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Mid Feb 2018

Vol 17 / Issue 155

West Suburban Edition

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Publishing Twice Monthly

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WEDDING BLISS

Planning Trends

MODERN MARRIAGES

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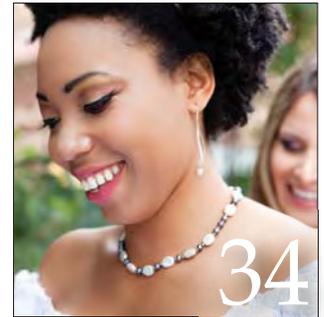
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West Suburban Edition
FEBRUARY 2018, Mid Edition | Vol 17
Love & Marriage
Featuring Happy West Suburban Couples and their Stories of Love & Laughter, Plus Wedding Bliss, Dining Hot Spots and More

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Mid Feb 2018



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Glancer

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A West Suburban Focus
Featuring Local Faces & Places

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Thank you to the many residents who have subscribed to our west suburban magazine, featuring local faces & places. Glancer Magazine is sent twice monthly complimentary on rotation, but to get **all 24 issues annually**, you need to subscribe. You are missing so much! We are excited to grow our pages and our west suburban footprint delivering more of what you enjoy— photos, columns, faces & places.

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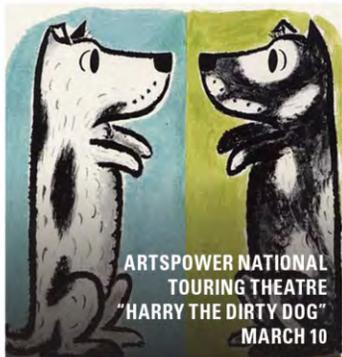
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Hello!

LOVE & MARRIAGE

This issue celebrates love & marriage (the good, the bad and the pretty). As all married people would agree, it's not easy, but it's definitely worth believing in and fighting for no matter what challenges a couple may face. Marriage is a beautiful bond two people share and with each of its lifetime phases, marriage gives couples the opportunity to continue to learn about each other and about themselves. Embrace the phases and always remember, you're in it together!

On page 12 we feature 5 west suburban couples who love being in love. You'll enjoy their stories of celebrating life together and the countless unique adventures they've experienced along the way. Other features include wedding planning highlights, love-inspired gifts, dining events and so much more. The 7 Spectacular Shops for Love-Inspired Gifts is one you will want to save for years to come— there are just so many cute ideas (seven, to be exact).

Each themed page is creatively designed with unique editorial to match. We hope you have as much fun reading this issue as our writers, photographers and designers had piecing it together. If you love this issue, you'll love all that we have planned for 2018! Be sure to visit us online for additional stories weekly. Though we publish 24 issues annually, our team is busy working on additional features for our digital platform each and every day so be sure to take advantage of our digital subscription— it's FREE and will keep you up to date and connected with all that is happening throughout the western suburbs.

When you become a paid subscriber, Glancer Magazine will be delivered directly to your mailbox at home twice monthly, and you will come off of the rotating trial list. Many more captivating will follow this issue including *Dream Kitchens*, *Fit N' Happy Kids*, *It's Porch Party Time*, *20 Under 35*, *Cozy House* and many more. For upcoming issues, visit us online at www.Glancer-Magazine.com under Upcoming Issues. Thanks for reading!

Lindy

Lindy Kleivo
Publishing Director, West Suburban Area
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February 17 • Elmhurst

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"HARRY THE DIRTY DOG"

March 10 • Naperville

"Harry the Dirty Dog" has captivated young people since 1956 with the misadventures of its lovable—if somewhat dingy—canine hero. Acclaimed producer ArtsPower National Touring Theatre is bringing this classic book to the big stage on Saturday, March 10. For tickets visit, www.northcentralcollege.edu/tickets.



ROTARY ST. PADDY'S DAY 5K

March 10 • Naperville

Registration is filling fast for the 2018 Gerald Subaru Sunrise Rotary St. Paddy's Day 5K to be held at 8am in Downtown Naperville. Held just prior to the annual West Suburban Irish St. Patrick's Day Parade, The St. Paddy's Day 5K is one of the first 5K's of the running season in the area, and often sells out. Proceeds from the event will benefit "Lifelines to Mental Health" Resources to combat Youth Anxiety, Drug Abuse, Addiction and Suicide; as well as 360 Youth Services Scholarships for Operation Snowball, a peer-to-peer drug abuse prevention education program. www.StPaddysDay5K.org

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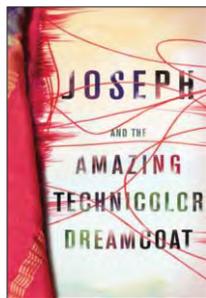
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FIND A CURE FOR CANCER SCAVENGER HUNT
March 8 • Geneva

The 5th annual Find a Cure for Cancer Scavenger Hunt to benefit LivingWell Cancer Resource Center will take place on March 8, 2018 at Riverside Receptions in

Geneva. The scavenger hunt is an organized list (no clues to figure out or puzzles to piece together) that will be on foot and take your throughout downtown Geneva starting from Riverside Receptions. You will need a team of 4, team costume, team name, running shoes, cell phone, paid fee, and waiver. All sales are final. NO REFUNDS but tickets are transferrable. Scavenger hunt will take place rain or shine. 6pm-10:30pm. *Adventures in Scavenger Hunting* www.iamascavengerhunter.com/events-contact

NAPERVILLE TODDLER AND BABY EXPO!

