

Community Resources Guide

AA/NA/Alanon/Gamblers Anonymous

Peer support groups to help with abstinence and helping someone with addictions issues. Google for current phone numbers and meeting lists.

ARCHES

615 Commercial St. NE, Salem, OR 97301

503-399-9080

Website: http://www.mwvcaa.org/CRP/ARCHES_project.html

Homelessness, Stable Housing, Self Sufficiency

The ARCHES Project serves as a center designed to provide referral and services to individuals and families experiencing homelessness, and those at-risk of becoming homeless. Services include:

- Drop-in Day Center
- Tenant Based Assistance Program
- Housing Assistance Program
- Housing Program
- Tenant Education Program

Beginning Experience International Ministry Inc.

Judith 503-949-4592 Patricia 503-949-5908

Website: www.beginningexperienceoforegon.org

They offer programs for those who have lost a spousal relationship through death, separation or divorce. The programs are designed to help those suffering these losses, work through their grief and pain to a point where they experience hope for the future and a new beginning in life. The ministry is rooted in the Catholic faith tradition and serves all who wish to work through their loss, whether of a different faith tradition or none.

Young People's Beginning Experience. Judith 503-949-4592, Patricia 503-949-5908

A weekend for Youth ages 12-17 who have lost a parent.

Boys and Girls Club (503)581-7383 website: bgc-salem.org

Inspire and enable all youth grades 1-12 to realize their full potential as productive, responsible, and caring citizens through the development of a positive self-image and self-reliance. Operates 8 Clubhouses and Team Centers, a Health and Dental Center, T3: Training Teens for Tomorrow, community athletic leagues, and outreach programs to schools and communities.

Bridgeway Recovery Services Website: www.bridgewayrecovery.com

3321 Harold Dr. NE, Salem, OR 97305

503-399-5597

Detoxification from alcohol, opiates, and methamphetamines. Outpatient treatment, residential care.

Treatment for gambling addictions.

Buckley House Detox Services- (Eugene 541-343-6512)

website: www.wfts.org/medical-detox.htm

Another resource for inpatient detoxification services.

CASA of Marion County (Salem)

503-934-1298

Range of resources for children and families of Marion County.

Website: <http://www.casamarionor.org/index.php/resources/community>

Director: Lene Garrett

Email: lene.garrett@dhsosha.state.or.us

Catholic Community Services Website: www.ccsww.org

3737 Portland Rd NE, Salem, OR 97301 503-390-2600 Email: info@ccsww.org

CCS is a faith-based social services organization. We welcome customers, employees, volunteers and supporters of all faiths and encourage spiritual growth in whatever manner one chooses. We work with adults, youth, families, and professionals utilizing our core values of love, justice, truth and freedom.

Services for Children, Youth and Families

- o Catarino Cavazos Center
- o Center Court Commons
- o Community Counseling Center
- o Community Homes for Children
- o Father Taaffe Homes
- o Independent Living Services
- o Rainbow Family Services
- o Safe Families for Children
- o Treatment Foster Care

Services for Adults with Intellectual or Developmental Disabilities

- o ISN Support Services Brokerage
- o Mt. Angel Developmental Services
- o Paragon Homes
- o Work Options

Affordable Housing

- o Affordable Housing
- o Center Court Commons

Partnership Initiatives

- o Fostering Hope Initiative

Celebrate Recovery (See website for multiple locations)

Website: <http://www.celebraterecovery.com>

Salem First Church of the Nazarene 503-581-3680 www.salemnaz.org

Grace Community Church 503-393-7515 ext 1707 www.gracefamilyonline.com

Bethany Baptist 503-362-2488 office@bethanybaptistchurch.com

Morningstar Church 503-581-2477 info@MStar.Church

Center for Autism and Related Disorders (CARD)

South Salem Branch 3494 Liberty Road S Salem, OR 97302 [971-304-0651](tel:971-304-0651) ext 2587

www.centerforautism.com

For questions, e-mail:

Operations Manager, Ariday Garcia-O'Donnell: aq4873@centerforautism.com

Administrative Coordinator, Ashley Johnson: aj5196@centerforautism.com

Corporate Administrative Therapist, Kaylie Reyes: kr5803@cardclinics.com

At CARD, we provide ABA therapy to clients diagnosed with Autism Spectrum Disorder (ASD), and teach them skills for everyday life.

