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*West Suburban Chicago.... At a Glance*

# Glancer<sup>®</sup>

M A G A Z I N E

Mid Nov 2017

Vol 16 / Issue 149

West Suburban Edition

[www.GlancerMagazine.com](http://www.GlancerMagazine.com)

Publishing Twice Monthly

eats  
TREATS  
sweets

Gathering  
Together



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West Suburban Edition  
NOVEMBER 2017, Early Edition | Vol 16  
A Very Crafty Christmas  
Featuring Creative Residents, Holiday Events & Activities, Getting the House Ready and More!

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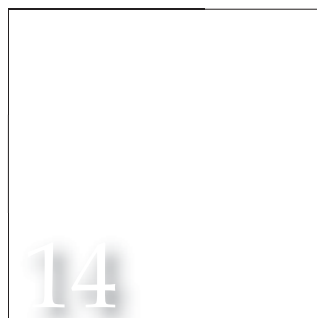
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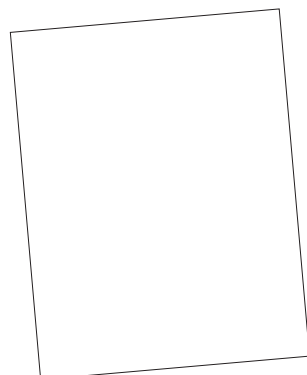
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# Glancer

M A G A Z I N E

A West Suburban Focus  
Featuring Local Faces & Places

COME OFF THE ROTATION  
LIST & STOP MISSING OUT ON  
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Thank you to the many residents who have subscribed to our west suburban magazine, featuring local faces & places. Glancer Magazine is sent twice monthly complimentary on rotation, but to get **all 24 issues annually**, you need to subscribe. You are missing so much! We are excited to grow our pages and our west suburban footprint delivering more of what you enjoy— photos, columns, faces & places.

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# Hello!

## EATS, SWEETS & TREATS

Most families have holiday traditions in place when it comes to holiday eats, sweets & treats— from generations gathering together to make holiday cookies using recipes from yesteryear, to planning weeks in advance for a holiday dinner that is perfect as can be. This issue celebrates the season with ideas for delectable edibles and more. As you turn the pages you'll enjoy one seasonal mouthwatering find after the next.

We love trying new things, so this year the Kleivo kitchen will turn into a fun little treat emporium as we attempt to make a few creative recipes that we've come across on Pinterest, including these festive candy pretzles (YUM!). Join in on the fun! Not on Pinterest? No problem. Simply visit [www.CincyShopper.com](http://www.CincyShopper.com) where this recipe originated (plus, you'll find many other scrumptious ideas here, too).



If you love this issue, you'll also love the next couple of issues which each have a unique Christmas theme— *Gifts & Glam* is up next (Dec 1), with *15 Most Charitable Women of 2017* (Dec 15) to follow. Every page will be festive, heartfelt and inspirational. Be sure to subscribe to our printed publication so you don't miss a single issue. When you do, Glancer Magazine will be delivered directly to your mailbox at home twice monthly, and you will come off of the rotating trial list. We will be publishing 24 issues again in 2018 with our annual health and wellness issue kicking off the new year, with many other captivating themes to follow including *The Besties Issue*, *Fit N' Happy Kids*, *It's Porch Party Time*, *30 Under 40*, *Cozy House* and many more. Request an editorial schedule today! If you are interested in joining our writing team, please send your writer's resume to me at [lkleivo@glancermagazine.com](mailto:lkleivo@glancermagazine.com) for review.

I'd like to thank our ad partners again in this issue. We are all so appreciative of the countless businesses we have worked with this past year who make our publication possible each month. Our readers have loved learning about them and #TeamGlancer is honored to work with so many talented professionals. Remember these businesses when you are on the town this month. Shop, dine, relax & unwind locally this holiday season.

