

❖ SALON DU FROMAGE ❖

MANO FORMATE prosciutto

candied kumquats, torn mint. 16

single cheese

mixed greens, pickled vegetables, baguette. 12

cheese & fruit

three selections of cheese, seasonal fruit, house-made fig cake, spiced nuts & baguette. 20

cheese & MANO FORMATE cured meats

three selections of cheese, cured meats, condiments, spiced nuts & baguette. 22

the works

three selections of cheese, cured meats, seasonal fruit, house-made fig cake, spiced nuts & baguette. 24

goat cheese sampler

three selections of local & import artisan goat cheese, fig cake, compote, spiced nuts & baguette. 18

fromage tower

six cheese selections, seasonal fruit, spiced nuts, olives, MANO FORMATE cured meats & charcuterie, FIG FOOD condiments & baguette. 48

salon du fromage sampler

six selections & baguette only. 25

❖ FROMAGE SELECTION ❖



COW'S MILK

Fiscalini Bandaged Cheddar

Modesto, California

Aged eighteen months, this is a true American farmstead cheddar with a luxurious balance of buttery, grassy, savory flavors enhanced by a combination of sweet & salt. (raw milk)

Bohemian Creamery FlowerPower

Sebastopol, California

A fresh lactic organic cow cheese pyramid speckled with bursts of bee pollen and crowned with a ring of pollen on the outside. Each bite offers mingling moments of milk and honey: the embodiment of Spring when milk is fresh and flora bloom anew.

St. George

Santa Rosa, California

Named after the Matos' home island of Sao Jorge, Portugal, this semi-hard cheese is deeply flavorful and tastes like a cross between cheddar and a young asiago. It has a light, clean aroma with a slight tang and almost buttery texture. (raw milk)

Morbier

Franche-Comte, France

An aromatic and surprisingly mild AOC cheese defined by the dark vein of vegetable ash streaking through its middle. A washed rind protects the rich cream interior. It has a mild taste and leaves a wonderful, nutty aftertaste.



GOAT'S MILK

Fleur Verte

Loire Valley, France

A soft, creamy, rindless cheese with just the slightest tang of goat's milk and an uncharacteristic sweetness. Covered in fresh green herbs - tarragon and thyme, along with pink peppercorns - all of which add a distinctive flavor to the subtle, moist cheese.

Laura Chenel Chèvre

Sonoma, California

Laura Chenel was a pioneer in the art of making American goat cheese in the French style. This chèvre has a creamy texture and a delicate flavor.

Sierra Nevada Cheese Co. Bella Capra Smoked Goat Cheddar

Willows, California

Sourced from local organic dairy farmers and aged 120 days create a smooth texture highlighting the rich & nutty flavor with a balanced, smoky finish. (raw milk)



SHEEP'S MILK

Roquefort Papillon

Auvergne, France

Aged for over 4 months in the natural Combalou Caves, this exceptional Papillon Roquefort is distinguished first and foremost by its white curd and the intense blue which generously marbles its wide and numerous cavities.

Central Coast Creamery Ewureka

Paso Robles, California

Aged for 3 months, the paste offers a distinct sweetness up front, followed by a pleasant creamy finish with just the right amount of tang.

Brebicet

Rhône-Alpes, France

A smooth, soft, bloomy-rind sheep's milk cheese with a white, velvety and pillowy bloomy rind.



❖ STARTERS ❖

heirloom radishes

mixed seasonal radishes, anchovy butter & grey sea salt. 7

pastis-scented steamed mussels, frites

garlic, leeks, herbs, grilled bread. full pound. 25 ½ pound. 15

grass-fed steak tartare

traditional with raw egg, caperberries, lavender sea salt, toast. 15

roasted beet tartine

horseradish crema, toasted hazelnuts, cucumbers, mâche. 12

duck liver pâté

apple butter, brioche toasts. 14

fried smelt

cornmeal crust, meyer lemon aioli. 12

grilled asparagus

boquerones, arugula, crispy garlic, green garlic vinaigrette. 13

MANO FORMATE charcuterie platter

daily selection of cured meats, pâté & terrines, house pickles. 20

❖ SOUP & SALADS ❖

soup

from the garden to the stockpot. 8

smoked salmon

potato rösti, whipped mascarpone, pickled red onion, sprouts, everything spice. 18

