

2- DAY MASTERCLASS CHRISTCHURCH, NEW ZEALAND



These masterclasses will be centred on equine anatomy & biomechanics through the horse 'inside-out' principle, as well as practical guidance in applying this knowledge in your training. These masterclasses aim to offer a full comprehensive holistic approach, where the horses mental and physical well-being is central. It will offer you a deeper understanding of your horse and improve your relationship and communication through open and honest dialogue. You will also learn when and how to apply which (rehabilitation) exercises in what situation to rewire muscle memory and achieve balance and lightness in a harmonious way.

Difference between Open Clinics & Masterclasses

An open clinic is - as the name states - open for anyone new. There are no prior requirements. The only thing you need to bring is a lot of enthusiasm and interest to learn more about anatomy & biomechanics as well as classical horse training. An open clinic has a maximum of 25 people (8 participants, 17 spectators).

A Masterclass dives more in depth and has the requirement of having attended a previous open clinic (either as a participant or spectator) OR studying 2 assigned manuals beforehand so that you have enough theoretical knowledge. This because the theory builds on the lectures given in the open clinics before and to enhance progress. Other upgraded features are longer private lessons, live video footage analysis as well as a small group size limited to a maximum of 15 people (8 participants, 7 spectators).

****CLINIC FORMAT****

The horse is a fascinating being. We can build a life long partnership in true harmony with a creature that is so majestic and powerful. At the same time, the journey can be complex as a horse can't speak our human language and we often misread / don't understand the signs what horses are trying to tell us. We often hit many bumps in road like injuries, trauma, fear, stress, disconnection etc.

During this masterclass, we'd like to help you and your horse in your own personal journey by offering a comprehensive holistic approach. In the morning, there will be interactive sessions covering theory and biomechanical assessments. Although issues are mostly hidden in a deep place, we're often able to see and feel them from the outside. We'll help you to train you eye, feel, smell and hearing in how to read your horse 'inside-out'. Afterwards, depending on what your horse needs, we will continue with one-on-one private lessons covering bodywork, in-hand and/or ridden. Throughout the masterclass, there will also be demonstrations and we will be answering any possible questions.

The masterclass will have a truly interactive nature with the horse being our biggest teacher. We will be honoured to guide you.

****THIRZA HENDRIKS ****

Thirza Hendriks is an international classical horse trainer based in the Netherlands, specialised in equine Biomechanics & Rehabilitation training.

Her own horses were all about to be put down due to severe physical and mental issues like past fractures, neurological issues, trauma, inflammations, metabolic disbalance, stress & fear and even cancer. Luckily, she has been able to rehabilitate them all successfully, now enjoying their never-ending journey in true harmony in lightness and balance.



In the field of equine Anatomy & Biomechanics, Thirza has enjoyed, and continues to do so, education from renowned pathologist Sharon May-David and the team of Equine Studies. Thirza has followed numerous Whole Horse Dissections and now even organises two Dissections a year herself. This gives Thirza an unique insight on the horse 'inside-out' and she'll be able to present the latest research findings in Equine Science.

Besides her education in the field of Biomechanics, Thirza studied with various classical training professionals, as well as rehabilitation specialist and/or institutions (such as Portuguese riding school, The Art of Horsemanship, Straightness Training, The School of Lightness and Dutch Institute of Classical Equitation). She has also successfully competed in the past.

Finally, she also added complementary education, such as Bodywork (various techniques) and maintenance trimming, to offer a fully holistic approach.

Today, Thirza is a much sought-after international clinician and lecturer. In the field of Biomechanics, Rehabilitation, and Classical Horse Training. By now, she travels to the UK, USA, Taiwan, Australia, and New-Zealand on a yearly basis, working together with other highly valued and renowned veterinarians, body workers, saddle fitters, and trimmers.

More information about Thirza can be found on:

www.thirzahendriks.com or
<https://www.facebook.com/ClassicalHorseTraining/>



Thirza provides lessons in:

- Groundwork
- Work in Hand
- Lunging
- Riding
- Long Reigning

Lessons will always be adjusted to the mental/physical state of the horse and rider in that exact moment. The horse will always be the most important teacher. The instructor is just the translator to help the owner to understand their horse's needs.

All breeds, age, sexes, levels & disciplines are welcome. However, if you own a gaited please inquire before-hand, because certain breeds require specialist knowledge for proper biomechanical assessment.

****TIMETABLE****

DATES: June 3rd - 4th

June 3rd

08:30-17:30

June 4th

08:30-15:30

In these two days there will be 2 interactive sessions covering theory and biomechanical assessments + complementary materials, lunch breaks, and one-on-one private lessons with detailed video analysis*.

*there will be video footage taken of two lessons that will be discussed on the same day, these videos will be in slow-motion, to gain more understanding and witness your progress.

****VENUE****

This clinic will be hosted at a beautiful venue:
Selwyn Equestrian Centre.
126 Kivers Rd, Burnham, 7677,
New Zealand

Stabling:

Riders will need to pay \$10 per day for yards.
Those who want to use the bunkroom or stables need to
contact the venue to book (Selwyn Equestrian Centre).



****MEALS****

Coffee / tea / light snacks will be provided. Please bring your own lunch.

****INVESTMENT****

Participant:

€ 363,50

There is a limited amount of 8 participant places.

As a participant you will receive: 2 interactive sessions covering theory and biomechanical assessments + complementary materials, 3 private lessons, coffee / tea.

Spectator:

€85

There is a limited amount of 5 spectator places.

As a spectator you will receive: 2 interactive sessions covering theory and biomechanical assessments + complementary materials, watching all private sessions, coffee / tea.

****APPLICATIONS****

You can sign up directly using this link: <https://www.thirzahendriks.com/events-1/2-day-masterclass-christchurch-new-zealand>

By applying the registration form, the participant agrees with his/her obligation to pay for the course.

For any other inquiries about the content of the clinic, please email at: info@thirzahendriks.com

For any other inquiries about the organization, please email at: anne-roos@thirzahendriks.com

****CANCELLATION POLICY****

A 30% refund will be given upon cancellation of the participant up till 12 weeks' prior the event. Any cancellation on behalf of the participant within 12 weeks prior to the event will not be refunded. However, if the participant can find a suitable replacement for taking over the spot the fee can be refunded.

Upon the unlikely cancellation of the event by the organizer, a full refund of the participation fee will be given within 14 days. Additional costs like flight tickets / overnight stay will not be refunded.

You are strongly advised to close on a cancellation insurance.

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