

Sandwell
Dementia Directory
2016 - 2017

















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# Section One:

# Healthcare

## **Sandwell and West Birmingham Hospitals**

t: **0121 507 2664** 

e: sandwell.icares@nhs.net

Services include: District Nurse, Foot Health, Physiotherapy, Community Orthopaedic Service and Integrated Care Services.

### **Birmingham City Hospital**

Dudley Road, Birmingham B18 7QH

## **Sandwell General Hospital**

Lyndon, West Bromwich B71 4HJ

### **Rowley Regis Hospital**

Moor Lane, Rowley Regis B65 8DA

#### **Birmingham Treatment Centre**

Dudley Road, Birmingham B18 7QH

#### **Birmingham and Midland Eye Centre**

City Hospital, Dudley Road, Birmingham B18 7QH

## **Therapy & Recovery Unit**

t: **0845 146 1800** 

t: **0121 612 8320** 

a: Edward Street Hospital, Edward Street, West Bromwich B70 8NL

24 hour care and support to older people with mental health needs, such as dementia, depression and anxiety. We also hold dementia groups over a period of between 4 - 8 weeks.















#### **Sandwell Memory Assessment Service**

t: **0121 612 8219** 

a: Edward Street Hospital, Edward Street, West Bromwich B70 8NL

We are a specialist team of nurses, occupational therapist, doctors and clinical psychologists who provide assessment and diagnosis to Sandwell residents who have concerns about their memory. We offer pre and post diagnostic counselling, timely interventions and work with the person, their family and carers to live well with dementia.

### **Sandwell Safeguarding Adults Board**

t: **0121 569 2355** (Monday to Friday 8am to 8pm)

t: **0845 352 2266** (to report abuse after 8pm or at weekends)

w: www.sandwell.gov.uk/safeguardingadults

The board is getting the message out to the people of Sandwell that abuse against vulnerable adults is not acceptable and anyone who suspects that an adult is being abused should take action to stop it continuing.

#### Karenza

t: **0121 561 1737** 

e: **karenza@southsidecare.co.uk** 

w: www.southsidecare.co.uk

a: 14 Waterfall Lane, Rowley Regis B65 0BL

Specialised service for adults with alcohol related dementia.









# **Sandwell Community Specialist Palliative Care Team** (Hospice at Home)

t: **0121 612 2928** 

Weekends and after 4.30pm via message taking service on GP's answer phone message

## **Sandwell and West Birmingham Hospitals NHS Trust Chaplaincy**

t: **0121 507 5051** (City Hospital)

t: **0121 507 3552** (Sandwell Hospital and Rowley Regis Hospital)

Chaplains can offer spiritual support and signposting people to other services.

# **Sandwell and West Birmingham Hospitals NHS Trust Patient Advice and Liaison Service** (PALS)

t: **0121 507 5836** 

e: swbh-tr.pals@nhs.net

Staff are available for advice and information, or to listen to your concerns, suggestions and comments. They can also help resolve any issues with your care.

#### **Edwards Trust**

t: **0121 454 1705** 

w: www.edwardstrust.org.uk

Supports children and families through serious illness and bereavement.

#### **Cruse Bereavement Care**

t: **0121 544 4510** 

e: cruse.sandwell@gmail.com

w:: www.crusebereavementcare.org.uk

a: The bereavement Centre, The School House, Popes Lane, Oldbury B69 4PJ

Help and support to be reaved people through - one to one support, supporting groups, friendship groups.

### **Birmingham St Marys Hospice**

t: **0121472 1191** 

w: www.bsmh.org.uk

a: 176 Raddlebarn Road, Selly Park, Birmingham B29 7DA

#### **John Taylor Hospice**

t: **0121 465 2000** 

w: www.johntaylorhospice.org.uk

a: **76 Grange Road, Erdington, Birmingham B24 0DF** 

#### **Sheldon Unit**

t: **0121 475 6100** 

a: 11 Sheldon Road, Sheldon, Birmingham B31 5EJ

## **Bradbury Day Hospice**

t: **0121 612 2920** (Monday to Friday 10am till 3pm)

a: 494 Wolverhampton Road, Oldbury B68 8DG

The hospice provides a service for people in Sandwell who have an advanced progressive, life limiting illness to come together during the day.

