

THE IMPACTS OF DEPRESSION AMONG SOCIETY

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Abstract

The purposed of this research is to determine the impact of depression among society. This paper proposes a framework to identify four aspects concerning about the impacts of depression. As a result, the study reveals that the impacts of depression consists of among university and college students, related to women's problem, towards elderly and older people and intimate partner violence. This paper also shows the table analysis of review and the figure proposed research framework.

Keywords: depression, impact of depression, depression society.

1. Introduction

Nowadays, depression is widely known and become a serious case towards society. The term "depression" been apply to discuss widely diversity symptom, sorrow and main depressive illness. It is separated into two core types which is event-based means including pain and sorrow, and main mood sicknesses, that means as chronic depression, bipolar disorder, and also dysthymia. It is so worrying because according to (Ivandic et al., 2017) depression are highly extensive disorders with an impact on person's life, including employment at their work and job also their work routine. Not everyone who has depression understandings and experiences the same things in their life. Some may find it hard to sleep but others potency not want to get out of bed. What everyone has though is feeling sad and cannot enjoy themselves (Cronin et al., 2017).

Besides that, depression is foremost dominant health complications of immigrants and that been related to procedure acculturation as stated by (Choi et al., 2007; Kim & Kim, 2013). Moreover, it is as a psychiatric disorder considered by symptoms tenacious feelings of uselessness and unhappiness that has been categorized as the leading reason of incapacity and the fourth foremost cause of total syndrome loaded worldwide as being told and valid by (World Health Organization report, 2002; Asante & Arthur, 2014).

As study by (Marcus et al., 2012; Asante & Arthur, 2014) depression often start at an early age and still young while they decrease people's operational and are frequently. For our information, depression looked to stand as knowingly allied with Metabolic syndrome in folks aged 60 years or over it is shown that this illness is not choose who they want, everyone is chosen. Between the components of metabolic syndrome, abdominal obesity appeared to be connected extra powerfully thus dependably by depression (Repousi et al., 2018). In addition, there are unique types of depression that occur to society such as perinatal depression that happened amongst

women, it is widespread, under diagnosed plus can consume serious lasting effects on the health of women, partners and babies (Milgrom & Gemmill 2013).

The form of physical health keep reduce in which the aging process can lead to structural and physiological failures in old age such as vision, hearing, lung system, and bone joint including working environment or job that are not supported by physical and psychical condition not forgetting about family condition such as lack of attention or conflicts in the family, painful environment surrounding he lives and psychological reaction to the growth of stress that can lead to depression by (Yuziani & Maulina, 2017).

Furthermore, serious cases among the depression towards students stay prevalent and are related with significant academic damage. Numerous schools take applied depressive indication screening programs and the amount of students recognized as in necessity of services succeeding screening seriously surpasses existing mental health assets (Hill, Yaroslavsky & Pettit 2014).

There are several negative impact effected to the people who involve with depression. There are several studies have followed the impacts of depression among society, including among university and college students, related to women's problem, towards elderly and older people and intimate partner violence.

The aim of this study is to measure the impacts of depression among society. In order to achieve this objective, this research proposed a framework to identify four main aspects of the impacts of depression. The remainder of this paper is organized as follows. Section 2 is literature review. Proposed framework is in Section 3. Final section contains some concluding remarks.

2. Literature Review

This research is to evaluate the impacts of depression. For the impacts of depression, we focus on four main aspects; among university and college students, related to women's problem, towards elderly and older people and intimate partner violence.

2.1 Among university and college students

By (Shamsuddin et al., 2013) university students face not only challenges connected with self-governing living, but also academic experiments. All that happened influences them to depression, anxiety and stress, which are impartially common. As tested, depression scores were expressively developed among older students that aging 20 and above and it is majority came from those who born in rural areas. According to (Hill, Yaroslavsky & Pettit 2014) depressive symptoms in students are prevalent and are accompanying with great academic impairment. Various universities have fulfilled depressive symptom screening programs also the sum made by students recognized by way of in requirement of services ensuing critically beats obtainable mental health assets.

