

Pos.	ID/No.	First Name/s	Surname/s	Club	Cat.	Time
1	M860811	Kurt	Heron	Ashington Hirst	SM	04:33
2	M030614	Jamie	Barnshaw	Jarrow & Hebburn AC	Mu15	04:55
3	M991017	Jack	Brown	Jarrow & Hebburn AC	Mu20	04:57
4	M313	Robert	Walker	Sunderland Harriers & AC	M45	05:04
5	M991025	Kieran	Moffat	South Shields Harriers & AC	Mu20	05:17
6	M335	Mark	Rutter	U/A	SM	05:17
7	M337	Tom	Balson	Morpeth Harriers	Mu15	05:34
8	M215	Tony	Dunn	Blyth Running Club	M50	05:41
9	M213	Paul	Emmerson	South Shields Harriers & AC	M40	05:45
10	M309	Max	Tyrie	South Shields Harriers & AC	Mu15	05:54
11	M290	George	Bull	South Shields Harriers & AC	M35	05:57
12	M255	James	Ramshaw	Blaydon Harriers & AC	M35	06:02
13	M328	Garry	Brooks	Jarrow & Hebburn	M35	06:10
14	M651210	Phil	McCluskey	Houghton Harriers & AC	M50	06:12
15	M721023	Alister	Robson	Fetch Everyone	M45	06:14
16	M219	Ria	Chaston	Tyne Bridge Harriers	SF	06:15
17	M223	Shaun	Day	Durham City Harriers & AC	M50	06:16
18	M630529	Michael	McNally	Jarrow & Hebburn AC	M50	06:20
19	M352	Andrew	Davies	Elvet Striders	M40	06:25
20	M271	Miles	Weston	South Shields Harriers & AC	M45	06:32
21	M259	Alexander	Weston	South Shields Harriers & AC	Mu11	06:34
22	M338	Joseph	Ramshaw	Blaydon Harriers & AC	Mu11	06:37
23	M080324	Hayden	Steven	U/A	Mu11	06:41
24	M820114	Kevin	Steven	U/A	M35	06:41
25	M318	Joanne	Ramshaw	U/A	SF	06:42
26	M850405	Tyrone	Murphy	Tyne Bridge Harriers	SM	06:45
27	M257	Benjamin	Weston	South Shields Harriers & AC	Mu13	06:53
28	M600613	Dave	Lockney	Run Eat Sleep	M55	06:54
29	M740318	Jalal	Amin	South Shields Harriers & AC	M40	07:00
30	M327	Philip	Jobson	Blaydon Harriers & AC	M35	07:09
31	M336	Susan	Burgess	South Shields Harriers & AC	SF	07:12
32	M263	Rob	Clark	U/A	M35	07:22
33	F821008	Jemma	Amin	South Shields Harriers & AC	F35	07:44
34	F690804	Julia	Barnshaw	Jarrow & Hebburn AC	F45	07:49
35	M320	Jackie	Johnson	Run Eat Sleep	F40	07:52
36	M540305	Michael	Wisely	Jarrow & Hebburn AC	M60	07:59
37	F640822	Michelle	Loftus	South Shields Harriers & AC	F50	08:07
38	F820910	Lisa	Seales	Run Eat Sleep	F35	08:09
39	M570406	James	Lowrie	Run Eat Sleep	M65	08:14
40	M620524	Neil	Reay	Run Eat Sleep	M55	08:16
41	M262	Claire	Weston	South Shields Harriers & AC	F40	08:22
42	M269	Kirstin	Hogan	Run Eat Sleep	F40	08:37
43	M880802	Ross	Punton	Run Eat Sleep	SM	08:41
44	M293	William	Bull	South Shields Harriers & AC	Mu13	08:42
45	M278	Vicky	Steinson	Run Eat Sleep	F45	08:48
46	M326	Corrine	Dockwray	Run Eat Sleep	F40	08:49
47	F601124	Susan	McNally	U/A	F55	08:58
48	F671220	Carolyn	Wood	Newcastle Front Runners	F45	09:23
49	F530514	Sue	Barnes	Run Eat Sleep	F60	09:33
50	M232	Hayden	Yorston-Young	South Shields Harriers & AC	Mu11	09:41
51	M235	Neil	Yorston	South Shields Harriers & AC	M35	09:42

52	M333	Heather	Barbour	Run Eat Sleep	SF	09:53
53	M279	Julie	Brack	U/A	F45	10:28
54	F730319	Vicki	Milburn	Newcastle Front Runners	F40	13:01
55	M060622	Daniel	Back	U/A	Mu13	14:15