Center for Hope and Safety Website: www.hopeandsafety.org

605 Center St NE, Salem, OR 97301

503-378-1572

For over 40 years the Center for Hope & Safety (formerly Mid-Valley Women's Crisis Service) has strived to provide a safe environment for survivors of domestic violence, sexual assault, stalking and human trafficking and to educate the public about the issues surrounding victimization. We provide 24 hour advocacy, safety planning, and shelter screening every day of the week through our **hotline: 503- 399- 7722**

Catholic Engaged Encounter Website: engagedencounter.org

Catholic Engaged Encounter is an in-depth, private, personal, marriage preparation experience within the context of Catholic faith and values. Catholic Engaged Encounter is a weekend retreat away with other engaged couples with plenty of time alone together to dialogue honestly and intensively about their prospective lives together-- their strengths and weaknesses, desires, ambitions, goals, their attitudes about money, sex, children, family, their role in the church and society--in a face to face way.

Compassionate Friends

503-743-3930

Website: <http://www.salemtcf.org>

Email: info@salemtcf.org

The Compassionate Friends of Salem (Salem TCF) is open to all families in Marion-Polk counties and surrounding areas that have experienced the death of a child from any cause, at any age, from pre-birth to adulthood. Salem TCF is a self-help support organization that assists bereaved family members toward the positive resolution of grief following the death of a child. Meetings are at Salem Hospital Building D, first floor, 939 Oak St. SE, from 6:30-8:00 on the 3rd Tuesday of the month.

Congregations Helping People

636 State St, Salem, OR 97301

503-391-4365

Website: <http://www.chpsalem.org>

Email: staff@chpsalem.org

Congregations Helping People is an expanding group of Salem churches that have come together to combine resources and work cooperatively to help people in need. CHP provides experienced, qualified social workers assisted by caring volunteers, to link people with the right resources to address their immediate and long-term needs. When those resources do not exist, or the person doesn't qualify, CHP may be able to provide direct assistance.

Crime Victim's Service Division

503-378-5348

<http://www.doj.state.or.us/victims/pages/assistance.aspx>

Email: cvsd.email@doj.state.or.us

- Address Confidentiality Program
- Crime Victim's Compensation Program
- Crime Victim's Rights
- Post-Conviction Advocacy Program
- Sexual Assault Victims' Emergency Medical Response Fund
- Traffic and Intervention

EASA (Early Assessment and Support Alliance) www.easacommunity.org

Marion County 503-576-4600

Polk County 503-585-3012 or go to EASA website

Range of services for youth/young adults experiencing a first psychosis.

FACTOregon

13455 SE 97th Ave., Clackamas, OR 97015

503-786-6082

Website: <http://factoregon.org>

Email: info@FACTOregon.org

FACT is a family leadership organization based in Oregon for individuals and their families experiencing disability, working collaboratively to facilitate positive change in policies, systems, and attitudes, through family support, advocacy, and partnerships. Their mission is to empower Oregon families experiencing disabilities in their pursuit of a whole life by expanding awareness, growing community, and equipping families.

Family Building Blocks

2425 Lancaster Dr. NE, Salem, OR 97305

503-566-2132

Website: <http://www.familybuildingblocks.org>

We serve families with infants and young children who are struggling with difficult life circumstances. Our goal is to provide early intervention that builds successful and resilient children, strengthens parents, and preserves families through an array of comprehensive and integrated early childhood and therapeutic family support services.

Therapeutic Classroom

Parent Education

Respite Care

Parent-Child Play Groups

Family Nights

Clothes Closet & Food Pantry

George Fox Behavioral Health Clinic

Website: www.georgefox.edu/bhc/index.html?utm

Wright House 501 N Villa Rd., Newberg, OR 503-553-2368

Email: GFBHC@georgefox.edu

The George Fox Behavioral Health Clinic (GFBHC) is a minimal cost mental health clinic designed to provide services to the uninsured and underinsured citizens of Yamhill County and the surrounding area. Our goal is to provide behavior health care to those who would otherwise have difficulty accessing these services.

Helping Hands 1755 13th Street SE (503-364-9936)

Website: <http://helpinghands-salem.org/>

Email: clothinghelp@comcast.net

Provides donated clothing, bedding and household items to those in need at no charge.

