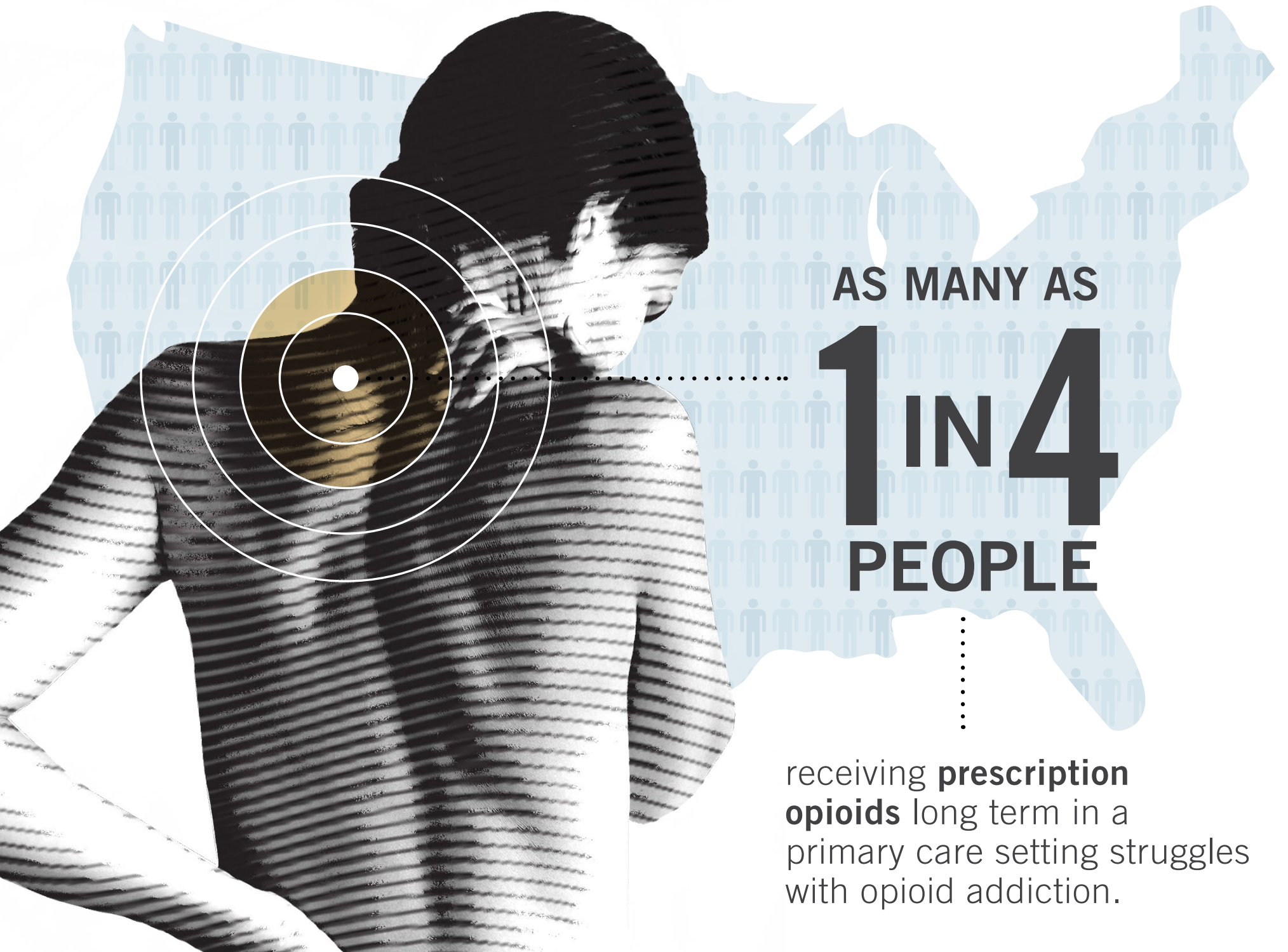


KNOW THE RISKS



AS MANY AS

1 IN 4
PEOPLE

receiving **prescription opioids** long term in a primary care setting struggles with opioid addiction.

MANAGE YOUR PAIN, MINIMIZE YOUR RISK.

Chronic pain can be devastating, and effective pain management is essential to get your life back. Talk to your doctor about ways to manage your pain that don't involve prescription opioids, such as:

- Non-opioid pain relievers, such as acetaminophen (Tylenol®), ibuprofen (Advil®), or naproxen (Aleve®)
- Physical therapy and exercise
- Cognitive behavioral therapy
- Certain antidepressants and anticonvulsants



**GUIDELINE FOR PRESCRIBING
OPIOIDS FOR CHRONIC PAIN**

LEARN MORE | www.cdc.gov/drugoverdose/prescribing.guideline.html