



Вітаємо до Парафії Воздвиження Чесного Хреста! Welcome to Exaltation of the Holy Cross Parish!

A place of prayer, family, and community since 1967 which follows the Eastern (Byzantine) Christian traditions of the Catholic Faith that first emerged in the lands of Rus-Ukraine through the preaching of Saint Andrew, the First-Called, and echoed onwards through the mission of the holy apostles to the Slavs, Cyril and Methodius. At Holy Cross, we are called to enter into communion with God within the community of the faithful, the Church — the Body of Christ. Here, we offer services in English and Ukrainian languages where we are united to God and one another, and, “with one heart and one voice”, form the family of God. Jesus Christ is the centre of our life, and it is in the Divine Liturgy where we come to know Him in each other by means of the Sacred Scriptures, and through the receiving of the Holy Sacraments. May your participation in today's celebration be thoroughly enriching and truly meaningful as well.

June 30, 2019 ~ 3rd Sunday after Pentecost

Epistle: Romans 5: 1-10 **Gospel:** Matthew 6: 22-33
Troparia are in **Tone 2, page 91** in the blue missals

Epistle Readers: (Saturday) Michael Watral
(Sunday) Mary Ann Lysak

Eucharistic Ministers: (Saturday) Zenya Puchalski
(Sunday) Mary Ann Lysak

July 7, 2018 ~ 4th Sunday after Pentecost

Epistle: Romans 6: 18-23 **Gospel:** Matthew 8: 5-13
Troparia are found on the handouts for today's liturgy

Epistle Readers: (Saturday) Evelyn Poleschuk
(Sunday) Tanner Mills

Eucharistic Ministers: (Saturday) Francis Puchalski
(Sunday) Stanley Myslicki

Liturgical Services Schedule

for the weeks of July 1 to July 13

SATURDAY, JULY 6

5:00 p.m. ~ **Fourth Sunday after Pentecost**
(See the masthead for lay ministers)

SUNDAY, JULY 7

10:00 a.m. ~ **Fourth Sunday after Pentecost**
(See the masthead for lay ministers)

SATURDAY, JULY 13

11:00 a.m. ~ Baptism (private service)
5:00 p.m. ~ **Fifth Sunday after Pentecost**
Epistle Reader: Joseph Myslicki
Eucharistic Minister: Chris Tennant

SUNDAY, JULY 14

10:00 a.m. ~ **Fifth Sunday after Pentecost**
Epistle Reader: Larissa Warywoda
Eucharistic Minister: Mary Ann Lysak

Your Return Gift to God

Let us strive to live as Christian stewards, receive God's gifts gratefully, cultivate them responsibly, share them generously and lovingly with others, and return them with increase to the Lord.

JUNE 22/23

Envelopes and Loose: \$1,232.⁰⁰
Mission Collection: \$76.⁶⁵
Special Projects: \$75.⁰⁰

Thank you for your generosity! Дякуємо за вашу щедрість!

The Mission Collection for June is designated for **The Underground Gym and Youth Centre**.

July's Mission Collection is designated for **Shelter House SOS (Street Outreach Services) Program**. The team carries on hand items such as warm clothing, blankets, food and harm reduction supplies.

What the Lord's Prayer Means for Us

"...the will of God for your life is pretty straightforward: Be holy like Jesus, by the power of the Spirit, for the glory of God."

~ Kevin DeYoung ~

Parish News and Events

Heartfelt
THANKS
TO OUR VOLUNTEERS!

A big THANK YOU to the **Parish Picnic Committee** (and other volunteers) for putting on another wonderful event last Sunday despite the cooler than desired weather. The food and drink were delicious (no surprise), and the indoor activities kept everyone — young and 'young at heart' — busy. It was also the perfect opportunity to thank all our wonderful volunteers, who devote much of their precious time to keep our parish vibrant and alive, with a yummy cake to mark the occasion. All in all, it was a delightful afternoon for all ages!

Many thanks to those who came out to help with cabbage roll making. More than 115 dozen were made and packaged by a smaller than expected crew. Please see Michael Watral to pick up your product if you have not already done so.

Please remember that even though you may not be here every Saturday/Sunday during the summer months, our expenses don't change. We still have hydro, water, maintenance and salaries to be met, and it can get very difficult if our members don't make a commitment to supporting Holy Cross full time. As you enjoy this season, please give some thought to our parish so it doesn't have to scramble over the summer months to make ends meet. Remember: you can submit post-dated cheques in your envelopes or submit your donations online through our parish website. Thank you for your continuous financial and spiritual sustenance to help fuel the ministry of our church!



Happy Canada Day to All!



Since 1960!

Summer means no monthly meetings and a chance to enjoy more time with family and friends. Stay safe in all your travels and enjoy the warm weather, remembering to use sunscreen and to wear a hat. Good luck to all fisherman and don't forget to submit your weigh-in slips to any Fish and Game Committee members at your earliest convenience so that the Fish Board can be updated regularly. Finally, please pray for our fellow members who are ill or shut in, and feel free to contact the Sick and Visiting Committee should the need arise.

Our next bingo is an evening session on **Friday, July 12**. Family members are invited and encouraged to come out and play at that time as well. The next training session is **Sunday, July 21** at 4:00 p.m. at Superior Shores Gaming Centre (435 Memorial Avenue). All members (and parishioners over the age of 18) are welcome to take the training and volunteer at bingo. *Thank you for your consideration.*



The summer issue of **The Plentiful Harvester** will be published the weekend of July 27/28. Look for hard copies on the narthex table at that time; electronic versions will be sent out the following week. Stay in touch during the summer.

