

A West Suburban Focus Featuring Local Faces & Places



Listen to your heart

We want our loved ones to live long, happy lives – at the AMITA Health Heart & Vascular Institute we feel the same about our patients. That's why our care emphasizes prevention and disease management. We offer a full range of non-invasive testing for early detection of heart and vascular disease as well as leading-edge, innovative treatment options, including new minimally-invasive procedures to help manage existing disease. The AMITA Health Heart & Vascular Institute is a nationally recognized, fully accredited program bringing together a complete range of cardiovascular expertise closer to where you live and work in Chicago's west and northwest suburbs. Learn more at AMITAhealth.org/heart

Take our **5-minute heart risk assessment** to find out your chances of developing cardiovascular disease in the next 10 years. Visit AMITAhealth.org/heart and ask your loved one to do the same.

Schedule an appointment with a leading heart and vascular specialist in your area: 1.855.MyAMITA



















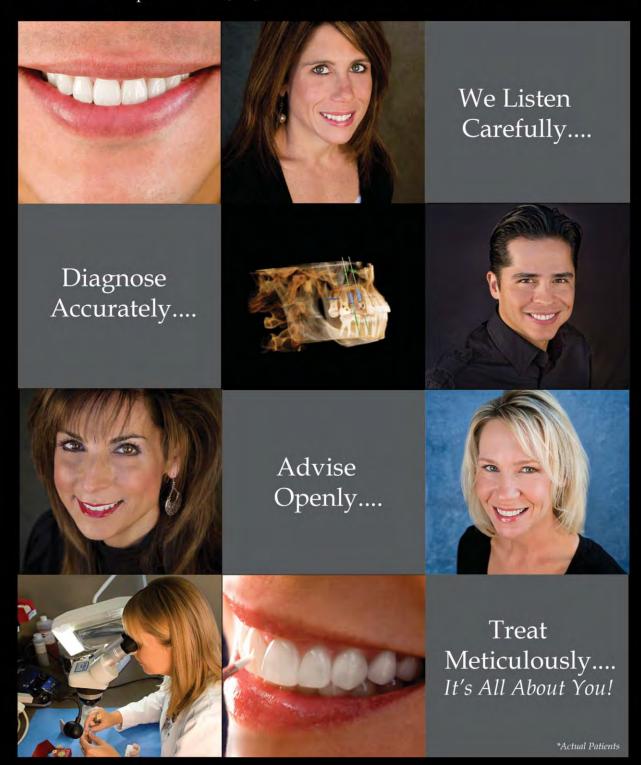
Cupboards Chicago Design Group with Dark Horse Properties presents 1348 Turvey Road located in the exclusive Denburn Woods area of Downers Grove. 4+ bedrooms, 5 1/2 baths, 4563 SQ FT.

Contact Courtney at County Line Properties, 630.209.1115 or courtneystach@gmail.com for listing information.



TIMOTHY CROMBIE DDS

Naperville • 630.904.1000 • www.DrCrombie.com



Exquisite Adult Dentistry

Implants • Aesthetics • Reconstruction



PUBLISHER/EDITOR Lindy Kleivo

EDITORIAL | Print + Online Kristen Kucharski Columnist / Writer Mindy Kyle Columnist / Writer Eric McMillan Wine Critic Stephanie Schmoker Dining Critic Tiffany Schmoker Dining Critic Theoni Limouris Columnist

SALES / MARKETING / PROMOTIONS

Tracy Paulson Sales & Marketing Anne Wang Administrative Kristen Kucharski A & E Correspondent

PHOTOGRAPHY & DESIGN

Veronica Adams Features Photography Mike Catuara Event Photography

COMMUNITY CONTENT | Print + Online Lindy Kleivo Marketing & PR Content Director

See Faces + Places Online Marketing & PR Site Create a FREE Membership & Upload Your Local Content Today! Content May Be Chosen for Print Publication. Upgraded Marketing & PR Memberships Available

MONTHLY PRINT CIRCULATION

West Suburban Edition • 55,000+ Copies Naperville | Wheaton | Glen Ellyn | Lisle Elmhurst | Downers Grove | Hinsdale St.Charles | Geneva | Batavia Oswego | Sugar Grove

COMMUNITY FEATURES

Press Releases, Local Events, Community News editorial@glancermagazine.com

ADVERTISING

Print & Online Advertising advertising@glancermagazine.com

Receive All 12 Issues Delivered Direct subscriptions@glancermagazine.com

Glancer Magazine, Inc. p. (630) 428-4387 info@glancermagazine.com www.glancermagazine.com

Glancer Magazine is produced by Glancer Magazine, Inc. Glancer Magazine and Glancer logo are registered trademarks of Glancer Magazine, Inc. All rights reserved. Magazine reproduction in whole or in part is strictly prohibited.

West Suburban Edition NOVEMBER 2016 | Vol 15 Holiday Style Featuring Holiday Events & Festivities 10 Local Faces at Holiday Places Must-Give Gifts Getting The Home Holiday Ready

©Copyright 2016 All Rights Reserved Glancer Magazine, Inc.







November 2016

On the Pages

- 7 Publisher's Note
- 8 West Suburban Events
- 11 Dining & Cabaret
- 11 The Chicago Wino
- 11 The Savory & Sweet Sisters
- 12 COVER 10 Local Faces
- 15 Mom's Little Black Book
- 15 Modern Housewives
- 16 Must-Give Gifts
- 17 The Unique Boutique
- 17 Boutique Secrets
- 19 Home Design Pictorial

- 21 Local Listings to Love♥
- 23 Home & Design Spotlights
- 25 Give the Gift of Beauty
- 26 Health + Beauty Spotlights
- 27 Hero Mom to Know
- 29 Live Right & Anti-Aging News
- 31 Beautiful People: Inside Out
- 34 Crossword Puzzle
- 34 Cute Kid Photo Contest
- 35 Literary Locals
- 35 Trendy Traveler
- 37 Suburban Holiday Markets
- 37 7 Spectacular List
- 35 A Career Vision Invitation
- 38 Scene Around Suburbia



Many Features Also Online!

www.glancermagazine.com







Subscribe to Receive Every Issue!



A West Suburban Focus Featuring Local Faces & Places

COME OFF THE ROTATION LIST & STOP MISSING OUT ON **GREAT MONTHLY ISSUES!**

Thank you to the many residents who have subscribed to our west suburban magazine, featuring local faces & places. We ♥ your support! Glancer Magazine is sent monthly as trial issues on rotation, but to get every monthly issue, you need to subscribe. You are missing so much! We are excited to grow our pages and our west suburban footprint delivering more of what you enjoy-photos, columns, faces & places. Glancer Magazine Reserves All Rights. 2016

Don't Miss a Single Issue

- ☐ YES! Send me 12 Issues of Glancer Magazine for Just \$21 - Visit us Online for a List of Upcoming Issues
- □ I Prefer 24 Issues for Just \$38

Address City/State/Zip Email Completed Form to

subscriptions@glancermagazine.com Billing Not Available

For faster service, subscribe online at: www.glancermagazine.com





'Tis The Season ... to plan a party!

At Bottle & Bottle we're known for our chic, elegant studios (they're like a loft in Paris). But our secret sauce is helping you create the perfect party. And, we would love to help you paint your spirits bright this holiday!

Here's our guide to the top four ways to plan a Picture-Perfect Holiday Party:



Gather the right mix of people to share in the planning decisions. It's a good way to make sure your party will represent everyone's interests.



At Bottle & Bottega, we have **thousands of art pieces** and numerous art forms to choose from, so rest assured your art image and experience will match your theme!



Ditch the crowded bar and restaurant scene and host your party in **our private studio**. We do all the setup and cleanup, so your team has all the fun. Or, pop up with us! **We can take our parties anywhere** (just ask!).



Like anything, the best spaces and days fill up fast, so don't delay. Just submit the **Party Request Form** on our website to inquire about dates.

Call Today!

630.984.4955

BottleandBottega.com/GlenEllyn

PUBLIC EVENTS • PRIVATE EVENTS • CORPORATE EVENTS • FUNDRAISING



Publisher's NOTE

HOLIDAY STYLE | November 2016

♪ J City sidewalks, busy sidewalks

Dressed in holiday style J J

Soon it will be the most wonderful time of the year and as you prepare for holiday guests, meals galore and tree trimming fun, be sure to keep this issue close all season long. Themed "Holiday Style", this month our colorful pages connect you with festive people, places and things throughout the western suburbs. From 10 Local Faces at Holiday Places to 7 Spectacular Santa Sightings, it's all about making spirits bright. You'll enjoy every feature! Be sure to watch for our December 2016 issue themed Giving Back featuring 10 Charitable Crusaders of the Year and many more compelling stories. Each page will be truly heartfelt, honoring those who have gone above and beyond to help community residents in need throughout the year. Subscribe

today to ensure delivery. If you received this issue as a complimentary trial issue (see mailing label), then the December issue will be sent to a different community list, not your neighborhood, unless you are a paid subsciber, so be sure to subscribe today. Thank you for reading and Happy Thanksgiving to you and yours.

A West Suburban Focus Featuring Local Faces & Place













Publishing 12 Issues In 2017

Print + Digital

Connecting West Suburban Faces + Places

Request a Media Kit Subscribe to the Print Edition... Download Our App.... Follow Us In Social Media.... @GlancerMagazine



From Design to Complete Kitchen



Area's Largest Showroom & Selection for Cabinets, Countertops, tiles & Flooring

One-Stop Design Center for your Kitchen & Bath Free Design & Estimate



18 Month Free Financing Conditions Apply

155 S Rohlwing Rd, Addison IL 60101 (630) 495-2010 info@totalstonesolutions.com www.totalkitchenbath.com

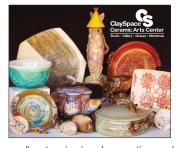


A HOLIDAY MEAL IS MORE THAN JUST FOOD - 'TIS THE SEASON TO GIVE **Donations Accepted All Season Long**

Together we can make the holidays brighter and more hopeful for our neighbors. Last year, Loaves & Fishes provided food to 19,045 individuals or 4,754 families in Naperville and Du-Page County. With your assistance, Loaves &



Fishes can provide a family with a complete holiday meal for just \$35. For a family struggling financially, a holiday meal is more than food. Your heartfelt donation provides HOPE and is a reminder that we are a community that cares. Donate at loaves-fishes.org. Thank you!