crispy brussels sprouts & kale salad

vella jack, herb croutons, creamy pepper vinaigrette, 11

salad of the season

artisan greens, pickled asparagus, snap peas, shaved radish, crispy chickpeas, carrot vinaigrette. 10

fig & arugula salad

toasted pecans, MANO FORMATE pancetta, laura chenel chèvre, fig & port vinaigrette. 15

❖ PETITS PLATS & SANDWICHES ❖

omelette du jour

side salad. 14 (until 5 pm)

quiche lorraine

quinoa & green salad, matchstick frites. 15

crispy pork belly sandwich

sauerkraut, honey-dijon, comté, brioche bun, frites. 16

croque monsieur

applewood-smoked ham & st. george cheese, quinoa & green salad. 14 add farm egg. 2

pressed ham sandwich

MANO FORMATE ham, bacon marmalade, goat cheese. 15

grilled cheese sandwich

tomato confit & matchstick frites. 14

sonoma mountain beef burger

grilled onions, house-made pickles, frites. 16

add brie, cheddar or cambozola. 2

add MANO FORMATE bacon. 2

add farm egg. 2

❖ ON THE SIDE ❖

yukon potato purée, matchstick frites, quinoa & green salad. 6 each

❖ BISTRO PLATS DU JOUR ❖

menu changes every thursday evening

3 courses - 42

ENTRÉE

fried smelt

cornmeal crust, meyer lemon aioli

Domaine des Bernardins, 2016 Les Gîtes des Bernardins

PLAT

arctic char

grilled avocado panzanella, garden sorrel pesto

Bonny Doon, 2017 La Bulle-Moose de Cigare, Sparkling

DESSERT or FROMAGE

strawberry tart

meyer lemon curd, macerated strawberries, meringue

or

chef's choice cheese selections

fig jam, spiced nuts & fig cake

Campovida, 2014 Innamorarsi, Sweet Viognier

bistro wine flight paired with the menu
three wines. add 12

❖ ENTRÉES ❖

wild flounder meunière

yukon potato purée, spinach, lemon-caper brown butter. 29

arctic char

grilled avocado panzanella, garden sorrel pesto. 27

steak frites

6-ounce flat iron steak, frites, green garlic butter. 26

crispy chicken thighs

spring succotash, house bacon, fingerling potatoes, white balsamic gastrique. 25

english pea risotto

smoked pea crema, pecorino, pea shoots. 23

california halibut

cannellini beans, artichokes, roasted shallots, salsa verde. 29

lamb loin

smashed english peas, toybox carrots, raita. 36

duck confit, one leg/two legs

lyonnaise potatoes, fava beans, pickled mustard seed. 24/29

❖ OTHER STUFF ❖

menu served 11:30 am – 10 pm monday – thursday

friday – saturday from 11 am – 10 pm

late night menu – friday – saturday until 11 pm

breakfast menu – saturday 8 am – 11 am

sunday brunch served from 10 am – 3 pm

bar open until last call

MANO FORMATE

our in-house meat workshop, hand-crafted

signature salumi, bacon, pancetta, charcuterie...

