



Coaching Skills for Managers



Monday April 23rd – Ashford

At the heart of using coaching as a management tool is reflective learning, to facilitate rather than tell. The outcome is that learning is accelerated. People and teams become more engaged, motivated and capable and performance is increased. This is a custom designed programme to help develop these coaching skills in managers improving the effectiveness of all team members.

Key features:

- A full day workshop providing interactive learning based on the Association for Coaching Competency Framework.
- Interactive and motivational workshops delivered by an experienced coach

Programme outline:

- What is coaching?
- When is coaching appropriate?
- Coaching skills - Questioning and listening skills
- Maximising learning through coaching
- Developmental planning
- Structuring a coaching session
- *Coaching practice*
- *Coaching models*

Follow up coach-coaching sessions will be available using Skype or Telephone for ongoing development

Who is this course for?

The programme is designed for anyone who manages, supports or co-ordinates other people, interested in deepening the effectiveness of their working relationships and improving performance. No prior knowledge of coaching is needed – just a commitment to effective people development. Coaching is a valuable tool for managers who want to motivate and develop their team to improve performance and manage change.

Pricing options - £85 per delegate

A CPD Bursary Fund is available for those who meet eligibility requirements

To register your interest email info@benesseuk.com with the subject title 'Coaching Skills for Managers'.

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