CLOTHES THAT WORK: Provide clothes for jobs and job interviews free of charge. To make an appointment: Call Helping Hands Resources at 503 364-9936 and ask for Penny.

Outreach to Victims of Domestic Violence

- The **PEARLS (Personal Empowerment for Achieving Real Lasting Security)** project is a collaborative program funded by the United Way of Mid-Willamette Valley. Our project partners are Mid-Valley Women's Crisis Center and the St. Francis Shelter. Helping Hands provides clothing assistance to victims and their children while they are living in shelter.
- When the victim stabilizes and is ready to move to an independent living situation (apartment), Helping Hands provides a "move in kit" which includes all necessary kitchen items (cookware, dishes, cups, glasses, silverware) as well as bedding for all the family members.
- PEARLS clients are always welcome to shop at Helping Hands for their clothing needs, as well as for their children.

Hope Pregnancy Clinic

2630 Market St. NE, Salem, OR 97301

Helpline: 503-364-2464 Business: 503-364-2543

Website: hopepcsaalem.org

Email: hope@hopepcsaalem.org

Hope Station Community Services Inc

1337 Madison St. NE, Suite 115, Salem, OR 97301

503-339-7710

Website: <http://www.hopestationcsi.org>

Hope Station helps individuals who are hardworking, productive members of our community, yet struggling financially to pay their bills. They are trying to make ends meet while working lower paying jobs or are trying to recover from a financial set back do to a crisis. They are not using government programs that are funded by your tax dollars.

Hope Station is a faith-based nonprofit organization dedicated to providing support to working individuals in need by providing grocery products, clothing, and educational classes.

Horses of Hope Website: horsesofhopeoregon.org

2895 Cloverdale Drive SE, Turner, OR 97392

503-743-3890

Email: info@HOHoregon.org

An Equine Therapy program designed to help improve the lives of people living with physical, emotional, and behavioral challenges.

Inpatient Psychiatry

Salem Hospital has an adult (18 and over) psychiatric unit, and there are others around the state. To access one, a person needs to be evaluated at the Psychiatric Crisis Center or a hospital emergency room. Oregon State Hospital does **not** take community referrals. For children (under 18), there are two psychiatric units in Portland and three subacute programs in Portland and Corvallis. They are difficult to get into and usually require a referral from a hospital emergency room.

Interfaith Hospitality Network

1055 Edgewater St NW, Salem, OR 97304 503-370-9752

Website: salemihn.org

We are an emergency shelter program that utilizes the faith community to provide shelter, meals and compassionate assistance to families in need. Families are treated as guests and lives are transformed.

Kindred Hospice/Kindred Healthcare Services

2925 River Rd S, Suite 100, Salem, OR 97302

503-315-1003

Website: <http://www.gentiva.com/index.php>

Email: KindredatHome.com

Hospice care resources, end-of-life counseling, grief counseling, grief support groups, grief literature through the bereavement program at no cost to the public.

Liberty House Child Abuse Assessment Center

www.libertyhousecenter.org

2685 4th St. NE, Salem, OR 97301

503-540-0288

A child abuse assessment center serving Marion and Polk Counties. Services include assessments, community outreach, and education about child abuse and its prevention.

Legal Aid Services of Oregon

105 High St, Salem, OR 97301 503-581-5265

Website: <https://oregonlawhelp.org/organization/marion-polk-legal-aid-service>

This is a non-profit organization that provides free civil legal assistance to low-income individuals residing in Marion and Polk Counties. The following services are provided:

Housing: They are only able to assist tenants

Public Benefits: TANF, SNAP, Medicare and OHP, unemployment benefits, SSI and Social Security termination and overpayments

Family Law: They are only able to assist survivors of domestic violence

Senior Issues: Only able to assist seniors 60 years of age or older

Walk-in for Services

Marion County Developmental Disabled Services

2421 Lancaster Dr. NE, Salem

503-588-5288

Website: <http://www.co.marion.or.us/HLT/DD>

Marion County Developmental Disability Services provides a variety of services to individuals with developmental disabilities, through local Community Developmental Disabilities (CDDP) and participates with the Marion County Health Department in planning and developing resources, coordinating services, and negotiating and monitoring contracts. Marion County provides case management to children and adults who have developmental disabilities. Services include intake and eligibility determination, case management services, residential services, vocational services for adults, in-home services, transportation services for adults, crisis services, and referral to brokerage services for adults.