CLAYSPACE ARTISTS GIFT GALLERY November 18-20 • Lisle

ClaySpace's 55 studio artists have created perfect gifts just for you! Choose from 100's of high quality, reasonably priced, handmade items in their 6,800sf studio space and gallery: wheelthrown mugs, handbuilt serving ware, one of a kind ornaments, artisan glass, photography, knitted items, mixed

media, stunning jewelry, greeting cards & more. Open studio access for this special holiday event. Friday 7-9pm, Saturday 10-4pm, Sunday 11-2pm. ClaySpace 740 Front Street, across from Lisle Library. www.clayspace.net

ENJOY SMALL PLATES & GREAT BEERS • All Month Long

Union House offers a small plates concept using fresh and local ingredients like grass-fed beef, wild-caught seafood and seasonal produce, supporting local butchers and other local businesses. Their menu offers a diverse range of dishes. Enjoy a casual atmosphere, high quality fare, craft beers and unique wines.

www.unionhousekitchen.net



OOH LA LA CHOCOLATE 5K **CHICAGO SWEETEST RUN 2016** November 6

You've run the rest, now run with the BEST! Featuring Three time Guinness World Record Holder. Food Network personality & Pastry Hall of Fame Chef Alain Roby's delicious hot chocolate & Pain au Chocolat. The 5k will wind through the beautiful town of Geneva, Illinois & end at



the world famous All Chocolate Kitchen in downtown Geneva. Runners will be treated to a delicious chocolate experience, a custom finisher medal & an All Chocolate Kitchen sweat shirt. Chef Roby says... "Eat Dessert First, Run Later" For registration, please visit www.signmeup.com/114904

HOLIDAY HOMECOMING DOWNTOWN ST. CHARLES November 25 & 26

Holiday Homecoming is one of the Midwest's most spectacular holiday events and officially kicks-off the holiday season in Downtown St. Charles. This weekend-long event has been making holiday memories for area families for over seventeen years. It features seasonal music, holiday movies, sleigh rides and lighted parade floats that light up Main Street (Rt. 64). This year will also feature Donnie Wahlberg and Jenny McCarthy Wahlberg as the parade's Grand Marshals! www.downtownstcharles.org



INAUGURAL **CHRISTKINDLMARKET NAPERVILLE**

November 25 - December 24: Thurs 11am-7pm, Fri & Sat 11am - 9pm, Sun 11am- 6pm, Special Dates Dec 19-23 11am-9pm, Dec. 24 11am-4pm Discover a traditional centuriesold outdoor holiday market at Naper Settlement. Christkindl-

market Naperville is always free and features German and international vendors displaying hand-crafted and unique gifts as well as traditional German foods, sweets and beverages. For further information, or details on vendors, special events and entertainment please visit www.christkindlmarket.com

SHADES OF CRIMSON POINSETTIA **DISPLAY & SALE • Friday, November 18** Cantigny Greenhouse • 11am-7 pm

www.cantigny.org

Visitors are invited to the Cantigny Greenhouse to enjoy a sea of poinsettia plants at their holiday best. See 15 or more varieties and 3,000-plus poinsettias in total, all grown on site from cuttings. Plants will be available for sale. and Cantigny horticulturists will be available to answer questions at points along your self-guided tour. Groups are welcome but advance notice is requested for 10 or more (call 630-260-8162). Free with parking (\$5). Visitors should park in the main lot at the Visitors Center, then walk to the greenhouse or ride the free trolley.

HAVING AN EVENT? LIST IT HERE! Contact us at info@glancermagazine.com for details





The Christkindlmarket is coming to Naper Settlement!

November 25 - December 24 at Naper Settlement

523 S Webster Street.

Open Thursday - Sunday:

Thursday 11am - 7pm Friday & Saturday 11am - 9pm Sunday 11am - 6pm

Also Open:

December 19 - 23: 11am - 9pm December 24: 11am - 4pm



The Christkindlmarket Chicago is excited to host a suburban location of the Christkindlmarket you have come to know and love at Naper Settlement! Visit us and find a selection of gifts, food, beverages, and holiday cheer.

See you there!

www.christkindlmarket.com/naperville

f/christkindlmarket.naperville

// ChristmasCHI



Christkindlmarket Naperville 2016



give it a makeover with **Opal Enterprises!**

Call today for an Opal estimate 630.523.9491

or visit our Naperville showroom!

Finance Your James Hardie Siding Project with 95% Approval Rate. Choose 12-84 Months & Enjoy a Low Monthly Payment!

FREE GAF Roofing Golden Pledge Warranty! 50-year on Materials, 25-year on Workmanship!

New Windows Installed Now & Don't Pay Until 2018 with our FREE 12-months Same-As-Cash Financing!*

*Loans provided by Enerbank USA (1245 E. Brickyard Rd., Suite 640, Salt Lake City, UT 84106) on approved credit, for a limited time. Repayment terms vary from 24 to 130 months. Interest is waived if repaid in 365 days. Minimum loan amounts apply.

See our glowing online reviews for quality craftsmanship! opalenterprises.net



Have a wonderful Remodeling Experience!











Dining CABARET

FOR WEST SUBURBAN WINE LOVERS

The Chicago Wino

#MerlotMe

I'm sure most of you remember the movie, Sideways. That's the movie that literally devastated Merlot sales with one quote, "If anybody orders any Merlot I am leaving. I am not drinking any ______ Merlot!" Paul Giamatti's character was a huge fan of Pinot Noir and as a result of the movie's cult following, Pinot Noir sales skyrocketed. Look, I'm as much of a fan of Pinot Noir as the next guy but Merlot has always been one of my favorite go-to grapes — blended or straight up it's a beautiful wine!

Two outstanding examples of how delicious Merlot can be are Trefethen Family Vineyards and Duckhorn Vineyards.

Trefethen Family Vineyards Merlot, Oak Knoll District of Napa Valley, 2013 (\$40): A blend of 95% Merlot, 4% Malbec and 1% Cabernet Sauvignon barrel aged for 18 months. Aromas of blueberry pie, spiced-cake, dusty oak and black cherry with flavors following of juicy blackberries and dark chocolate. It's super smooth while finishing long. This wine was even better on the second day of tasting. You could drink now with decanting or age this for several years.

Duckhorn Vineyards Merlot, Napa Valley, 2013 (\$55): A blend of 88% Merlot, 7% cabernet Sauvignon and 5% Cabernet Franc barrel aged for 15 months. This has intoxicating aromas of ripe cherries, cedar, Asian spice and orange peel with delicious flavors of black raspberries and sweet plum. It's ridiculously balanced. This is another wine you could drink now or age for several years.

Both of these wines were absolutely inspiring but you can easily find some excellent Merlot at a lower price point. So let's contribute to the movement of #MerlotMe and drink more of it. Sláinte!

ABOUT THE WRITER Eric McMillan, The Chicago Wino, is your source for lighthearted reviews of wine. thechicagowino.com also features links to fun tools like wine/food pairing, ideal serving temperatures, and "must try" bottles! Visit thechicagowino.com for a simple look at some complex flavors. "Like" Eric on Facebook—The Chicago Wino SHARING WEST SUBURBAN EDIBLES TO LOVE

Savory & Sweet Sisters

The Village Grind
19 South Main St., Oswego
(630) 554-6678 • www.villagegrindoswego.com
Village Keeper/Owner: Jodi Behrens

FEEL THE WARMTH

It takes a village at this charming coffee shop on Main St. in Oswego. Celebrating 20 years this past September, the Village Grind is a community treasure. You won't find Wi-Fi here where owner Jodi Behrens prefers to hear the small town banter. What you will find is a warming quaint cafe to enjoy a hot cup of coffee and a piece of pie. It is a place that employees are family and trained to live by the Golden Rule. It is a place that welcomes all and provides the canvas to create your own comfort.

You will often find one of Jodi's four children or four grandchildren helping out. Daughter Katie bakes up the muffins and cookies. Jodi enjoys being creative in the kitchen and encourages her loyal customers to trust her and try new things on the menu. A variety of bagels and twenty different gourmet cream cheeses are picked up daily. Although the rosemary garlic was delectable, the original on a toasted multi grain bagel topped with the Caprese was our favorite.

The Caprese salad is made with garden fresh tomatoes, cucumber and lots of asiago cheese. Try it with the Black cherry lemonade. If you love a Thanksgiving feast try a lighter version with the Signature sandwich. A croissant is topped with turkey, cranberry relish and crushed pecans and perfectly pairs with a slice of pumpkin pie. All sandwiches come with a side of carrots and ranch dip. Lunch to go is ready all day but sells out quickly. If you want a little something more add a cup of soup. Daily selections change from the sweet and savory green pepper, cream of mushroom, to spicy creamy chicken wild rice.

A favorite memory growing up was our Grandma Schmoker helping out at our family restaurant baking pastries and sweet treats. We are reminded of her as we hear about kind and humble Joanne Johansen (pictured) who shows up daily with piping hot pies and baked goods. Joanne has been baking since the third grade. Make sure to save room to try

her blueberry crumb top pie or upside down German chocolate cake while enjoying a hot sweet potato latte served in a locally made mug. Everything here is made and served with love and warmth.

ABOUT THE CRITICS Stephanie (right) & Tiffany (left) Schmoker are west suburban sisters who have always shared a love for dining out and they also enjoy cooking together. They came from a family of 7 and grew up on farm with fresh fruits, veggies and more. Watch for their review of a different west suburban restaurant in each issue of Glancer Magazine.



by Kristen Kucharski & Mindy Kyle Photos by Veronica Adams







22 year Downers Grove resident, Fred Zimmerman (pictured above as Santa), is a member of the Unitarian Universalist Church of Hinsdale, father of two college kids, and is also a respected Chicago actor who has appeared in award-winning Broadway Touring Companies; as well as, various comedies, dramas, and musicals around the country. During the holidays, Fred looks forward to the Tree Lighting Ceremony in downtown Downers Grove, all the Luminaria around town, and their family tradition of going to Starved Rock Lodge; but, most of all, he loves visiting with hundreds of children in his role as Santa. Fred began as Santa for Marshall Fields in the 90s and then started working for private events, including the annual Morton Arboretum's Breakfast with Santa experience. "It's the one appearance I truly look forward to each year, and that I hold as a benchmark against which I measure all others," Fred shares. He loves this time of year because people are on their best behavior, trying balance the fun of getting Christmas presents with the underlying goal of Peace on Earth, Good Will Toward Men. -KK

2. Marguerite Ledone of Sugar Grove | Holiday In the Grove

One of Marguerite Ledone's favorite holiday traditions with her husband, Rich and their three children, Tyler (17), Max (15) and Mia Rose (14), is to decorate their Christmas tree the day after Thanksgiving and then put out a huge 1500-piece puzzle that they do together over the next couple of days. Perhaps it is that kind of challenge that helps her organize, as this year's President, all the events, volunteers and fundraising of Sugar Grove's Holiday in the Grove celebration. "My favorite part of this event is seeing the kids with Santa," says Marguerite. "They get so excited." She and her committee work hard to make a family-fun day that will be truly memorable including breakfast and pictures with Santa, decorating cookies with Mrs. Claus and Mrs. Santa's Sweete Shoppe amongst many other attractions. Marguerite is thankful that many residents and students volunteer to help her pull it together. "I love having family together during the holidays," she says, "and this really brings families and our community together." -MK (Marguerite is pictured to the left at top right)

3. Lt. John Mammoser of Glen Ellyn | Holiday Walk & Tree Lighting with Santa

Growing up in Glen Ellyn and having attended St. Petronille and St. Francis, John (pictured left) was taught to always give back. In high school, he volunteered as a math tutor, Special Olympics basketball coach, and at food pantries. "Volunteering as a firefighter is no different than volunteering with other local organizations," Johns says of his commitment to the Glen Ellyn Fire Department for the past five years. "As a child growing up in Glen Ellyn, I remember hearing a loud siren and that's how the firefighters knew to go to the station; so, from an early age, I had some understanding of how the fire department operated." Now a husband and father of three children, John supports his family by working as a fire protection engineer. During the holiday season, he enjoys taking his kids to the Glen Ellyn Chamber of Commerce Holiday Walk and Tree Lighting with Santa. With the help of the Glen Ellyn Volunteer Fire Company, Santa walks from the fire station to greet children and then lights the tree in town with the help of Snorkel fire truck. -KK

4. Dr. Mary Hopper of Glen Ellyn | Wheaton College Christmas Festival

The Wheaton/Glen Ellyn area has been home to Dr. Mary Hopper (pictured left) for the past 37 years and for 36 of those years, she has worked at Wheaton College where she is currently the Professor of Choral Music, the Director of Performance Studies, and conductor of the Men's Glee Club and Women's Chorale.

Mary also expresses her passion for music throughout the community by actively serving as the Minister of Music at Immanuel Presbyterian Church in Warrenville. Her ultimate desire to express herself through melodies is filled especially during the holiday season. "I love Advent, the anticipation of Christmas, and celebrating the birth of Jesus," Mary says. As the Artistic Director of the upcoming Wheaton College Christmas Festival, Mary works with her colleagues in planning the music, decorations, and guest artists for the production that features a variety of carols and other Christmas music featuring over 200 Wheaton College Musicians.

