

Think it's too **DIFFICULT** to install a changing facility to cater for disabled visitors or customers?

Difficult is having to sit in your own bodily waste or lay in somebody else's to have a nappy changed.

Difficult is having a disability or illness that prevents you from doing the things you love.

Difficult is having to manage your health or somebody else's, keeping them alive with medication and equipment when you are not even a doctor or nurse.

Difficult is living in a world where society doesn't appreciate that you cannot help that you have a few extra needs, even though you would love to be able to change that.

Difficult is having to keep quiet about this stuff because you are too embarrassed to discuss your toileting needs in public with perfect strangers or never going out because you fear the state of the facilities you will be faced with.

Difficult is having a disability or illness that restricts or shortens your life.

Difficult is watching somebody you love have to endure any of this.

Difficult is what hundreds of thousands of people living with disabilities face – every day and they very rarely complain about it.

**Providing a Changing Places facility is EASY actually....
in the grand scheme of things.**



Sarah Brisdion, Hadleys Heroes