. Amen.

Kontakion, Tone 8:

When the Most High came down and confused the tongues, He parted the nations. When He divided the tongues of fire, He called all to unity; thus with one voice we glorify the all-Holy Spirit.

Holy God, as usual

Prokeimenon, Tone 6

Save Your people, O Lord and bless Your inheritance.

verse: Unto You I will cry, O Lord my God, lest You turn from me in silence.

Epistle: Ephesians 5: 9-19

Brothers and sisters! Walk as children of light, for the fruit of the light is found in all that is good and right and true. Try to find out what is pleasing to the Lord. Take no part in the unfruitful works of darkness, but instead expose them. For it is shameful even to mention what such people do secretly; but everything exposed by the light becomes visible, for everything that becomes visible is light. Therefore, it says, "Sleeper, awake! Rise from the dead, and Christ will shine on you." Be careful then how you live, not as unwise people but as wise, making the most of the time, because the days are evil. So, do not be foolish, but understand what the will of the Lord is. Do not get drunk with wine, for that is debauchery; but be filled with the Spirit, as you sing psalms and hymns and spiritual songs among yourselves, singing and making melody to the Lord in your hearts.

Alleluia verses

Have mercy on me, O God, in the greatness of Your compassion.

Cast me not from Your presence, nor deprive me of Your Holy Spirit.

Gospel: Matthew 18: 10-20

The Lord said, "Take care that you do not despise one of these little ones; for, I tell you, in heaven their angels continually see the face of my Father in heaven.

What do you think? If a shepherd has a hundred sheep, and one of them has gone astray, does he not leave the ninety-nine on the mountains and go in search of the one that went astray? And if he finds it, truly I tell you, he rejoices over it more than over the ninety-nine that never went astray. So, it is not the will of your Father in heaven that one of these little ones should be lost.

If another member of the church sins against you, go and point out the fault when the two of you are alone. If the member listens to you, you have regained that one. But if you are not listened to, take one or two others along with you, so that every word may be confirmed by the evidence of two or three witnesses. If the member refuses to listen to them, tell it to the church; and if the offender refuses to listen even to the church, let such a one be to you as a Gentile and a tax collector. Truly I tell you, whatever you bind on earth will be bound in heaven, and whatever you loose on earth will be loosed in heaven.

Again, truly I tell you, if two of you agree on earth about anything you ask, it will be done for you by my Father in heaven. For where two or three are gathered in my name, I am there among them."

Hymn to the Mother of God (Instead of "It is truly right to bless you...):

(Soloist): O my soul, magnify the one Divinity in three Persons.

Irmos: (the faithful join in)

Rejoice, O Queen, boast of virgins and mothers, for ev'ry tongue, though capable and eloquent, cannot hymn you as is your due, and every mind is confounded in seeking to comprehend the way in which you gave birth. Wherefore with one accord we glorify you.

Communion verses

Your good Spirit will lead me to the land of righteousness. Alleluia, alleluia,* alleluia.

PROPERS FOR THE FIRST SUNDAY AFTER PENTECOST

Sunday of All Saints

First Antiphon: The first Psalm of Typica

Bless the Lord, O my soul, and let all that is within me bless His holy name.
Bless the Lord, O my soul, and forget not all His benefits.
He forgives all your iniquities, He heals all your diseases.
He redeems your life from corruption, He crowns you with mercy and compassion.
Compassionate and merciful is the Lord, long-suffering and abounding in mercy.
Bless the Lord, O my soul, and let all that is within me bless His holy name. Blessed are You, O Lord.

Third Antiphon: The Beatitudes (from Matthew 5, verses 3-12)

Remember us, O Lord in Your kingdom.
Blessed are the poor in spirit, for theirs is the kingdom of heaven.
Blessed are they who mourn, for they will be comforted.
Blessed are the meek, for they will inherit the land.
Blessed are they who hunger and thirst for righteousness, for they will be satisfied.
Blessed are the merciful for they will be shown mercy.
Blessed are the pure of heart, for they will see God.
Blessed are the peacemakers, for they will be called sons of God.
Blessed are they who are persecuted for the sake of righteousness, for theirs is the kingdom of heaven.
Blessed are you when they insult you and persecute you and utter every kind of evil word against you because of Me.
Rejoice and be glad for your reward will be great in heaven.

Troparion and Kontakion

Troparion, Tone 8: (Resurrectional)

You came down from on high, O Merciful One, and accepted three days of burial to free us from our sufferings. O Lord, our life and our resurrection, glory be to You.

