



HOSA:

"The Key to the Future!"

~Belle Chasse HS

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President's Pen

Greetings HOSA members!

We are all incredibly excited for the upcoming Fall Forum this October. We have a lot of interesting activities in store for you all! I know I am super excited about our venue at the new UL Student Union. I hope you will all be able to make it!

-Ambeka Rajvanshi



Hello everyone!



Last week Ambeka and I had the opportunity to go to a conference in Washington, D.C.! We were able to network with other officers around the nation, including Puerto Rico! During the leadership workshops we did a lot of activities with people we had just met. Towards the end of our trip we realized we had made lifelong friendships.

-A'more' Prince

Fall Forum Information

- Date:** 10/22/2015
- Deadline:** Registration List, Code of Conduct, Permission Form & Emergency Information must be received by the State Advisor no later than 10/12
- Location:** UL Lafayette Student Union * 620 McKinley Street * Lafayette
- Kickoff:** 8:00-9:00a.m. (Sign-in) 9:00 a.m. (Program begins)
- Cessation:** 4:00p.m. (Tentative Time)
- Cost:** \$25/per participant or advisor/chaperone (Includes lunch) NO REFUNDS after deadline (all names submitted must be paid for)
- Attire:** Please see Fall Forum Dress Code Document [here](#)
- Chaperones:** There should be at least one chaperone for every 15 students. More chaperones may attend if desired. Additional teachers, chaperones and administrators are encouraged to attend.

Upcoming Events

- October 22, 2015 Fall Forum
- November 9-15, 2015 HOSA Week
- February 27-29, 2016 State Leadership Conference
- June 22-25, 2016 National Leadership Conference Nashville, TN

WARNING
Dates in calendar are closer than they appear

Healthcare Limelight

FLU SEASON IS AMONG US!

Influenza is a contagious respiratory disease that infects the nose, throat, and lungs and may lead to serious complications (such as pneumonia and bronchitis), hospitalization, or even death. The CDC recommends that people get vaccinated against the flu by October. The vaccine is 50% to 60% effective, meaning that your odds of getting the flu are reduced by as much as 60% if you get a flu shot. It takes about two weeks after you receive the vaccination for your antibodies to develop in the body and provide protection against the flu.

MYTH: Development of Influenza can occur when a weak immune system comes in contact with the live virus found inside the flu shot.

FACT: There is no live flu virus in a flu shot; therefore it **cannot cause the flu.**



Prevention can be **Travel-sized.**

Do your part to stay healthy this flu season.
For more information go to cdc.gov/travel

- Travel only when you feel well.
- Get your flu vaccine.
- Wash your hands often.
- Cover your coughs and sneezes.



The coveted Louisiana HOSA Cup will be awarded at the Louisiana HOSA State Leadership Conference In February. To learn how your chapter could take home the **GOLD** click [here](#).

DON'T FORGET



◆ Louisiana HOSA is still on the search for a **SUPER STAR!** At the start of every conference we like to have a HOSA member sing the National Anthem and we are currently holding auditions! Please see the full list of requirements and PERKS [here](#)!

◆ All Louisiana HOSA **T-Shirt Designs** must be received by October 12, 2015! Please click [here](#) for specific guidelines.

◆ All Louisiana HOSA **Pin Designs** must be received by October 12, 2015! Please click [here](#) for specific guidelines.



I FOUND THIS HUMERUS



MEDICAL MUMBO JUMBO

1. An accumulation of pus anywhere in the body: **basess** _____
2. When the pituitary gland produces too much growth hormone: **ylaaeomcrg** _____
3. Field of medicine that deals with obesity: **risibcaart** _____
4. Used in cloning pieces of DNA: **doicsm** _____
5. To urinate: **rtmauietc** _____
6. The windpipe (trachea): **wasedna** _____
7. Abnormal dryness of the skin: **eoissxr** _____
8. A rare elemental metal used in radiation therapy: **rituymt** _____
9. Outward curvature of the spine: **kspoyhis** _____
10. Biological preparation that provides immunity to a specific disease : **icnacev** _____



WILL YOU BE READY?

- ◆ During an emergency, when phone lines are used by crisis staff, they are often jammed. Texting or using social media are good alternatives, as they use lower bandwidth and can quickly reach a wider audience. For more tech-ready tips please click [here](#).
- ◆ A Wireless Emergency Alert (WEA) is an emergency message sent to cell phones by government agencies to let you know about dangerous weather conditions, emergencies, and other local hazards. WEA's are sent straight to a phone without downloading any specific app. For more information please click [here](#).
- ◆ Did you know you can purchase a solar phone charger for a mere \$15? This is only one of the supplies that FEMA suggests you keep handy incase of an emergency. For the complete list please click [here](#).

HOSA in Washington, D.C.

On September 19-22, 2015, the Louisiana HOSA State Officers traveled to Washington, D.C. to participate in the 9th annual Washington Leadership Academy. Throughout the academy students had the opportunity to interact with HOSA State Officers from all over the country! They attended workshops, met with distinguished guest speakers, toured National Monuments, visited the Pentagon, and much more! One major highlight from their trip was when they met with Senator Cassidy and alongside staffers of Senator Vitter and Congressman Boustany to discuss health related topics.



Following the Leadership Academy, the Louisiana HOSA State Advisor and Program Director participated in the State Advisor Management Conference, also in Washington, D.C. They were able to network with other State Advisors and learned about upcoming changes in HOSA. They look forward to sharing all they learned with you at Fall Forum!

For more information about the extraordinary time both the state officers and state advisor had while in D.C. please click [here](#).

TEACHER SPOTLIGHT



Mrs. Stephanie Pierce is a health science teacher at Neville High School in Monroe. As a proud member of the Tiger Nation faculty, she loves to encourage critical thinking and problem-solving skills in her First Responder and Health Career Skills classes. During her college years, she worked in the labor and delivery department of a local hospital and in an ophthalmologist's office. Health care is a passion of hers that she loves to share with her students. She is a proud two-time graduate of the University of Louisiana at Monroe (GO WARHAWKS!).

When Mrs. Pierce isn't in the classroom, she is at home with her family. Her life with her husband and three children keeps her busy. There's always a soccer practice or game to get to or a church function to attend. She is a die-hard Dallas Cowboys fan and a native Texan. She enjoys reading and is currently totally addicted to Grey's Anatomy and Gilmore Girls.

"My favorite thing about teaching is interacting with the students. I love learning and I definitely have a desire to share that passion with my students."

-Mrs. Stephanie Pierce

Louisiana HO^{SA} would like to welcome Neville High School and Jennings High School on becoming official Louisiana HO^{SA} Chapters!



Share your HOSA Experience with us @ #LAHOSA

Want to Be Featured In Our Next Newsletter?

Send Your Pictures and HOSA Stories to students5@swlahec.com



If you set aside \$20 per week you would have enough money to go to both Louisiana conferences and Nashville!!!!

Questions or concerns?

Please Contact:

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