Marion County Drug Treatment

503-588-5358

Outpatient alcohol and drug counseling

Methadone clinic

Marion County Health Department (Adult Behavioral Services 503-588-5351, Children 503-588-5352)

Website: co.marion.or.us

The Health Department provides a host of programs for public health needs (early childhood, communicable disease, HIV/AIDS and other sexually transmitted infections, mental health needs (children's and adults—phone #s above), and prevention.

Marion Polk Food Share

1660 Industrial Dr. NE, Salem, OR 97301

503-581-3855

Website: <http://www.marionpolkfoodshare.org>

Neighbor-To-Neighbor Mediation Website: n2nmediation.org

Salem Office : 945 Columbia St. NE, Salem, OR 97301 **503-585-0651**

Marion County email: n2nmediation@gmail.com

Albany Office: 308 Broadalbin St. SW, Albany, OR 97321 **541-223-4189**

Benton & Linn email: N2NBentonLinn@gmail.com

New Solutions

Marion County (503-361-2724)

Address: 3876 Beverly Ave NE Building G

Polk County (503-831-5970)

County program for the most at-risk children.

Northwest Human Services

681 Center St NE, Salem, OR 97301

503-588-5828

Website: <http://www.northwesthumanservices.org/About-Us.html>

Northwest Human Services meets the needs of community members, regardless of social or economic status, by providing comprehensive medical, dental, mental health, and social services with respect, compassion, and acceptance of cultural and linguistic diversity.

Programs:

West Salem Clinic- 1233 Edgewater St NW 503-378-7526

Total Health Community Clinic- 180 Atwater St, Monmouth, OR 97381 503-606-3288

West Salem Mental Health- 1245 Edgewater St NW 503-378-7526

West Salem Dental Clinic- 190 Kingwood Ave NW 503-315-0712

HOAP- 694 Church St NE 503-588-5827

HOST Youth & Family- 1143 Liberty St NE 503-588-5828

Crisis & Information Hotline- 694 Church St NE 503-581-5535

NorthWest Senior & Disability Services

1-866-206-4799

Website: <http://www.nwsds.org>

Email: information.nwsds@nwsds.org

NWSDS offers many services including: information and assistance, financial and medical assistance, in-home and community based services, senior meals, peer counseling, family caregiver support, Medicare counseling, Adult Foster Home licensing, and Adult Protective Services. You may find information about all of NWSDS' services under the "Get Assistance" heading above. To quickly find answers to commonly asked questions, please go to the "How do I?" heading.

Oregon Health Plan Mental Health Services

Website: wvhealth.org

Only certain providers are able to bill OHP for services. The following list shows OHP providers in this area. See website for full list of all providers.

Bridgeway Recovery	A & D Treatment	3325 Harold Dr. NE	(503) 363-2021
Community Counseling	MH all ages	3737 Portland Rd. NE	(503) 390-2600
Marion Co. Adult Behav. Health	MH 18 and above	3180 Center St. NE	(503) 588-5351
	Also 976 N Pacific Hwy in Woodburn		(503) 981-5851
Marion Co. Children's Behav. Hlth.	MH up to 18 y/o	2421 Lancaster Dr. NE	(503) 588-5352
	Also 976 N Pacific Hwy. in Woodburn		(503) 981-5851
	Also 442 McClaine St. in Silverton		(503) 588-5352
New Perspectives Center	MH all ages	1675 Winter St. NE	(503) 316-6770
		565 Union St. NE	
West Salem Mental Health	MH all ages	1245 Edgewater NW	(503)588-5816
Options Counseling	MH up to 18 y/o	2645 Portland Rd NE	(503) 390-5637
Salem Psych Associates/Valley MH	MH all ages	Various locations	(503) 589-4046
Polk County Mental Health	MH all ages	W Salem	(503) 585-3012
		Dallas	(503) 623-9289

Oregon Family Support Network

1300 Broadway St. NE, Suite 403, Salem, OR 97301
503-363-8068
Website: <http://ofsn.org>

Polk County Mental Health Website: www.co.polk.or.us/bh

West Salem 503-585-3012 Dallas 503-623-9289
Provides mental health services to Polk County residents

Project ABLE (503-363-3260) Website: projectable.org

Peer-to-peer services and supports for persons on the road to recovery from mental illness and/or substance abuse. Has a full calendar of activities.

