

Students and Alcohol Survey

NUS are conducting a short and confidential survey with students to find out your views on drinking alcohol. You don't have to drink alcohol to take part.

To thank you for taking part in this survey you are in with a chance of winning a top cash prize of £100 or one of ten £25 runner up prizes!

It shouldn't take any more than about 15 minutes to complete.

The deadline for this survey is 21st December 2015.

The information collected will be used only be seen by NUS and the project team at your university and students' union, NUS will never use this data outside of this research and you will not be identifiable personally.

Once you have completed the survey, please click the 'Submit' button.

Firstly, can we just check what year of study are you in?

Please select one answer only

- 1st year undergraduate
- 2nd year undergraduate
- 3rd year undergraduate
- 4th year undergraduate
- 5th or more year undergraduate
- Postgraduate - studying for a Masters
- Postgraduate - studying for a PhD

How old are you?

Please select one answer only

- 17 and under
- 18-20 years
- 21-24 years
- 25-29 years
- 30-40 years
- 41-54 years
- 55-64 years
- 65+ years
- I would prefer not to say

How do you prefer to think of yourself?

Please select one answer only

- Male
- Female
- In another way
- I would prefer not to say

What university do you attend?

Please select one answer only

--Click Here--
University of Aberdeen
Bournemouth University
University of Bradford
University of Brighton
Buckinghamshire New University
Brunel University
Canterbury Christ Church University
University of Chichester
Durham University
University of Hull
Keele University
Lancaster University
University of Leeds
Leeds Beckett University
University of Loughborough
University of Liverpool
Liverpool John Moores University
Manchester Metropolitan University
University of Nottingham
Queen Mary, University of London
University of Swansea
Royal Holloway, University of London
University of the West of England

A4

Where do you live during term-time?

Please select one answer only

- University halls
- Private halls
- University managed accommodation
- At home with parent/s/guardian/s
- Rented accommodation
- Own home (owned)
- Other (please specify)

If other, please specify

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Are you involved in any of the following in your spare time?

Please select all that apply

- University / Students' union academic societies
- University / Students' union sports clubs / groups
- University / Students' interest clubs / groups
- Volunteering
- Local sports clubs / groups
- Local interest clubs / groups
- None of these

Please describe the clubs, societies and groups you are involved with in the box below

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Now we'd like to know a little more about your time at university. Please answer the questions as honestly as possible, remembering that everything you say is confidential.

How often, if at all, do you drink alcohol?

Please select one answer only

- Every / most days
- 4-5 days a week
- 2-3 days a week
- Once a week
- Less than once a week
- Never, but I have drunk alcohol in the past
- Never, I have never drunk alcohol
- Don't know

You said that you drink alcohol less often than once a week, please tell us approximately how often you drink?

Please select one only

- Once a fortnight
- Once a month
- Only on special occasions e.g. celebrations, birthdays, Christmas
- Once a year
- Other, please specify
- Don't know

If other, please specify

Thinking about the last 7 days, on how many days over this period did you drink alcohol at all, either at home or elsewhere?

Please select only one

- None
- 1
- 2
- 3
- 4
- 5
- 6
- 7
- Don't know

And still thinking about the last 7 days, how many of each of these types of drink have you consumed, either at home or elsewhere?

Please provide an approximate answer if possible



Bottles of regular strength beer, bitter, lager or cider (e.g. Carling or Bulmers)



Pints of regular strength beer, bitter, lager or cider (e.g. Carling or Bulmers)



Bottles of strong beer, bitter, lager or cider (e.g. Stella Artois or Scrumpy Jack)



Pints of strong beer, bitter, lager or cider (e.g. Stella or Scrumpy Jack)



Small glasses of wine (125ml)



Medium glasses of wine (175ml)



Large glasses of wine (250ml)



Glasses of fortified wine or vermouth (e.g. sherry or port (not wine))



Single measures of spirits or liqueur such as whisky, gin, vodka, etc. (with mixer or without i.e. shots)



Double measures of spirits or liqueur such as whisky, gin, vodka, etc. (with mixer or without i.e. shots)



Bottles of pre-mixed drinks such as Bacardi Breezer, Smirnoff Ice, WKD etc

Thinking about the academic year as a whole, are there any patterns to when you drink alcohol?

For example, are there particular occasions or periods of time where you drink more or less, or not at all? Please write your answer in the box below.

