



Befriending Job Description

Title:- **Volunteer Befriender**
Hours:- **Varied/Flexible**
Location:- **Tayside**
Support:- **Befriending Co-ordinator, Tayside Cancer Support**

A Befriender's role is varied, and is determined by the needs of the person you are befriending (the client). The responsibilities that are outlined are the areas that a Befriender could be expected to undertake based on the client's situation:-

- to adhere to all TCS policies and procedures
- to recognise the potential need for further support
- to meet with the client on a regular basis, as agreed in the initial befriending contract
- to offer emotional, social, listening and practical support to clients whose lives are affected by cancer, in a respectful manner
- to be reliable, punctual, and professional
- to provide an opportunity for people to increase their self-esteem and confidence
- to recognise and be aware of own limitations and issues, with appropriate disclosure of own experiences
- to be aware of, establish, and maintain boundaries within the befriending relationship
- to be available and flexible, within those boundaries so as to meet the needs of the client
- to maintain confidentiality and trustworthiness at all times
- to work within a non-discriminatory, non-judgemental and non-dictatorial framework
- to support people in accessing information about available services, as appropriate
- to attend supervision meetings and to keep TCS informed of your work and keep notes of your meetings
- to be aware of own training needs and to participate in training events.
- to complement the care and support of family, friends, and other care networks
- to support TCS by contributing to fundraising events for a minimum of 6 hours per year