The holiday season is always very busy, but Mary is sure to have a party each year, after their last church service on Christmas Eve, to celebrate the true meaning of the season with friends.-*KK*













5. Craig Foltos of Batavia | Celebration of Lights Festival

If you've ever been to Batavia's Celebration of Lights Festival, you have probably seen Craig Foltos (pictured left standing to the far right). He is the guy with the microphone. Every year, for the last eighteen years, Craig volunteers to take on the role of MC and Sing-A-Long Leader as the community gathers to welcome Santa to town. "I love seeing all the kids singing as loud as they can," says Craig, who reveals he takes time before each fest to make sure he memorizes the words to each song. Craig, who owns Foltos Tonsorial Parlor in town, was born and raised in Batavia and currently lives there with his wife, Rona and son, Sam (11). He loves being a key part in the festival which includes wagon rides, a holiday craft market, free roasted chestnuts, tree lighting and of course, the community sing-a-long and visit from Santa. "I make sure to promote the event in my barbershop," explains Craig. "It is so great to see a huge part of our town come out to celebrate the upcoming holiday." –MK

6. George Ball of Aurora | Festival of Lights

For over sixty-two years, George Ball (pictured left) and his wife, Kathy have lived in Aurora. For the last ten years, since its inception, he has been a part of creating Aurora's annual Festival of Lights. When he retired in 2015, George accepted the role of Director of the event and still holds that position today. One of his favorite aspects of the holiday season is the music and lights which makes his work in creating a drive-through wonderland of lighted and animated displays so satisfying. The festival takes place in Phillips Park, and it is presented in partnership between the Aurora Rotary Club and the City of Aurora. It is a free event; however, they do accept donations that benefit multiple local charities. "One year," explained George, "we had four generations of my family taking collections."

Last year there was a record-breaking 29,000 cars that rode through the display. My favorite part of the event is greeting the cars and seeing children excited and pestering to go around again," he says. "It feels like a gift has been given and received." -MK

7. Erin Venezia of Downers Grove | Gingerbread House Contest

Erin Venezia (pictured left) of Downers Grove is looking forward to all the fun holiday traditions she and her husband, Tony, can share this year with their children, Hilary (4) and Frankie (8 months). Traditions like decorating a Christmas tree and baking cookies, but special favorites include carriage rides through downtown and making their own gingerbread house. It was these kinds of traditions that inspired Erin, who is also the Marketing Director for the Downers Grove Downtown Management Corp., to research and create a city-wide Gingerbread House Contest as part of their downtown holiday festival. The contest has now been a part of the city's tradition for eight years.

"We have families that have participated every year as well as businesses, non-profit organizations and scout troops," explains Erin. You can vote for your favorite house the same dates as the festival, and the houses remain on display in the downtown businesses through December 14th. "I am always amazed by the creative talent that is on display," says Erin. "It's such a fun way to kick-off the holidays." -MK

8. Maren Biester Priebe of Des Plaines | Christkindlmarket Naperville

For the past 10 years, Maren Biester Priebe (pictured right), General Manager of German American Events, LLC., has played an active role in the Christkindlmarket bringing vendors from around the world to share their products in this multicultural event. This holiday season, the Christkindlmarket is coming to Naperville, and area residents will soon appreciate what Maren experienced as a child growing up in Germany. "Our spruce pine tree was adorned with silver tinsel strands, real red candles, ornaments, nuts and apples, all of which we thought the Christkind decorated when she came to leave a burlap sack stuffed with gifts," Maren shares. "The Christkind (pictured left) is as a mythical being, with blond locks that are topped by a golden crown, and she wears long golden/white robes." She is the bearer of gifts to those that believe and rings a bell once gifts have been left on Christmas Eve. Just as in Nuremberg, Germany, the Christkind will open the Naperville market with her traditional prologue; and share holiday traditions while spreading the message of peace, goodwill and harmony. -KK

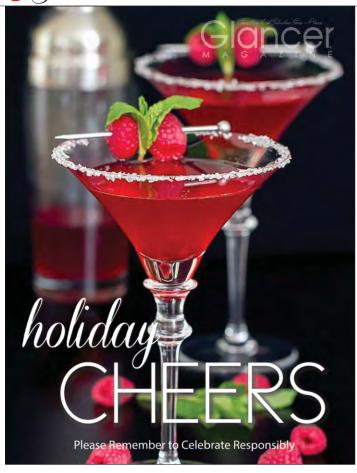
9. Sacha Urban of Geneva | Snowflake Shuffle

Sacha Urban (pictured left with a group of race participants) has a passion for running. She has run 5K's, 10K's, half marathons, the Chicago Marathon and this year challenged herself and completed a half-ironman race. She was a perfect fit for being on the committee to launch Geneva's Snowflake Shuffle three years ago and then take over this year as race director. As Manager of Community Giving for TriCity Family Services, she enjoys facilitating the festive run that raises money and awareness for quality and affordable mental health services.

The Snowflake Shuffle is a 5K/10K run and walk. "It's a race for the whole family," says Sacha. "We see so many families with strollers and their dogs and donning spirit wear. There are even prizes for best and runner-up costumes." Sacha, who was born and raised in Switzerland, enjoys many of her homeland holiday traditions with her family, but loves to get a jump start into the season with the challenge and fun of running a 10K in the cold. "And of course," she says, "I enjoy the cookies and hot chocolate afterwards." –*MK*

10. Bradley Armacost of Evanston | A Christmas Carol at Drury Lane

As an artistic associate with Provision Theater and the radio drama UNSHACKLED, Bradley (pictured left) shares their mission to create works of hope and redemption through the performing arts. He especially treasures the opportunity to bring A Christmas Carol tale to young audiences through a special breakfast event at Drury Lane this holiday season. "It's a glorious time of year and an honor and delight to be able to tell this story and be a small part of so many young audience member's Christmas memories," Bradley says. Outside of his impressive acting career, which includes working on stage at the Chicago Symphony, Beyond The Score series, Goodman, Steppenwolf, Chicago Shakespeare; as well as acting in Chicago Fire, Mind Games, Empire, Patriot, and The Exorcist on Fox network - Bradley is also a Saint Nicholas parishioner in Evanston; ensemble member at the Irish Theatre of Chicago; and an Irish American Heritage Center member. In the midst of the hustle and bustle of the holiday season, Bradley values quiet moments with his wife and son, sitting by the fireplace, celebrating their faith, friends and family. -KK











MONTHLY COLUMN

Mom's Little Black Book

THE GIFT OF GIVING BACK AT ANY AGE

When my girls were younger, I struggled to find volunteer opportunities that our entire family could participate in together. Many organizations have age restrictions; but, not Ronald McDonald House; and now there is a location right in the west suburbs near Central DuPage Hospital allowing any age to volunteer so long as a parent is present.

My girls and their friends have gravitated toward volunteering over the years. They find so much joy in the gift of giving back. We recently volunteered for the **Meals from the Heart program** and prepared lunch for about 20 people that were staying at the house.

Like many homes, the kitchen is the heart of the Ronald McDonald Houses, and after a long day at the hospital, many families are in need of a home-cooked meal. Meals from the Heart volunteers work as a group to plan the menu; purchase the ingredients; and prepare the meal in the full service kitchens, allowing families to find nourishment and comfort in a shared meal.

Our group of teenage girls filled the space with laughter while they chopped and prepped a Taco Bar complete with dessert and drinks, and served the patients and their families. The entire group enjoyed themselves so much they all want to come back! Lucky for us, there are so many opportunities; such as, serving as Family Ambassadors, Green Thumb Volunteers, House Refreshers, Home Improvement Volunteers, Meals from the Heart,

Special Event Volunteers, and Family Program Volunteers.

Since the Family Program Volunteers provide special activities at the House such as baking, arts and crafts, yoga, massage, and much more, the girls were busy making plans for their next adventure – what kind of cookies to make, how about a hot chocolate bar; what about a drive-in movie theater with cardboard boxes; etc... the energy was high and the girls cannot wait to come back - to give the best gift of all this season – the gift of giving back!

Overview

Ronald McDonald House provides a 'home away from home' to keep families together while their child is in the hospital. They allow families to eat, sleep and find the emotional support they need - just blocks from where their child is being treated.

Ronald McDonald House At Central DuPage Hospital 0N150 Winfield Road Winfield • (630) 517-8678 www.rmhccni.org

Price \$:

The cost of the meal/activity you are providing

ABOUT THE WRITER

Naperville mom Kristen Kucharski graduated from Illinois State University in 1992 with an International Business Degree. She is married and has two energetic daugh-

ters and her house is always full of children. Kristen's column titled, Mom's Little Black Book, is a monthly feature written for moms who are looking for ways to keep their kids busy.





Modern Housewives

MAKING SPIRITS BRIGHT ALL SEASON LONG

Believe it or not the Turkey Trot has been around for 100 years. However, growing up in a Greek household the thought of anyone actually leaving the kitchen on Thanksgiving to go running was absurd. Unless you were running to "The" Jewel, Dominic's or White Hen. Fast forward to 2016. A family of my own. We do a turkey trot, followed by Starbucks for good measure because it doesn't get more American than that.

One of Chicagoland's "Top 10 Turkey Trots" takes place in Batavia. **The Fox & The Turkey** is the premiere race in Fox Valley on Thanksgiving morning. What I love about this race, all participants donate a bag of nonperishable food.

Let's face it folks, we anticipate the day after Thanksgiving more than the holiday itself. I admit, I'm guilty of wanting to move onto Christmas. Mostly because I like to quote ELF.

Nothing like a craft show to get you geared up for the upcoming holiday season. **The Geneva Woman's Club 42nd Annual Craft Show** will be held November 12th at Geneva HS. There will be 100 crafters, bake goods and even lunch available. A \$5 admission fee supports local charities.

Christkindlmarket Naperville opens for the season November 25. No longer do you need to travel to Chicago for this holiday event. A German style outdoor market held at Naper Settlement delights visitors with Music, Food, and plenty of unique gifts.

St. Charles **Electric Lights Christmas Parade** takes place the evening of November 26. Reserve premium indoor seating at one of the many St. Charles restaurants or bundle up with a blanket and hot chocolate along Main Street

Thinking of cutting down your own tree this year? No need to travel to the north woods, **Christmas Trees at Abbey Farms** Aurora invites your entire family, even the dog to the explore the 220 acre farm. Cut your own tree, BYOS (bring your own saw) or rent one. Complimentary hot chocolate and doughnuts await you upon your return!

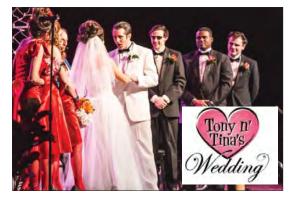
Lastly for those of you who who want to enjoy a fall day that has nothing to do with the holidays and everything to do with deliciousness. I have 3 words for you...Chili Cook-off. Wheaton restaurants compete, you vote. Tickets available at participating businesses. Event takes place November 5, 1-5pm!

Happy Thanksgiving! Wishing your family many blessings and a low rating on the dysfunction scale.

ABOUT THE WRITER Theoni Limouris is a graduate of of St. Cloud State University. She credits her degree in Education for setting her up to succeed in both the classroom and Corporate America. As a busy wife and mother of 2, you will find her buzzing around the western suburbs in her VW Beetle watching people slug each other all day long.



holiday GIFTS



Give the Gift of Nature

Membership at The Morton Arboretum makes a thoughtful gift. Recipients can explore the 1,700 acres of trees that make this a living laboratory. Families can share the award-winning Children's Garden. Guests will return all year for special events that celebrate every season. Membership also supports the Arboretum's work as the champion of trees, making this a gift with a deeper purpose. Use code 11016 for \$10 off new gift memberships when you call (630) 719-2453 or visit www.mortonarb.org/join-today.