#### **Compton Hospice**

t: **0845 225 5497** 

w:: www.compton-hospice.org.uk

a: 74 Compton Road West, Wolverhampton WV3 9DH

# **SWBH Hospital Specialist Palliative Care Team**

t: **0121 507 2511** (Monday to Friday between 8am and 4pm)









# Section Two

# Community Care Support

#### **Agewell**

: 0121 289 3038

e: agewell@agewellinsandwell.org.uk

w: www.agewelluk.org.uk

Represent the older people of Sandwell and act on their behalf on a range of issues.

### **Alzheimer Society**

t: **0121 521 3020** 

e: **blackcountryoffice@alzheimers.org.uk** 

w: www.alzheimers.org.uk

Alzheimers Society is a membership organisation, which works to improve the quality of life of people affected by dementia in England, Wales and Northern Ireland.

### **BUDS** - Better Understanding of Dementia for Sandwell

t: **0121 565 3721** 

e: info@buds.co.uk

w: www.buds.co.uk

a: **c/o Great Bridge Library, Sheepwash Lane, Great Bridge, Tipton DY4 7JF** 

We improve the quality of life of people experiencing dementia and their family carers throughout Sandwell.

#### **Cares Sandwell**

t: **0121 558 7003** 

e: cares.sandwell@btinternet.com

w: www.cares.org/sandwell

a: **The Carers Centre, Edward Cheshire House, 2 Bearwood Road, Smethwick B66 4HH** 

Cares offers free confidential information and advice services for carers and the people they care for in Sandwell.

#### **Sandwell Irish Community Association**

t: **0121 533 9734** 

e: enquiries@sandwellirish.org

a: Langley Lodge Community Centre, High Street, Langley

**B69 4SL** 

Provides a range of support and advocacy services.

#### **Sandwell Crossroads**

t: **0121 553 6483** 

e: info@sandwellcrossroads.org.uk

w: www.sandwellcrossroads.org

a: Grenville House, New Swan Lane, West Bromwich B70 ONS

Our service is open to those using Direct Payment or individual budgets and families wishing to purchase and arrange their own care through Social Services and the local Primary Care Trust, by contacting your local Social Services, Social Worker, District Nurse or GP. Our Carer Support Workers provide a range of services for older people, younger people suffering from a physical or mental illness, sensory impaired, or those sadly suffering from a terminal illness.

#### **Dementia Friends**

## w: www.dementiafriends.org.uk

Dementia Friends is giving people an understanding of dementia and the small things they can do that can make a difference to people living with dementia - from helping someone find the right bus to spreading the word about dementia. To become a Dementia friend or champion, please register free with the website.

## Sandwell Age UK

t: **0121 500 1860** 

e: info@ageuksandwell.org.uk

w: www.ageuksandwell.org.uk

Offering care and support services for older people and those who care for them including short breaks for carers and a befriending service.

# Section Seven

# End of Life Care

## **Bridge Support Service** - Compassionate Communities

: 0121 612 2939

e: **bridges.support@nhs.net** w: **www.murrayhall.co.uk** 

a: **Bridges, SGS House, Johns Lane, Tividale B69 3HX** 

The Charity was set up in 1994 by local people of Sandwell to promote health and well-being and continue to work in this area as well as in the wider West Midlands

### **Dying Matters**

t: **08000 214466** 

w: www.dyingmatters.org

#### **Connected Palliative Care Hub**

t: **0121 507 3611** 

e: Swb-tv.swbh-gm-connected-pc-hub@nhs.net

a: Old Social Club. Sandwell Hospital, West Bromwich

# Section Six Activities

#### **Sandwell Third Age Arts (STAA)**

t: **0121 500 1259** 

e: info@staa.org.uk w: www.staa.org.uk

a: 9th Floor West Plaza, 144 High Street, West Bromwich B70 6JJ

A free creative arts service for older people with mental health problems, people with dementia and their carers living in Sandwell.

## **Sandwell Lifestyle Choices**

t: **0800 011 4656** 

e: **ls@nhs.net** 

w: www.getactivesandwell.co.uk

We offer information on a whole range of healthy lifestyle services in Sandwell.

