

Free Breastfeeding Services

Offered by: Sanilac County WIC

171 Dawson Street Ste. 123

Sandusky, MI 48471

Phone: (810) 648-4098

Website: www.sanilachealth.com

Your Breastfeeding Peer Counselor can give you:

- Ideas for getting support from family and friends, including how dad can bond with the baby
- Ways to get a good start with breastfeeding
- How to prepare/what to expect while at the hospital
- Secrets for making plenty of breast milk for your baby
- Tips to comfortably breastfeed
- Ways to continue breastfeeding after returning to work or school
- Help with breastfeeding concerns
- Help with breast pumps
- After hours phone support and walk-in hours



Please contact Rebecca Meyer, Breastfeeding Peer Counselor at:

(810) 648-4098 ext. 110