Psychiatric Crisis Center Webstie: www.co.marion.or.us/HLT/MH/pcc

1118 Oak St. SE, Salem, OR 97301
503-585-4949

- Mental health counselors available 24/7
- Psychiatric prescriber one time only.
- Respite and temporary case management available

Rachel's Vineyard <http://rachelsvineyard.org/>

Rachel's Vineyard is a safe place to renew, rebuild and redeem hearts broken by abortion. Weekend retreats offer you a supportive, confidential and non-judgmental environment where women and men can express, release and reconcile painful post-abortive emotions to begin the process of restoration, renewal and healing.

Retrouvaille A program to Help Couples Heal and Renew Their Marriages 503 225-9191

Website: <http://retrouvailleportland.wordpress.com> Email: portland@retrouvaille.org

The Retrouvaille Program consists of a weekend experience combined with a series of 6-12 post-weekend sessions over 3 months. It provides the tools to help put a marriage in order again. The main emphasis of the program is on communication in marriage between husband and wife. It will give couples the opportunity and the tools to rediscover each other and examine their lives together in a new and positive way.

ROCC (Recovery Outreach Community Center (503)393-4273) Website: www.roccsalem.org

ROCC is devoted to providing peer support to those in mental health recovery, including addiction and trauma. It runs a drop-in center with a variety of meetings and events 7 days a week.

Sacred Encounter

4742 Liberty Rd. S #397, Salem, OR 97302 541-337-4599

Email: sacredencounterinfo@gmail.com

Creating listening spaces for healthy and holy connections, healing, transformation, and discernment through counseling, spiritual direction, group discernment and dialogue, and retreats.

Programs:

Broadway Life Center - Affordable Adult Community Education

- English Learning Communities: Help students develop confidence with conversing in English and using English language skills in life.
- Life Spanish: Helps build basic Spanish vocabulary and grammar skills with a focus on speaking and listening skills for daily life.
- BLC Kids: A companion children's program available at no extra cost for language students' children from birth through 12th grade.
- Classes are held Monday and Thursdays nights from 6:30-8:00pm for 12 weeks/course. Registration Required.

Contact: Trish Allbritton at (503)581-2129 x211 (English) or x223 (Español) or lifecenter@salemalliance.org

Confident Kids

- A support and recovery program designed to help families develop skills for healthy living. Five units help children learn skills for living successfully in high stress situations.

Contact: Cindy Hayden at (503)581-2129 x210 or chayden@salemalliance.org

Employment Network

- A ministry that helps prepare people in employment transition to find new employment and hope in Christ during this journey. Job search lessons are offered at each gathering, as well as time for networking and encouragement.
- Mentors are also willing to meet with attendees for encouragement and one-on-one coaching.
- Meetings are every other Monday, 8:30 - 10:00 am. This learning community is ongoing throughout the year and does not require registration or a fee.

Contact: Gordon Bergman at (503)581-2129 x248 orgbergman@salemalliance.org or visit www.salemalliance.org/resources/employment-network

Financial Peace University

- Dave Ramsey's FPU has been updated! We have a new 9-week format with a new version. Lesson topics include how to get control of your money, stop struggling to make ends meet, get out of debt, and manage resources in a God-honoring way. Registration required.

Contact: Annie Dudley at (503)581-2129 x208 or adudley@salemalliance.org

Grief & Loss Support Group

- A grief support group that exists to assist the healing process of those who are grieving.
- Open group, Tuesdays

Contact: Gordon Bergman at (503)581-2129 x248 or gbergman@salemalliance.org

Hope Connection

- A support group that exists for people who love and care about family members with a mental illness.
- Meets once a month, first Mondays (no holidays)

Contact: Gordon Bergman at (503)581-2129 x248 or gbergman@salemalliance.org

Salem Alliance Church (con't)

LifePath

- LifePath offers help, hope and healing for life's hurts, habits and hang-ups.
- 12-Step groups addressing compulsions, addictions and recovery issues from a Christian perspective.
- Open Groups (no registrations required) - Gatherings consist of thirty minutes of large group learning in *Open Place*, followed by sixty minutes of confidential, small group discussion in *Open Share*.
 - 12-Steps Toward Healing – Mondays, 6:30- 8:00pm - This group offers an introduction to the 12-Steps and explores how they help deal with issues such as people pleasing, boundaries, perfectionism, entangled relationships, abandonment/trust, addictions, compulsions and more.
 - Overcomers Outreach – Fridays, 6:30-8:00pm - This is a biblically-based, 12-Step group for those struggling with or who have been impacted by codependency, compulsive behaviors or substance abuse.
 - Men's Integrity Groups – Sundays & Tuesdays, 6:30-8:00pm - These safe, confidential groups help men who struggle with sexual integrity issues.
- Closed Groups (registration required) – topical groups such as boundaries, co-dependency, tired of trying to measure up.