February 24 • Naperville

Join us from 9-11:30 am for this FREE event to connect with some amazing vendors: "Generation Claimed", Usborne Books, Tic Tac Tooth Dentistry, LABS Swim Lessons, Lemmons & Lace, Kenzie's Quilt Shop, Lindsay Chan Photography, Maggie's Fresh Kitchen, Rockabye Sleep Solutions, Storks & Forks, Baby Boot Camp. Trinity Early Childhood Center serves families with children ages 6 weeks - 5 years, and we will be open for tours. See you there! Trinity Early Childhood Center 2244 95th St, Naperville • 9am-11:30am

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Christkindlmarket Naperville – December 2017
 Loved by many, this spectacular outdoor event made the 2017 holiday season that much more memorable as thousands of west suburban residents came out to enjoy the festivities. From festive German and European tradition with international flair, to shopping for high quality gifts and food – lasting memories were created this year at Naper Settlement. Glancer Magazine is a proud annual sponsor of this local event. For more information visit www.christkindlmarket.com/naperville. Photos by Mike Catuara

scene around

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WINTER FUN 2018

5 Things to Do



1. SHARE A DELICIOUS MEALS WITH YOUR TRUE LOVE AT 260+ DINING OPTIONS IN NAPERVILLE

Spend this month of love sharing delicious meals with the ones you cherish most. There are 260 options in the city for a fantastic dining experience! This Valentine's Day, spend a night out with your significant other and enjoy dinner and drinks at one of the many fine dining restaurants. This year more than ever, Naperville has fun things to do and delicious foods to eat! Don't miss out on the food fun! www.DineNaperville.com for more information.

2. OUTDOOR ICE SKATING RINK Through February 28

Enjoy outdoor winter fun at Oakbrook Center. Bring the whole family ice skating on the brand new outdoor ice skating rink, located on the Village Green. There's a million reasons to love Oakbrook Center and this is one more! Mon-Sat: 10am-9pm; Sun 11am-6pm. Adults: \$9; Children: \$7 (under 12) Oakbrook Center



3. LIFE ON THE FARM HOUSE TOURS Through March 5 West Chicago

Explore the lifestyle of a successful farm family as you tour the farmhouse museum. Learn how the home was their workplace as well as their place for relaxation and how it served as the building block of the rural community. Exhibits change seasonally. Thursdays - Mondays 10am-4pm (on the hour). Kline Creek Farm, 1N600 County Farm Road, West Chicago. www.dupageforest.org/kline-creek-farm



5. WINTER WINE & WHISKEY FEST February 24

Come out of your winter hibernation and warm up at Brookfield Zoo's first ever Winter Wine and Whiskey Fest! Enjoy wine and whiskey samples, hors d'oeuvres, live music, and meet and greets with Animal Ambassadors. 4-8pm • \$85.00 Brookfield Zoo, 8400 31st Street, Brookfield www.czs.org/Winter_WineandWhiskey

4. DEATH IN DUPAGE On Display thru June 24, 2018

Dig into historic death culture of DuPage County. Explore codes of dress, mourning traditions, and the way death and dying were understood by the people of the past. From the settlement period, through the Civil War, and into the last years of the Victorian Era, this exhibition invites visitors to take a look at the material culture left behind. DuPage County Historical Museum, 102 E. Wesley Street, Wheaton, www.dupagehistory.org



LOVE & MARRIAGE

by Kristen Kucharski
Features Writer



Lucky in love *and* best friends makes for happy days and a long lasting marriage. Meet 5 west suburban couples who share with us what keeps their love alive.



HAPPY COUPLE #1

Mary Rose and Joel Widmer

GENEVA—Joel and Mary Rose have been married for 6 years and have lived in the Western Suburbs since. They pray and worship together at New Covenant Bible Church; eat together at Burger Local, Barrel and Rye, Altiro, Wok N Fire, Doughocracy, and Puebla; learn together parenting their 17-month old, Adeline; and play together traveling all over from New York to Florida to Texas to California, as well as internationally to France, the Dominican Republic, Mexico, China, Vietnam, Japan, and best of all Italy, where Joel proposed to Mary Rose.

While the couple loves to do fun things together like traveling, they thoroughly appreciate doing everyday things side by side. Joel is a web designer and Mary Rose is a marketing consultant; as well as, the owner of Mary Rose Photography, a local wedding and portrait company. They consistently work on projects together, including building websites for local businesses. These two lovebirds also actually enjoy cooking and cleaning together too!

When weather permits, they take in outdoor activities such as biking the trails around the Fox River or having a picnic at Pottawatomie and Island Park. You might also find them floating in an inflatable boat down the Fox River! Joel and Mary Rose are each other's biggest cheerleader, greatest critic, and the inspiration behind all romantic and dreamy sensibilities.

HAPPY COUPLE #2

Ralph and Marilyn Bava

LISLE—Ralph and Marilyn became high school sweethearts during sophomore year co-ed dancing at Bloom High School in Chicago Heights, IL. Through their 52 years of marriage, they feel blessed to be sharing love and life together while enjoying the sights and sounds of New York City, the panoramic vistas of northern California, the sunny beaches of Florida and southern California, and biking in Galena. They enjoy making special memories on annual trips with their grandkids at Wisconsin Dells, Springfield, New Salem, Naples, and Michigan's eastern shore; and also formed their own fan club, cheering them on at their various sporting events.

Amazingly enough, they find time for every family occasion and manage to ensure quality time for each other on international adventures including in France, Italy, Turkey, Sweden, Finland, Latvia, Russia and Poland.

Even when home in Lisle, these two thoroughly enjoy their retirement at local venues with walks and events at the Morton Arboretum; history and house tours at Cantigny; an ice cream treat at the Book Nook; and dinner at their favorite restaurant, Chinn's.

Somehow, Marilyn still finds time to volunteer at Trinity Lutheran Church in Lisle, read her favorite book, and babysit her newest grandchild; while Ralph actively serves on the Board of their Naples Condo Association, is landscape liaison for their Lisle Homeowners association, and enjoys local Cruise Night events.

These two are the perfect example of living life fully with the one you love most!



HAPPY COUPLE #3

Jeffrey and Mary Ann Segebarth

GLEN ELLYN—They met at The Hudson Club in Chicago over 17 years ago, lived in Lincoln Park for the next 10 years, until discovering Glen Ellyn 6 years ago. They have built their relationship on the simplicity of loving, and laughing, and laughing a lot! Jeff and Mary Ann are compassionate, fun, driven, and generous, and enjoy sharing new experiences with their two sons, Ryan (11) and Scottie (9).

"We traveled a lot before they were born and it's even better being a foursome and seeing their excitement when we see somewhere new," Mary Ann says. "Our newest family member is our Mini Golden Doodle, Cubbie QB."

