

# 'Professional Extension' Herbal Medicine Diploma

**Final program offered by Denis Stewart**

Denis Stewart Biography: Clinical Medical Herbalist/Naturopath, Denis Stewart has been in continuous practice for over 40 years and currently conducts busy practices in Newcastle and Cessnock. Referred to as the Godfather of Australian Herbalism, Denis spearheaded a Renaissance in Australian Herbal Medicine in the early 1970's. At the NSW College of Naturopathic Sciences Denis established/taught the inaugural 3 year full time program in Herbal Medicine in Australia. For the National Herbalist's Association of Australia, Denis constructed professional examinations, course studies and curriculum for Herbal training and education. In the late 1970's, Denis founded the Southern Cross Herbal School, offering undergraduate and post-graduate programs. From 2002-2007, Denis was a Conjoint Associate Professor at the University of Newcastle and assisted construction the Bachelor of Herbal Therapies program at the Ourimbah campus. Denis was inducted into the Australian Traditional Medicine Society (ATMS) Hall of Fame in 2012. He is a Fellow/Life Member of the National Herbalist's Association of Australia (NHAA).

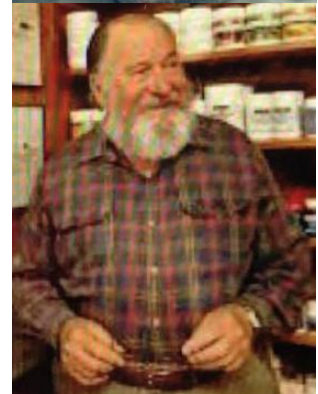
**Venue:** LakeSpa Wellness Ctre, 1 Callaghan Dr, Charmhaven(45m on M1 from Wahroonga)

**Convener:** Maggie Sands N.D, Founder SIBT/LakeSpa, ATMS Life Member/Director

**Award:** Professional Extension Diploma of Herbal Medicine from Southern Cross Herbal School

**Prerequisite:** Naturopath, Herbalist, TCM, Nutritionist, Chiropractor, Osteopath, Pharmacist, Medical Practitioner, Physiotherapist, Horticulturist, Natural Medicine Practitioner etc

**Accommodation:** Contact Lake Spa Wellness Centre 43931200 / [admin@massageschool.com.au](mailto:admin@massageschool.com.au)



**Dates:** 6 Bi Monthly weekends (12 Days)    **Time:** 9.30am-5pm (Registration 9.10am)

**23,24/11/19 - Fundamentals of Herbal Medicine: Pt 1 + 2** Scientific explanation of why and how herbs work. A study of herbal constituents and active principles. A survey of herbal preparations e.g. extracts, tinctures etc. The importance and establishment of herbal medicine dosage.

**22,23/2/20 - Digestive System.** Treatment protocols for various GIT disorders e.g. peptic ulcers, reflux conditions, irritable bowel syndrome, hepatitis, gall bladder disease, inflammatory bowel disease etc. **Dermatological Conditions.** Topical & oral herbal medicine protocols for various skin conditions e.g. Eczema, acne, psoriasis etc.

**18,19/4/20 - Respiratory System.** Treatment protocols for upper and lower respiratory disorders e.g. Cough conditions, bronchitis, asthma, rhinitis, sinusitis etc. **Immune System.** Treatment protocols for such conditions as chronic fatigue syndrome, cold and influenza, autoimmune conditions etc.

**20,21/6/20 - Urinary and Male Reproductive Systems.** Treatment protocols for such conditions as chronic urinary infections, prostate enlargement, impotency etc. **Female Reproductive System.** Treatment protocols for such conditions as functional infertility, endometriosis, dysmenorrhoea etc.

**22,23/8/20 - Nervous System.** Treatment protocols for such conditions as anxiety, depression, insomnia, headaches etc. **Cardiovascular System.** Treatment protocols for such conditions as essential hypertension, cardiac insufficiency, circulatory disturbances etc.

**17,18/10/20 - Muscular Skeletal System.** Treatment protocols for such conditions as gout, arthritis, rheumatism etc. **Herbal Toxicology and Drug Interactions.** Precautions to be taken when administering herbal medicine, particularly to patients on conventional medications.

Full Fee	\$5498	---
Super Early Bird	\$4398	Paid 2 months prior to 23/11/19 - Save \$1100
Early Bird	\$4948	Paid 1 month prior to 23/11/19 - Save \$550
Pay as You Go (DD Payment Plan)	\$1998 Deposit	\$918 per mth x 5, due 1 mth prior to each weekend
Per Weekend	\$1318	---

**Limited Places:**

**Early  
Registration  
Encouraged!**

**CPE: 7 hrs per day**

**Conditions:** If I cancel a booked date/s within 10 working days of commencement, fees are non-refundable and/or admin fees apply. Fees include GST. Application for enrolment must be completed providing prerequisite information for consideration. CPE Certificates are awarded stating hours of attendance. A minimum of 85% attendance is required to qualify for the Diploma award plus a written assignment. This program or individual component/weekends are not a Nationally Recognised Training. I have checked dates, times, venue, award, subjects that I am booking. I give consent for my details to be added to the School database. I acknowledge I have read, understand, agree with Rules, General Conditions as set by the School on the website. Contact the School prior to commencement if clarification is required regarding conditions and application for enrolment.