corkage. 18 per 750ml bottle ~ split orders. 3

gift cards available

we accept Visa, MasterCard & Discover

autographed cookbooks

artwork by Julie Higgins is available for purchase

menu changes seasonally ... 04/25/19

proprietors: sondra bernstein & john toulze

executive chef: jeremy zimmerman

originated 1997

110 West Spain Street. Sonoma

707-938-3634

www.thegirlandthefig.com

follow us on instagram @figgirl

❖ APÉRITIFS ❖

- fig royale**
french sparkling wine, house-made fig liqueur. 10
- kir royale**
roederer brut, mickael antolin crème de cassis. 14
- FigCello di Sonoma**
made by our friends at HELLOCELLO. 9
- Hardy Le Coq D'Or Pineau des Charentes**
concentrated fruits with delicate spice. 8
- Lillet Blanc**
floral bouquet & citrus aromas. 9
- Ricard**
anise liquor with aromatic herbs. 8
- Aperol Spritzer**
aperol, sparkling wine, soda, orange slice. 11
- Muscardini Sweet Vermouth**
sweet, spicy & rich. 11
- Kübler 53 Absinthe**
aromatic & velvety, hint of star anise, Switzerland. 14
- St. George Absinthe Verte**
fine brandy with star anise, herbs & wormwood. 14

❖ HOUSE COCKTAILS ❖

❖ FEATURED ❖

garden bounty

solano vodka, cucumber, arugula, marjoram, lemon, soda water. 12

T a day in provence
gin, lillet blanc, herbes de provence syrup, lemon juice. 11

pear daiquiri
silver rum, bartlett pears, sparkling wine, lemon. 13

T rhapsody in amber
hardy le coq d'or pineau des charentes, dewar's scotch whisky, carpano bianco, orange bitters. 12

sloe thyme smash
sipsmith sloe gin, spirit works barrel-aged gin, lemon syrup, fresh thyme, soda water. 13

rose petal pamplemousse
ketel one botanical grapefruit & rose petal, rose water, st-germain elderflower liqueur, lemon, soda. 13

T fig kiss
figcello di sonoma, st-germain liqueur, cranberry. 12

tres piñas
silver tequila, la luna mezcal, campari, lime, agave syrup. 11

hanson ginger mule
hanson's ginger vodka, fever-tree ginger beer, lemon. 11

fig fashioned
buffalo trace bourbon, fig liquor, figs, orange, brandied cherry, bitters. 12

pimm's 110
pimm's, canton ginger liqueur, mint, lemon juice. 12

❖ BEER & CIDER ❖

Russian River Brewing Co. Pliny the Elder. (pint) 8
Santa Rosa, CA.

Fort Point Westfalia Nuremburg Red Ale. (pint) 8
San Francisco, CA.

Moonlight Brewing Co. Death & Taxes Lager. (pint) 8
Santa Rosa, CA.

Mad Fritz The Wind and Sun Golden Ale. (10oz) 12
Napa, CA.

Sonoma Springs Kölsch. (pint) 8
Sonoma, CA.

Trumer Pilsner. 5
Berkeley, CA.

Deschutes Fresh Squeezed IPA. 5
Bend, OR.

Bitburger. (Non-Alcoholic) 5
Bitburg, Rhineland-Palatinate, Germany.

Ace Apple Hard Cider Premium Craft. 5
Sebastopol, CA.