As a couple, they enjoy date nights at Fire and Wine, as well as trips to the city for Cubs Games, museums, and plays; and Christmas Dinner at Gibson's is an annual tradition not to be missed. They treasure building memories with their kids at the Morton Arboretum, Centennial Beach, and Sunset Pool; as well as, finding new places to go during time off of school - most recently returning from a ski trip at Crystal Mountain in Michigan, and soon to be a trip to Atlantis in the Bahamas for spring break.

Jeff's job as a software executive keeps him quite busy, but he is committed to coaching his boys' football, basketball and baseball teams; while Mary Ann remains active chairing St. Petronille's school auction and The Boosterthon Fun Run. Work hard to play hard keeps these two loving life!

Photo Credit: Vande Woestyne Photography



HAPPY COUPLE #4

Mark and Mary Goetz

NAPERVILLE—It was 41 years ago that Mark went to Dhahran, Saudi Arabia to work as a consultant to Aramco, the Arabian American Oil Company (now Saudi Aramco); subsequently, a year later, Mary began teaching for the Aramco Schools. She joined the women's softball team that Mark had coached just the year prior. What began on the Saudi Arabian softball fields has continued into a love story and amazing adventure for 40 years, the last 30 in Naperville.

Together they maintain a relationship motto of "keep moving and eat healthy" which is easily achieved through their extensive overseas travels visiting five of the seven continents and over 50 countries. Most recently, they traveled to Switzerland and Italy where they rode bikes along the Rhine River and hiked in the Ebenalp area and Cinque Terre. Additionally, they have hiked in the Himalaya Mountains, having a yak and sherpas to assist with their belongings. With one son, daughter-in-law and three grandchildren in NY and a son in Oregon, they explore those areas while visiting. They've gone on biking adventures throughout New England, the Midwest and Colorado. Mark has also found time to run 21 marathons, including 5 Boston marathons.

Locally, they enjoy working out at Lifetime Fitness with Jen Hoeft. Mary loves yoga as well and they enjoy cross country skiing and walking. They both love to volunteer and have been involved in scouts, church activities and homeless shelters. Soon they will be joining a humanitarian trip to Haiti.

Thoroughly living a life they love.



HAPPY COUPLE #5

Jona Triner and Larry Sepulveda

NAPERVILLE / DOWNERS GROVE—Living next door to each other in Downers Grove, Jona and Larry's parents were good friends; however, due to the eight year age difference, they really didn't hang out when they were younger. Life took them on different paths as they matured, but Larry had always remained in Downers Grove with his two sons and took care of his parents until their passing. Jona also stayed in the west suburbs, residing in Naperville with her two teen daughters.

Then in early 2016, Larry came up as a match on eHarmony, and the pair reconnected via Facebook. With four teenagers, full-time jobs, and separate households, it wasn't easy finding time to date, but the two managed to enjoy casual dinners and music at local places like Emmett's in Downers Grove, Johnny's Blitz in Westmont, Uncle Julio's in Lombard/Oakbrook, Freedom Brother's Pizzeria and Alehouse in Plainfield, and The Bavarian Lodge in Lisle. During the warmer months, the couple enjoys time on the open road via Larry's Harley, most often attending charity rides in route.

"We also enjoy trips to Green Lake Wisconsin to visit my parents, who sold their Downers Grove home in 1998," Jona says. "The kids enjoy boating, tubing and fishing when there." This year, they will be doing their first road trip with all four teens to Marco Island, FL for spring break; and they will end the summer on a high when the pair ties the knot on August 18, 2018!



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Love & Marriage



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Must-Have Apps

For Today's Modern Marriage



Every day it seems we read about yet another modern technology infiltrating our lives, and as the world continues this innovative path, the way we work, play and communicate with each other changes. There seems to be a lot of discussion about the negative effects of our children's and our own techno-dependence, but what should not be dismissed, is how new technology has helped bridge gaps in communication with marriages and in turn, strengthen relationships.

It is not uncommon for careers to take people to the other side of the country, or even to the other side of the world. Technology has been invaluable in connecting spouses and families in ways that were never previously possible. Free services like SKYPE, where you can video chat with anyone around the world, give couples the next best alternative to being together.

Operation Support Our Troops - America reports that more and more families are using SKYPE to connect with their loved ones on active duty.

The ever-increasing abilities of smart phones in the past decade have come with many new communication features like texting, emojis, and Facetime. Facetime, like SKYPE, allows a personal video chat with your partner. However, even the ability to shoot a quick text off to a working spouse helps to keep communication up without disturbing their work day with multiple phone calls. Sharing a moment or a picture that one can view at a convenient time can strengthen an emotional connection by allowing couples to feel a part of each other's daily lives. Even the use of a single emoji, a character picture to explain emotions, can send a quick love message with a kiss or a heart to just show a partner you are thinking of them. There are currently over 2,500 emojis available on the smartphones.

Rita Patel-Jackson of Lisle who is the Vice President of Product Marketing-Analytics Solutions for GE Healthcare finds herself traveling often internationally. She finds the WhatsApp app invaluable for texting while traveling because it works over your phone's internet connection or Wi-Fi to let you message, send photos and videos and call friends and family for free. "It is basically the only app I use when I travel," says Rita.

Even through all the apps, video chat availability, and texting capabilities, Alissa Krusoe of Naperville says the most meaningful communication for her when her husband travels is the good old phone call. Thankfully, again by the advances of technology, seamless cell service and good international calling plans can help make that phone call simple compared to thirty years ago. —Mindy Kyle



UNIQUE VENUE

Baker Community Center

ST. CHARLES— While honoring the historic features of this unique building, Baker Community Center was recently renovated with upgraded air conditioning, elevator access, remodeled kitchen, new flooring and more to provide high-quality services to all guests. Reasonable rates available for private or corporate use. Rentals may include tables, chairs and set up/take down. Call (630) 584-1055 to schedule your event today!

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MONTHLY COLUMN

To Give, To Inspire

W.O.W. WEST SUBURBS

In the cycle of love and marriage, there eventually comes the possibility of the loss of a spouse. This is a time where feelings of sadness and loneliness can become overwhelming for the newly widowed persons who are struggling to make a new life after the death of their partner.