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Do any of the following describe your drinking behaviour?

Please select one answer only

	<i>Something I do regularly</i>	<i>Something I consider but rarely do</i>	<i>Something I would not even consider</i>
Start drinking alcohol in your house / friend's house before you go out for the night	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Deliberately getting drunk at home before a night out	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Deliberately not eating before you go out so that you can get more drunk	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

If you are drinking, how often do you tend to drink in each of the following places?

If there are other places you drink which aren't listed, please tell us where and how often using the 'other' option.

Please select one answer for each option

	<i>More than once a week</i>	<i>About once a week</i>	<i>Less often than once a week</i>	<i>Never</i>	<i>Don't know</i>
Student's union bar	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Students' union nightclub	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Local bar	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Local pub	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Local nightclub	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
House party	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Restaurant / cafe	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Stay at home / in my accommodation	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Other (please specify)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

If other, please specify

To what extent, if at all, do you agree or disagree with the following statements?

Please select one answer only for each option

	Agree strongly	Agree slightly	Disagree slightly	Disagree strongly	Don't know
Getting drunk means I'll have a good night out	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Pacing myself when drinking (for example drinking soft drinks in between alcoholic drinks) allows me to have a better night out for longer	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Drinking too much too quickly can cut short a great night out with my friends	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
It can be difficult not to drink too much on a night out	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I don't have to get drunk to have a good night out	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I tend to stop drinking before I get very drunk	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I don't like socialising with people who get very drunk and ruin the night for others	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I don't like socialising with people who don't drink - they don't know how to have fun	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Nowadays I think more about my behaviour when I drink than I used to	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I sometimes feel pressure from my friends to drink more alcohol than I would like to	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

You agreed it can be difficult not to drink too much on a night out - why do you think that?

Please select all that apply

- Pressure from friends
- It can be difficult to get water or soft drinks from bars / clubs
- It can be expensive to get water or soft drinks from bars / clubs
- It can feel embarrassing ordering water or soft drinks
- It's easy to get caught up in rounds
- I don't know what to do that would help me to not drink too much
- There are too many tempting drinks offers
- Drinking helps me to relax / socialise
- Other (please specify)
- Don't know

If other, please specify

Thanks for completing the survey so far. Here are a few more questions...

Please select the phrase which best describes your perceptions:

Before arriving at University, did you believe that students...

Please select one only

- Got drunk all of the time
- Got drunk most of the time
- Got drunk occasionally
- Never got drunk
- Rather not say
- Don't know

How many alcoholic drinks do you think that the 'typical student' consumes in a typical night out?

Please write your answer in the box below

Thinking specifically about drinking alcohol at university, how much do you agree or disagree with the following statements?

Please select only one response per statement

	Agree strongly	Agree slightly	Disagree slightly	Disagree strongly	Don't know
Drinking and getting drunk is part of university culture	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Students drink alcohol to fit in with their peers	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
It is almost expected that students will drink to get drunk	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Few students worry about how much alcohol will damage their health	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My university friends expect me to drink regularly and get drunk	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Next, we'd like to know a bit more about your experiences when drinking alcohol. Please remember that all answers will remain confidential and please answer as honestly as possible.

People react differently and experience different consequences when drinking alcohol. Please indicate if any of the following things have happened to you in the last term as a result of drinking alcohol.

Please select all that apply

	<i>Experienced</i>	<i>Not experienced</i>	<i>Don't know</i>
Was unable to remember what happened the night before	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Woke up feeling embarrassed about things you had said or done	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Vomited (either after drinking or the following day)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Regretted a decision to engage in sexual activity	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Took risks with your personal safety (such as walking home alone or through poorly lit streets)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Been a victim of crime	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Lost a valued possession / had something stolen (such as a mobile phone or wallet)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Had unprotected sex	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Felt you had spoiled someone's night	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Injured yourself	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Were refused entry to a club or bar for being too drunk	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Passed out or fainted suddenly	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Don't know	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Rather not say	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
None of these	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

People react differently and experience different consequences when drinking alcohol. Please indicate if any of the following things have happened to you in the last term as a result of drinking alcohol.