The diagnoses of the illness were found by some participations that has already been participates in percentages of undergraduates, respectively. An advanced of test that happened remained seen to those were older and those who survive in hostels

while related to those who stayed at homebased, though there are no changes were grasped amongst sexes or persons who studying in dissimilar abilities (Asante & Arthur, 2014). According by (Amarasuriya et al., 2015) the occurrence of depression in undergraduates is high through voluminous countries. Depression arises in an important number of college students hence a suitable mediation should be applied to assist in reducing the mess of depression, mostly to individuals initiate to remain being risk by suffering and keep struggle with it (Asante & Arthur, 2014). It is informed that male students were more disposed to to depression than females, while females were more defenseless to anxiety and stress (Fawzy & A. Hamed, 2017)

2.2 Related to women's problem

As a woman, we have been seen as a weak individual and got a lot thing that happens day by day. Women are an individual that easily and really close to depression. Some problem that being happened are named as perinatal or depression that is clearly shown as a chapter of main or minor depression through an onset whichever during pregnancy or during the first 12 months postnatal or usually called as antenatal and postpartum by others. It is predominant, under diagnosed and can devise serious extended effects (Milgrom & Gemmill 2013). It is proven serious and has long-term values including bad effect on the woman themselves. Depression in confinement is linked to unfortunate motherly self-care, insufficient nourishment, early detect of labour and opposing abstract consequences. In the postnatal, at a period once many women imagine an optimistic parenting knowledge, all symptoms of depression such as low temper, not enough of attention, exhaustion and moods of insignificance will lead to shocking.

Suicidal may happen laterally with outlooks of disappointment when we become a mother as stated by (Milgrom & Gemmill 2013). A study was done, by an unidentified individuals and questionnaire was made by the participants of several women were nominated by a relative incidental selection way. Those relations stuck between the acculturation, depression anxiety, verbal knowledge, lifecycle fulfilment and variables of demographic with the forecasters of depression amid the tests contributors remained examined. 9.2% of them got depression, which shown twice the percentage of depression has been initiate in general native Korean people. We already shown with 9.7% made by non-native of Korean women exist into the country succeeding to get married with native South Korean males has testified depressive signs also acculturative of pressure to lifespan pleasure been tangled by depression. The outcomes likewise advise mental strength maintenance physicians must remain intensely conscious by all the effect made from acculturative anxiety going on emotional strength once handling migrant or non-native spouses (Kim & Kim, 2013)

2.3 Towards elderly and older people

As study by (Yuziani & Maulina, 2017) elderly in a nursing home is at typical or average are at mild stress level to medium degree of depression. There is a say that when a person enters old age, here are various changes physically, mentally, and socially in their daily basis. Naturally the process of human growth from the initial period

until the old period is a series of facing reality and facing various changes until the person entering the old period and age. These changes will perhaps put some individuals of this age in the wrong focus which will of course become the source of gathered depression, not all people are able to adapt and overcome the stressor which may result to bad depression (Yuziani & Maulina, 2017). Metabolic syndrome been revealed as associated by depression in elder but the consequences are varied. When make it brief and assessed the relationship between depression also metabolic syndrome for persons aged 60 years and over (Repousi et al., 2018).

The amount of older that are 60 years old and above increased considerably in current years at utmost countries also districts, and the development is predictable to quicken in the approaching decades (Repousi et al., 2018). Besides that, depression is one of the main illnesses that give trouble to older people universal as 7.5 from million adults keep suffer from main depressive disorder. While some unipolar of depression follows by 7% of elder adults and it is for 5.7% of years survived with incapacity between the age of 60 year olds and over (Repousi et al., 2018). It is foremost source of incapacity for both genders in older age. Elder adults suffering depressive symptoms will be facing lesser effective matched to those with continuing medicinal circumstances stated as lung infection, hypertension or diabetes (Repousi et al., 2018).

2.4 Intimate partner violence

Depression also can lead to intimate partner violence. In intimate partner violence female stayed more possible to state depression equaled towards male. Partakers who experienced sensual IPV reported knowingly higher stages of depression compared to individuals who did not have involvement in sexual IPV. Depression interventions would be included for female students. Individual abuse including partner fight can lead to conflict is which is important danger factors for depression term (Kamimura et al., 2016). Intimate partner violence contains physical, sensual and also psychological injury imposed by current or former intimate partner, with dating partner, fiancée, and also spouse (Kamimura et al., 2016). The common of studies on IPV in Iran attentive on married women mistreated by their husbands, particularly during their pregnancy

Women from around the world been experienced, and resulting by 30% have accomplished for a physical and also or sexual abuse committed by an intimate partner but unfortunately, all these data do not discourse the similarly overwhelming psychological abuse, which in nearly cases has already found to lead to poorer mental strength results than been bodily abuse (E. White & Satyen 2015). Those women who experiencing with this IPV are twice as expected to skill depression as women who never experience with it. Investigation has been reached and designates the relationship between depression and IPV seems so bidirectional in women who experience IPV are more disposed to depressive symptoms, nonetheless women who has been experience with depressive are also likely to then experience IPV.

