

# ***Manx Road Club***

Now we all know that there's no such thing as a

# ***FREE LUNCH***

But if you come along to the Manx Road Club's sign on night on the evening  
of

Friday 22<sup>nd</sup> February at the British Hotel we'll be making all existing and  
new

members made very welcome.

If your New Year resolution was simply to start or to get back into cycling  
then

Please come along and meet like-minded people and we can talk about  
anything and everything from Social Rides to Time Trialling and from Rear  
Mechs to Saddle Heights and all without the need for Lycra!

To make the evening even more of a social occasion, don't have your tea

Before you come as we'll be having a complimentary Hot Supper with a  
choice of either Chicken Curry or Chili Con Carne served with Rice or Chips .

See you all at 7:30pm