Please select all that apply

	<i>Experienced</i>	<i>Not experienced</i>	<i>Don't know</i>
Missed going to paid work	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Missed a seminar / lecture / class at university	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Missed a university assignment deadline	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Missed other social engagements	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

People react differently and experience different consequences when drinking alcohol. Please indicate if any of the following things have happened to you in the last term as a result of drinking alcohol.

Please select all that apply

	<i>Experienced</i>	<i>Not experienced</i>	<i>Don't know</i>
Got into an argument with people you know	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Got into a fight with people you know	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Got into an argument with strangers	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Got into a fight with strangers	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Got into trouble with the police	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Stolen anything from anyone or anywhere (for example a wallet, money, or goods from a friend or stranger, or from someone's home, the university or a business)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Caused damage to the place where you live	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Caused damage to anything that didn't belong to you in a public place	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Driven a car or vehicle whilst over the limit	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Ended up with a criminal record	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

You indicated that you have been a victim of crime when you have been drinking alcohol. We'd like to know more about your experience of being a victim of crime.

Please indicate if any of the following things have happened to you in the last term when or after you have been drinking alcohol.

Please select all that apply

- Experienced verbal abuse
- Experienced physical abuse
- Experienced sexual assault
- Been in a car that was being driven by a drunk driver
- Had something stolen (e.g. phone, wallet)
- Experienced harassment and / or intimidation
- Experienced damage to personal property
- Other (please specify)
- Rather not say
- None of these

If other, please specify

Who, if anyone, did you report this / these experience(s) to?

Please select all that apply

- The Police
- The University
- The students' union
- The local council
- Other (please specify)
- I did not report my experiences to anyone
- Don't know

If other, please specify

Is there anything else you would like to add about your experiences of drinking alcohol?

Please write your answers in the box below

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Go to NE1

In this section, we're interested in your thoughts on your drinking habits.

Here are some things people have said they do to control their drinking and avoid getting too drunk. Have you tried any of these?

Please select one answer per row

	<i>Something I do regularly</i>	<i>Something I consider but rarely do</i>	<i>Something I would not even consider</i>	<i>Don't know</i>
Avoid having alcohol in my accommodation	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Have one or two nights off drinking alcohol in the week	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Drink lower alcoholic drinks	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Avoid being around drinks	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Leave my cash cards at home	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Set myself a spending limit	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Get fresh air to try and sober up	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Avoid drinking shots	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Make sure I eat before or when drinking	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Alternate alcoholic drinks with soft drinks or water	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Turn down drinks from friends	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Avoid drinking too much before I leave my accommodation	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Take into account my course activities for the following day when planning how much to drink during a night out	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Chosen to do something else	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

What would you say is your main reason for not drinking, or stopping drinking, alcohol?

Please select one answer only

- Don't like the taste
- Don't like the effect it has on me
- A current health condition
- The long term effects of alcohol on my health
- Religious or cultural reasons
- It's too expensive
- None of my friends drink
- Other (please specify)

If other, please specify

Thinking about your most recent university term, when you were socialising with other students, how often did you feel that your friends expected you to drink alcohol?

Please select one only

- All of the time
- Most of the time
- Some of the time
- Never
- Don't know
- Rather not say

On a scale of 0 to 10 where 0 = a very negative impact and 10 = a very positive impact, how do you think that not drinking alcohol has impacted on the following:

Please select one answer for each statement

	1	2	3	4	5	6	7	8	9	10	Don' t kn ow
Your life at University in general	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Your ability to meet new people	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Your ability to settle in at University	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Your ability to enjoy nights out	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Who, if anyone, do you think is responsible for safe drinking at university?

Select all which apply

- The people who are drinking
- Welfare officers at my students' union
- Students' union staff
- The university
- The local authority
- The police
- Don't know
- Other (please specify)

If other, please specify

Are you aware of any safe or responsible drinking campaigns, projects or activities at your university?

Please select one answer only

- Yes
- No
- Don't know

Please describe what you know about these campaigns, projects or activities.

Please write your answer in the box below

Have you been part of these campaigns, projects or activities in any way?

Please select one answer only

- Yes
- No
- Don't know

What changes have you made, if any, as a result of these campaigns or activities?

Please tell us about any changes to the way you think about and consume alcohol. If you have not made any changes please leave the box empty.

Do you feel that there are enough social events for you at university that do not involve having to drink or get drunk?

Please select one answer only

- Yes
- No
- Don't know

Do you have any suggestions for social events or initiatives the university could hold that do not involve alcohol? Or are there any existing ones you particularly like?

