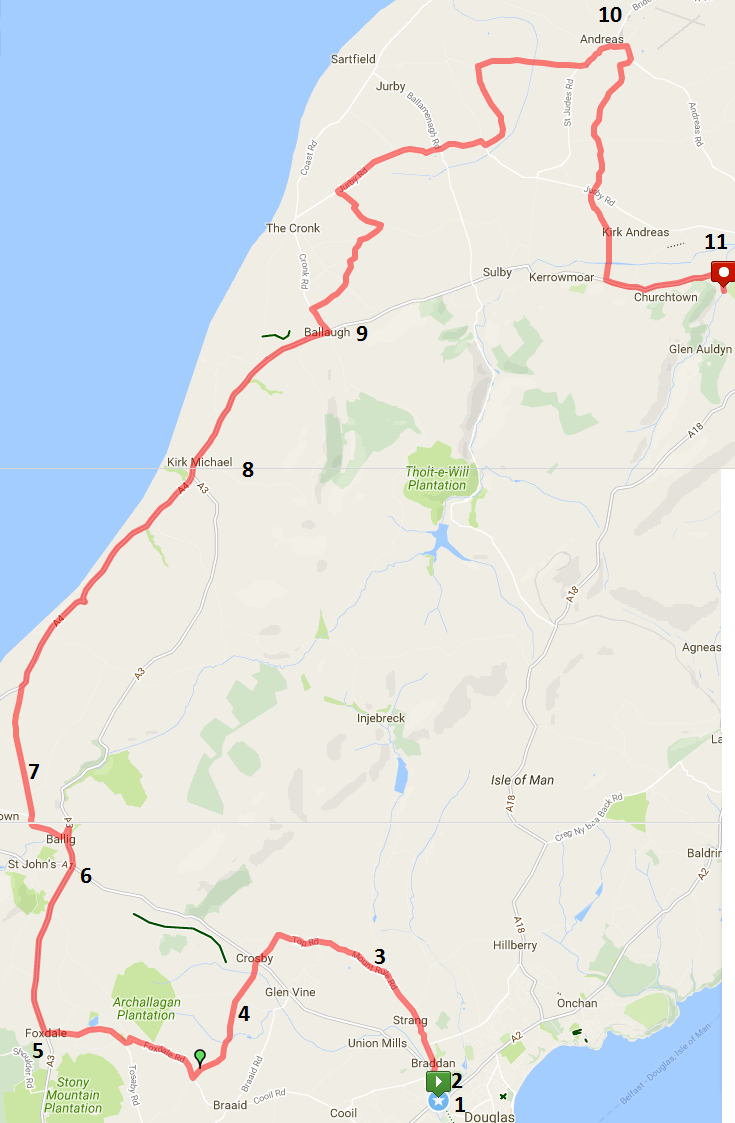
**Long Ride – Starts at 9:00 from The Grandstand**



1. Start at the Grandstand
2. Quaterbridge
3. Mount Rule
4. School Hill
5. Foxdale
6. Ballacraine
7. Switchback
8. Kirk Micheal
9. Ballaugh
10. Andreas
11. Finish at Milntown