Say "I Do" to Giving the The Hottest Gift: Tony n' Tina's Wedding – Now Playing!

Chicago, Illinois, we hope you're ready! It's been a few years since the show was performed in the Windy City, but Tony n' Tina's Wedding Chicago is back in full force! The show is set for performances in Chicago starting September 22, 2016 and

running into January. Come once, twice, ten times, Tony n' Tina's Wedding Chicago will never get old! www.tonylovestina.com



The Perfect Holiday Gift for that Special Someone

Give the gift that will make memories to last a lifetime ... a Bottle & Bottega gift certificate! Paired with a bottle of favorite wine, Bottle & Bottega apron, and/or fabulous frame, it's the PERFECT gift for your BFF, mom, sister, aunt, teacher, or special loved one! Available for purchase at our chic, colorful studio or visit our website to purchase, download, and print online!

Bottle & Bottega Glen Ellyn 498 Crescent Blvd., Glen Ellyn • (630) 984-4955 www.bottleandbottega.com/glen-ellyn



The Kitchen Your Family Has Always Dreamed Of Makes a Perfect Gift

Choose a beautiful kitchen design to love! The Vineyard Chic staff will create (or recreate) all facets of your kitchen and their outstanding craftspeople and experienced tradespeople will complete the job on time and at budget. Whether you choose new or update your existing cabinets, their creatively designed kitchens can be tailored to fit a variety of budgets and tastes. WINNER: Remodeling Magazine Design Merit Award

Vineyard Chic Kitchen and Bath Design Center 211 James Street, Geneva, (630) 464-1334 www.vineyardchic.com



Free Bundtlet Cake with Ultrasound

Schedule your ultrasound with Angel Kisses 3D Ultrasound & Boutique for a unique experience unlike any other and receive a free bundtlet cake. They carry many unique gifts for mom and baby including Swarovski jewelry, customized woods stools and growth charts. All one of a kind gifts! Visit them in the Community Marketplace for more information. Happy Holidays! Gift cards available.

www.angelkisses3d.com (630) 580-0082





èwelers.



MONTHLY COLUMN

The Unique Boutique

BRIOSA BOUTIQUE:

WHAT YOU KNOW AND WHAT YOU DON'T KNOW

I brought my daughter through downtown Downers Grove last week telling her how much had changed since I had grown up there. Main Street was still quaint and peppered with local businesses, but many of the storefront names had changed. We popped into Briosa Boutique to a display of trendy ponchos, tunics, cold shoulder tops and unique accessories. The owners, Rae Vegetabile, Gloria Ursich and Debbie Bell have created different ensembles around the shop to inspire your creative fashion tastes.

These three ladies have been friends for over twenty years. The boutique originated in Frankfort ten years ago under a different owner and the ladies managed it, but when that owner decided to close, customers were upset to be losing one of their favorite shopping destinations. So, Rae, Gloria and Debbie decided to open their own boutique. They had always wanted to open a second boutique and felt Downers Grove was the perfect fit because of its small village setting.

"What the general public may not know," says Rae, "is that we carry brands that cater to all ages and sizes. We have new items coming in weekly and sizes range from 2 to 20." They pride themselves on carefully focusing on finding unique stylish clothing and accessories at affordable prices showcasing brands like Free People, Bali and Comfy.

They also believe their extra step in customer service keeps their customers coming back, including offering gift wrapping. "We love to have customers bring in items from their closet and help match it up with something new," said Debbie.

Gloria explains that Briosa is a Spanish/Italian word that means high-spirited, lively, fiery, shiny and brilliant. "We felt it was a great way to describe our designs." I agree, as my daughter and I enjoyed browsing through their selections and I ended up coming home with one great holiday cold-shouldered sweater. -Mindy Kyle

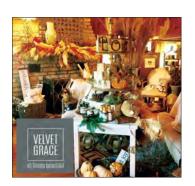
Briosa, 5121 Main St., Downers Grove NEXT UP: A Unique Naperville Boutique

ABOUT THE WRITER

Mindy Kyle graduated from the University of Illinois in Communications and has a masters degree in creative writing from DePaul University. She is a regular feature and column writer for Glancer Magazine and a Naperville mom of three. She enjoys spending rare free time shopping in the small neighborhood stores and boutiques to find fashions and treasures - and of course, shoes! - that uniquely portray her personality and style



Boutique SECRETS



ALL THINGS BEAUTIFUL

VELVET GRACE - Let your Holidays shine with the perfect amount of sparkle, beautiful home décor, inspirational art, gifts, jewelry, and candles to treat yourself or someone special. Velvet Grace is a proud retailer of the easy-to-use Annie Sloan Chalk Paint®. Also check out our creative classes, perfect for a ladies night out! No artistic ability requiredrefreshments provided! 4025 US 34 Oswego (630) 636-6570

www.velvetarace.net



20% OFF NOV 10-12

NONA JO'S - Nona Jo's 10th Cup of Soup Holiday Open House

November 10th • 9:30am - 7pm

November 11th • 9:30am - 5pm November 12th • 9:30am - 5pm

Homemade soup & treats. 20% percent off your entire purchase for 3 days. Enjoy the ever-changing mix of unique home accessories and fabulous gift giving pieces.

410 W. Fifth Avenue, Naperville • www.nonajos.com



IOIN US TO VIEW MARIANA'S FALL COLLECTION

OCCASIONS - Each piece of Mariana jewelry is hand crafted to the highest standard. Mariana uses a colorful array of hand-made crystals, hand-cut gem stones, and Swarovski crystals. 3027 English Rows #111, Naperville, IL 60564, 630)355-5045. Find us on Instagram

@OccasionsNaperville or Facebook by searching Occasions Naperville



HOLIDAY FITNESS FASHION

GYM CHIC - Looking for that extra motivation to help you reach your fitness goals? Brand new to the Downtown St. Charles scene, Gym Chic is an exclusively women's athletic apparel boutique. Shop over 25 lines including Alo Yoga, Onzie, Splits59, Beyond Yoga and more! Complete your new fitness style with a colorful Sweaty Band or try a shimmery headband by Sparkly Soul. 151 S. 1st Street, St. Charles www.gymchic.net

Suburban Lifestyle





BANQUET FACILITIES AVAILABLE

Corporate Picnics/Functions Special Events Post Funeral Gatherings Birthdays Holiday Celebrations Casual Get Together Weddings Elegant Affairs Meeting Space



2020 Dean St. Suite B, St. Charles



www.frenchmedspa.com

GIVING THANKS ONE DESIGN



SPICE IT UP AT COUNTRY CURTAINS

Let the experienced Naperville team show you Country Curtains' beautiful selection of ready-made window treatments. They offer CUSTOM window treatments and FREE In-Home consultations. Their designer will come to your home and help you choose from hundreds of fabrics. Ready-made OR custom ... they have your windows covered. Check out their new arrivals this fall! Open everyday.

Country Curtains 233 South Main Street, Naperville (630) 527-4900



beautiful home....

HOME ACCENTS TO MAKE YOUR ROOMS COZY

Autumn is a time when many home design extraordinnaires add cozy fall-inspired accents to bring a bit of the season indoors. Anastazia in Geneva welcomes you to experience the latest in affordable home accents, seasonal decor, and uncommon gifts. Selected with the goal of creating the perfect atmosphere and displayed with an artful eye, Anastazia's wide array of unique items will enrich the style of any room in your home. Shop for fall decor today!

Anastazia Treasures for the Home 447 South Third Street, Geneva (630) 208-8048 www.anastaziaonline.com



Nona Jo's • (630) 355-4488 410 W. Fifth Avenue, Naperville www.nonajos.com

receive their monthly newsletter.

TABLE PERFECT

Fall is a great time to go all in when it comes to decorating. From decorative accents and candle

lanterns to picture frames and pumpkins in a va-

riety of sizes, you'll find the most unique table

decor at Nona Jo's in Naperville. Sign up to

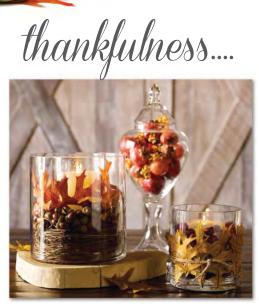
entertaining....



COPPER EVERYWHERE

As the leaves have turned and your kitchen is your sanctuary, warm up your whole house with touches of copper. The collection of Mauviel copper cookware makes a stunning statement on the stovetop (and cooks like nothing else) while intermixing with the unique pieces from Terrafirma and autumn's golden hues. Copper is reflected in every room of the house with table linens, votives, and even mixing bowls in the kitchen. A timeless look for every home.

Marcel's Culinary Experience 490 N. Main St Glen Ellyn (630) 790-8500





Westbridge ASSISTED LIVING ASSISTED LIVING



A Life Care Services Community™

Westbridge Assisted Living at Wyndemere offers a helping hand in our gracious setting from

> professionals who are as caring as they are dedicated!

Balance Issues and Vestibular Dysfunctions

November 10, 2016 6pm

Presented by:

Northwestern Medicine and Westbridge

200 Wyndemere Circle

· Valet Parking/Seating is limited For information please contact:

Peggi Semmens

630-681-4544

Refreshments will be provided





Living, Loving, Selling The Western Suburbs



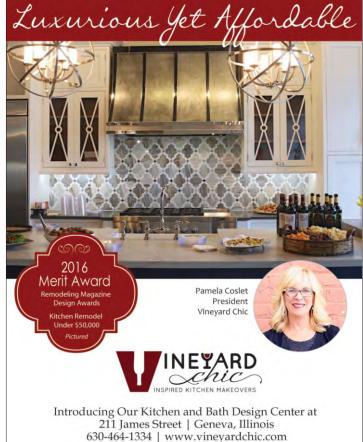
Call the Pickens and Placko Team for a successful Real Estate journey.

We Get Results!

Holly Pickens 630.253.3428 Margaret Placko 630.542.6682 pickensandplackoteam@bairdwarner.com www.pickensandplackoteam.com







FOR FREE!

OSELAND

RoselandDraperies.com







Chicago's west suburban real estate market boasts a variety of unique homes that are for sale in beautiful neighborhoods with award-winning school districts and more. We invite you to schedule a tour of your favorite featured property today and get to know the listing agents for your next move!







\$899,900 840 N. Main Street, Naperville

FABULOUS FALL FIND: Better than new! Original owners who have maintained & updated to perfection! 3,473 square foot, 4+1 bedrooms, 4.5 baths! Authentic NY brick floors in foyer & kitchen. Open floor plan, true master suite, full-finished basement w/additional 1577 sq. ft., paver patio, fenced-in yard, electric gate to garage. Close to downtown Naperville, shopping, schools, train & highways. NOTHING TO DO BUT MOVE IN! Alexa "Mimi" Wagner, RE/MAX Professionals Select (630) 904-6400; Cell: (630) 460-6256; www.awagner.illinoisproperty.com







Turns out there's not s key to life. There sre 88 of them.

Lombard Place Assisted Living & Memory Care

Westbrook Senior Living-Now Open!



This feels like home.

SpectrumRetirementIllinois.com
A SPECTRUM RETIREMENT COMMUNITY







BUSINESS FEATURES

SpotlightOn



Home Design Excellence You Won't Forget

Building Relationships One Space at a Time

A family owned and operated business, at Cupboards Chicago Design Group it is their goal to offer a higher level of customer service and sophistication to each and every individual project. Whether you're remodeling your kitchen, updating your bathrooms or finishing your basement, the Cupboards Chicago team will provide you with a level of design excellence you won't soon forget. Located in Naperville, their award-winning team combines over 50 years of expertise. They look forward to partnering with you to create your beautiful and functional dream home.

