

EMDR THERAPY PROTOCOLS FOR EARLY INTERVENTION AND ONGOING TRAUMATIC STRESS © All Rights Reserved.

14 Contact Hours and 14 EMDRIA Credits.

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EDUCATIONAL OBJECTIVES IN COMPLIANCE WITH THE AMERICAN PSYCHOLOGICAL ASSOCIATION (APA) STANDARDS AND CRITERIA FOR APPROVAL OF SPONSORS OF CONTINUING EDUCATION FOR PSYCHOLOGIST

About the use of appropriate educational methods that are effective to achieve the educational objectives and actively engage the learner to enhance acquisition of knowledge and facilitate translation into practice. It is important to mention that during the workshop the presenter give live demonstrations in the use of the procedures and protocols and encourage participants to share their understanding of the material based on their previous knowledge on EMDR Therapy, the AIP model, clinical experience, differences with other approaches, procedures or protocols; population/clients in their line of work with which those procedures or protocols could be used.

Participants are expected to learn and be able to:

1. Describe the AIP-model based Acute Trauma and Ongoing Traumatic Stress Theoretical Conceptualization (Jarero & Artigas, 2018).
2. Define Early Psychological Interventions, Recent Trauma Clinical Presentations, Prevention of PTSD, and EMDR Based Early Interventions.
3. List the eight phases of the Procedure for Acute Stress Syndrome Stabilization (ASSYST-I) for Individual administration.
4. List the eight phases of the Procedure for Acute Stress Syndrome Stabilization (ASSYST-G) for Group administration
5. List four population groups that can be treated with the EMDR-Integrative Group Treatment Protocol Adapted for Ongoing Traumatic Stress (EMDR-IGTP-OTS).
6. List the EMDR-IGTP-OTS twelve Main Objectives.
7. List the EMDR-IGTP-OTS twelve advantages.
8. List one meta-analysis and fourteen studies around the world about the EMDR-IGTP.
9. List the EMDR-IGTP-OTS eight phases.
10. List seven “red flags” that may complicate treatment in a group format.
11. List three important elements to remember when preparing the workplace for the EMDR-IGTP-OTS
12. List activities of the Emotional Protection Team during the EMDR-IGTP-OTS.
13. List the eight sources to identify participants needing additional support after the EMDR-IGTP-OTS

14. List three EMDR-Protocol for Recent critical Incidents and Ongoing Traumatic Stress (EMDR-PRECI) benefits.
15. List EMDR-PRECI four controlled trials.
16. List the EMDR-PRECI eight phases and three prongs.
17. List the EMDR-PRECI Key Procedures.
18. Describe EMDR-PRECI's Clinical Treatment Strategies.
19. Describe the clinical and research instruments (e.g., PCL-5, HADS).
20. Describe how to prepare and work in worst case scenarios.
21. With the previous knowledge participants will be able to apply in their professional practice the Procedure for Acute Stress Syndrome Stabilization (ASSYST) for Individual and Groups.
22. With the previous knowledge participants will be able to apply in their professional practice the EMDR-IGTP and the EMDR-PRECI.
23. With the previous knowledge participants will be able to prepare and work in worst case scenarios.

SEE THE PROGRAM CONTENT EMPIRICAL SUPPORT BELOW

GENERAL REFERENCES

Jarero, I., Artigas (2018). AIP model-based Acute Trauma and Ongoing Traumatic Stress Theoretical Conceptualization. *Iberoamerican Journal of Psychotraumatology and Dissociation*, 10(1), 1-7.

Shapiro, F. (2001). *Eye movements desensitization and reprocessing. Basic principles, protocols, and procedures* (2nd ed.). New York, NY: Guilford Press.

Shapiro, F. (2018). *Eye movements desensitization and reprocessing. Basic principles, protocols, and procedures* (Third ed.). New York, NY: Guilford Press.