### **Sandwell Library and Information Service**

t: **0121 5569 4904** 

w: www.sandwell.gov.uk/libraries

- 19 Community Libraries
- 5 Express Libraries
- Mobile Library and Home Library Service
- · Community History and Archives Service

Providing services that are "open to everyone: to explore, discover and enjoy". We provide a wide range of free events, activities, information and resources for people with and without disabilities. All our libraries have a range of resources specifically for people with dementia and their families.







#### **Ideal for All**

t: **0121 558 5555** 

e: info@idealforall.co.uk
w: www.idealforall.co.uk

a: Independent Living Centre, 100 Oldbury Road, Smethwick B66 1JE

We are a not for profit company and registered charity run by disabled people for disabled people in Sandwell. We provide a range of social and health care services for disabled people, carers and disadvantaged groups. Our aim is to help the people using our services to learn new skills and live as independently as possible.

#### **West Bromwich African Caribbean Resource Centre**

t: **0121 525 9177** 

e: info@wbacrc.org.uk w: www.wbacrc.org.uk

a: Thomas Street, West Bromwich B70 6LY

Our service is open to those using Direct Payment or individual budgets and families wishing to purchase and arrange their own care through Social Services and the local Primary Care Trust, by contacting your local Social Services, Social Worker, District Nurse or GP. Our Carer Support Workers provide a range of services for older people, younger people suffering from a physical or mental illness, sensory impaired, or those sadly suffering from a terminal illness.









#### **Sandwell Assist**

t: **0845 352 2266** 

e: sandwell\_assist@sandwell.gov.uk

Provides advice, guidance and support for adult social care needs.

#### **Kaleidoscope Plus**

t: **0121 565 5605** or **5644** 

e: info@kaleidoscopeplus.org.uk w: www.kaleidoscopeplus.org.uk

a: Hawthorns House Hawthorns Business Centre, Halfords

Lane, Smethwick B66 1BB

The Kaleidoscope Plus Group exists to help people achieve better health and well-being and our aim is to deliver services in a way that users value and appreciate.

#### **Dementia UK**

t: **0800 888 6678** 

e: direct@dementiauk.org

w: www.dementiauk.org

Admiral Nurses are a lifeline to thousands of people in this country. They provide psychological support to help family carers understand and deal with their feelings, practical advice and information on dementia, its impact and how to cope. They can also provide referrals to other appropriate services and liaison with other professionals to provide holistic support when its most needed.

# **Sandwell African Caribbean Mental Health Foundation** (Kuumba Foundation)

t: **0121 525 1629** 

w: www.sacmhf.co.uk

e: info@sacmhf.co.uk

For people in Sandwell from an African, African Caribbean or Black dual heritage background and their significant others, who are affected by mental ill health.

# Section Four

# Fimance

### **Appointeeship Unit**

t: **0121 533 4802** or **4815** 

e: appointeeship@sandwell.gov.uk

w: www.sandwell.gov.uk/appointeeship

A Sandwell Council service that offers help, advice and guidance to people who cannot manage their own finances.

## **Welfare Rights**

t: **0121 569 3158** 

e: welfarerights\_team@sandwell.gov.uk w: www.sandwell.gov.uk/welfare-rights

Aims to help you claim all the benefits you are entitled to.

# Section Five

# Legal

#### **Baches Solicitors**

t: **0121 553 3286** 

e: reception@baches.co.uk

w: www.baches.co.uk

a: Lombard House, Cronehills Linkway, West Bromwich B70 7PL

Baches has a valued reputation, acquired over 150 years, for providing expert legal advice to the community and services for the elderly - powers of attorney and nursing home fees advice.









#### **Midland Heart**

t: **0345 60 20 540** 

e: makinglifeeasier@midlandheart.org.uk

w: www.midlandheart.org.uk

Making Life Easier services are designed to give older people, those with a disability, or mental health issue, the care and support they need to enjoy their independence and stay in their home for longer.

## **Sandwell Healthy Homes**

t: **0121 569 5232** 

Healthy Homes Advocacy Project. Healthier Homes, Healthier Lives. Aims to improve health by improving the quality and condition of your housing.

#### **Sandwell Stay**

t: **0845 352 2266** 

e: sandwellassist@sandwell.gov.uk

w: www.sandwell.gov.uk/stay

Provides equipment to enable people to remain in their homes and live their lives as independently as possible.

