

Pos.	ID/No.	First Name/s	Surname/s	Club	Cat.	Time
1	M030614	Jamie	Barnshaw	Jarrow & Hebburn AC	Mu15	05:00
2	M247	Matthew	Guilder	Durham City Harriers	SM	05:07
3	M731120	Jay	Bowley	Run Eat Sleep	M40	05:20
4	M991025	Kieran	Moffat	South Shields Harriers & AC	Mu20	05:23
5	M287	Tom	Rutherford	Blaydon Harriers & AC	Mu15	05:28
6	M040704	William Mark	Fowler	Jarrow & Hebburn	Mu15	05:28
7	M213	Paul	Emmerson	South Shields Harriers & AC	M40	05:46
8	M215	Tony	Dunn	Blyth Running Club	M55	05:49
9	M396	Richard	Conder	Low Fell	M35	05:50
10	M200		0	0	0	05:52
11	M383	Clive	Surman-Wells	U/A	M50	06:04
12	M397	Danny	Wade	Low Fell	M40	06:05
13	M328	Garry	Brooks	Jarrow & Hebburn	M35	06:06
14	M640111	Steve	Tinwell	Sunderland Strollers	M50	06:08
15	M382	Max	Tyrie	South Shields Harriers & AC	Mu17	06:10
16	M223	Shaun	Day	Durham City Harriers & AC	M50	06:12
17	M304	Paul	Huthchinson	U/A	M40	06:18
18	M740824	Christopher	Bryson	Vegan Runners	M40	06:20
19	M400	Daniel	Gregg	U/A	M35	06:21
20	M721023	Alister	Robson	Fetch Everyone	M45	06:26
21	M651210	Phil	McCluskey	Houghton Harriers & AC	M50	06:29
22	M384	Tony	Jeffers	South Shields Harriers & AC	M35	06:31
23	M271	Miles	Weston	South Shields Harriers & AC	M45	06:41
24	M389	Steve	Lundell	Jarrow & Hebburn	SM	06:44
25	M257	Benjamin	Weston	South Shields Harriers & AC	Mu13	06:51
26	M080324	Hayden	Steven	U/A	Mu11	07:03
27	M820114	Kevin	Steven	U/A	M35	07:04
28	M388	Katie	Palethorpe	Durham City Harriers	SF	07:17
29	M600613	Dave	Lockney	Run Eat Sleep	M55	07:18
30	M377	Janice	Stewart	Ashington Hirst	F40	07:20
31	M375	Steve	Wilkinson	Ashington Hirst	SM	07:30
32	M263	Rob	Clark	U/A	M35	07:32
33	M256	Joseph	Collier	U/A	Mu11	07:33
34	M740318	Jalal	Amin	South Shields Harriers & AC	M40	07:40
35	M259	Alexander	Weston	South Shields Harriers & AC	Mu11	07:54
36	F690804	Julia	Barnshaw	Jarrow & Hebburn AC	F45	07:58
37	M278	Adam	Edwards	Sunderland Harriers & AC	Mu13	08:00
38	M387	Spencer	Tindal	U/A	M40	08:07
39	M381	Ken	Kidger	South Shields Harriers & AC	M60	08:09
40	M320	Jackie	Johnson	Run Eat Sleep	F40	08:18
41	M262	Claire	Weston	South Shields Harriers & AC	F40	08:21
42	M570406	James	Lowrie	Run Eat Sleep	M60	08:23
43	M540305	Michael	Wisely	Jarrow & Hebburn AC	M60	08:32
44	M358	Vicky	Steinson	Run Eat Sleep	F45	08:36
45	M620524	Neil	Reay	Run Eat Sleep	M55	08:38
46	M326	Corrine	Dockwray	Run Eat Sleep	F40	08:44
47	M374	Wendy	Park	Vegan Runners	F35	08:49
48	M394	Susan	Heath	Washington Running Club	F35	08:52
49	M790917	Duncan	Storey	DP Runners	M35	08:53

50	M225	Graham	Steven	U/A	M60	09:04
51	M376	Harry	Collier	U/A	Mu11	09:06
52	M880802	Ross	Punton	Run Eat Sleep	SM	09:10
53	F630618	June	Tinwell	U/A	F50	09:15
54	M357	Kelly	Collier	Durham City Harriers	F35	09:17
55	M232	Hayden	Yorston-Young	South Shields Harriers & AC	Mu11	09:18
56	M235	Neil	Yorston	South Shields Harriers & AC	M35	09:21
57	F671225	Jackie	Heads	Run Eat Sleep	F50	09:29
58	F640822	Michelle	Loftus	South Shields Harriers & AC	F50	09:32
59	F601124	Susan	McNally	U/A	F55	09:35
60	M204	Karly	Ahmed	U/A	F35	09:38
61	F530514	Sue	Barnes	Run Eat Sleep	F60	09:40
62	M060622	Daniel	Back	U/A	Mu13	09:41
63	M398	Anna	Szczygielska	U/A	F35	09:45
64	F820910	Lisa	Seales	Run Eat Sleep	F35	09:46
65	F671220	Carolyn	Wood	Newcastle Front Runners	F50	10:07
66	M356	Elizabeth	Coley	Seafront Smilers	F40	10:16
67	F770906	Leanne	Defty	South Shields Harriers & AC	F40	10:19
68	M390	Andrea	Toop	Run Eat Sleep	F40	10:37
69	F590428	Karen	Punton	U/A	F55	11:10
70	M391	Cheryl	Rutherford	U/A	F35	11:58
71	M399	Noura	Alajrough	U/A	F35	12:16
72	M203	Rachel	Hope	U/A	SF	15:02
73	M201	Paul	Noble	Birtley AC	M35	15:04