

CONTROLE GLICÊMICO

	ANTES CAFÉ	PÓS CAFÉ	ANTES ALMOÇO	PÓS ALMOÇO	LANCHE	ANTES JANTAR	PÓS JANTAR	CEIA	INSULINA BASAL
___/___	___mg/dL ___u ___CHO _____	___mg/dL ___u ___CHO _____	___mg/dL ___u ___CHO _____	___mg/dL ___u ___CHO _____	___mg/dL ___u ___CHO _____	___mg/dL ___u ___CHO _____	___mg/dL ___u ___CHO _____	___mg/dL ___u ___CHO _____	___u ___:___ ___u ___:___ ___u ___:___
___/___	___mg/dL ___u ___CHO _____	___mg/dL ___u ___CHO _____	___mg/dL ___u ___CHO _____	___mg/dL ___u ___CHO _____	___mg/dL ___u ___CHO _____	___mg/dL ___u ___CHO _____	___mg/dL ___u ___CHO _____	___mg/dL ___u ___CHO _____	___u ___:___ ___u ___:___ ___u ___:___
___/___	___mg/dL ___u ___CHO _____	___mg/dL ___u ___CHO _____	___mg/dL ___u ___CHO _____	___mg/dL ___u ___CHO _____	___mg/dL ___u ___CHO _____	___mg/dL ___u ___CHO _____	___mg/dL ___u ___CHO _____	___mg/dL ___u ___CHO _____	___u ___:___ ___u ___:___ ___u ___:___
___/___	___mg/dL ___u ___CHO _____	___mg/dL ___u ___CHO _____	___mg/dL ___u ___CHO _____	___mg/dL ___u ___CHO _____	___mg/dL ___u ___CHO _____	___mg/dL ___u ___CHO _____	___mg/dL ___u ___CHO _____	___mg/dL ___u ___CHO _____	___u ___:___ ___u ___:___ ___u ___:___
___/___	___mg/dL ___u ___CHO _____	___mg/dL ___u ___CHO _____	___mg/dL ___u ___CHO _____	___mg/dL ___u ___CHO _____	___mg/dL ___u ___CHO _____	___mg/dL ___u ___CHO _____	___mg/dL ___u ___CHO _____	___mg/dL ___u ___CHO _____	___u ___:___ ___u ___:___ ___u ___:___
___/___	___mg/dL ___u ___CHO _____	___mg/dL ___u ___CHO _____	___mg/dL ___u ___CHO _____	___mg/dL ___u ___CHO _____	___mg/dL ___u ___CHO _____	___mg/dL ___u ___CHO _____	___mg/dL ___u ___CHO _____	___mg/dL ___u ___CHO _____	___u ___:___ ___u ___:___ ___u ___:___
___/___	___mg/dL ___u ___CHO _____	___mg/dL ___u ___CHO _____	___mg/dL ___u ___CHO _____	___mg/dL ___u ___CHO _____	___mg/dL ___u ___CHO _____	___mg/dL ___u ___CHO _____	___mg/dL ___u ___CHO _____	___mg/dL ___u ___CHO _____	___u ___:___ ___u ___:___ ___u ___:___