Cupboards Chicago Design Group • (630) 267-0440, www.cupboardsltd.com • stephanie@cupboardsltd.com



Beautiful Door Replacement The Easy Way

Door replacement is now the fastest and easiest way to makeover your entire home. Relax as HomeStory door experts digitally measure your existing doorframes and upload those measurements to a manufacturing facility where your new doors are custom milled to fit your doorways. Your doors are custom cut and painted with professional grade paint for a factory finish.

Avoid the hassle and mess of contractors sprawled all over your front lawn or in your driveway as they saw, sand, shim, and paint doors to get them to fit. HomeStory Chicago is the leading door expert in all of Chicagoland. Choose from a large selection of custom fitted interior door re-

paint doors to get them to fit. HomeStory Chicago is the leading door expert in all of Chicagoland. Choose from a large selection of custom fitted interior door replacement options and transform your house into the home of your dreams! -Submitted

HomeStory Of Chicago (847) 892-4899 • www.homestorychicago.com

Making Your Move Successful

The Pickens & Placko Team are determined to get you to your next destionation. With their aggressive marketing plan and their do what it takes attitude, they get the job done even when others have not. They have been helping buy-



ers and sellers for over 20 years achieve their goals. Their market knowledge and strategic negotiating skills are what has earned them Baird & Warner Naperville's top team in sales volume for the last 4 years.

Holly Pickens (630) 253-3428 Margaret Placko (630) 542-6682 pickensandplackoteam@bairdwarner.com



Wonderful Exterior Remodeling Experiences

Naperville-based exterior remodeler Opal Enterprises wants you to enjoy your remodeling project! Recognizing that new roofing, siding and windows is often a once in a lifetime purchase, why should the experience be one that frustrates and angers you? Come visit their James Hardie Siding and Andersen Window showroom and you will also see the words "Have a Wonderful Remodeling Experience" splashed all over the walls as they have developed this mission statement into a company culture.

Opal Enterprises has raised the bar in expertise with installing specifically James Hardie Fiber Cement Siding, Andersen Windows and GAF brand roofing. Over the last 13+ years in business they've evaluated what they do best and made it a target focus to work on the how we do it the best. Opal Enterprises sought out to strengthen their training and relationships with the manufactures who have certified them as their preferred contractor, all so that your home is remodeled right the first time!

OpalEnterprises.Net

Showroom 127 Ambassador Drive, Suite 159, Naperville Info@opalenterprises.net • (630) 355-6557



BUSINESS FEATURES

SpotlightOn





Luxury Home Marketing Specialist

A second-generation Realtor who is also an ex-advertising executive, Christine draws on her unique upbringing and experience to deliver a special balance of insight and effectiveness. Each of her high-end properties enjoys its own finely tuned campaigns.

She utilizes target marketing resources that zero in on appropriate buyers with discernment. She has access to a separate, broad reaching INTER-

NATIONAL MLS system, which expands her homes' exposure beyond a regular MLS posting. The results are excellence, driven by passion. Check her out online and see why elite clientele entrust Christine with their distinctive properties.

Christine Thompson, Baird & Warner-Founders' Club
Institute for Luxury Home Marketing-Million Dollar Guild
Cell/Text (630) 853-2370 • www.ChristineThompsonSellsHomes.com

Roseland is Your Local Source for Room Make-Overs

Roseland has been the go-to company for window treatments in the western suburbs for 30+ years. They're also your local expert for complete room make-overs! Employing only experienced interior designers, they can work with clients on all aspects of redecorating a room, or home.

Roseland's free shop-at-home service includes reupholstery, bedding, table linens, paint consultations, furniture layout and of course, window treatments! Choosing everything in your own home, sourcing all the materials together, can make all the difference in the results. Their interior designers pride themselves on creating beautiful rooms, which express each family's unique style. For their complete lineup of services visit online or call to book a free consultation today!

Roseland Draperies of Naperville Schedule an Appointment Today! (630) 355-1565 www.roselanddraperies.com

Photo courtesy of Lafayette Interior Fashions



Lombard Place Assisted Living & Memory Care HOLIDAY MARKET, DEC 3

The hustle and bustle of the holiday season is upon us. During the winter months, seniors tend to be less active due to inclement weather. When folks are less active they tend to

drink less water. It is important to make sure your loved one is not only drinking enough water, but that they are getting the exercise and activity they need for their health and overall wellbeing. Join Lombard Place for our second annual Holiday Market on December 3rd from 10am-2pm. This event is a wonderful time to get together with family and friends. At our annual Holiday Market you can shop for unique and fun gifts for the whole family, all while getting the opportunity to view the new community.

Lombard Assisted Living is located at 300 West 22nd Street, Lombard Call (630) 282-4001or stop by for more information.



THE BEST REALTOR is usually:

- □ an Expert□ an Overachiever□ Responsive□ All of the above
- Check, check, check, and CHECK.

Christine Thompson dvantage

Founder's Club – Top 5% Company Wide

ABR | BPOr | CLHMS | CNC | CSC | GRI | SFR | SRS

630.853.2370 CELL / TEXT

Christine ThompsonSells Homes.com
christine.thompson@bairdwarner.com



Joan Kaufman, FASID: 2016 Designer of Distinction

The Designer of Distinction award honors a professional designer who, over the course of their interior design career, has established a body of superior work demonstrating creativity, excellence, and innovation.

A strong leader in eco-friendly design, Joan Kaufman's firm, Interior Planning & Design, Inc., also received the 2015 Design Excellence Award for Springbrook Animal Care center. Her firm is nationally recognized for Lighting Design and innovative kitchen design.

Interior Planning & Design, Inc. 623 E. Ogden Ave., Naperville (630) 848-2119 • www.interiorplanning.com











Wrinkle Free Beauty

With Juvéderm® therapy at Dr. Elborno Center/Bellasense Med Spa a colorless gel called hyaluronic acid is injected into the treatment area.

Hyaluronic acid is naturally created by the body, and acts as a sponge to absorb water and store it under the skin, lending your face a fuller, youthful appearance.

Within the Juvéderm® family of products there are also several options to consider depending on the condition you wish to address. For example, Juvéderm® Ultra Plus is a thicker gel used to fill deeper furrows in the skin, while Juvéderm® Ultra is a thinner solution for smoothing away fine lines. Both options last for up to one year with just a single treatment.

Microblading & Eyebrows

The microblading procedure for eyebrows can mimic the appearance of hair in the brow line. Anyone who desires more fullness of the brows will love the procedure (and the time saved not applying makeup!) Those who used to apply pencil can go swimming, play tennis, or wipe their forehead without the embarrassment of losing their eyebrows. Those suffering from alopecia (hair loss) are pleasantly surprised at how natural it looks.



A GREAT GIFT ♥ myBody Facial Peel

The myBody Facial Peel is the first ever peel that uses topical probiotic bioactives. Topical probiotics are non-living molecules extracted from specific strains of body- friendly bacteria and are proven to stimulate skin immunity. Safe, biomimetic and symbiotic with the skin, this class of topical probiotics is known in the scientific community as Probiotic Derived Bioactives (PDB). This youth boost peel is different than other chemical acid peels. This peel has no excessive peeling, works from the inside out, there is no down time, and is absolutely painless. Many patients see instant results such as smoothing, brightening and tightening and notice long term benefits like retexturizing and wrinkle relaxing.

ELBORNO CENTER

Beautiful Living

Botox & Dermal Fillers
Eyebrows Microblading
Eyeliner & Lips Permanent Makeup
Paramedical Areola
Non-Surgical Celebrity Face Lift
Skin Rejuvenation & Skin Tightening
Hydrafacial Treatment
Chemical Peels
Laser Hair Removal
Eyelash Extension

Eyebrow Microblading







Dr. Elborno Center

Bellasense Med Spa
6747 Kingery Hwy, Willowbrook
630-568-3862 / 630-828-2996

Wasan Licensed & Master Certified Miropigmentationist Certified Aesthetician

www.elbornocenters.com



BUSINESS FEATURES

SpotlightOn



Meet the Doctor at French MedSpa

Dr. Karen French, D.C. graduated with a B.S. from DePaul University and went on to the National University of Health Sciences graduating with a double-Bachelor in Science as well as her Doctorate in Chiropractic. In private practice since 2002, Dr. French, D.C. has built French Med Spa around the growing needs of today's clients. She received extensive training at the IPL and Laser Ed-

ucational Institute in New York and Arizona Cosmetic IPL Laser Safety Training. Here at French Med Spa & Cryothérapie, we want our clients to love their surroundings and feel at home while receiving customized, state of the art, treatments. French Med Spa & Cryothérapie is a leading aesthetics office where Dr. French has thoughtfully selected amazing treatment options to maximize our clients' results.

1-866-TRY-CRYO (879-2796) or 1-630-979-5991 2020 Dean St. Suite B. St. Charles www.frenchmedspa.com



Medication Safety Tips

When heart patients suffer upper respiratory infections, they head for the pharmacy where they find many over-the-counter (OTC) medications for relief of their symptoms. The medication instructions urge caution. Cold medications can interact with blood thinners, diuretics, hypertension medication, and affect patients at risk for arrhythmias.

For example, nonsteroidal anti-inflammatory medications such as ibuprofen can increase bleeding, elevate blood pressure, and worsen edema (swelling). Patients should seek advice from their doctor or pharmacist prior to using OCT cold medication and notify

them of the specific heart condition (do provide a list of medications) to help choose the safest medication for the cold.

ABOUT THE AUTHOR Duane Follman, MD, a board-certified cardiologist with AMITA Health Medical Group in Hinsdale, La Grange and Bolingbrook. (630) 789-3422.



Achieve Your Wellness Goals With Natural Ways

Dr. Richard Gelband and his staff at Gelband Natural Health and Chiropractic are dedicated to helping you achieve your wellness goals utilizing natural ways to restore physical health by combining chiropractic, applied kinesiology, energy medicine, and detox therapies. They have success in treating patients with symptoms such as: weight issues, hair loss, migraines, depression, anxiety, fatigue, sleep and digestive issues. Dr. Gelband is a representative of The Foundation for Wellness Professionals, a not-for-profit organization that educates the public on ways to maintain health and



prevent disease. Upcoming Wellness Workshops include: Thyroid Recovery and Weight Loss. Learn more at www.gelbandhealth.com or call their office at (630) 505-4040.



CHARISE M. PETRELLI, DDS

\$299 ZOOM! Professional In-Office Teeth Whitenina

Mention Offer Code "GLANCER" for a COMPLIMENTARY set of custom at-home bleaching trays (A \$100 VALUE)

Specializing in Cosmetic and Restorative Dentistry-

- · Velscope Vx Oral Cancer Screenings
- · Implant Crowns and Dentures
- · Tooth-Colored Fillings
- · Veneers, Crowns, Bridges & Dentures
- · Professional Teeth Whitening
- · Xylitol Oral Health Care Products



577 Pennsylvania Avenue, Suite 100 - Glen Ellyn p 630.942.0727 • f 630.942.0136

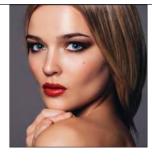
Where You're Treated Like Family-

- · We Treat Adults & Children of All Ages
- Friendly & Relaxing Environment
- · Paperless/ Environmentally Friendly
- Digital X-Rays (90% Less Radiation)
- · Convenient Payment Options
- No-Interest Financing

Find Us on tacebook.