For 43 years, Widows Or Widowers (W.O.W.) have been connecting their members in similar situations to lend support, understanding and a new door to each other. "It can be so easy to slip into a self-pity frame of mind. Not wanting to make the effort to get out there and start anew, alone," says Dave Spero, President of W.O.W. West Suburbs (The Original W.O.W.). "Meeting and communicating with others in your same situation is a big step."

W.O.W. works through many of the Grief Groups provided at churches, funeral homes, hospitals and senior centers. The organization is not the initial grief group, but rather the next step after that. The requirements for membership are you must have been married to your spouse at the time of their passing, and you must not have remarried since then. One of the groups within W.O.W. called "A New Direction" will contact widowed people from six to ten months after losing a loved one and invite them to an introductory meeting with other newly widowed persons. Shortly after, they are invited to a Social Gathering meeting where they can meet more members and learn of the many social activities that are offered within the group.

The program has many recurring monthly programs to spur different interests from bowling the first Sunday of every month, golf during golf season, book clubs, dining nights out, Sunday brunches, and movie and pizza nights. Along with these various activities, special events and outings are planned throughout the year including bus trips to casinos, theatres, baseball games, and the race track. Fun holiday parties allow the members the opportunity to celebrate with each other.

"This group has helped me continue on with my life in a better way," explains Dave. "I've been a member since 2003 and have met so many new friends and had so many fun experiences." If you know anyone who might benefit from this organization, please find more information on their website at www.wow.cfsites.org.

Mindy's February Giving Inspiration:

Introduce yourself to someone new. Make new colleagues, classmates, neighbors feel welcome.



ABOUT THE WRITER

Mindy Kyle is the owner of Be Inspired Studios and is passionate about helping people discover what brings them joy and to live a full, healthy and happy life. She has her Masters in Fine Arts degree in creative writing from DePaul University and lives in Naperville with her husband, three children and the cutest dog in the land.

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For those who are at retirement age, carefree and convenient living is most important—and being made to feel special day after day can put a smile on anyone's face.

Alden Gardens of Waterford has the right touch when it comes to making its residents feel at home. The award-winning senior living facility offers the opportunity to remain independent while providing the right level of assistance to make life as enjoyable and carefree as possible.

With luxurious accommodations, fine dining and five-star amenities, this local senior living facility combines the comforts of home with the services residents need. Accommodations include studio, one-bedroom or two-bedroom units—each including weekly housekeeping service, cable, Wi-Fi and more. A 24-hour emergency response system is also accessible.

Some of the amenities that set Alden Gardens of Waterford apart include restaurant dining, innovative activities, a Companion Move-In Program, monthly Family Brunch, ice cream parlor and more. With 38 acres of walking paths and 6 ponds that are home to countless beautiful swans, residents marvel at the breathtaking and serene views.

High tea is served daily complete with fresh fruit, scones and more. Residents truly enjoy the five-star dining which includes 4-course meals and unique additions such as Lobster Tails served on New Year's Eve—how fabulous is that?

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KID STUFF

Happy February! Even though love is in the air, the air is still wintery cold. If your kids are experiencing cabin fever this season, no worries. We've got you covered with this fabulously fun page filled with lots of action-packed things to do. Share this feature with friends online and in social media. Visit us today! www.glancermagazine.com

Love to Play, Love to Learn at DuPage Children's Museum

NAPERVILLE— With February being the month of love, why not focus on the love of play? Play is one activity the whole family can do together. Ignite a lifelong love for learning by making it fun and doing it together... Explore, create, build, wonder, discover, think, play, and more at DuPage Children's Museum, where every visit is a new adventure with learning built right in. www.dupagechildrens.org, (630) 637-8000



Choosy Suzy's Bully Prevention Show

March 22 • 9:30am-Noon • \$8.50 • Aurora

Choosy Suzy says: Bullies are a Pain in the Brain! And every child needs to know what to do when confronted by one. Choosy Suzy reassures kids that they're not alone and it's not their fault if a bully decides to pick on them. She blends hip humor, magic and music with serious, practical suggestions for coping with bullies and helps kids discover the secrets for becoming "Bully-Proof." Best of all, Choosy Suzy's Bully Prevention Show has been proven to reduce bullying behaviors by half while doubling tolerance, increasing cooperation and promoting kind words. This means happier, safer children both in school and on buses! For grades 4-8. www.paramountaurora.com/events/choosy-suzys-bully-prevention-show/



Kid's Night Out: Sweet Hearts

Friday, Feb 16 • 6-9pm • Naperville

NAPERVILLE – Enjoy the night out while your children enjoy a night filled with Valentine fun. They'll make hearts, write Valentine letters to their parents, play Heart and Seek, Heart Beat and more. Dinner and juice are provided. Fort Hill Activity Center Fitness members must register in person or over the phone to receive their discount. Ages: 4-12, Fort Hill Childcare • 20 Fort Hill Dr., Naperville . Fee: \$25 for Naperville Residents/\$38 for Nonresidents, Activity Code 21630. www.naperparks.org



MONTHLY COLUMN

Mom's Little Black Book

BUFFALO CHUTES

Teenage fashion goes right out the door when the temperatures are 4 degrees and the wind chill is -6 degrees. It was FREEZING! Our toes were NUMB! But boy did we have fun! If you ever want to feel like a kid again, hop on a tube and fly down one of the brand new chutes at Raging Buffalo Snowboard Park. I screamed and laughed as I held on to the handle of my daughter's tube and raced down the hill at what felt like 50 miles per hour. Well, perhaps that's exaggerating a bit, but it was fast, and it was fun!



This is quite possibly the perfect cure for cabin fever!

Overview

A once snowboard exclusive facility, Raging Buffalo Snowboard Park just opened Buffalo Chutes to accommodate the snow tubing enthusiasts in all of us. Five distinct chutes of snow fun that range from slow to slick, smooth to bumpy for anyone ages 4 and up.

Raging Buffalo Snowboard Park
19-265 Western Avenue
Algonquin, IL 60102
(847) 836-7243
www.RagingBuffalo.com

Tubing Hours: 4 p.m. to 9 p.m. Monday; Closed Tuesday/Wednesday; 4 p.m. to 9 p.m. Thursday and Friday; 9 a.m. to 9 p.m. Saturday, Sunday, and Holidays.