Table 1: Analysis of Review

Author	among university and college students	related to women's problem	towards elderly and older people	intimate partner violence
(Yuziani & Maulina, 2017).			√	
(Fawzy & A. Hamed, 2017)	√			
Kamimura et al., 2016	√			√
Shamsuddin et al., 2013	√			
Kim & Kim, 2013)		√		
Yaroslavsky & Pettit 2014)	√			
(Repousi et al., 2018)			√	
(Amarasuriya et al., 2015)	√			
(E. White & Satyen 2015).				√
(Milgrom & Gemmill 2013).		√		
(Wittman, 2014).	√			
(Winstok & A. Straus, 2014)				√
(Asante & Arthur, 2014).	√			

3. Proposed Framework

Figure 1 show that proposed framework to guide this research concern the impact of depression which are among university and college students, related to women's problem, towards elderly and older people and intimate partner violence. In this study, we identified those four different independence variables. Independence variables define based on previous discussion in Section 2.1 Among university and college students, Section 2.2 Related to women's problem, Section 2.3 Towards elderly and older people and Section 2.4 Intimate partner violence. These independence variables are essential due to the impacts of game addiction towards human behavior.

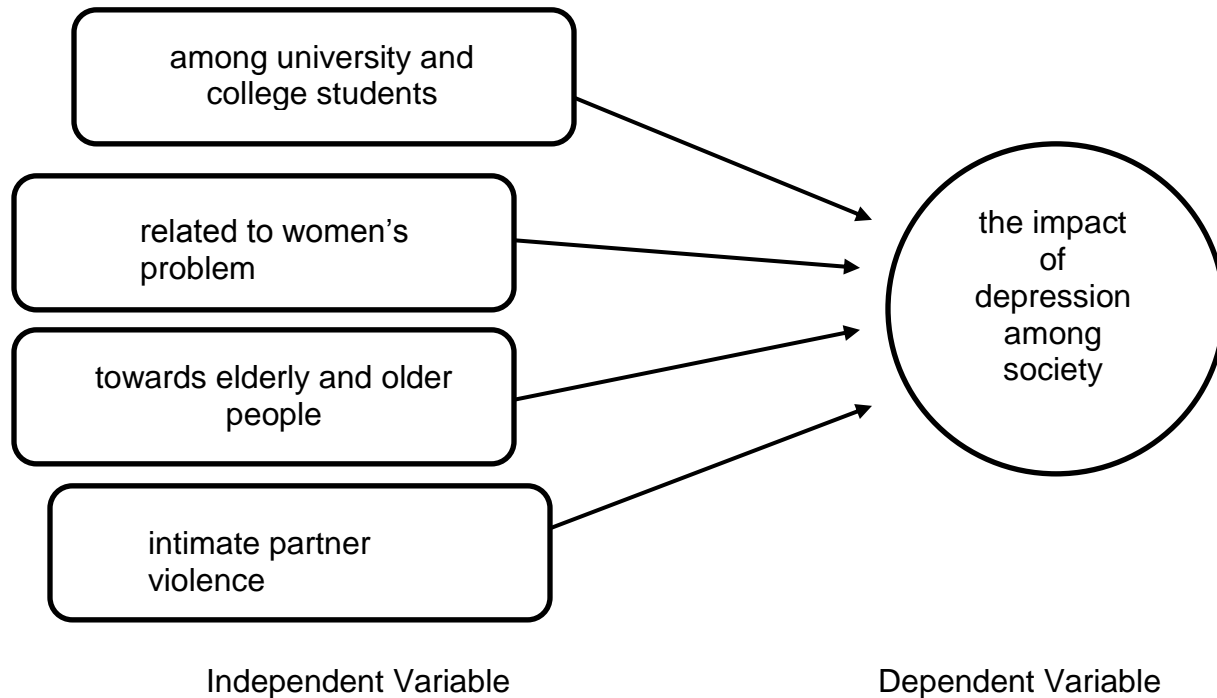


Figure 1: Proposed research framework

4. Conclusions

In conclusion, this chapter summaries on the impact of depression among society. Depression is really a serious matter that can happen towards anyone, anytime and anywhere hence patients, who live with depression, and their family and friends, have enormous challenges to overcome. Through the discussion, we were knowing the impact of depression among society is seriously concern and many things will happen affecting our daily life.

Based on all the methodology that has been conducted towards variety participation and demographic, the result show which is it will be affecting the students, problem towards older adults, women and intimate partner violence. The analysis of review also provided to make it more reliable. Then, proposed framework provided to demonstrate the continuity of the relationship between the impacts of depression and all the four reasons of the impacts. We as a human being must take care of each other and love ourselves also prevent all the mental problem with a good mental health for a better nation and reducing depression.

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