Lindy

Lindy  
Publishing Director, West Suburban Area  
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## WEST SUBURBAN EVENT HIGHLIGHTS

# On the go



### GINGERBREAD FESTIVAL • November 24-26

**DOWNERS GROVE**— Get ready for this super festive event held each year in Downtown Downers Grove. With events including Gingerbread Storytime and the Tree Lighting Ceremony on Nov 24, to a Gingerbread House Contest and Gingerbread Manhunt all weekend long. Enjoy complimentary Carriage Rides November 25 & 26 1-4pm. Pick up your Gingerbucks Reward Card at participating businesses Downtown Downers Grove. (Receive a stamp for every \$10 spent at participating businesses. Once you spend \$100 at participating businesses be entered in to a weekly drawing for

\$100 in Downtown DG Gift Certificates). Shopping & Dining Special will also be going on all weekend long. [www.downtowndg.org](http://www.downtowndg.org)

### NAPERVILLE CARILLON TO GO PURPLE IN HONOR OF PANCREATIC CANCER AWARENESS MONTH • November 14-21 • Naperville

November is Pancreatic Cancer awareness month. Three organizations; the Joseph C. Monaster Foundation, the Lustgarten Foundation and the Pancreatic Cancer Action Network are uniting to light the Naperville Carillon purple and also to get a Naperville Proclamation declaring November 16 World Pancreatic Cancer Day. The Naperville Proclamation will be put up in Edward Cancer Center to give hope to patients and families. Pancreatic Cancer is currently the 3rd leading cause of cancer deaths; with no early detection and no cure, it is projected to be the 2nd by 2020. Pancreatic Cancer is one of the most lethal types of cancer, and there is only a 5-year 7% survival rate. When patients typically find out they have this disease they are lucky if they have a few months to live. In 2017 estimated 53,670 new cases of pancreatic cancer will be diagnosed in the US.

### HOLIDAY IN THE GROVE IN BEAUTIFUL SUGAR GROVE Saturday, December 2 • All Day Long

Holiday in the Grove is a festive community event that includes Breakfast with Santa and many other holiday activities throughout the day in Sugar Grove. Holiday in the Grove was established to continue to run the Sugar Grove Community Christmas festival. This volunteer-run event is the highlight of the year for the entire community. We hope to Glance you there! Glancer Magazine is a proud annual sponsor. [www.holidayinthegrove.org](http://www.holidayinthegrove.org)



### WHEATON HOLIDAY HOUSEWALK

**November 11 • 10am-4pm**

Ignite your holiday spirit and design inspiration at the Wheaton Holiday Housewalk on November 11 from 10-4. Savor four spectacular Wheaton homes open one day only for your enjoyment. Whether your style is storybook cottage or modern minimalist, you are sure to be dazzled and invigorated with new ideas for your own abode. This fourth annual fundraiser features beautiful styling from various area merchants who create everything from captivating porches to mesmerizing tablescape. Each home will be decorated in a theme: 2 fall, 1 Christmas, and 1 winter. Invite your friends and enjoy a lovely fall stroll between 3 of the homes with a short drive to the 4th. Tickets are \$35 at any house door or \$30 pre-purchased at local merchants, and all proceeds benefit Wheaton North's award-winning show choir, Flight. *More details at [www.wheatonhousewalk.com](http://www.wheatonhousewalk.com).*

### FREE TURKEY TROT RUN

**November 23, 8am • Glen Ellyn**

This Thanksgiving Day five-mile race starts at 8 a.m. on November 23, beginning at the Lake Ellyn Boathouse. There's a twist to this Glen Ellyn Park District Predicto race: the top two runners who most accurately predict their finish time will win a special Thanksgiving treat! No timing devices are allowed on the course. It's free to participate and open to all ages. Costumes are encouraged and Glen Ellyn Food Pantry donations will be collected. [www.gepark.org](http://www.gepark.org)



### HOLIDAY HOMECOMING ELECTRIC CHRISTMAS PARADE

**November 24 • Downtown St. Charles**

Holiday Homecoming is one of the Midwest's most spectacular holiday events and is the official kick-off to the holiday season in St. Charles. This weekend-long event has been making holiday memories for area families for over seventeen years. The event features seasonal music, holiday movies, sleigh rides and lighted parade floats that light up Main Street between 6th Street and 4th Avenue. Presented by the Downtown St. Charles Partnership. [www.downtownstcharles.org](http://www.downtownstcharles.org)