Price \$: Monday-Thursday \$25 (2 hours); Friday-Sunday, Holidays \$30 (2 hours); \$20 for an additional 2 hours.

ABOUT THE WRITER

Naperville mom Kristen Kucharski graduated from Illinois State University in 1992 with an International Business Degree. She is married and has two energetic daughters and her house is always full of children. Kristen's column titled, Mom's Little Black Book, is a monthly feature written for moms who are looking for ways to keep their kids busy.



Positively pure entertainment to watch a group of teens giggle as they link their tubes together, negotiating who will go first and who will have their phone ready for the SnapChat video. I love that this activity is simple enjoyment that provides many laughs for kids as young as 4 years old; as well as, teens, twenties, thirties, and yes, me – much older than that! The little guys are welcome to share a larger tube with their parents and head down the hill together, while the older kids can link 3-4 friends together and make a train.

Even better, when you get to the bottom, you don't even have to walk back up the hill. Simply, lay your stomach on the tube, grab the tow rope, lounge your way to the top, roll off and start again! It doesn't get any better than that! And when the temperatures do get too chilly, you can take a break in the lodge and have a cup of hot chocolate or get something quick to eat.



Chicago Time

SO MANY THINGS TO LOVE ABOUT THIS HISTORICAL BEAUTY Millennium Knickerbocker Chicago

While many know Green Mill Cocktail Lounge was a spot favored by mobster Al Capone in the 1920's, Chicagoans may be surprised to learn the history of another destination frequented by notable personalities from the past century.

Located in Streeterville just off of Michigan Avenue, the historic property now home to Millennium Knickerbocker Chicago has served lively purposes since its construction in 1927. Al Capone's brother once ran a casino on the Penthouse Floor, and in the '70s, the property had a stint as the Playboy Towers. The building housed the editorial and business offices of Playboy. The hotel has also hosted such luminaries as John F. Kennedy, Richard Nixon and the Rolling Stones.



Today, locals and visitors can sip on a dirty martini at Knickerbocker Chicago's 1920's-inspired martini bar and envision the lives of those who once walked the halls. The overall design of the hotel embodies "Old Chicago" with unique accents including ornate chandeliers and vintage furniture in the lobby. The hotel's Crystal Ballroom, covered by a gold-gilded domed ceiling, exemplifies the design from the glamorous Roaring Twenties.

For guests staying at the hotel, the property is conveniently located near the shops on Michigan Avenue, 360 Chicago Observation Deck at John Hancock and the Museum of Contemporary Art. During the summer months, guests can easily walk to Oak Street Beach or Millennium Park to experience the various outdoor concerts and festivals.

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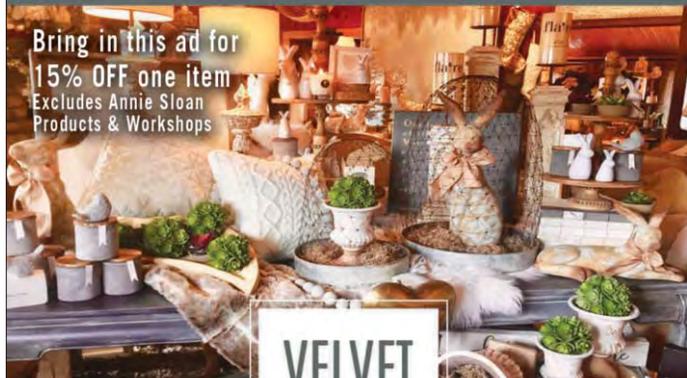
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AURORA/NAPERVILLE—Best friends, Ruth Anne Brown and Traci Strait have been apart for years. Traci had moved out of the Midwest and spent the last decade+ in the Southeast, where she transformed her clients in both Atlanta and Florida. During this time, Ruth Anne established herself in the fashion industry and successfully opened two wholesale clothing agencies in Downtown Chicago. In 2016, Traci decided that Chicago-land was her true home and eagerly moved back. It was then that Ruth Anne and

Traci put their heads (or hair) together, and decided to combine their expertise, hence these besties became BFF entrepreneurs. Salon b is a place to gather, relax, shop, and 'b' you."

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GUEST BLOGGERS

Pedis-n'-Passports

AT THE WATER'S EDGE

If quaint towns, picturesque light houses, old-fashioned ice cream parlors, rolling golf courses, adorable boutiques, tasty bistros and stunning water views are your thing, Door County should certainly be on your bucket list.

We decided to stay at a bed and breakfast, At The Water's Edge in Algoma. The reviews were all positive and the location being just south of all of the towns we wanted to explore in Door County, I figured it was the perfect starting point for our Wisconsin weekend.

Arriving late on a Friday evening, the owners, Kari and Dave, left us a lovely welcome note along with the keys to our room. We were exhausted and although we couldn't see Lake Michigan we certainly knew it was close by, as were immediately lulled into a deep sleep by the sound of crashing waves.

Upon awaking and drawing back the curtains, we were in awe. The panoramic Lake Michigan view was stunning! An expansive deck encompasses the entire first level and is the ideal spot for enjoying morning coffee sunrises and relaxing cocktail sunsets, reading, lounging, you name it! Besides the enormous deck, each of the seven rooms has its own private entrance and personal theme—our tropical-themed room even had its own expansive private balcony.

If you are a rustic nature lover, this bed and breakfast is for you. It has recently been named a certified wildlife habitat with a plethora of bird species, ground hogs, chipmunks, squirrels, and other critters. Both mornings, we headed down the backyard staircase which directly leads to a secluded beach where we enjoyed the sunrise and creating beautiful artistic stone towers.

After the hearty homemade breakfast, we drove about 45 minutes to Cave Point County Park. The drive into the park rendered us speechless. The cascading canopy of color over the meandering country lanes was something out of a fall fairy tale. Hiking the golden trails and craggy bluffs, and soaking in the stunning cliff-side views, as the spray of the cold crashing waves hits your face was exhilarating. We literally took well over 100 photos. The beautiful rock formations on the beach also occupied us for quite some time. If you need to rejuvenate your soul and reconnect with nature, this is the spot. Without question, Cave Point is a must if you visit Door County.