EMDR-PROTOCOL FOR RECENT CRITICAL INCIDENTS AND ONGOING TRAUMATIC STRESS (EMDR-PRECI) CONTROLLED STUDIES

Jarero, I., Artigas, L., & Luber, M. (2011). The EMDR protocol for recent critical incidents: Application in a disaster mental health continuum of care context. *Journal of EMDR Practice and Research*, 5(3), 82–94. DOI: 10.1891/1933-3196.5.3.82

Jarero, I., & Uribe, S. (2011). The EMDR protocol for recent critical incidents: Brief report of an application in a human massacre situation. *Journal of EMDR Practice and Research*, 5(4), 156–165. DOI: <http://dx.doi.org/10.1891/1933-3196.5.4.156>

Jarero, I., & Uribe, S. (2012). The EMDR protocol for recent critical incidents: Follow-up Report of an application in a human massacre situation. *Journal of EMDR Practice and Research*, 6(2), 50-61. DOI: <http://dx.doi.org/10.1891/1933-3196.6.2.50>

Jarero, I., Amaya, C., Givaudan, M., & Miranda, A. (2013). EMDR Individual Protocol for Paraprofessionals Use: A Randomized Controlled Trial With First Responders. *Journal of EMDR Practice and Research*, 7(2), 55-64. DOI: <http://dx.doi.org/10.1891/1933-3196.7.2.55>

Jarero, I., Uribe, S., Artigas, L., Givaudan, M. (2015). EMDR protocol for recent critical incidents: A randomized controlled trial in a technological disaster context. *Journal of EMDR Practice and Research*, 9(4), 166-173. DOI: <http://dx.doi.org/10.1891/1933-3196.9.4.166>

Jarero, I., Schnaider, S., Givaudan, M. (in press). Randomized Controlled Trial on the Provision of the EMDR Protocol for Recent Critical Incidents and Ongoing Traumatic Stress to First Responders. *Journal of EMDR Practice and Research*,

EMDR-INTEGRATIVE GROUP TREATMENT PROTOCOL (EMDR-IGTP) WITH DISASTERS SURVIVORS

Meta-Analysis and Systematic Review

Brown, R.C., Witt, A., Fegert, J.M., Keller, F., Rassenhofer, M., and Plener, P.L. (2017). Psychosocial interventions for children and adolescents after man-made and natural disasters: a meta-analysis and systematic review. *Psychological Medicine*, Page 1 of 13. Cambridge University Press 2017. DOI:10.1017/S0033291717000496

EMDR-IGTP Controlled Studies

Jarero, I., Artigas, L., & Hartung, J. (2006). EMDR integrative treatment protocol: A post-disaster trauma intervention for children & adults. *Traumatology*, 12(2), 121–129. Sage Publications. DOI: 10.1177/1534765606294561

Jarero, I., Artigas, L., & Montero, M. (2008). The EMDR integrative group treatment protocol: Application with child victims of a mass disaster. *Journal of EMDR Practice and Research*, 2(2), 97–105. DOI: 10.1891/1933-3196.2.2.97

Jarero, I., & Artigas, L. (2010). EMDR integrative group treatment protocol: Application with adults during ongoing geopolitical crisis. *Journal of EMDR Practice and Research*, 4(4), 148–155. DOI: 10.1891/1933-3196.4.4.148

EMDR-IGTP Case Studies

Korkmazlar-Oral, U., & Pamuk, S. (2002). Group EMDR with child survivors of the earthquake in Turkey. Association of Child Psychology and Psychiatry (ACPP). Occasional Papers No. 19, 47–50

Fernandez, I., Gallinari, E., & Lorenzetti, A. (2005). A school-based intervention for children who witnessed the Pirelli building airplane crash in Milan, Italy. *Journal of Brief Therapy*, 2, 129–136.

Zaghrou-Hodali, M., Alissa, F., & Dodgson, P. (2008). Building resilience and dismantling fear: EMDR group protocol with children in an area of ongoing trauma. *Journal of EMDR Practice and Research*, 2(2), 106–113. DOI: 10.1891/1933-3196.2.2.106

Adúriz, M.E., Bluthgen, C., Knopfler, C. (2009). Helping Child Flood Victims Using Group EMDR Intervention in Argentina: Treatment Outcome and Gender Differences. *International Journal of Stress Management*, 16(2), 138-153. DOI: <http://dx.doi.org/10.1037/a0014719>

Allon, M. (2015). EMDR group therapy with women who were sexually assaulted in the Congo. *Journal of EMDR Practice and Research*, 9(1), 28-34. <http://dx.doi.org/10.1891/1933-3196.9.1.28>

Maslovaric, G., Zaccagnino, M., Mezzaluna, C., Perilli, S., Trivellato, D., Longo, V., and Civilotti, C. (2017). The Effectiveness of Eye Movement Desensitization and Reprocessing Integrative Group Protocol with Adolescent Survivors of the Central Italy Earthquake. *Front. Psychol.* 8:1826. DOI: 10.3389/fpsyg.2017.01826