### OSWEGO CHRISTMAS WALK • Dec 1

An illuminated fire truck parade, faux ice skating rink, traditional tree-lighting ceremony and much more makes for a merry hometown holiday celebration at the Oswego Christmas Walk, 5 to 9 p.m., on Friday, Dec. 1, in downtown Oswego. Watch Main Street come alive with sizzling food vendors and live music, give Santa your wish list, take free rides on the Toyland train or on a horse-drawn wagon, and cross items off your holiday shopping list in unique downtown Oswego shops. Then warm up around the Village Hall fireplace with storytelling for your littlest elves. *More information at [www.GoOswego.org](http://www.GoOswego.org).*

To List Your Holiday Event this December, Contact Us at [promotions@glancermagazine.com](mailto:promotions@glancermagazine.com)  
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### www.GLANCERGOTOGUIDE.com

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 **DINE** LADIES NIGHT OUT  
Tuesday, November 14

 **PLAY** HOLIDAY WALK & TREE LIGHTING  
Friday, November 24

Events Presented by:  
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The Glen Ellyn Chamber of  
Commerce and The Alliance  
of Downtown Glen Ellyn

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[www.glenellyn.org/GE2017](http://www.glenellyn.org/GE2017)

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#### YOU'VE BEEN GLANCED AT....

**Fall Style Weekend Fashion Show (Sep 30)** – Downtown Naperville hosted Fall Style Weekend 2017 and it was loved by all who attended. Pictured is the Brunch/Fall Fashion Show at Sullivan's Steakhouse. Events and great fall sales took place all weekend enabling gals and their pals to join in at any point. Other events included the Downtown Naperville Fall Wine Walk benefitting Arranmore Arts, store sales throughout the downtown area and more.  
[www.downtownnaperville.com](http://www.downtownnaperville.com) Photos by Mike Catuara

# scene around

## Suburbia™

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#### YOU'VE BEEN GLANCED AT....

**Ladies' Night, The Vintage Market (Sep 30)** A vintage filled evening was had by all at this special event held at west suburban favorite Vintage Market on Lincolnway (Rt 31) in North Aurora. Like their page today The Vintage Market and stay connected for future events and stop in this weekend to shop.  
Photos by Mike Catuara



HOLIDAY FUN 2017

# 5 Things to Do



## 1. GENEVA CHRISTMAS HOUSE TOUR December 1 & 2

Enjoy five lovely, exquisite Geneva homes decorated in holiday splendor by local decorators. These homes will open to visitors for self-guided tours from 11am-8pm on Friday, Dec. 1 and 11am-5pm on Saturday, Dec. 2. Tickets include a traditional holiday tea and a booklet with delightful Christmas decorating and entertaining ideas for every corner of the house. Tickets are \$35 per person. Proceeds are used to decorate Geneva for the holiday season. [www.genevachamber.com](http://www.genevachamber.com)



## 3. CHRISTKINDLMARKET NAPERVILLE Opening November 24 • Naperville

The Christkindlmarket is one of the most spectacular outdoor events in the holiday season. Let your family discover this festive German and European tradition with international flair and local charm at Naper Settlement. Enjoy high quality gifts and food and create lasting memories! November 24-December 24: Thurs 11am-7pm, Fri & Sat 11am-9pm, Sun 11am-6pm Also open: December 18-21 11am-8pm, December 24 11am-4pm

Explore special events and entertainment at [www.christkindlmarket.com/naperville](http://www.christkindlmarket.com/naperville).



## 4. THE NUTCRACKER AT BATAVIA FINE ARTS CENTRE • NOV 25 & 26

The Fox Valley Ballet, a 501(c3) organization, is proud to present this holiday tradition that showcases over 100 cast members. Featuring dancers from the Joffrey Ballet of Chicago, Ballet 5:8, and other guest artists from around the world, this performance is sure to cultivate its audience. Tickets \$20+. VIP tickets \$40 for first 3 rows in orchestra section w/meet and greet and a backstage tour. Group discounts available. [www.foxvalleynutcracker.com](http://www.foxvalleynutcracker.com)



## 5. DINE NAPERVILLE

### Enjoy Festive Fun at Over 260 Restaurants

NAPERVILLE—There's no place like Naperville for the holidays! This season, check out some of the 260 restaurants the city has to offer. Enjoy a family dinner at any of the fine dining restaurants. Stroll along the city streets decorated with holiday lights, and pop into a shop for a warm holiday treat. This year more than ever, Naperville has fun things to do and delicious foods to eat! Don't miss out on the holiday food fun! Go to [www.DineNaperville.com](http://www.DineNaperville.com) for more information.