Troparion, Tone 4: (All Saints)

Clothed as in purple and fine linen with the blood of Your martyrs throughout the world, Your Church cries out to You through them, O Christ God: send down Your loving-kindness on Your people; grant peace to your community, and to our souls great mercy.

Glory be to the Father and to the Son and to the Holy Spirit, now and forever and ever. Amen.

Kontakion, tone 8: (All Saints)

O Lord, Maker of nature, the world offers You the godly martyrs as the first-fruits of nature. By their supplications, through the Mother of God, preserve Your Church and Your people in profound peace, O most merciful One.

Prokeimenon, Tone 8

Pray and give praise to the Lord our God.
verse: In Judea God is known; His name is great in Israel.

Epistle: Hebrews 11: 33 - 12: 2

Brothers and sisters! All the saints through faith conquered kingdoms, administered justice, obtained promises, shut the mouths of lions, quenched raging fire, escaped the edge of the sword, won strength out of weakness, became mighty in war, put foreign armies to flight. Women received their dead by resurrection. Others were tortured, refusing to accept release, in order to obtain a better resurrection. Others suffered mocking and flogging, and even chains and imprisonment. They were stoned to death, they were sawn in two, they were killed by the sword; they went about in skins of sheep and goats, destitute, persecuted, tormented -- of whom the world was not worthy. They wandered in deserts and mountains, and in caves and holes in the ground. Yet all these, though they were commended for their faith, did not receive what was promised, since God had provided something better so that they would not, apart from us, be made perfect.

Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight and the sin that clings so closely, and let us run with perseverance the race that is set before us, looking to the pioneer and perfecter of our faith, Jesus.

Alleluia verses

The just cried out and the Lord heard them, and delivered them from all their afflictions.
The afflictions of the just are many, but out of them all will the Lord deliver them.

(continued on next page)

Gospel: Matthew 10: 32-33; 37-38; 19: 27-30

The Lord said, "Everyone who acknowledges Me before others, I also will acknowledge before My Father in heaven; but whoever denies Me before others, I also will deny before My Father in heaven. Whoever loves father or mother more than Me is not worthy of Me; and whoever loves son or daughter more than Me is not worthy of Me; and whoever does not take up the cross and follow Me is not worthy of Me."

Then it was Peter's turn to speak. "Look, we have left everything and followed You. What then will we have?" Jesus said to them, "Truly I tell you, at the beginning of the new age, when the Son of Man is seated on the throne of His glory, you who have followed Me will also sit on twelve thrones, judging the twelve tribes of Israel. And everyone who has left houses or brothers or sisters or father or mother or children or fields for My name's sake will receive a hundredfold and will inherit eternal life. But many who are first will be last, and the last will be first."

Hymn to the Mother of God, as usual

Communion verses:

Praise the Lord from the heavens,* praise Him in the highest.* Alleluia, alleluia,* alleluia!* Rejoice in the Lord, O you just;* praise befits the righteous.* Alleluia, alleluia, alleluia!

An Alternate Ambo Prayer

O Lord, glorious in the council of Your saints, You are the boast of apostles, the joy of prophets, the support of martyrs, the gladness of venerable ascetics, and the crown of the Mother of God. Give us Your peace and love. Guide and guard our lives, that through the mercy of your goodness, we may be made worthy to imitate their struggles, and, pleasing You, to attain future happiness with them.

For You bestow every good gift that is eternal, and we give glory to You, Father, Son, and Holy Spirit, now and forever and ever. Amen.

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The First Sunday after Pentecost in our rite is called the Sunday of All Saints. This feast completes the cycle of movable feasts. On this day, the Eastern Church pays particular veneration to all those who are the fruit of the gifts of the Holy Spirit.

We are obliged, not only to venerate the saints and to seek the assistance of the saints, but also to imitate their life and holiness. All Christians are called to holiness by virtue of the sacrament of Baptism. Every person, regardless of status and condition of life, can become a Saint and is duty-bound to strive after holiness of life. Our Lord Jesus Christ addressed all people without exception when He said: "Therefore, be perfect as your heavenly Father is perfect." (Matthew 5: 48) St. Paul also reminds us of our duty to pursue holiness: "This is the will of God — your sanctification." (1 Corinthians 4:3)

The saints in heaven, then, are God's beloved and intimate friends; and our protectors, intercessors and benefactors; our guides and models on the path to virtue and sanctity.

*For all the saints who from their labours rest,
Who to the world by faith their Lord confessed,
Your name, O Jesus, be forever blest. Alleluia, alleluia!*

*You were their rock, their fortress, and their might;
You, Lord, their captain in the well-fought fight,
And in the darkness drear, their one true light. Alleluia, alleluia!*