### **Sandwell Community Meals**

t: **0845 352 2266** or **0121 569 4320** 

Can provide hot nutritious 2 course meals delivered to your door 365 days a year for £3.15 a day. All dietary requirements can be catered for

# **Sandwell Council Community Alarms Service**

t: **0121 569 6800** or **6802** 

 $e: \hspace{1cm} \textbf{community\_alarms@sandwellhomes.org.uk} \\$ 

w: www.sandwell.gov.uk/housing

To provide an emergency and non-emergency community alarm service for older, vulnerable, disabled people who could be vulnerable in their own homes...

#### **Sandwell Asian Family Support Service (SAFSS)**

t: **0121 558 2198** 

e: safss@btconnect.com

w: **safss.org.uk** 

a: Fenton Street, Smethwick B66 1HR

Provides a range of quality care and support services for South Asian children, young people and adults who have a disability. SAFSS supports the whole family and also provides services for parents, carers and guardians.

#### **Healthwatch Sandwell**

t: **0121 569 7210** 

e: info@healthwatchsandwell.co.uk

w: www.healthwatchsandwell.co.uk

a: Walker Grange, Central Avenue, Tipton DY4 9RY

Working with local people, community groups and voluntary sectors to provide information and advice about Health and Social Care services.

## **Omega Chatterbox**

t: **01743 245 088** 

e: chatterbox@omega.uk.net

w: www.omega.uk.net

Offering a free confidential telephone befriending service and signposting to support services.

#### **Helping Hands Home Care**

t: **0808 180 2299** (Care Service)

t: **0808 161 1626** (Dementia Helpline)

e: info@sacmhf.co.uk

w: www.sacmhf.co.uk

a: **Boulton Road, West Bromwich B70 6NW** 

For people in Sandwell from an African, African Caribbean or Black dual heritage background and their significant others, who are affected by mental ill health.

## **Lighthouse Project**

t: **0845 146 1800 or 0121 612 8320** 

a: Edward Street Hospital, Edward Street, West Bromwich B70 8NL

A specialised dementia community hub, providing a range of activities to promote and enhance well-being for carers and those living with dementia.

## **My Time Active**

t: **0121366 0966** 

w: www.mytimeactive.co.uk

a: Walker Grange, Central Avenue, Tipton DY4 9RY

Provides over 20 services aimed at every aspect of a healthy lifestyle.

#### **Home Instead Senior Care**

t: **0121 558 4106** (Office)

t: **0121 270 5650** (Care enquiries)

w: Suite 509, Hawthorns House, Halfords Lane,

**West Bromwich B66 1BB** 

Offering a free confidential telephone befriending service and signposting to support services.

#### **Helping Hands Home Care**

t: **0808 180 2299** (Care Service)

t: **0808 161 1626** (Dementia Helpline)

w: www.sacmhf.co.uk
e: info@sacmhf.co.uk

a: Boulton Road, West Bromwich B70 6NW

For people in Sandwell from an African, African Caribbean or Black dual heritage background and their significant others, who are affected by mental ill health.

# Section Three

# Howsing

#### **Accord Housing**

t: **0300 111 7000** (Monday to Friday 8am till 8pm)

e: **customerfirst@accordgroup.org.uk** 

w: www.accordgroup.org.uk

a: 178 Birmingham Road, West Bromwich B70 6QG

The Accord Group provides a number of services specifically aimed at supporting people with dementia; day opportunities, support services, residential care and dementia care.

### **Black Country Housing Group**

t: **0121 561 1969** 

w: www.bcha.co.uk/care-and-support

a: 134 High Street, Rowley Regis B65 0EE

Offering the highest standard of personal care for older people. Our trusted domiciliary care company is a regulated service inspected by the Care Quality Commission. We provide professional personal care to people living in their own homes throughout the community and to those living on our sheltered schemes.

#### **Harborne Parish Lands**

t: 0121 426 1600
e: info@hplc.org.uk
w: www.hplc.org.uk

a: 109 Court Oak Road, Harborne, Birmingham B17 9AA

Harborne Parish Lands Charity (HPLC) has been providing a service to those in need for over 400 years by giving grants and providing housing for people who live in the old parish of Harborne.