To read more about our weekend adventures in Door County, head to pedisnpassports.com

ABOUT THE BLOGGERS

Naperville mom and teacher, Kristen Kainrath and her teen daughter, Brooke, are a mother-daughter travel-blogging team who have always shared an incurable case of wanderlust. Their goal is to inspire girls to follow their passions and appreciate the diversity of our global community. Follow them on their journeys at www.pedisnpassports.com and watch for their monthly article inside Glancer Magazine in 2017.



Indulge



Get Your Girl Squad Together for a Night of Theater

With Valentine's Day near and "Galentine's" Day plans quickly solidifying, First Folio Theatre (Mayslake Peabody Estate at 31st St. & Rt. 83) presents the perfect "Ladies Night Out" production for the season with the Chicago Premiere of *WOMEN IN JEOPARDY*, by Wendy MacLeod. *WOMEN IN JEOPARDY*, a biting comedy that explores the lives of best friends and divorcées Mary, Jo and Liz who are always looking out for each other, even when they start to suspect that one's new boyfriend is a serial killer, opens Saturday, January 27 at 8 p.m. and runs through Sunday, February 25, 2018. To purchase tickets, visit www.firstfolio.org.



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SERVING CHICAGO'S WESTERN SUBURBS & BEYOND—ECBG Studio is a cake and pastry shop in Chicago that has been specializing in wedding cakes, decorated cookies and cupcakes since 2011. Owner Erin Martin started the small business in Naperville where she grew up and is committed to offering delicious treats made with high quality and organic ingredients that are worthy of any celebration. Customize your piece to fit your style and vibe! Celebrate love, celebrate friendship, and celebrate you with adorable decorated cookies and other specialized gifts. Don't give standard, give exquisite and celebrate the moments that matter with ECBG Studio. Delivery options are available. erinscustombakedgoods@gmail.com • ECBGstudio.com

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Bring the romance back into your relationship and treat your significant other to the ultimate staycation getaway at Fairmont Chicago, Millennium Park, 200 N. Columbus Dr. is. For Valentine's Day, guests can take the guesswork out of planning a romantic evening with Fairmont Chicago's Romantic Escape Package, through February 28, 2018. Starting at \$237, the Romantic Escape package includes overnight accommodations for two in a luxurious Fairmont guestroom, one bottle of Veuve Cliquot champagne, six gourmet dipped strawberries delivered to the room, and rose petals scattered on the bed upon arrival. www.fairmont.com

STAYCATION



Dining

AND CABARET



Dining Events to Love

Even though Valentine's Day is over, we invite you and yours to continue the celebration of love all month long with these unique and memorable dining events being held throughout the western suburbs. Bon appetit!



GARY FARRELL VINEYARDS WINE DINNER

Wildfire In Oakbrook

February 19, 2018 • 6:30pm

Wildfire's February wine dinner will feature Gary Farrell Vineyards, located in Sonoma County's Russian River Valley, specializing in the production of Pinot noir and Chardonnay. The evening will feature a custom five-

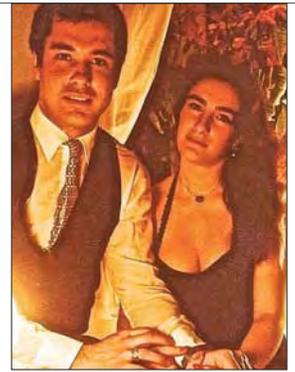
course menu of food and wine pairings. The event begins with a reception of passed appetizers and the first pairing at 6:30pm, followed by the seated dinner at 7pm. and is priced at \$100 per person, plus tax (gratuity not included). For more information or to make a reservation, please call Sonia or Mandy at (630) 586-9000. *View the complete menu online at www.wildfirerestaurant.com/oakbrook/events-promotions/*

ALL-YOU-CAN-EAT TUESDAY AT BOMBAY JOE'S

February 28 • 5-9pm

Reservations Required

Bombay Joe's is one of Glen Ellyn's fine dining Indian Restaurants established in 2016. Besides carrying traditional Indian items on the menu, it is now introducing Indian Fusion, which is European and Western food blended with an Indian twist. Today Indian Fusion is one of the most popular cuisines not only in India but around the world. Some popular and must try items on the menu are Prawn Cocktail, Beef Pepper Steak, Bourbon Braised Short Ribs, Chaucer Chicken, Goan Pork Vindaloo, Persian Lamb Shank, Fish & Pasta Mollie, Coastal Shrimp Sizzler, Maple & Turmeric Seared Salmon, Cod N Crab Cake with bowtie pasta. Pair your dinner with some of the most classic wines from France, Portugal & Spain. **ALL-YOU-CAN-EAT SPECIAL:** *The entire traditional Indian menu in bite size portions served in small plates, comes with a glass of house wine. \$20 Cannot be combined with any other offers, coupons or specials. 462 N Park Blvd. Suite 120, Glen Ellyn. www.gobombayjoes.com/events-specials*



WEST SUBURBAN EDIBLES TO LOVE

Savory & Sweet Sisters

All Chocolate Kitchen

33 S. 3rd Street, Geneva

(630) 232-2395 www.allchocolatekitchen.com

Husband & Wife Team: Chef Alain & Esther Roby

A SWEET LOVE STORY

Most people know of the famous All Chocolate Kitchen in Geneva, but do you know the love story behind the chocolate? This story has a sweet ending as most love stories do, but most don't end with beautiful cru-quality Belgian and Swiss chocolate. This story starts over forty years ago at New York's JFK airport. As Esther begins to share her story you can see the sparkle in her eyes as if she's back in that moment. "It was love at first sight", Esther tells us, "It really does exist" and "what happens next played out like a movie".

Flying standby both Alain and Esther were bumped from the flight and spent that night in the airport talking. After spending what Esther says was the best week of her life together in London, she knew he was the one. Then came that moment, standing in a red phone booth in Piccadilly Square, Alain told her he took a job in New York and wanted her to go with him.