Our annual Corn Roast has been scheduled for **Saturday, August 24**. Preparations will be under way in late July/early August with tickets being available around the same time. Member (and family) volunteers will certainly be appreciated. ☺

Holy Cross Golden Agers



We are now on our break from regular afternoon activities until **Thursday, September 5**. We wish all members a safe, healthy and pleasant summer!

Due to an anticipated conflict, our next pyrohy making has been re-scheduled for **Tuesday, October 8** (one week later than previously published). And even though it's still over three months away, if you would like to place a 'standing order' during our summer break, please speak with Ann Kozlowski (622-3006) or Ann Opaski (577-2805).

The next bus to Grand Portage (we're crossing our fingers) will leave the church parking lot on **Wednesday, July 17** at 3:45 p.m. and return @ 10:00 p.m. Please call Ann Kozlowski or Ann Opaski (numbers are above) to book your seat. This is a **free** service. Non-members (18 years and up) **with valid passports** are invited also. Come for the ride, relaxation, and recreation!

As a number of members have expressed interest in participating in an extended bus trip (destination TBA) sometime in the future, it is still being looked into, and so, we ask you to be patient until we get more information about prices for hotels, events, venues, etc. Keep checking this bulletin regularly.

Do not regret growing older. It's a privilege denied to many!



On the 3rd Sunday after Pentecost, we hear Jesus telling us not to worry. Despite this, we still worry — a lot. And God knows we worry. And God's cure for worry is to trust Him. Trust in His love. Trust in His goodness. Trust in His provision. Trust that He cares for you, that He is for you and not against you. We can maybe start there and then move to bigger and better ways to trust God. We can trust that Jesus endured the suffering of the cross because He loves us; that He died on that cross to bring us close to God. He gave His life as a sacrifice to take away our sins, so we can have nothing in the way of a beautiful relationship with God now, and then an eternity with God to look forward to in the future. How do you start to trust if you don't already? Learn to divert. Divert all that mental energy that goes into worrying, into instead trusting in His love. Turn that worry, that as we've seen is really a waste of time and energy, turn that worry into prayer. And then, and only then...this is the hard part... you can learn to actually leave the problem with God. Leave it with Him, leave it at the foot of the cross.

On the 4th Sunday after Pentecost, we hear the centurion tell Jesus to "just say the word..." That's authority. The centurion knew God's place. He didn't ask Jesus to pray for his servant to get better — he asks Him to command the healing. Just say the word and my servant will be healed. That is authority. He knew what it was like to command and to be commanded. (Remember: he was in charge of 100 men.) He knew that when orders were given that people obey. This a very important principle in Scripture. The Bible teaches us that authority is given. Jesus said all authority has been given to Him on heaven and on earth. And it is His now to give to us. We cannot earn it, buy it or borrow it. It must be given to us by God himself. Authority goes all the way up — all the way up to God (Romans 13:1). There is no authority except that which God has established. All authority comes from Him.

~ condensed and edited from sermons by Matthew Parker and David Henderson

Readings for the 4th & 5th Sundays after Pentecost

(to help prepare for the nourishment of the Word of God at Liturgy)

4th Sunday (July 6/7)

Epistle: Romans 6: 18-23
(Slaves of Righteousness)

Gospel: Matthew 8: 5-13
(Jesus Heals the Centurion's Servant)

5th Sunday (July 13/14)

Epistle: Romans 10: 1-10
(Paul's Prayer for Israel and All)

Gospel: Matthew 8: 28 - 9:1
(Jesus Heals Two Men with Demons)

As you read each passage, ask yourself these questions:
"What thoughts, ideas, words or images come to mind?"
and "What are the connections between them?"
This will help make them easier to follow and understand.

EVENTS IN OUR COMMUNITY

Waverley Park Concert Series - Every Monday evening from 6:30 p.m. to 9:00 p.m. at Waverley Park (Algoma St. at Red River Rd.). Two acts each evening (schedule is on the table in the narthex). Bring your lawn chairs, friends and family throughout the summer for a community get-together and some great music — and best of all, it's free and in the open air!



Live on the Waterfront - Every Wednesday from July 10 to August 28 from 6:00 p.m. to 9:00 p.m. at Marina Park, showcasing the best local talent alongside some of Canada's finest artists.



Vacation is a Time to Rest and Renew Our Strength



Well, the school year has come to an end and it is time for summer vacation. How many of you are looking forward to taking a vacation? You have worked hard this year and we need some time for fun, rest, and relaxation.

Did you know that Jesus taught His disciples that it was important for them to take a vacation? Jesus' disciples traveled from town to town telling others about God and His love for them. They traveled everyday preaching, teaching, and healing the sick. They worked so hard that they often didn't even have time to stop to eat or sleep. They became very tired.

When Jesus saw how tired they were, He said to them, "Come with me to a quiet place and get some rest." The Bible then says, "So they went away by themselves in a boat to a solitary place." I think it is important to notice a couple of things about what the Bible says.

First, Jesus said, "Come with me." When we take a vacation, we need to remember to take Jesus with us. Some people never give Jesus a thought when they go on vacation. We should include Jesus in all that we do, even when we are on vacation. Second, the Bible says the disciples went away to a quiet place. Their main purpose was to rest and renew their strength. Some people plan a vacation that is so full of activities that when they come home, they are more tired than when they left!

Hope you have a great summer vacation. Don't forget to take Jesus with you, and don't forget to set aside some time for rest and relaxation. Then come back home refreshed and renewed!

Let us pray: Dear Lord, thank You for vacation time when we can rest and renew our strength. Help us to remember to include You in everything we do. In Jesus' name we pray. Amen.

Source: www.sermons4kids.com

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