

2- DAY HOLISTIC CLINIC

CLASSICAL HORSE TRAINING INTEGREATED VETERINARY THERAPEUTICS



2-day holistic clinic
Dr. Raquel Butler - Integrative Veterinary
Therapeutics
MSc Thirza Hendriks - Classical Horse
Training



After the huge success of the last clinic in Albury 2017, Raquel Butler and Thirza Hendriks will join forces again in a full 2-day holistic clinic from November 10th-11th 2018 at Charles Sturt Equine University Centre, Wagga Wagga, NSW, Australia.

Do you want to learn more about combining knowledge of Anatomy, Biomechanics & Bodywork with Classical (rehabilitation) training? Do you want to learn to understand your horse's body and mind in the best way possible? Do you or your horse have any issues or feeling 'stuck'? Do you want to get a full holistic approach where the horse's mental & physical well-being truly is central?

Then this 2-day clinic is there for you!

****CLINIC FORMAT****

The horse is a fascinating being. We can build a life long partnership in true harmony with a creature that is so majestic and powerful. At the same time, the journey can be complex as a horse can't speak our human language and we often misread / don't understand the signs what horses are trying to tell us and. We often hit many bumps in road like injuries, trauma, fear, stress, disconnection etc.

During this course, we'd like to help you and your horse in your own personal journey by offering you a comprehensive holistic approach. In the morning, there will be theory sessions on Anatomy & Biomechanics as well as Classical (Rehabilitation) Training. After the theory sessions we'll assess the biomechanics of your horse. Although issues are mostly hidden in a deep place, we're often able to see and feel them from the outside. We'll help you to train you eye, feel, smell and hearing in how to read your horse 'inside-out'. You'll learn how and what to look for. Then, Dr. Raquel Butler will perform some bodywork on your horse in the areas needed. After this, you'll receive some one-on-one private lessons by Thirza Hendriks. Besides the private lessons there will also be some group demonstrations and simulations.

The clinic has a very interactive nature with the horse being our biggest teacher. We will be honoured to guide you.

An impression from last clinic can be found here:

<https://www.youtube.com/watch?v=19uzMn3hvCw>

More information about the teachers can be found below.

****THIRZA HENDRIKS ****

Thirza Hendriks is a classical horse trainer based in the Netherlands.

Thirza specializes in Biomechanics & Rehabilitation training. Her own horses were all about to be put down due to severe physical and mental issues like past fractures, neurological issues, trauma, inflammations, metabolic imbalances, stress & fear and even cancer. Luckily, she has been able to successfully rehabilitate them all successfully, now enjoying their never-ending journey in true harmony in lightness and balance.



During her search, she learned a lot from different professionals. Thirza has enjoyed education and/or courses with [Julio Borba](#) (Portugese Riding School), [Belinda Bolsenbroek](#) (The Art of

Horsemanship Australia), Antoine de Bodt (Straightness Training), Marlous Eertink (Dutch Institute of Classical Equitation), Derek Clark (The School of Lightness by Philippe Karl, France) and followed a Straightness Training course by Marijke de Jong (and several of her licensed ST instructors). Besides Classical Training she has also successfully competed in the past.

On top of that, she followed (and still does) courses on Anatomy & Biomechanics through Whole Horse Dissections (8+ dissections), Equine Nutrition, Saddle Fitting, Ethics & Equine Bodywork.

It is this mix of education and experience that gives Thirza a unique insight into the training of the horse. By now, she is an internationally renowned lecturer and has helped rehabilitating more than 50 horses world wide.

Thirza believes that working with horses is a form of art and during this 2-day clinic she will provide you with the knowledge and skills so you can go home as a refined artist, ready to work with your own canvas back home. In the words of Nuno di Oliveira:

“Equestrian art is the perfect understanding between the rider and the horse. To practice Equestrian Art is to establish a conversation on a higher level with the horse. A dialogue of courtesy and finesse. It is not the exhibition of a great deal of different movements, but rather the conversation and the horse’s enjoyment during the movements, which calls for comparison with the finest ballet”

More information about Thirza can be found on:

www.thirzahendriks.com or

<https://www.facebook.com/thirza.hendriks>

hirza provides lessons in:

- Groundwork
- Work in Hand
- Lungeing
- Riding
- Long Reining



Lessons will always be adjusted to the mental/physical state of the horse and rider in that exact moment. The horse will always be the most important teacher. The instructor is just the translator to help the owner to understand their horse's needs.