Conveniently Located in Downtown Glen Ellyn Just One Block North of the Metra Station





The Bellasense Difference

The Dr. Elborno Center/Bellasense Med Spa is more than just your everyday anti-aging and regenerative medi-spa. Serving the West Suburbs and Chicago, this center combines anti-aging treatments and beauty to take care of your health inside and out. This medi-spa fa-

cility was established April 2014 after several years of research on the best protocols and treatments to ensure that they only offer their clients the best in anti-aging and spa treatments. Services include, but are not limited to, Botox & Dermal Fillers, Eyebrows Microblading, Eyeliner & Lips permanent Makeup, Paramedical Areola, Non-Surgical Celebrity Face Lift, Skin Rejuvenation & Skin Tightening, Hydrafacial Treatment, Chemical Peels, Laser Hair Removal and Eyelash Extensions. All of the services provided at this facility are safe and done only by certified technicians. OSHA and CDC guidelines are followed along with single use sterile needles and mechanical parts that are properly disposed of after each client.

Dr. Elborno Center/ Bellasense Med Spa 6747 Kingery Hwy, Willowbrook (630) 568-3862 / (630) 828-2996



LearningRx Naperville Celebrates Its 5th Year of Brain Training

This month marks the fifth year of one-on-one brain training for the LearningRx Naperville Center. The personal brain training center uses game-like exercises to target weak cognitive skills. Cognitive skills are the core skills your brain uses to think, read, learn, remember, reason and pay attention. They include logic & reasoning, attention, auditory and visual processing, working memory, processing

speed and long-term memory.

"Our Naperville team has helped countless clients excel by training their brains to be faster and more efficient learners," says LearningRx Vice President of Research & Development Tanya Mitchell. "They're dedication to life-changing results has helped our franchise system maintain an average customer satisfaction rating of 9.6 out of 10."

Lori Bloomfield - Owner/Director LearningRx, 1280 Iroquois Ave, Suite 400, Naperville (630) 470-9631 • www.learningrx.com/chicago-naperville

Personal Training



I have bad knees and can't do many exercises. How can I still stay fit?

The first thing is find out is if you have injured knees or is the knee pain from another cause like tight IT bands or im-

proper form. If it is truly an inury or tenditnits then you need to focus on movements that you can do. Emphasize glute bridges, deadlifts, hamstring curls and other exercises for the back side of your legs. In terms of cardio, generally the recumbent bike works well as does exercises like kettlebell swings. Avoid jumping and any pounding that could further your knee issues.

ask an expert Hank Ebeling is the Owner and Lead Coach at H4 Training. His training systems have helped countless clients achieve their goals and get into the best shape of their lives. Hank has a Bachelor of Science degree in Kinesiology from University of Nevada-Las Vegas, and is certified by the American College of Sports Medicine. Hank has been in the training industry for 8+ years working on his craft at numerous health clubs and private training studios. With a passion for fitness, he strives to empower his athletes and clients with knowledge so that they may continue to improve throughout their lives.



Photo by Veronica Adams

MONTHLY FEATURE

HERO/Mom



NANCY NYHEIM, HINSDALE HCS Family Services

Who knew that in the very affluent suburb of Hinsdale that hunger exists? Like most, Nancy was shocked to learn that 200 people in her home town of 16 years struggled daily to put food on the table.

"I knew immediately that this is where I wanted to serve as a volunteer," Nancy says. "I was humbled to find out that HCS Family Services provides food to over 21,000 hungry people in and around my zip code every year!" HCS Family Services is committed to solving hunger in southeast DuPage County through their pantry programs; and will also soon be opening a food pantry in Anne M. Jeans Elementary School in Burr Ridge.

In addition, during the holidays, Nancy aids with their Holiday Assistance Program, which provided 1,161 people with gifts last year. Nancy matches community donors to families' wish lists, and then assists the donors in distributing their gifts through a festive event. "It is a very moving experience for me to witness such local generosity and respect for those in our community who have less," she says.

As a mother of three grown daughters and the owner of Stop & Smell The Roses, Nancy furthermore volunteers for Random Acts of Flowers in Evanston by creating floral pieces to be delivered to people in hospitals and nursing homes who

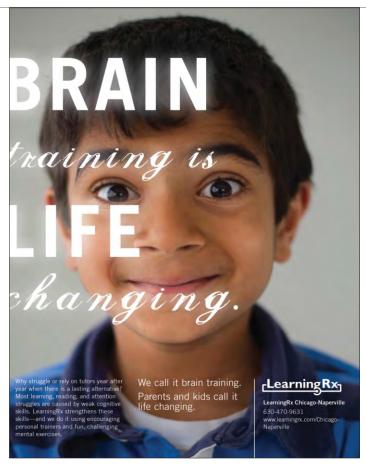
have no one to support them.

She is a firm believer that we all have an obligation to give back in the communities in which we live, work and raise our families.

www.HCSFamilyServices.org -Kristen Kucharski

KNOW A WEST SUBURBAN HERO MOM? Introduce Us at editorial@glancermagazine.com









TRAINING



www.h4-training.com • (630) 244-0536 • hank@h4-training.com

26W293 Geneva Rd · Wheaton, IL 60187

Do it because you deserve it!



COMMUNITY MARKETPLACE

LIVERight



Life Coach Consultina

Are you ready to achieve your goals, excel in your career or discover your life purpose? This Certified Professional Coach empowers her clients to allow themselves to see the path they are meant to be on. Through her unique coaching approach, passion and dedication, clients identify and remove the "blocks" that have been getting in the way of true potential and fulfillment in their personal and professional lives." Tracy Minnec, CPC, ELI-MP, (630) 400-3685 www.lightbulbeffectscoaching.com



Rodan + Fields®

Look your best this Holiday Season with Rodan + Fields®! Whether your concern is acne, fine lines, brown spots or overall firmness, R+F® has developed a line of products to suit your needs! Let them help you LOVE your skin again. Stop by to see Sonja Beallis at Starbucks, 42 W. Jefferson Ave., Naperville on Saturday, 11/19 from 9-11am. Become a Preferred Customer and receive a \$10 Starbucks "Thank You" Gift Card! Visit online at www.sbeallis.myrandf.com!



Anael Kisses 3D Ultrasound & Boutique

Expecting? Schedule a 3D/4D ultrasound & watch your beautiful baby smile, stretch & yawn for the first time. Make it a special gender reveal as your family discovers baby's gender when the room illuminates pink or blue. Take home amazing photos of your baby & shop our boutique!

635 S. Carlton, Wheaton www.angelkisses3d.com



Good Therapy

Struggling through a life transition such as a new relationship, divorce, empty nest & single parenting? Good Therapy therapists can help! Specializing in working with couples and women in life transitions. Their goal is to empower women to re-define identities, build selfawareness & self-esteem. Also working with teens & adults who suffer from depression, anxiety or mood disorders, as well as drug & alcohol abuse. 50 S Main #200, Naperville, (847) 962-6731, www.akgoodtherapy.com



Heal. Grow. Live.

Looking for a safe place to process relational tension, occupational stress, or a personal struggle? Jada B. Hudson, is a Master's level therapist and a Licensed Clinical Professional Counselor, who has experience working with women, men, couples, and children for over 20 years. She specializes in helping people overcome traumatic events, grieve loss, rebuild healthy conversation, and love themselves again. For questions or to set up an appointment, call (630) 815-3735.



HEALTH'



In sickness and in health'

Live Heart Healthy

- 5 TIPS for a heart-healthy holiday season:
- 1. Be smoke free
- 2. Fill up on fruits & vegetables; avoid fat, salt & sugar
- 3. Get 2.5 hours or more of exercise each week
- 4. Get 7-9 hours of sleep each night
- 5. Laugh more!

Maris McIntyre, DO, a board-certified Family Medicine Physician with AMITA Health Medical Group. 911 N. Elm St., Ste. 301 Hinsdale. Same-day and evening appointments available, new patients are welcome: (630) 856-8650

ANTI-AGING

GIVE THE GIFT OF COOL SCULPTING THIS HOLIDAY SEASON

Many people have been looking to get rid of their stubborn double chin, but they do not want to go under the knife or under anesthesia, and they cannot afford to be off for any period of time. CoolScupting is the answer. It is the space age technology that was developed at Harvard and Mass General Hospital.

If you or any of your loved ones have been struggling with any stubborn fat that is not going away and you do not want surgery or downtime, you can schedule a free consultation to find out if coolsculpting is right for you.

Coolsculpting could be used to treat other bulges in the body-including tummy. flanks, outer and inner thighs- but it is not clinically indicated for everybody, and a consultation with a specialist should be the starting point.

Many people are dieting and exercising, however there are areas of stubborn fat that will not go away no matter what, and people used to resort to invasive surgeries or liposuction to feel better about themselves.

Fortunately this new scientific breakthrough brought the technology of CoolSculpting, which will Freeze 25% of stubborn fat away or more- safely, effectively, and permanently with FDA cleared technology. No Anesthesia - No Surgery -No Downtime. CoolSculpting is a unique technology that uses controlled freezing for permanent elimination of stubborn fat. With millions of CoolSculpting treatments performed worldwide, people everywhere are getting a better view of themselves, thanks to CoolSculpting, the world's #1 non-invasive fat reduction procedure. Call (630) 420-8080 and schedule free consultation.



about the writer Dr Suwan is a medical doctor, cosmetic and antiaging specialist with extensive certifications in cosmetic procedures, Botox, Dermal fillers/ liquid facelift, vampire PRP facelift, FRACTORA facelift and tightening, radio frequency facial rejuvenation, radio frequency neck lift, all medical cosmetic laser procedures, laser and PRP hair restoration. Prescription med for weight loss, supplements, diet and exercise programs. Laser, CoolSculpting, ultrasound and Radio frequency, for weight loss and body contouring. www.forever25.com





Chicago CoolSculpting Center



BEFORE

12 WEEKS AFTER

Photos courtesy of A. Jay Burns, MD



Call for date of open house and winter specials (630) 420-8080



Second CoolSculpting* Session



Love what you see

with our new non-invasive treatment to reduce fat under the chin and contour the neck.

>> The #1 non-invasive fat reduction treatment can now treat under the chin

>> Results in just 1-2 visits

>> Requests no needles, surgery, or downtime



(630) 420-8080 forever25.com

Dr. Nesreen Suwan Cosmetic and Anti- Aging Specialist



CoolSculpting

is partnering with celebrity plastic surgeon from the hit reality TV series "Botched"



FREEZE 20-25% of Stubborn Fat Away in One Treatment

No Anesthesia No Surgery No Down Time

Don't Let Your Double Chin Be the Single Thing You See BUSINESS FEATURES

SpotlightOn



Service With a Smile!

Glen Ellyn Dentistry owner, Dr. Charise Petrelli has been practicing dentistry since 2002. She is skilled in all aspects of general and cosmetic dentistry and enjoys treating patients of all ages.

Glen Ellyn Dentistry boasts the latest technological advancements and is completely paperless supporting a greener environment. They only use digital x-rays, which contain 80-90% less radiation than traditional film x-rays. The newly expanded staff, which includes new associate dentist, Dr. Alexa Keegan, takes great pride in knowing their patients individually and treating them like family.

Beyond traditional services, Dr. Petrelli offers Velscope Vx Oral Cancer Screenings, Xylitol products which help prevent cavities, Philips ZOOM!, pro-

fessional teeth whitening options, and a variety of Sonicare electric toothbrushes and Waterpiks. Now offering extended hours, contact Glen Ellyn Dentistry today. -Kristen Kucharski

Glen Ellyn Dentistry • 577 Pennsylvania Avenue, Suite 100, Glen Ellyn (630) 942-0727 • www.glenellyndentistry.com



Career Vision's mascot and symbol to strive for success, Top Cow, is back in the garden.

- If you are wondering what to study after high school, moove over to Career Vision.
- If you are wondering what career direction to take, moove over to Career Vision.
- If you are looking for an expert to provide personalized direction, moove over to www.careervision.org

Career Vision's assessment and consulting programs offer a positive way to give you, and your family, the confidence to make a good career choice. "Herd enough?" *Call Career Vision at (630) 469-6270*







Special Event November 10

Westbridge Assisted Living at Wyndemere offers a helping hand in a gracious setting by professionals whom are as caring as they are dedicated!