# *Gather Together For* **A Festive Meal**



## **The Perfect Holiday Meal**

Make your perfect holiday story complete by serving one of the best holiday dinners you've ever enjoyed. A prime rib roast paired with savory toppings is guaranteed to earn rave reviews from the whole family. Add easy gourmet sides and a holiday dessert to create a memorable meal that may well become a new holiday tradition. Best of all, it's even easier than you may expect.

Upscale side dishes can make the meal complete. If you're short on time or want to eliminate some of the fuss, you can take almost all the work out of a holiday dinner by using prepared side dishes from Omaha Steaks. Options like Brussels Sprouts with Bacon and Shallots, Roasted Root Vegetables or Roasted Garlic Mashed Potatoes can lend a special touch to your holiday feast.

No festive feast is complete without dessert, and individual-sized Sticky Toffee Pudding Cakes are a perfect solution. They're made with real, premium ingredients, so all you need to do is pop them in the microwave straight from the freezer.

Find more recipes for a holiday dinner to remember at [OmahaSteaks.com](http://OmahaSteaks.com).





## Reverse-Seared Chateaubriand

ACTIVE TIME: 30 minutes – TOTAL TIME: 4 days

2 pound Omaha Steaks Chateaubriand Roast  
any variety Omaha Steaks Rub

Thaw roast completely in refrigerator before cooking; allow 48-72 hours. Season roast with rub 12-18 hours before cooking and leave uncovered in refrigerator overnight.

When ready to cook, heat oven to 225 F. Place roast on elevated rack in roasting pan. Roast 2 hours, or to internal temperature of 120-125 F. Let roast rest 30-45 minutes.

Broil on high 2 inches from broiler, 4 minutes on one side, 2 minutes on other side, or until brown crust uniformly covers roast.

## Reverse-Seared Prime Rib Roast

ACTIVE TIME: 30 minutes – TOTAL TIME: 4 days

4 pound Omaha Steaks Bone-In Frenched Prime Rib Roast  
any variety Omaha Steaks Rub

Thaw roast completely in refrigerator before cooking; allow 48-72 hours. Season roast with rub 12-18 hours before cooking and leave uncovered in refrigerator overnight.

When ready to cook, heat oven to 225 F. Place roast on elevated rack in roasting pan. Roast 3 hours and 15 minutes, or to internal temperature of 120-125 F. Let roast rest 30-45 minutes.

Broil on high 2 inches from broiler, 4 minutes on one side, 2 minutes on other side, or until brown crust uniformly covers roast.

Tip: For easier carving, trim roast from bones prior to cooking. Stand rib roast on end so ribs are pointed up. Using sharp knife, cut along bone, being careful not to cut into roast. Tie roast up with butcher's twine to hold it together while cooking.



## Tasty Dessert

A holiday season filled with gatherings calls for simple recipes that make baking dessert for family and friends easy and enjoyable.

Traditions are often enjoyed more around the holidays and some classic flavors are must-haves for seasonal parties and dinners. Individually portioned desserts are ideal for entertaining, and these smooth, creamy cheesecakes with vivid holiday color are a perfect single serving that is sure to brighten any dessert table. Or put a festive twist on apple pie with a cinnamon roll-inspired crust.



Each of these desserts features quick and easy preparation, and the delicious flavors of Lucky Leaf Fruit Fillings, which use high-quality fruit and contain no high-fructose corn syrup, for great tasting desserts every time. An array of popular flavors like apple, blueberry, cherry and strawberry make it possible to prepare your favorite holiday desserts in minutes.

Find more inspiration for this season's holiday baking at [luckyleaf.com](http://luckyleaf.com).

## Mini Marbled Cherry Cheesecakes

- 18 chocolate cookies with white filling
- 2 packages (8 ounces each) cream cheese, softened
- 1/3 cup sugar
- 2 eggs
- 1 teaspoon vanilla
- 1 can (21 ounces) Lucky Leaf Premium Cherry Fruit Filling, divided

Heat oven to 350 F. Line muffin tins with 18 paper liners.

