

Pos.	Bib No.	First Name/s	Surname/s	Club	Cat.	Time
1	M320	Kurt	Heron	Ashington Hirst	SM	4.40
2	M325	William Mark	Fowler	Jarrow & Hebburn	Mu15	5.24
3	M230	Kieran	Moffat	South Shields Harriers & AC	Mu20	5.25
4	M322	Richard	Conder	Low Fell	M35	5.37
5	M319	Tony	Dunn	Blyth Running Club	M55	5.41
6	M302	Max	Tyrie	South Shields Harriers & AC	Mu17	5.43
7	M315	Ian	Ruddick	U/A	M40	5.47
8	M303	Darren	Suleman	North Shields Poly	M55	5.48
9	M327	Daniel	Gregg	U/A	M35	6.04
10	M307	Garry	Brooks	Jarrow & Hebburn	M35	6.10
11	M301	Mark	Tallon	Darlington Harriers	M35	6.12
12	M212	Shaun	Day	Durham City Harriers & AC	M50	6.15
13	M234	Alister	Robson	Fetch Everyone	M45	6.19
14	M219	Paul	Hutchinson	?	M40	6.25
15	M305	Sonny	Lewins	Gateshead Harriers	Mu13	6.27
16	M317	Andrew	Davies	Elvet Striders	M40	6.27
17	M308	Benjamin	Weston	South Shields Harriers & AC	Mu13	6.38
18	M311	Miles	Weston	South Shields Harriers & AC	M45	6.38
19	M231	Katie	Paletorpe	Durham City Harriers	SF	6.45
20	M227	Steve	Lundell	Jarrow & Hebburn	SM	6.48
21	M223	Ken	Kidger	South Shields Harriers & AC	M60	6.59
22	M247	Jalal	Amin	South Shields Harriers & AC	M40	7.00
23	M209	Rob	Clark	U/A	M35	7.09
24	M246	Anne	Toscano	Run Eat Sleep	F	7.11
25	M224	Dave	Lockney	Run Eat Sleep	M55	7.12
26	M304	Paul	Lewins	Low Fell	M45	7.24
27	M309	Alexander	Weston	South Shields Harriers & AC	Mu11	7.33
28	M316	Adam	Edwards	Sunderland Harriers & AC	Mu15	7.40
29	M211	Joseph	Collier	U/A	Mu11	7.43
30	M312	Colin	Reay	U/A	M55	7.45
31	M204	Julia	Barnshaw	Jarrow & Hebburn AC	F45	7.46
32	M235	Lisa	Seales	Run Eat Sleep	F35	7.47
33	M222	Jackie	Johnson	Run Eat Sleep	F40	7.47
34	M306	Evan	Lewins	Gateshead Harriers	Mu11	8.05
35	M331	Caroline	D'Ambrose	U/A	F40	8.11
36	M226	James	Lowrie	Run Eat Sleep	M60	8.12
37	M310	Claire	Weston	South Shields Harriers & AC	F40	8.13
38	M248	Neil	Reay	Run Eat Sleep	M55	8.24
39	M242	Michael	Wisely	Jarrow & Hebburn AC	M60	8.26
40	M329	Anna	Szczygielska	U/A	F35	8.32
41	M328	Amy	Hardy	South Shields Harriers & AC	SF	8.38
42	M249	Ross	Punton	Run Eat Sleep	SM	8.43
43	M300	Harry	Collier	U/A	Mu11	8.49
44	M318	Corrine	Dockwray	Run Eat Sleep	F40	8.51
45	M225	Michelle	Loftus	South Shields Harriers & AC	F50	8.52
46	M251	Dave	Brack	U/A	M60	8.56
47	M210	Kelly	Collier	Durham City Harriers	F35	8.58
48	M314	Hayden	Yorston-Young	South Shields Harriers & AC	Mu11	9.30
49	M313	Neil	Yorston	South Shields Harriers & AC	M35	9.33
50	M213	Leanne	Defty	South Shields Harriers & AC	F40	10.02

51	M252	Julie	Brack	U/A	F45	10.16
52	M203	Sue	Barnes	Run Eat Sleep	F60	10.19
53	M250	Karen	Punton	U/A	F55	10.20
54	M323	Andrea	Toop	Run Eat Sleep	F40	10.23
55	M326	Elizabeth	Coley	Seafront Smilers	F40	10.36
56	M324	Cheryl	Rutherford	U/A	F35	11.07
57	M321	Karen	Temple	U/A	SF	12.13