All breeds, age, sexes, levels & disciplines are welcome.

****RAQUEL BUTLER****

Raquel Butler BVSc Melb, G.Dip ABM, Cert IV TT & A, Vetkin taping.

Raquel graduated from BVSc Melbourne University in 2004. She worked in mixed practice in Australia and overseas for 8 years, before branching into her own mobile based practice. Since 2012 Raquel has worked in the Equine Industry treating horses and dogs with Muscle Release Therapy and completing a Graduate Diploma in Animal Biomechanical Medicine, encompassing chiropractic and osteopathic techniques as well as Rehabilitation in 2016.



Raquel has studied many therapies including the Masterson Method, Equine EcoSomatics (CranioSacral), Vetkin Taping, Saddle fitting and Laser (Photobiomodulation) therapy. In 2015 she began teaching clinics in Equine Anatomy and Palpation, Equine Biomechanics, Equine Veterinary Biomechanical Assessment and Equine Vetkin taping, to practitioners and horse people in Australia, UK and Holland. Raquel has worked closely with and assisted Sharon May-Davis in numerous whole horse dissections giving her a unique understanding of the equine body.

Raquel is a lecturer in Equine Science at Charles Sturt University, in Equine disease, injury and rehabilitation and The equine athlete (exercise physiology), her research interest lies in the hyoid/TMJ and its fascial connections throughout the body.

Owning a couple of off the track thoroughbreds with a wide range of injuries and wear and tear, Raquel is very passionate about injury rehabilitation and correct biomechanics to support the horse in its optimal balance and wellbeing.

****TIMETABLE****

DAY 1

08.30-09.15 Theory

09.30-12.30 Private lessons (4, each 45 min)

12.30-13.15 Lunch

13.15-16.15 Private lessons (4, each 45 min)

16.30-17.15 Demo / simulations

17.15-17:30 Closing

DAY 2

08.30-09.00 Theory

09.00-12.00 Private lessons (6, each 30 min)

12.00-12.30 Lunch

12.30-15.30 Private lessons (6, each 30 min)

15.30-15.45 Small break

15.45-17.45 Private lessons (4, each 30 min)

17.45-18.00 Closing

****VENUE****

The clinic will be held at the beautiful Equine Centre of Charles Sturt University in Wagga Wagga, NSW, Australia. The Equine Centre is located on Agriculture Avenue, at the Charles Sturt University Campus of Wagga Wagga. Access to the Centre is via Old Narrandera Road, turning right into Pine Gully Road.

For more information about the venue / facilities please see:

<https://science.csu.edu.au/centres/equine/home>

Yards for your horse are available and an additional fee and need to be booked separately using this link:

<https://www.nominate.com.au/stables/VenueIntroduction.aspx?vid=382>

****MEALS****

Morning and afternoon tea provided. Please bring your own lunch or the ESA (see below), can provide a BBQ lunch at \$3 for a sausage or 2 sausages for \$5 and drinks for sale, vegetarian options available.

****INVESTMENT****

Participants:

EA member € 265 (average \$425)

ESA member € 245 (average \$395)

Spectators:

Non member : € 45 per day or € 80 for both days (average \$75 / \$130)

ESA member : € 28 per day or € 50 for both days (average \$45 /\$ 80)

(!) IMPORTANT (!)

Any non EA members (Equestrian Australia) that are riding will need to get an ESA membership (\$30) for insurance purposes

Any non EA members as spectators will need to get a non riding ESA membership (\$10) for insurance purposes.

<https://esa.shop.csu.edu.au/Login?returnurl=%2f> – Purchased through this website

****APPLICATIONS****

You can sign up directly using this link: **LINK FOLLOWS AFTER COMPLETING FLYER**

By applying the registration form, the participant agrees with his/her obligation to pay for the course.

There is a maximum of 9 participants to guarantee enough personal attention.

For any other inquiries, please email at: info@thirzahendriks.com

****CANCELLATION POLICY****

A 30% refund will be given upon cancellation of the participant up till 12 weeks prior the event. Any cancellation on behalf of the participant within 12 weeks prior to the event will not be refunded. However, if the participant can find a suitable replacement for taking over the spot the fee can be refunded.

Upon the unlikely cancellation of the event by the organizer, a full refund of the participation fee will be given within 14 days. Additional costs like flight tickets / overnight stay will not be refunded.

You are strongly advised to close on a cancellation insurance.