They were married after knowing each other for only a month and a half! Although their new apartment didn't have any furniture yet, Chef Alain wanted to make Esther feel at home. He directed her to put her best dress on and he was going to cook! They sat on crates from a grocers and Esther found a poinsettia in a dumpster to add some holiday spirit. Their picture from that night is still her favorite one.

All Chocolate Kitchen is a collaboration of the couple's love of sugar, pastries, chocolate, gelato, coffee and art. With quality ingredients Chef Roby brings his expertise to Geneva. Three time Guinness World Record Holder and world renowned Chef Roby's sugar creations will leave you in awe. They are always adding new items to the menu both savory and sweet. Our favorites are the caramel sea salt banana cream pie, the chocolate truffles, the savory pizza, and the spinach and cheese croissant.

Eclectic, sophisticated Primo is a date night destination for Valentine's Day. This intimate restaurant will wow you with a chocolate fountain that reaches the ceiling and food that is as creative and perfect as the décor. Primo also offers afternoon tea.

ABOUT THE CRITICS Stephanie (right) & Tiffany (left) Schmoker are west suburban sisters who have always shared a love for dining out and they also enjoy cooking together. They came from a family of 7 and grew up on farm with fresh fruits, veggies and more. Watch for their review of a different west suburban restaurant in each issue of Gleaner Magazine. Invite them to your eatery at editorial@gleanermagazine.com.





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AVERAGE DAYS ON MARKET
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AVERAGE SALE PRICE
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Realtor Builds His Reputation on "Tradition of Trust"

WESTERN SUBURBS—Dan Firks and Defined Realty Group have specialized in real estate for Chicago's Western Suburbs since 1996. Dan has been named Chicago Magazine 5 Star Mega Agent from 2013 - present and is a 5-Star Premier Reviewed Agent on Zillow. Dan has built his reputation by "Tradition Of Trust"!

When the time comes to buy or sell a home you owe it to yourself to call Dan Firks | Defined Realty Group. *You will not be disappointed, see for yourself at www.DefinedReviews.com.*



Warm Up Your Home

ROSELAND INTERIORS—As the temperatures turn cold outside, Roseland Draperies has many ideas to add warmth to your home. Add colorful area rugs to rooms with tile, hardwood or even carpet, for an extra layer of insulation. A few decorative touches, like throw blankets and candles, provide a warm feeling to any room.

With Roseland's hundreds of fabrics and a custom-made slipcover, you can turn a chilly leather sofa into a cozy couch. Or update your window treatments to add style, but so much more. Choosing the right treatment will allow sunlight to flood in during the day and then provide an extra layer of insulation when closed at night.

Call Roseland Draperies of Naperville (630) 355-1565 for a free shop-at-home appointment, filled with warm ideas!



COMING Early April 2018

Spring Home Essentials

- House Fabulous: Curb Appeal
- Real Estate's Spring Market
- 10 Spring Cleaning Tips
- Porches & Decks
- Spring 2018 Trends
- Vintage Chic Home Decor

www.GlancerMagazine.com



Daylighting Your Home

ROSELAND INTERIORS—Daylighting is the practice of bringing in natural light, in order to decrease the need for artificial light and bathe your home in sunlight (especially in the dreary winter months!). Since windows and skylights are the natural avenues for sunlight, Roseland has the expertise to help you Daylight your home.

Our window treatments can flood your home with sunlight to take the chill out of January, or deliver complete room darkening, as you enjoy your media room. They can provide full or partial privacy, while still allowing in filtered light. Our unique “transitional” shades provide all these options, all in one product! Schedule a free shop-at-home appointment at 630-355-1565, and we'll show you how to let the sun in!

Call (630) 355-1565 to schedule your consultation today!
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WEST SUBURBAN
 REAL ESTATE

Local LISTINGS TO LOVE♥

Chicago's west suburban real estate market boasts a variety of unique homes that are for sale in beautiful neighborhoods with award-winning school districts and more. We invite you to schedule a tour of your favorite featured property today and get to know the listing agents for your next move!



3916 Callander Ct., Naperville
 Offered for \$1,099,000

Tamarack West Subdivision attending Neuqua Valley HS.~ Magnificent custom built executive home ~ luxurious vacation style retreat. 5500 square ft. of immaculate detail at every turn~ marble tiled foyer, 2 iron spindled staircases, gourmet kitchen with state of the art appliances, second floor open family room ~ 7 fireplaces to warm up the space inside and out. Outdoor living features in ground pool with fountains, cabana, bar and kitchen. Call listing agent Susan Colella, Baird & Warner, (630) 946-3813.





The Pickens & Placko Team

It may be winter, but the Pickens and Placko Team is ready for The Spring Real Estate Market! Are you? Do you think your home needs some updates before you list? Invite them to your home before you spend time and money on improvements because knowing what adds value and what just costs you money is where the Pickens and Placko Team excels! In addition, they will answer all your important questions regarding the process of selling your home. Their attention to details, staging expertise, and progressive marketing plan will give you the competitive edge you need! You'll feel confident selling your home knowing you've prepared by implementing the multi-generational knowledge, experience, and approach these professionals offer. Get ready! Spring is near!

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March 6 • 7-8pm

Aurora Public Library* • 555 S. Eola Rd.

March 13 • 7-8pm

Wheaton Public Library • 225 N. Cross St.

Speaker: Dr. Richard Gelband, DC
Refreshments Served

*The Aurora Public Library provides meeting space as a community service. The library neither sponsors nor endorses this event, the speaker(s), or the organization

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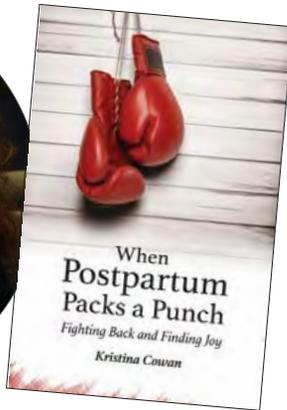
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MONTHLY FEATURE

Literary Local



Kristina Cowan

WHEN POSTPARTUM PACKS A PUNCH: FIGHTING BACK AND FINDING JOY

After Kristina Cowan had her first child, she battled postpartum depression. She searched out books to help her through and found plenty of clinical advice, but nothing that offered stories from other mothers who had been where she was. "What helped me most was the comfort and encouragement I received when I spoke with other mothers. So, I set out to capture it in print and offer it to others for generations to come," Kristina says.