❖ NON-ALCOHOLIC LIBATIONS ❖

Virgin Pimm's. ginger, pomegranate molasses, cucumber. 7

Blood Orange Quencher. lime, rosemary, soda water. 7

Fever-Tree Ginger Beer. (500ml) 7

Belvoir Elderflower Rose Presse. (750ml) 8

Lorina French Soda. (330ml) 5

Saint Geron Sparkling Water. (750ml) 6

Sole Flat Water. (750ml) 6

Lavender & Lemon Iced Tea – unsweetened. 3⁵⁰

Martinelli's Apple Juice. 3⁵⁰

Graffeo Coffee – regular, decaf. 3

Cacao Nib-Infused Iced Coffee. 5

Mighty Leaf Tea – chamomile, earl grey, mint. 3

water served on request

❖ WINES BY THE GLASS ❖

SPARKLING

- Roederer Estate**, NV Brut. 14
JCB No. 69, NV Sparkling Brut Rosé. 14
WHITE
Bonny Doon, 2018 Picpoul. 11
Sonoma Roadside, 2018 Roussanne. 12
Skinner, 2017 Grenache Blanc. 13
Muddy Arch, 2016 Fiona's Blend, White Blend. 12
Ledson Winery & Vineyards, 2017 Viognier. 10
the girl & the fig, 2017 Viognier. 11
ROSÉ
the girl & the fig, 2018 Rosé. 12
Malene, 2017 Rosé. 10
Yves Cuilleron, 2017 Les Masques, Rosé. 11
RED
Mathis, 2015 Grenache. 14
Sonoma Roadside, 2015 Cinsault. 12
Cline, 2016 Ancient Vines, Mourvèdre. 10
Donelan, 2014 Cuvée Moriah, Red Blend. 13
Amapola Creek, 2014 Cuvée Alis, Red Blend. 14
MacLaren, 2014 Syrah. 14
Mes Amis Français, 2016 Three Vineyards Syrah. 13
Très Bonnes Années, 2016 Syrah. 16

❖ WINE FLIGHTS ❖

White Varietal Flight. 14

Picpoul, Grenache Blanc, Viognier, Roussanne

Rosé Flight. 12

(three tastes)

Red Varietal Flight. 16

Cinsault, Mourvèdre, Grenache, Red Blend, Syrah

Syrah Flight. 13

(three tastes)

❖ RED WINES ❖

GRENACHE

- Last Summer**, 2016 San Luis Obispo. 75
Passaggio, 2016 Heringer Estates, Clarksburg, California. 50
*** County Roadside**, 2016 Sawyer Vineyard, Mendocino. 56
Winery Sixteen600, 2015 Steel Plow Vineyard, Sonoma. 44
Folded Hills, 2015 Grant, Santa Ynez. 54
Idle Cellars, 2015 Kick Ranch Vineyard, Sonoma County. 45
Dane Cellars, 2014 Justi Creek Vineyard, Sonoma Valley. 64
Font du Loup, 2017 Côtes du Rhône. 48
*** Domaine la Barroche**, 2014 Pure, Châteauneuf-du-Pape. 165
Bucklin, 2014 Old Hill Ranch, Sonoma Valley. 72
Lightning Wines, 2014 California. 65
Site Wines, 2013 Larner Vineyard, Ballard Canyon. 85
Mathis, 2015 Sonoma Valley. 52

CINSAULT

- * Famille Dutraive**, 2016 Cap-Ô-Sud, Languedoc. 55
Frick, 2015 Dry Creek Valley. 42
*** Sonoma Roadside**, 2015 Bechthold Vineyard, Lodi. 46
AA Badenhorst Family Wines, 2016 Ramnasgras, S. Africa. 75
Onesta, 2013 Bechthold Vineyard, Lodi. 44

CARIGNANE

- Carol Shelton**, 2015 Old Vine, Alexander Valley, Sonoma. 52
Baxter, 2014 Caballo Bianco Vineyard, Mendocino. 60
Campovida, 2015 Casa Verde, Mendocino. 50

MOURVÈDRE

- Skinner**, 2016 El Dorado. 44
Cline, 2016 Ancient Vines, Contra Costa County. 35
Bodegas Olivares, 2015 Altos de la Hoya, Juimlla, Spain. 50
Latta, 2013 Upland Vineyard, Snipes Mountain, Walla Walla. 70
Villa Creek, 2011 Damas Noir, Paso Robles. 110
Saint K Wines, 2017 Dial Tone, Paso Robles. 75
Satyre Wines, 2016 Capay Valley, Yolo County. 50

COUNOISE

- Frick**, 2015 Owl Hill Vineyard, Dry Creek Valley. 42
*** Broc Cellars**, 2016 Eagle Point Ranch, Mendocino. 50
Westwood, 2014 Sonoma County. 88