While offering safe, one bedroom homes, their residents are keeping busy with the numerous daily programs that are offered.

The staff tries to keep their residents and families updated with new medical and health awareness. Please join them on November 10 for "Balance Issues and Vestibular Dysfunctions" presented by Northewestern Medicine. Valet parking available.

For Information Contact Peggi Semmens • (630) 681-4544 200 Wyndemere Circle, Wheaton • www.wyndemerlcs.com

The Orange Effect

Orangetheory Fitness offers 60-minute workout sessions split into intervals of cardiovascular and strength training with heart rate monitors to track intensity and maximize metabolic burn. Increase energy, get visible results and burn more calories, even after leaving the studio. That's the Orange Effect! Really want to change your body and your fitness level? Join the best fitness movement in the nation! 'Free classes for first time visitors and local residents only. Certain restrictions apply. See studio for dealis.











Photos by Veronica Adams

MONTHLY COLUMN

Beautiful-Inside & Out

ELIZABETH GUTOWSKI AND ANITA KOCH BEAUTIFUL YOU SALON AND SPA ST. CHARLES When I think of the month of Octo-

When I think of the month of October, it is hard not to think of the color pink. During National Breast Cancer Awareness Month, their signature pink color permeates the landscape. I walk through our downtown shopping area and spy pink fashions and t-shirts displayed in the boutique windows and bakeries with pink ribbon cookies and cupcakes. My Sunday afternoons are filled with my favorite NFL teams donned in pink shoes and gloves. One of the more unique shows of support that has quickly gained popularity over the years is the pink streaks that show up in the hair of young girls and women all over the nation. Even my daughters and I joined in on the bandwagon this year.

Elizabeth Gutowski and her mother, Anita Koch, owners of the Beautiful You Salon and Spa in St. Charles, have been proud supporters of this initiative through the Pink Hair for Hope Foundation. "I love to be a part of this program," says Elizabeth, "and help all who are battling breast cancer. My mom and her best friend, Gina, are both survivors, so it is a cause that is close to my heart."

For a \$10 donation per extension, guests were able to decorate their "do's" in pink. The stylists donated their time, and Hair for Hope donated 100% of the net proceeds from the donations received for financial support to cancer patients and research.

"It's a pink symbol of hope," explains Elizabeth. "I think it is a fun way to show your support and raise awareness, and customers felt good about their contribution and new style." Sometimes doing one small act can make a difference. Both Elizabeth and Anita believe this as they attempt to make a difference one strand at a time.

—Mindy Kyle

about the writer Mindy Kyle is the owner of Be Inspired Studios and curteaches rently classes in creativity at the Alive Center in Naperville. She has her Masters in Fine Arts degree in creative writing from DePaul University and is enjoying her first year of being a feature writer for Glancer. Mindy lives in Naperville with her husband, three children and brand new puppy. You can find Be Inspired Studios on Facebook at www.facebook.com/ binspiredstudios/?fref=ts











WINTERTIME

familyfun



ENJOY A GAME OF POOL

Rack 'em up on any number of their regulation-sized billiard tables, try your hand at shuf-fleboard or kick back and relax with a mixed or frozen cocktail, beer or glass of wine while you watch the kids play. Enjoy FREE Billiards from 4-7 and 10-close every week on Sunday - Thursday. Its a FUN way to unwind with family after a long week!

Main Event, Warrenville www.mainevent.com



TAKE YOUR FUN INDOORS THIS WINTER!

The indoor playground at the brand-new Fort Hill Activity Center is the place for cold-weather indoor fun! This four-story playground offers lots of opportunities for climbing, crawling, sliding, dodging and ducking for kids ages 5-12. What a great place to burn off some extra energy! Also check out Fort Hill's open gymnastics times. You'll flip for the indoor fun that's in store at Fort Hill. Learn more at: www.napervilleparks.org/forthillactivitycenter.

ICE SKATING IN ST. CHARLES

St. Charles is home to many ice skating rinks! Outdoor lighted ice skating rinks are open daily until 9pm, weather and ice conditions permitting. For your family's safety, please use facilities only when they are open. The following parks will be maintained as ice skating and hockey areas. There is no charge for use of any of the following facilities:

Davis Park • Ice Skating Only / Use street parking off Fellows Street Lincoln Park • Ice Skating Only / Use street parking off 4th & 5th Streets Timber Trails Park • Ice Skating Only / Use parking lot on 17th Street Langum Park • Hockey Only - Use parking lot located on 7th Avenue Visit online for rink rules and guidelines.

www.st-charlesparks.org/special-events/winter-activities.asp



List Your Business In this Wintertime Family Fun Monthly Feature Running through February 2017 advertising@ glancemagazine.com

NEW EXHIBIT COMING TO DUPAGE CHILDREN'S MUSEUM

Explore, create, build, wonder, discover, think, play, and more. DuPage Children's Museum is SERIOUS FUN for the whole family – where you can always experience something new! Watch for a new traveling exhibit, Dream with Da Vinci, coming in November. The opportunities are endless. It's serious because kids are learning, and fun because it's play. There's no need to pack a lunch...Visit the Museum's S.M.A.R.T Café, a fueling station for the body AND mind. Plan your visit today!

www.dupagechildrens.org • (630) 637-8000



CHICAGO PREMIUM OUTLETS'

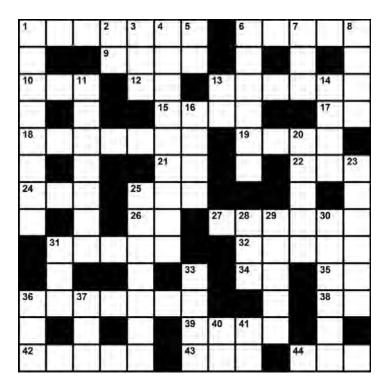
SHOP THEN ICE SKATE

Chicago Premium Outlet Mall in Aurora provides endless fun for everyone! Shop all of your favorite name brands and then, grab a cup of hot cocoa and spend the rest of the afternoon ice skating at their state-of-the-art rink located in the heart of the outdoor mall.

www.enjoyaurora.com/
Chicago-Premium-Outlets



FUNSTUFF Crossword Puzzle



West Suburban Specific • November 2016

1 Flain

ACROSS 1 Savory & Sweet _ 6 In Naperville: Santa _ 9 Winter blanket 10 The ____: GE Theater 12 Big party 13 Little Friends 15 Playful mammal 17 Good grades 18 Raised, as a flag 19 Turkey _ 21 Roman 6 22 Clothing retailer 24 The Bulls are part of it 25 Matching collection 26 Elevated railway, for short 27 Downtown ____: Along the Fox 31 Do together 32 Wine related 34 For example, abbr. 35 Compass point 36 Wine Time at Bottle & 38 Exists 39 Trendy high level apartment 42 Oakbrook

43 "Bingo!"

44 Pen fluid

g
2 Poet Eliot
3 Stopping point
4 Road, After a President
5 Mount Greenwood is to the
of Chicago
6 AMITA
7 Land of the brave and free
8 Dots on smiley faces
11 Cupboards
13 Sound system, for short
14 Computer information
16 Improve copy
20 Rt. 34, Runs Through Lisle
23 Glancer Magazine Faces &
25 Monthly Feature: Boutique
28 The night before Christmas
29 NJWC Ladies Out
30 For College Kids: Career
31 Key executive
33 Nov 19, Best Day Evuh
36 "A Christmas Carol" cry
37 TV's "Shop You Drop"
40 Expression of surprise

41 Musical scale note

Orchestra











And the November 2016 Winners Are....

- 1. Lennox (2) He is so full of life, always smilling and just a joy to be around. He makes our lives so happy. Thank you for allowing us to share him with you. (Western Suburbs)
- 2. Aidan (10) This adorable kid just turned 10 and hes a model with Lily's Talent, too! (Naperville)
- 3. Rilev (1) She's a wild child with a mind of her own! She marches to the beat of her own drum, unless her big sister is drumming in which case, she marches to her beat" (Geneva)
- 4. Sheridan (5) and Rodger (3) They love to learn, grow and play with Naperville YMCA's-Spirit of the YMCA" statue, Fry Family YMCA in Naperville. (Naperville)

Each child is the lucky recipient of a \$10 Gift Card to Oberweis Ice Cream, compliments of Glancer Magazine. Send your CUTE KID photos to editorial@glancermagazine.com for publishing consideration. First name age and city requested. Caption should be no more than 25 words. If you are a business and would like to sponsor our contest by donating a prize for each of our monthly winners, contact Lindy Kleivo at Ikleivo@glancermagazine.com





GIVING BACK December 2016

Don't Miss this Gift-Filled Issue!

Advertising Information:

advertising@glancermagazine.com 15 Charitable Crusaders & More!

AUTHORS FEATURED MONTHLY

LITERARYlocals



WHEN IT HOLDS YOU Nicki Elson, Batavia

When It Holds You is the latest stand-alone novel in The It Series, a sassy new collection of love stories set in Chicago. Selected as a TOP PICK by The Romance Reviews, this

story follows the romantic woes of 28-year-old attorney Cliff Walsh. He's tired of getting his heart smashed by real-life women, so he vows to keep his love life virtual-only...until a certain redheaded gamer changes all his preconceptions. "Nicki Elson has become my MUST read new contemporary

romance author! ... The sex is hot, but the emphasis is on emotions in this book. They really are made for each other." –The Romance Reviews

COOKIE LOVE

Mindy Segal, Lincoln Park

A new, edgier take on baking cookies, from a James Beard Award-winning chef and the owner of the popular Chicago restaurant, HotChocolate. Mindy Segal is serious about cookies. And Cookie Love is your go-to, never-fail reference for turn-out-perfectly-every-time cookie recipes. Mindy, award-winning pastry chef and self-professed



Andrew

Photo by Karen Kring

"cookie nerd," shares all of her secrets for turning classic recipes into more elevated, fun interpretations of everyone's favorite sweet treat. From Peanut Butter Peanut Brittle Cookies and Fleur de Sel Shortbread with Vanilla Halvah, to Malted Milk Spritz and Peaches and Cream Thumbprints, Segal's recipes are inspired and far from expected. Inside you'll find more than sixty perfected recipes for every kind of cookie including drop cookies, bars, sandwich cookies, shortbread, thumbprints, and more, as well as the best tricks and tools of the trade and everything you need to know to build the ideal cookie pantry. A must-have for anyone looking to up their cookie-baking game, Cookie Love is a celebration of the most humble, delicious, and wonderful of baked treats. Avaialble on Amazon.

ANDREW J: THE CORGI WHO RESCUED ME Janet Sutherland, Glen Ellyn

Author and former Chicago radio reporter Janet Sutherland, who grew up in Glen Ellyn, nearly died from a brain aneurysm. When she recovered, she adopted Andrew J, a Pembroke corgi who became Janet's best friend and protector. Her book "Andrew J: The Corgi Who Rescued Me" explains to children how pets play in an important role

children how pets play in an important role in helping those who are sick or injured. A portion of the proceeds from this unique collection of stories will be donated to the Brain Aneurysm Foundation, the globally recognized leader in brain aneurysm awareness, education, support, advocacy and re-

search funding. Proceeds will also be donated to Corgiaid, a nonprofit organization that assists in the rescue and fostering of corgis and corgi mixes. Among other places, the book was donated to Arbor View Elementary School in Glen Ellyn. Available on Amazon, Barnes and Noble and Lulu.com, www. janetesutherland.com.