EMDR-IGTP ADAPTED FOR ONGOING TRAUMATIC STRESS (EMDR-IGTP-OTS) PROVIDED TO PATIENTS WITH CANCER-RELATED PTSD, ANXIETY AND DEPRESSION SYMPTOMS

Jarero, I., & Artigas, L., Uribe, S., García, L, E., Cavazos, M.A., & Givaudan, M. (2015). Pilot Research Study on the Provision of the EMDR Integrative Group Treatment Protocol with Female Cancer Patients. *Journal of EMDR Practice and Research*, 9(2), 98-105. DOI: <http://dx.doi.org/10.1891/1933-3196.9.2.98>

Jarero, I., Artigas, L., Uribe, S., García, L.E. (2016). The EMDR Integrative Group Treatment Protocol for Patients with Cancer. *Journal of EMDR Practice and Research*, 10(3), 199-207. <http://dx.doi.org/10.1891/1933-3196.10.3.199>

Jarero, I., Givaudan, M., Osorio, A. (2018). Randomized Controlled Trial on the Provision of the EMDR Integrative Group Treatment Protocol Adapted for Ongoing Traumatic Stress to Patients with Cancer. *Journal of EMDR Practice and Research*, 12(3), 94-104. [http:// dx. doi. org/ 10. 1891/ 1933- 3196. 12. 3. 94](http://dx.doi.org/10.1891/1933-3196.12.3.94)

EMDR-IGTP ADAPTED FOR ONGOING TRAUMATIC STRESS PROVIDED TO FEMALE PATIENTS TO DEAL WITH THE TRAUMA FROM DIVORCE

Wong, S-L (2018). EMDR-based Divorce Recovery Group: A case study. *Journal of EMDR Practice and Research*, 12(2), 58-70. DOI: [http:// dx. doi. org/ 10. 1891/ 1933- 3196. 12. 2. 58](http://dx.doi.org/10.1891/1933-3196.12.2.58)

EMDR-IGTP PROVIDED TO CHILD VICTIMS OF SEVERE INTERPERSONAL VIOLENCE

Jarero, I., Roque-López, S., Gómez, J. (2013). The Provision of an EMDR-Based Multicomponent Trauma Treatment with Child Victims of Severe Interpersonal Trauma. *Journal of EMDR Practice & Research*, 7(1), 17-28.

Jarero, I., Roque-López, S., Gómez, J., Givaudan, M. (2014a). Second Research Study on the Provision of the EMDR Integrative Group Treatment Protocol with Child Victims of Severe Interpersonal Violence. *Iberoamerican Journal of Psychotraumatology and Dissociation*, 6(1), 1-24. ISSN: 2007-8544.

Jarero, I., Roque-López, S., Gómez, J., Givaudan, M. (2014b). Third Research Study on the Provision of the EMDR Integrative Group Treatment Protocol with Child Victims of Severe Interpersonal Violence. *Iberoamerican Journal of Psychotraumatology and Dissociation*, 6(2), 1-22. ISSN: 2007-8544.

EMDR-IGTP APPLIED TO CAREGIVERS OF PATIENTS WITH DEMENTIA

Passoni, S., Curinga, T., Toraldo, A., Berlingeri, M., Fernandez, I., Bottini, G. (2018). Eye Movement Desensitization and Reprocessing Integrative Group Treatment Protocol (EMDR-IGTP) applied to caregivers of patients with dementia. *Frontiers in Psychology*, Vol. 9. Article 967. DOI: 10.3389/fpsyg.2018.00967

EMDR-IGTP PROVIDED TO NGO'S STAFF MEMBERS WHO PROVIDED CARE TO CHILDREN AND ADOLESCENTS WITH SEVERE INTERPERSONAL TRAUMA

Jarero, I., Rake, G., & Givaudan, M. (2017). EMDR Therapy Program for Advance Psychosocial Interventions Provided by Paraprofessionals. *Journal of EMDR Practice and Research*, 11(3), 122-128. DOI: <http://dx.doi.org/10.1891/1933-3196.11.3.122>

EMDR-IGTP PROVIDED TO REFUGEE CHILDREN

Wilson, S., Thinker, R., Becker, L., Hofmann, A., & Kleiner, K. (2000, September). A field study of EMDR with Kosovar-Albanian refugee children using a group treatment protocol. Symposium presented at the annual conference of the EMDR International Association, Toronto, Canada.

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