



Belize Family Life Association
11th, Annual Team Relay Triathlon
Sunday July 2nd, 2017
Team Registration Form

(Please provide proof of age. Eg. Social Security Card or Passport)

Team Members:

Team Name: _____

1). _____
FIRST NAME LAST NAME DATE OF BIRTH AGE SEX (M/F)

Phone Number Emergency Contact Name Emergency Contact Phone Number

2). _____
FIRST NAME LAST NAME DATE OF BIRTH AGE SEX (M/F)

Phone Number Emergency Contact Name Emergency Contact Phone Number

3). _____
FIRST NAME LAST NAME DATE OF BIRTH AGE SEX (M/F)

Phone Number Emergency Contact Name Emergency Contact Phone Number

Race Information

Team Relay Triathlon (three persons per team, ages 14-24) on July 2nd, 2017 at 5:00 am

Registered teams will gather at BTL Park on Barrack Road for briefing on rules, address final questions/concerns and to confirm registration at 4:30am. The route is as follows:

The Swimming Leg (12 laps): Team member swims from one end of the pool to the next and will complete **twelve (12) laps for a total of 300 Meters** in Pickwick Club pool. Upon completion tag team member in front of Pickwick Club to start the cycling component

The Cycling Leg (5 laps): Starts from in front of Pickwick Club north onto Barrack Road turn at the Roundabout on St. Thomas Street back unto Barrack Road, onto Marine Parade, turn at the Cannon Roundabout on Craig Street, Back onto Marine Parade to Barack Road , **lap ends in front of Pickwick at the starting line.** The Cyclist will complete **5 laps for a total of 14 Miles.** Upon completion cyclist will tag the next team member to start the running component.

The Running Leg (4 laps): Starts from in front of Pickwick Club north onto Barrack Road turn at the Roundabout on St. Thomas Street back unto Barrack Road to Pickwick Club, **lap ends in front of Pickwick at the starting line.** The athlete will complete **4 laps, for a total of approximately 6 miles.**

Participants are also required to review and adhere to the BFLA Team Relay Triathlon Rules and any other rules, regulations, expectations or standards of conduct applicable to the event. A copy of the rules will be available upon the return of the completed registration form.

PLEASE BRING ALONG YOUR ID ON THE DAY OF THE RACE!

***Please return completed application (top portion of the form) to
BFLA Office at 2621 Mercy Lane, Belize City by Friday June 23rd 2017 at 5:00 pm
Or email: programmeofficer@bflabelize.org or youthofficer@bflabz.org***