OTHER REDS & BLENDS

- Three Sticks**, 2016 Castenada, Durell Vineyard, Sonoma. 95
Ram's Gate, 2015 Vent de Colline, Estate Vineyard. 115
Booker, 2015 Oublie, Paso Robles. 150
Campesino, 2015 Baybos, Sonoma Valley. 55
*** Hammell Wine Alliance**, 2014 True Believer, Santa Maria. 160
*** Sonoma Roadside**, 2015 Cochon Red Blend, California. 46
The Ojai Vineyard, 2016 John Sebastian Vineyard. 70
Donelan, 2014 Cuvée Moriah, Sonoma County. 50
*** Tablas Creek**, 2010 Esprit de Beaucastel, Paso Robles. 135
Margerum, 2016 M5, Santa Barbara County. 50
*** Law Estate Wines**, 2015 Sagacious, Paso Robles. 125
Lasseter Family Winery, 2014 Chemin de Fer, Sonoma. 100
Idell Family Vineyards, 2016 Compound, Sonoma Valley. 65
Abbot's Passage, 2015 Points Unknown, Sonoma Valley. 110
Amapola Creek, 2014 Cuvée Alis, Sonoma Valley. 54
*** McPrice Myers**, 2016 Beautiful Earth, Paso Robles. 75
Kale, 2014 Broken Axle, Stagecoach Vineyard, Napa. 120
*** Saxon**, 2013 James Berry Vineyard, Paso Robles. 350

SYRAH

- MacLaren**, 2014 Moaveni Vineyard, Bennett Valley. 54
Model Farm, 2014 Sonoma Coast. 75
*** François Villard**, 2008 Côte-Rôtie Le Gallet Blanc. 130
Stolpman, 2016 Ballard Canyon. 55
Roche Family Winery, 2014 Sonoma Valley. 38
*** Mes Amis Français**, 2016 Three Vineyards Syrah. 50
*** Domaine des Chirats**, 2016 Rockpile Vineyard, Sonoma. 120
Domenica Amato, 2016 Cherry Camp, Sonoma Coast. 95
*** County Roadside**, 2017 Samantha's Vineyard, Russian River. 58
*** Lillian**, 2013 Dundee, Oregon. 215
Kivelstadt Cellars, 2014 The Inheritance, Estate Vineyard. 70
Hickinbotham, 2014 Brooks Road, McLaren Vale, Australia. 125
*** County Line**, 2015 Sonoma Coast. 50
*** Barrouil & Lynch**, 2016 La Pierrelle, Hermitage. 140
*** Pierre Gaillard**, 2014 Crozes-Hermitage. 52
Kieran Robinson Wines, 2015 R Five, Bennett Valley. 45
*** Les Vins de Vienne**, 2009 Hellicum, Northern Rhône. 75
Townley, 2015 Alder Springs Vineyard, Mendocino. 70
Star Crest Vineyards, 2014 Sonoma Valley. 38
*** Reynvaan Family Vineyards**, 2016 In the Rocks, Oregon. 150
*** Idell Family**, 2014 Oscar, Sonoma Valley. 58
*** Radio-Coteau**, 2012 Dusty Lane, Sonoma Coast. 130
Peter Cellars, 2014 Sonoma Valley. 62
*** Paul Lato**, 2014 il Padrino, Bien Nacido Valley. 170
Muscardini, 2014 Unti Vineyard, Dry Creek Valley. 60
*** Alban**, 2013 Reva, Edna Valley, Central Coast. 195
*** Venge**, 2016 Block I-4, Stagecoach Vineyard, Napa. 90
Flanagan, 2014 Bennett Valley. 150
*** Miner Family Wines**, 2015 Stagecoach Vineyard, Napa. 70
*** Très Bonnes Années**, 2016 Russian River. 60
*** Sine Qua Non**, 2015 Trouver L'Arene, Santa Barbara. 375
*** Andremily**, 2014 No. 3, Santa Barbara County. 275

* Limited production, exclusive or highly allocated wines.

* The French Collection.

ROSE

- * the girl & the fig**, 2018 Mendocino County, California. 46
Malene, 2017 Santa Barbara County. 38
Pangloss, 2017 Sonoma Valley. 50
*** Yves Cuilleron**, 2017 Les Masques, Bouches-du-Rhône. 42
Lightning Wines, 2016 California. 36
*** Hammell Wine Alliance**, 2016 El Crûe, Santa Maria. 40

CORKAGE - 18 per 750mL bottle

❖ RHÔNE VARIETAL CORKAGE - 10 per 750mL bottle ❖

** for each bottle purchased from our list,
we will waive the corkage fee