KNOW A LOCAL AUTHOR?
Introduce us at editorial@glancermagazine.com







Suburban Lifestyle



PLAN A WINTER SKI GETAWAY

Winter is here! Now's the time to plan a ski trip the entire family can enjoy. We found the perfect spot in the heart of Wyoming and .

Jackson Hole Mountain Resort (JHMR) is a ski resort in Teton Village, Wyoming. Located 12 miles northwest of Jackson and due south of Grand Teton National Park in Teton County, it is named after the historically significant Jackson Hole valley. Jackson Hole is known in the U.S. for its steep terrain and its vertical drop is one of North America's highest, at 1,262 metres (4,140 ft). Jackson Hole Mountain Resort is one of the highest in vertical drop in the U.S. Snowmass has the highest vertical drop at just over 4,400 ft.

If you love winter travel, then this is the perfect place for you and yours! The resort thrives as one of the only independently-owned premier ski resorts thanks to the Kemmerer Family, whose enduring commitment to Wyoming is intertwined in the State's history.

Jay Kemmerer, Connie Kemmerer, and Betty Kemmerer Gray's ties to Wyoming date back to the turn of the century, when their great grandfather founded a southwest Wyoming town that today bears the family name. The family's business interests in coal mining and banking started in 1897 and prospered through the 1900s.

Complete with all of your favoriet resort amenties, including a Mountain Sports School offering ski & snowboard lessons, a Kids Ranch with many fun activities and complimentary mountain tours always, this makes for the perfect ski getaway.

Teton Village, Wyoming is 12 miles northwest of the town of Jackson and families can fly direct from Chicago on Delta. Frontier serves Jackson Hole with direct flights from Denver as well, so a connecting flight would do. Have some time to plan a roadtrip? Plan on a 20 hour drive straight through, but don't sweat it. There's many fabulous stops along the way in Iowa and Nebraska. Make this one your best family trip yet. Enjoy! www.jacksonhole.com





Enjoy the Season at Naper Settlement

Make new holiday traditions this season as Naper Settlement's 12-acre property is transformed into a winter wonderland. From Nov. 8 to Dec. 24, enjoy the sparkle of hand-made ornaments at Merry & Bright: Glass Ornaments from Around the Globe Exhibit. From Nov. 25 to Dec. 17, the Weed Ladies will be selling holiday floral arrangements. Visitors can enjoy Naper Lights and Christkindlmarket, as it transforms the grounds into an outdoor German marketplace, from Thursday to Sunday, Nov. 25 to Dec. 24. Take a beautiful Martin Mitchell Mansion Holiday Tour from Nov. 26 to Dec. 18. Learn about Mrs. Claus' past at History Speaks on Dec. 14. On Nov. 26, Dec. 3 and Dec. 17, bring your children to Santa at the Settlement. www.napersettlement.org

All About the Christkindlmarket.....

The Christkindlmarket Chicago is excited to host a suburban location of the Christkindlmarket you have come to know and love at Naper Settlement. The Christkindlmarket Naperville is a German outdoor holiday market featuring over 35 vendors from around the world who display hand-crafted ornaments, crafts and unique holiday gifts as well as traditional German foods, sweets and beverages. The Christkindlmarket Naperville will celebrate the season at their new home at Naper Settlement (523 S. Webster, Napervillle) with all the joy and tradition of the original market in Chicago. Experience this beloved Chicagoland tradition Nov. 25-Dec. 24: Thurs 11am-7pm, Fri & Sat until 9pm, Sun until 6pm. Special dates include Dec. 19-23: 11am-9pm. Admission is FREE! Visit www.christkindlmarket.com/naperville or call (312) 494-2175.

Wilder Mansion's 6th Annual Holiday Market

Enjoy one of a kind arts, crafts and seasonal gifts! Presented by Brewpoint Coffee. Admission is Free. Friday, Nov. 4, 4-9pm; Saturday, Nov. 5, 10am-4pm Wilder Mansion, 211 South Prospect Ave., Elmhurst. www.rglmarketingfor thearts.com/holiday-market-wilder-mansion







11 You better watch out. You better not cry. Better not pout, I'm telling you why. Santa Claus is coming to town... II Families love this time of year because it's time to see Santa Claus! Though he will be very busy this season, we found a few local area favorites that he'll be visiting, so be sure to mark your calendars.

1. Glen Ellyn's Holiday Walk on November 25

This favorite event started in 1975 and now is an Annual Tradition passed down through generations! The Fire Department lifts Santa Claus as the countdown begins and he lights the tree to the cheers of residents filling the streets. Children follow Santa to the Fire Department to share their wishes & get a candy cane.

www.glenellynchamber.com

2. Christmas Brunch with Santa at Drury Lane In Oakbrook

Celebrate the holiday season with this exquisite brunch! From eggnog and cinnamon rolls to green bean casserole and hand carved roast turkey, they will have all of your holiday favorites. Gather around the 20-ft sparkling Christmas tree for a family photo before seeing our dazzling production of Crazy for You. Don't forget to say"Hi" to Santa! Dates: Sun., Nov 27, Dec 4, 11, and 18. www.drurylane.com

3. Santa Arrives In St. Charles on Friday, November 25

Santa opens his house for the first time on Friday, November 25, after the "Lighting of the Lights" in St. Charles. This is your chance to have the kids visit Santa and get pictures at his house. Weekends in December. Santa visits are free but a photographer is not available so be sure and bring a camera. www.downtownstcharles.org/ events/holiday-homecoming/

4. Oswego Holiday Express 2016

Book your Magical Journey! The tradition continues for the holidays. Oswego Holiday Express will leave the Santa Station (South Point, 810 Preston Lane, Oswego) for the North Pole the weekend of December 9, 10, & 11. All Aboard to kiddos young and old! Put on your pajamas, don your warmest apparel, and we will stamp your tickets at the trolley on the way to the top of the world. Real reindeer will greet you, you'll enjoy hot cocoa from the Village Grind and meet Santa! www.oswegolandparkdistrict.org

5. Breakfast with Santa at Your **Favorite Downers Grove Restaurant**

Join one of these delicious restaurants for a Breakfast with Santa, Nov. 27 10:15-11:15am Pinecone Cottage (630-963-9130); 11:30-12:30pm Ballydoyle Irish Pub & Restaurant (630-969-0600) Reservations Required. Please contact the individual restaurant to make your reservation; December 4, 11:30-12:30pm Emmett's Ale House (630-434-8500) Reservations Required. Please contact the restaurant to make your reservation.

6. Santa House In Naperville Presented by Woody Buick GMC

December 2-23 - Take a magical trip to visit Santa on the Naperville Riverwalk at Jackson Avenue and Webster Street. Admission is free. Photos can be purchased for \$8 each or two for \$15. Special needs times available.

www.napervilleparks.org/santahouse

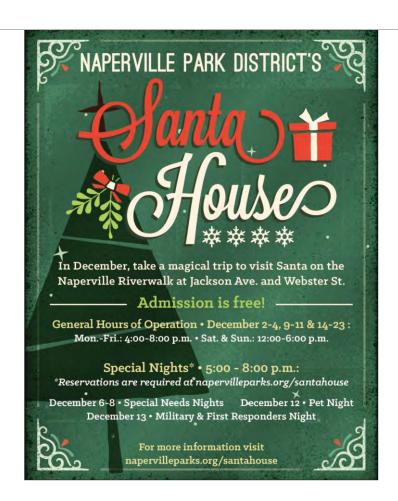
7. Santa House and Gingerbread Cookie Tent In Hinsdale

In Hinsdale's Storybook Village you'll find Santa at Santa House, that and the Gingerbread Cookie Tent are open on Saturday's in December in Burlington Park. On Friday, December 2, Santa will also visit children at the Santa House following the Tree Lighting Ceremony from 5:30 to 8pm. Plus, he will be there all season long! Check online for times and details. Visits are free. There is no photographer so be sure to bring a camera. www.hinsdalechamber.com

Compiled by Lindy Kleivo Share This in Social Media Today! www.GlancerMagazine.com

WATCH FOR A NEW **7 SPECTACULAR LIST IN EVERY ISSUE OF GLANCER MAGAZINE -**SUBSCRIBE TODAY

Suburban LIFESTYLE 6









• Suburban LIFESTYLE













YOU'VE BEEN GLANCED... Celebrating the Life of Pauly D (Oct 1) This special event brought to-

gether friends, loved ones and community supporters of the Pauly D Foundation. Held at Q Center in St. Charles, with a Superman theme in memory of Pauly DelleGrazie who lost his life to a drowning incident on June 14, 2014. The Pauly D Foundation was established to advocate for water safety and drowning prevention. ww.paulydfoundation.com Photos by Mike Catuara

Scence edicated You've Been Glanced!



Glanced!















YOU'VE BEEN GLANCED... Ellsworth's Harvest House Walk (Oct 2) Guests enjoyed an autumn stroll through the lovely homes on display at Ellsworth's Harvest House Walk in early October. This self-guided walking tour took them through several distinguished homes downtown Naperville's well-preserved historic district. Each ticket purchased will directly benefit Ellsworth Elementary by helping its Home & School continue to fund and support resources for its students, teachers, and staff.

Photos by Mike Catuara

CAREER VISION

"Success depends upon previous preparation, and without such preparation there is sure to be failure."

-Confucius





Does your student need more "Stuff"?

As you think about gifts this holiday season, consider the real and lasting gift of self-knowledge. While valuable at any stage of life, learning how to engage their own talents or "gifts" can help young people make wise choices about their future education and work life. An equally important benefit is the confidence that comes with a clear sense of self and direction.

Now Available for Your Student

Career Vision's new personalized programs are designed for you:



"Start Early, Start SMART: Career Readiness"

High school and college students who are undecided about major and career direction.

"Start SMART: Career Launch and Early Career"

College students preparing for internships, launching career or trying to refocus their career.

CAREER VISION "Career Management and Transitions"

Customized programs for adults considering career changes, workforce re-entry, or want to be proactive in managing their career decisions.

www.careervision.org

Call Lynne 630.469.6270





YOU'RE MISSING SO MUCH! Subscribe Online & Get 12 Issues Come Off the Trial List

A West Suburban Focus Featuring Local Faces & Places

Naperville • Lisle • Wheaton • Glen Ellyn Elmhurst • Downers Grove • Hinsdale St. Charles • Geneva • Batavia Sugar Grove • Oswego

www.GlancerMagazine.com















Extraordinary Custom Homes, Additions, Kitchens and Basements featuring Handmade Amish Cabinets

We buy teardowns!

Schedule an appointment today:

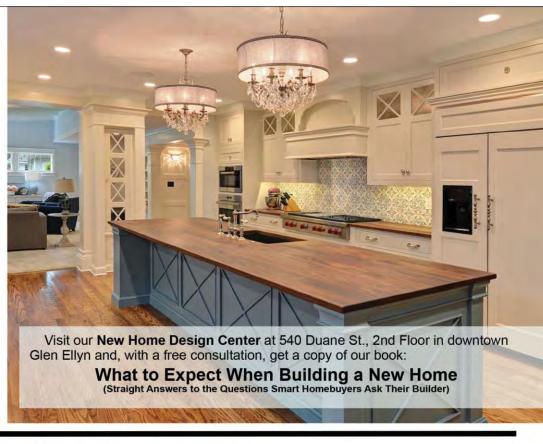
(630) 790-8144 www.RiteWayCustomHomes.com

Building dream homes the Rite-Way since 1990













Broker Associate Keller Williams Premiere Properties 45 S. Park Boulevard, Suite 300 Glen Ellyn, IL 60137

630-918-4476 • Direct 630-545-9863 · Fax Deb@Ritter-Properties.com www.Ritter-Properties.com



Thinking Of **Buying or Selling Next Spring?**

Find out why NOW might be a better time to buy and sell! Contact me today for a complimentary market assessment consultation and a look at what is on the market today.





