

2018 District 13 AFG Spirituality Weekend Registration Form

Saturday, March 10, 8:00am – Sunday, March 11, 2:00 pm

Lathrop E. Smith Center, 5110 Meadowside Lane, Rockville, MD 20855

Registration Deadline is February 28, 2018

- Total cost for the weekend is \$45 and includes housing for one night, five meals and snacks. Saturday only registration is \$30 and includes three meals.
- **No person will be left out for financial reasons.** If you have a financial concern please e-mail Janice S, Program Chair – js.volunteer36@gmail.com/(202)550-8607
- Housing is single-sex dormitory style (bunk beds) with shared bathrooms. Overnight guests should bring: Sleeping bag or linens, blankets, pillows, towels, soap, flashlight, bedtime reading light, yoga mat, flip-flops (for the shower) and ear plugs (some people snore loudly). Meals and most events are held in White Oak Hall.
- Return the registration form below with your check as early as possible to secure your place. All registrations must be made in advance – **Sorry, NO WALK-INS.** For registration questions please contact Teresa L. – tlechter@gmail.com/(301)807-8906
- For general questions please contact Janice S, Program Chair – js.volunteer36@gmail.com/(202)550-8607 or Kristin O, Program Co-Chair – obrien.kristin.m@gmail.com/(231)224-3573

(DETACH ALONG DOTTED LINE)

To register, complete and mail this form with your check (made payable to – **District 13 AFG**) to:

Teresa Lechter, 1006 Rosemere Avenue, Silver Spring, MD 20904

NAME _____ CITY _____ STATE _____

Phone Number _____ e-mail _____

(We will confirm your registration and contact you with last-minute details via email.)

Describe any concerns or restrictions _____

Please check one:

- Full Weekend (Staying Overnight) - Saturday/Sunday - \$45.00
- Full Weekend (NOT Staying Overnight) - Saturday/Sunday - \$45.00
- Saturday only \$30

Total amount enclosed: \$ _____



2018

18TH ANNUAL
AL-ANON
SPIRITUALITY
WEEKEND
HOSTED BY
DISTRICT 13 AFG

Saturday, March 10 & Sunday, March 11, 2018

Location:
**Lathrop E. Smith Center
5110 Meadowside Lane
Rockville, MD 20855**

*Come share the
experience, strength
and hope of the
Al-Anon Program*

Paths to
Spirituality
Include:

- Al-Anon Workshops
-
- Letting-Go Ceremony
-
- Yoga/Meditation
-
- Art Projects
-
- Group Hikes
-
- Fellowship
-
- Meals/Snacks

Only \$45 for the entire weekend

(Saturday, 8 am – Sunday, 2 pm)

Includes 5 meals, snacks & one nights lodging

(\$30 if you register for Saturday only)