Her effort turned into her first book, *When Postpartum Packs a Punch: Fighting Back and Finding Joy*. It offers a mix of different voices – parents, experts and researchers – sharing their encounters with and perspectives on perinatal mood and anxiety disorders (PMADs). "Perhaps the biggest hindrance to progress is stigma," explains Kristina. "It can silence sufferers and blind those on the sidelines. One of the strongest antidotes for stigma is story." The diversity of stories in the book underscores the prevalence of mood disorders after childbirth. There are also chapters that focus on how men are affected by PMADs, and what other countries are doing to advance perinatal mental health care.

Kristina lives in Naperville with her husband and two children, Noah (8) and Syma (6). *When Postpartum Packs a Punch* is available on Amazon, at Barnes & Noble, IndieBound, and Powell's. It is also housed in libraries in 27 states, including the Naperville Public Library. –Mindy Kyle

Know a Local Author? Introduce Us at editorial@glancermagazine.com



Personal Training

Q How often should I rest from my workouts?



For most a good rule of thumb would be one to two days. This will allow your body to heal and get ready for your next workout. Massage or foam rolling would be ideal activities to do on off days. If you really want to get a workout in you could do yoga since it is considered more of a active rest. Trust me taking a few days off will help and not hurt. In the end just listen to your body and if you need more recovery time then take it.

ABOUT THE WRITER Hank Ebeling is the Owner and Lead Coach at H4 Training. His training systems have helped countless clients achieve their goals and get into the best shape of their lives. Hank has a Bachelor of Science degree in Kinesiology from University of Nevada-Las Vegas, and is certified by the American College of Sports Medicine. Hank has been in the training industry for 8+ years working on his craft at numerous health clubs and private training studio. With a passion for fitness, he strives to empower his athletes and clients with knowledge so that they may continue to improve throughout their lives.

Healthy Body



All About Alopecia

TUBELLA HAIR STUDIO

Alopecia is a misunderstood autoimmune condition that includes Alopecia Areata, Alopecia Totalis, or Alopecia

Universalis. Nearly 5 million Americans (2% of the population) are affected. The cause is unknown and there is no cure. Alopecia is highly unpredictable, as hair loss and regrowth can occur at any time.

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7

Spectacular

SHOPS FOR LOVE-INSPIRED GIFTS

Celebrating love and marriage is a beautiful thing and sometimes we are at a loss when it comes to finding unique love-inspired gifts that will leave a lasting impression. Whether we are wedding guests looking to shower the happy couple with something special, or the bride & groom hoping to make their wedding party gifts stand out from all the rest— here are 7 Spectacular Shops for Love-Inspired gifts that we think you'll absolutely adore♥

1.



1. INTERSECTION OF LOVE Available Online at UncommonGoods.com

This "Intersection of Love" photo print will stand out and commemorate the moment their paths first crossed. This personalized art is so adorable and super unique. www.uncommongoods.com/product/intersection-of-love-photo-print

2. MUD PIE PLATTERS & GIFTS Available at Creme de le Creme Gifts & Accessories Boutique

You'll find the cutest gifts at this boutique! Give the bride & groom a reminder for their Happy Day with this unique platter from Mud Pie. Find this and more Mud Pie treasures at Creme de le Creme in Lisle and Glen Ellyn. 4710-3 Main St., Lisle and 686 Roosevelt Rd., Glen Ellyn. Find them on Facebook.



2.



3. EDIBLE ARRANGEMENTS Locations Throughout the Suburbs

If you're looking for the perfect love-inspired gift for the hostess with the mostest, to sweeten the house for out of town guests the week of the wedding, or to just say I LOVE YOU to someone special— choose a delectable treat from Edible Arrangements. In addition to fruit-filled gift arrangements, boxed chocolate dipped strawberries, apples & bananas are also available. www.ediblearrangements.com

3.

5. WEDDING GIFTS GALORE Available at Nona Jo's

Searching for the perfect wedding or celebration gift? Let Nona Jo's customize a gift basket filled with gifts or choose from an array of other stand alone gifts the bride & groom will love (see center personalized Mud Pie plate). They have a variety of unique fun pieces perfect for the occasion. From frames & accessories, to many other one-of-a-kind wedding and love-inspired gifts. Nona Jo's, 410 W 5th Ave, Naperville, www.nonajos.com

5.



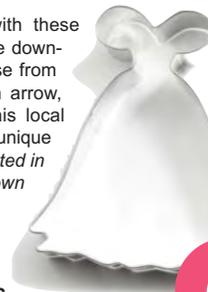
4.

4. MARIPOSA ALL MY LOVE, ALL MY LIFE OVAL TRAY Available at VonMaur.com or Any Local Boutique Selling Mariposa

Share the sentiment engraved on this tray with the one you love and show them what their life means to you. Several other beautiful Mariposa items are available. www.vonmaur.com

6. WEDDING COOKIE CUTTERS Available at Sir la table

Embellish your gift package with these adorable cookie cutters available downtown Naperville or online. Choose from a wedding dress, heart with an arrow, champagne flute and more. This local kitchen boutique has many more unique love-inspired gift ideas, too. Located in Main Street Promenade Downtown Naperville. www.sirlatable.com



6.

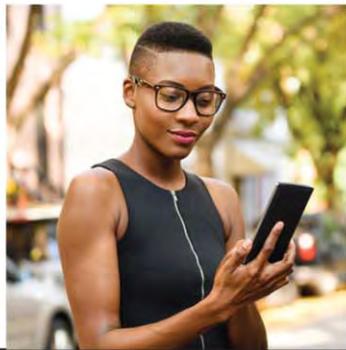
7. BARWARE & WINE GLASSES Available at Pier 1 Imports

For years this home accessory shop has been a favorite for many gift giving occasions. Choose from a wide selection of barware including wine glass collections, dining & entertainment must-haves and more. www.pier1.com



7.





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