Contact: Ron Friesen at (503)581.2129 x242 or rfriesen@salemalliance.org

PeaceMakers

- *Trained conciliators helping fellow believers and seekers respond to conflict Biblically*
- *Listening to understand together both the material concerns and personal issues involved.*
- *Teaching biblical principles for resolving conflict.*
- *Clarifying personal responses that will glorify God, serve others, and imitate Christ.*
- *Exploring steps towards forgiveness, reconciliation, and restoration.*
- One-on-one coaching, group mediation, and church conciliation available.

Contact: Mike Jared at (503)581-2129 x290 or mjared@salemalliance.org or visit www.salemalliance.org/ministries/peacemakers

Salem For Refugees

- Salem for Refugees is an umbrella organization that exists to bring people and resources together to empower refugees to thrive in Salem, Oregon.
- Our vision is to see all refugees in Salem as valued, thriving, contributing members of our community.
- We partner with a network of resettlement agencies, faith communities, businesses, non-profit and government organizations, and community members for the purpose of communication, collaboration, volunteer mobilization and resource development.

We have Mentor Teams that support refugees through their resettlement process, and Resource Teams that connect refugees with resources in the following areas: Employment, English, Education, Healthcare, Housing, Meals, Transportation, Legal Services, Technology, Interpretive Services.

Contact: Doug & Anya Holcomb at (503)714-1339 or info@salemforrefugees.org or visit www.salemforrefugees.org.

Salem Alliance Church (con't)

Salem Free Clinic

1300 Broadway Ave NE #104 Salem, OR 97301
Monday - Friday 9:00 a.m. - 1:00 p.m.
www.salemfreeclinics.org
(503)990-8772

Corban Mental Health Clinic

1305 5th St. NE Salem, OR 97301
Appointments Only – Wednesdays and Thursdays
(503)689-1585

The Corban Mental Health Clinic is a partnership between Salem Free Clinics and Corban University. The clinic provides free mental health counseling services to uninsured and underinsured individuals and couples over the age of 18. Counseling is provided by second year students enrolled in Corban's Clinical Mental Health counseling program. The students are supervised by a licensed counselor.

Polk Community Free Clinic

320 SE Fir Villa Rd Dallas, OR 97338
1st & 4th Saturdays; walk-ins welcome 7-11 a.m.
(503)831-0551

Salem Free Clinics is a safety net clinic for the uninsured who are seeking compassionate healthcare. Our services are free and are for anyone without health insurance or with emergency insurance only. We provide care for patients who are sick and/or want to be proactive about chronic health needs and medication management.

Care Available For: Acute Medical, Dental (wait list) Extraction Only, Chiropractic, Counseling (call directly)

Specialty Care Available (after initial assessment): Asthma/Allergy, Cardiac, Diabetic, Dietary, GYN, Headache, Mental Health, Neurosurgery Consult, Orthopedic, Physical Therapy, Podiatry

Not able to Assist: Emergency care, Patients who are 65+ and are eligible for Medicare, Prescriptions for narcotics or any other controlled substance, Vaccinations, Contraceptives, Healthy patient exams (physicals), Disability assessments, Letters for pet therapy, Return to work statements, continual vision evaluations and care.

Salem Pastoral Counseling Center

2001 Commercial St SE, Suite 200, Salem, OR 97302
503-370-8050 Website: salempastoralcounseling.org

Professional counseling, available on a sliding-fee scale if needed. Can work with churches/pastors to arrange payment plan. Scholarships available to those that qualify. 17 therapists who take most insurances.