Please write your answer in the box below

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Finally, we'd like to find out a bit more about you...

Which one subject best describes your course or degree?

Please select one answer only

--Click Here--	
Accounting	
Aerospace engineering	
African studies	
Agricultural sciences	
Agriculture	
American studies	
Ancient language studies	
Animal science	
Anthropology	
Archaeology	
Architecture	
Artificial intelligence	
Astronomy	
Aural & oral sciences	
Australasian studies	
Biology	
Biology - Microbiology	
Biology - Molecular	
Biophysics & biochemistry	
Biotechnology - Industrial	
Botany	
Building	
Business studies	
Celtic studies	
Ceramics & glasses	
Chemical, process & energy engineering	
Chemistry	
Chinese studies	
Cinematics & photography	
Civil engineering	
Classical Greek studies	
Classical studies	
Comparative literary studies	
Complementary medicine	
Computer science	
Crafts	
Dance	
Dentistry	
Dentistry - Pre-clinical	
Design studies	
Development Studies	
Drama	
Economics	
Economics & politics	
Ecology	
Education - Academic studies in	
Education - Research & study skills in	
Electronic & electrical engineering	
English	
English studies	
Environmental sciences	
Finance	
Fine art	
Food & beverage studies	

Which one subject best describes your course or degree?

Please select one answer only

Forestry
French studies
General engineering
Genetics
Geography
Geology
German studies
History (by area, period or topic)
Human & social geography
Human resource management
Imaginative writing
Information services
Information systems
Italian studies
Japanese studies
Journalism
Landscape design
Latin studies
Law (by area or topic)
Linguistics
Management studies
Manufacturing engineering
Maritime technology
Marketing
Materials science
Materials technology not otherwise specified
Mathematics
Mechanical engineering
Media studies
Medical technology
Medicine - Clinical
Medicine - Pre-clinical
Metallurgy
Minerals technology
Modern Middle Eastern studies
Music
Naval architecture
Nursing
Nutrition
Ocean sciences
Office skills
Operational research
Ophthalmics
Pharmacology, toxicology & pharmacy
Philosophy
Physical & terrestrial geographical & environmental sciences
Physics
Physiology & pathology - Anatomy
Planning (urban, rural & regional)
Politics
Polymers & textiles
Portuguese studies
Production engineering
Psychology

Which one subject best describes your course or degree?

Please select one answer only

Publicity studies
Publishing
Russian & East European studies
Scandinavian studies
Social policy
Social work
Sociology
Social science
Software engineering
South Asian studies
Spanish studies
Sports science
Statistics
Theology & religious studies
Tourism, transport & travel
Training teachers
Veterinary medicine - Pre-clinical
Veterinary medicine & dentistry - Clinical
Welsh Studies
Zoology
Other

To which of the following ethnic groups do you belong?

Please pick one

- White - British
- White - Irish
- White - Other
- Mixed - White and black Caribbean
- Mixed - White and black African
- Mixed - White and Asian
- Mixed - Other
- Asian or Asian British - Indian
- Asian or Asian British - Pakistani
- Asian or Asian British - Bangladeshi
- Asian or Asian British - Other
- Black or black British - Caribbean
- Black or black British - African
- Black or black British - Other
- Chinese
- Any other ethnic group
- I would prefer not to say

Which of the following statements best describes you?

Please select one answer only

- I am a UK citizen studying in the UK
- I am an international student from within the EU studying in the UK
- I am an international student from outside the EU studying in the UK

Are you classified as a part-time or full-time student by your institution?

Please select one answer only

- Full-time
- Part-time

Thank you for completing our survey, we really appreciate you taking the time.

Please click 'Submit' to finish.

Your responses are completely confidential and will not be used for any other purposes than for this study. NUS will never use this data outside of this research and you will not be identifiable personally.

To be in with a chance to enter the prize draw, please enter your name and email address into the boxes below so that we can contact you if you win.

Name

Email Address

Would you like to be kept updated with further information about the research (i.e. news items and press releases)?

- Yes
- No

Are you happy to be contacted about further opportunities to take part in research on this subject?

- Yes
- No

Thank you for taking the time to participate in this survey but on this occasion you don't meet the characteristics of students who we are interested in hearing from.

Look out for more research opportunities from NUS in the future.