

Pos.	Race No/ID	First Name/s	Surname	Club	Time
1	M316	Kurt	Heron	Ashington Hirst	00:04:39
2	QR	Jackie	Brown	Jarrow & Hebburn AC	00:05:00
3	M236	Andrew	Alderson	Blaydon Harriers & AC	00:05:02
4	M220	Tony	Carter	Tyne Bridge Harriers	00:05:04
5	M214	Michael	Thompson	Sunderland Harriers & AC	00:05:05
6	QR	Jay	Bowley	Run Eat Sleep	00:05:14
7	QR	Kieran	Moffat	South Shields Harriers & AC	00:05:15
8	M287	Tom	Rutherford	Blaydon Harriers & AC	00:05:17
9	QR	Jamie	Barnshaw	Jarrow & Hebburn AC	00:05:36
10	M255	James	Ramshaw	Blaydon Harriers & AC	00:05:38
11	M203	William Mark	Fowler	Jarrow & Hebburn	00:05:39
12	QR	Christopher	Bryson	Vegan Runners	00:05:50
13	M304	Paul	Huthchinson	U/A	00:05:53
14	QR	Michael	McNally	Jarrow & Hebburn AC	00:06:04
15	M309	Max	Tyrie	South Shields Harriers & AC	00:06:05
16	M265	Carl	Marchant	Hartlepool B.R.Harriers	00:06:07
17	M.BRIGGS-M	Michael	Briggs	South Shields Harriers & AC	00:06:10
18	QR	Alister	Robson	Fetch Everyone	00:06:13
19	M352	Andrew	Davies	Elvet Striders	00:06:17
20	M264	Tyrone	Murphy	Tyne Bridge Harriers	00:06:19
21	QR	Duncan	Storey	DP Runners	00:06:31
22	QR	Jemma	Amin	South Shields Harriers & AC	00:06:40
23	M238	Hazelle	Webster-Costella	Jarrow & Hebburn	00:06:47
24	M209	Hayden	Steven	U/A	00:06:51
25	M210	Kevin	Steven	U/A	00:06:52
26	QR	Jalal	Amin	South Shields Harriers & AC	00:06:53
27	M247	Emma	Winter	Run Eat Sleep	00:06:58
28	M229	Alex	Connor	South Shields Harriers & AC	00:07:05
29	M245	Neil	Connor	U/A	00:07:06
30	M393	Ben	Reay	U/A	00:07:16
31	QR	Dave	Lockney	Run Eat Sleep	00:07:17
32	QR	Jackie	Heads	Run Eat Sleep	00:07:26
33	M308	Gillian	Hepplewhite	South Shields Harriers & AC	00:07:30
34	M233	Colin	Everson	Crook AC	00:07:35
35	M369	Jill	Donnelly	Tyne Bridge Harriers	00:07:43
36	QR	Michael	Wisely	Jarrow & Hebburn AC	00:07:44
37	M248	Mike	Donnelly	Sun City Tri	00:07:45
38	M237	Nicola	Alderson	U/A	00:07:46
39	J.PORTER-F	Joanne	Porter	Elvet Striders	00:07:47
40	QR	Neil	Reay	Run Eat Sleep	00:07:48
41	M.LOFTUS-F	Michelle	Loftus	Run Eat Sleep	00:08:02
42	QR	James	Lowrie	Run Eat Sleep	00:08:06
43	M376	Yvonne	Eltringham	U/A	00:08:08
44	QR	Julia	Barnshaw	Run Eat Sleep	00:08:17
45	M302	Lisa	Seales	U/A	00:08:19
46	M225	Graham	Steven	U/A	00:08:28
47	M321	Ross	Punton	Run Eat Sleep	00:08:35
48	QR	Carolyn	Wood	Newcastle Front Runners	00:08:37
49	M370	Susan	McNally	U/A	00:08:46
50	M386	Joanne	Richardson	Elvet Striders	00:09:32
51	QR	Sue	Barnes	Run Eat Sleep	00:09:38

52	M232	Hayden	Yorsten-Young	South Shields Harriers & AC	00:10:55
53	M235	Neil	Yorsten	South Shields Harriers & AC	00:10:56
54	M371	Elizabeth	Harper	U/A	00:11:03
55	QR	Karen	Punton	U/A	00:11:19
56	M254	Evelyn	Adams	Run Eat Sleep	00:11:21
57	M249	Molly	Gray	U/A	00:12:28
58	M275	Paul	Gray	U/A	00:12:29
59	M261	Ruth	Anderson	South Shields Harriers & AC	00:13:16