Salem-Keizer Head Start Website: www.salemkeizer.org/parents/head-start
1850 45th Ave. N.E. Salem, OR 97305
503-399-5510

Head Start is a safe and nurturing environment for children between the ages of 3 and 5. With Salem-Keizer Head Start, families with income within the federal poverty level are eligible for free preschool for their child. Ten bilingual classrooms operate from 8:45 a.m. to 12:00 p.m., and 12:45 p.m. to 4:00 p.m. Tuesday through Friday. Bus transportation is available to and from the program locations.

Salem Leadership Foundation 1339 Madison Street NE Salem, OR 97301
Office Manager - 503-315-8924 x301 Website: <http://www.salemlf.org>

Helping connect community, neighborhood and churches to improve the greater Salem area

Salvation Army Family Services

1977 Front St. NE, Salem, OR 97301

Family Services Front Desk: 503-585-6688 **The Shelter:** (503) 798-4860 **Screening Line** 503 798-4873

Website: <http://salvationarmysalem.org/welcome>

- Emergency food boxes are available from 9AM-12PM M-F
- School supplies, coats, and Christmas toys for kids (seasonal)
- Financial Assistance* M-F 1-3 (walk ins)
- Other immediate-needs assistance
- Christmas Toy Assistance
- The Lighthouse Shelter
- Christmas Toy and Joy Project
- Tools for School

The Kroc Center

1865 Bill Frey Dr. Salem, OR 97301

A community/aquatic center offering classes, education, and entertainment for children and families.

Serenity Palliative Care

6444 Fairway Ave., SE, Salem, OR 97306

503-991-5228

Website: serenityhospice.org

Our mission: No one dies alone, afraid, or in pain.

Stephen Ministries St. Louis, Missouri 314-428-2600

Congregations offering confidential one-on-one care to people going through difficult times.

Local Programs:

Queen of Peace Catholic Church 4227 Lone Oak Road SE Salem, OR 97302 Fr. Timothy Mockaitis, Parish Pastor
www.qpsalem.org Mike Whalen, Stephen Ministry Coordinator

Salem First United Methodist Church 600 State St. Salem, OR Office phone: 503-364-6709 Rev. Dan Pitney, Pastor
www.salemfirstumc.org Fran Eriksen, Stephen Ministry Coordinator

Westminster Presbyterian Church 3737 Liberty Rd. S. Salem, OR 97302 Office phone; 503-364-3327
Rev. John R. Moody, Pastor www.salemwestpres.org Nancy Ritter, Stephen Ministry Referrals Coordinator

Teen Challenge

Website: <http://www.teenchallengepnw.com>

Email: info.wvmc@teenchallengepnw.com

Women's Center: 85989 Bailey Hill Road, Eugene, Oregon 97405 (541-344-4328)

Men's Center: 31700 Fayetteville Drive, Shedd, OR 97377 (541-491-1002)

Union Gospel Mission

503-967.6388

Main Website: <http://www.ugmsalem.org>

General email: info@ugmsalem.org

Programs:

R.O.C.C. (Reaching Our Community Center)

901 Front Street NE, Salem, OR 97301

503-566-7001

Provides clothing, furniture and household items for families in need-

Email Contact: Don Winter dwinter@ugmsalem.org

Dental Clinic

5119 River Road N., Keizer, OR 97303 503-362-7487

The Men's Mission

345 Commercial Street NE, Salem, OR 97301

503-362-3983

Contact: Bud Austin baustin@ugmsalem.org

Simonka Place for Women and Children

5119 River Road N., Keizer, OR 97303

503-362-7487

Contact: Jeanine Knight jknight@ugmsalem.org

US Veteran Outreach Center

2645 Portland Rd NE

503-362-9911

VA Clinic Salem Website: www.portland.va.gov/locations/salem.asp

971-304-2266

VA Hospital Portland Website: www.portland.va.gov

800-949-1004

Willamette Valley Hospice

1015 3rd St. NW

503-588-3600

Website: <http://wvh.org>

Email: info@wvh.org

Living with a serious illness, caring for a loved one, grieving the loss of a loved one

Worldwide Marriage Encounter <http://www.wwme.org/>

The largest pro-marriage organization in the world and promotes weekend experiences for couples who want to make their good marriage even better.

This resource guide brought to you by:

Salem Pastoral Counseling Center

2001 Commercial St. SE Salem, OR 97302

Ph: 503-370-8050

Website: salempastoralcounseling.org

Email: salempastoral@integra.net