



# CHS 2018 SOCCER PROGRAM

## (Preschool to Grade 4 Children)

Christian Heritage School's soccer program will run again this spring! Our aim is to run a low-cost program that fits family schedules. The focus will be on skill development and team play, reinforced with two short games played one day per week.

**Dates:** 6 Wednesdays, from May 2 to June 6 (Rain date June 13). Please check our website for any cancellations

**Time:** 4:00 - 5:00 pm

**Cost:** \$35 per child This covers t-shirts; a weekly snack such as watermelon, cookies, and juice; a wind-up party; and helps with equipment costs.

**We need parent volunteers to help "coach" a team.** No experience is necessary! Volunteers are expected to show up on time each week as students will look to you as their leader. You will be given instructions and guidelines for the practice drills. Please indicate on the registration form below if you are able to help out.

**Parents who volunteer to "coach" get a \$15 discount on their family's registration fees!!**

Please be sure to send the following with your child each week:

- 1) Suitable shoes and long socks
- 2) Shin guards and their team T-shirt (see order form below)
- 3) A water bottle, sunscreen and a hat

Players can dress, warm up, and visit the bathroom at the end of the school day. We will meet at 3:55 pm in the chapel the first week only to review the weekly routine, give coaches the game schedule, and provide other information. Each week after, the players can go directly out onto the fields and find their coaches and teams at 4:00pm to begin their practice drills.

Please praise effort, improvement and good attitudes. The intention is to keep all players actively involved and the game fun with simple rules. The concept of fair play is a fundamental part of the game of soccer. It represents the positive benefits of playing by the rules, using common sense and respecting fellow players, referees, opponents and fans.

Any questions? Please call Jaime Taggart (761-8998) or email coachickson@hotmail.com.

## Christian Heritage School 2018 Soccer Program Registration

Name of child: \_\_\_\_\_ Age: \_\_\_\_\_ Grade: \_\_\_\_\_

Name of parent(s): \_\_\_\_\_

Phone (H): \_\_\_\_\_ Phone (C): \_\_\_\_\_

Email: \_\_\_\_\_

Are you willing to help out with 'coaching'? YES NO (If yes, subtract \$15 from your family's fees.)

Name of Parent volunteer \_\_\_\_\_

\$35 fee paid: \_\_\_\_\_ Please make cheques payable to CHS.

**T-shirt Size** (The t-shirt is yours to keep.)

\_\_\_\_\_ **Small (size 6-8)** for most preschool / kindergarten students

\_\_\_\_\_ **Medium (size 10-12)** for most grade 1-4 students

\_\_\_\_\_ **Large (size 14-16)** for tall grade 3 or 4 student

Please return this form to the school office with payment **no later than Friday, March 23**, so that we can order the T-shirts. Thank you!



# **2018 CHS SOCCER PROGRAM**

## **For Preschool to Grade 4 Children**

### **Key Ideas**

1. Play fair.
  2. Play to win, but accept defeat with dignity.
  3. Observe the rules of the game.
  4. Respect opponents, team-mates, referees, officials and spectators.
- (Remember: People are more important than the game.)

### **Weekly Schedule**

- |         |  |
|---------|--|
| 4:00 pm | Find your coach and team on the field; perform practice drills |
| 4:15 pm | Play game 1  |
| 4:30 pm | Water/snack break  |
| 4:40 pm | Play game 2  |
| 4:55 pm | Shake hands, team cheer, clean up                              |