Place one chocolate cookie in bottom of each paper liner.

In mixing bowl, beat cream cheese, sugar, eggs and vanilla until light and fluffy. Fold in half of fruit filling. Fill each muffin liner about three-fourths full with mixture.

Bake 20-25 minutes, or until done. Cool. Top each cheesecake with spoonful of remaining fruit filling.

## Cinnamon Apple Pie

- 1 refrigerated pie crust
- 1 tablespoon butter, melted
- 2 teaspoons ground cinnamon
- 2 cans (21 ounces each) Lucky Leaf Premium Apple Fruit Filling
- 1 stick (8 tablespoons) butter, softened
- 1 cup flour
- 1 cup light brown sugar
- 1/2 cup powdered sugar, plus additional (optional)
- 1/4 teaspoon vanilla
- 1/4 teaspoon cinnamon
- 2 teaspoons milk, plus additional (optional)

Heat oven to 400 F.

On lightly floured surface, unroll pie crust. Brush with melted butter and sprinkle evenly with cinnamon. Roll up tightly and slice into 1/2-inch rounds, like miniature cinnamon rolls.

Press miniature cinnamon rolls evenly into bottom and sides of 9-inch pie plate, making sure there are no spaces between rolls. Pour fruit filling on top of crust. In large bowl, using pastry blender, combine stick of butter, flour and brown sugar, until crumbly. Sprinkle over apple filling.

Bake pie until top and crust are golden brown and filling is bubbling, about 40-45 minutes (cover top and crust with foil, if necessary, to prevent from getting too dark). Remove from oven and allow to cool.

In small bowl, whisk together powdered sugar, vanilla, cinnamon and milk to form icing. Add more sugar or milk, if necessary, to reach desired consistency. Drizzle icing over cooled pie.

# Gifts to Love



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MAGAZINE

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## All Things Beautiful at Velvet Grace

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Martin (pictured above) started the small business in Naperville where she grew up and is committed to offering delicious treats made with high quality and organic ingredients that are worthy of any celebration. Delivery options are available. *Celebrate the moments that matter and get the cake convo started by contacting [erin-scustombakedgoods@gmail.com](mailto:erin-scustombakedgoods@gmail.com) or checking out [www.ECBGstudio.com](http://www.ECBGstudio.com).*



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# Dining CABARET



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WEST SUBURBAN EDIBLES TO LOVE

## Savory & Sweet Sisters

**Two Wild Seeds**  
 320 W. Main St., St. Charles  
 (630) 797-5350 [www.twowildseeds.com](http://www.twowildseeds.com)  
 Co-owners: Susan & Katie Kritzberg

### WHOLESOME GLUTEN-FREE DELIGHTS


Two sisters growing up in the rural Midwest, swimming in the pond, foraging for wild raspberries and morel mushrooms, walking barefoot, watching the stars away from the lights of the city are the inspiration for the Two Wild Seeds baking company in St. Charles. Susan Kritzberg raised her two daughters to live a simplistic lifestyle. Leslie followed an artistic path designing the marketing material while Katie found her passion in the kitchen among the mixing bowls and wooden spoons. With such a demand for their delicious baked goods, Mother Daughter duo opened Two Seeds to share their wholesome sweet and savory delights.

Offering a gluten-free menu free of preservatives, fillers, and artificial flavors they are gathering a crowd of customers as easily as they gather wild flowers. You will find vegan, egg-free, dairy-free and nut-free selections. The menu changes daily but includes pastries, cakes, bars, brownies and cookies. Each one using family recipes that often have a story behind them all while sharing their philosophy of fresh, small batch, rustic and refined.

Their baking company reflects not only their love of growing up among the open countryside but their attention to detail and culinary skill. One of our favorites is the Oat n' Honey Pie made with honey from local Heritage Prairie Farms. Imagine the childhood favorite oatmeal cream pie that is packed with good things like rolled oats, hemp seeds, flaxseed, almond butter, and dried fruit yet tastes so much better! If you like the sweet combination of a Twix bar, try the Salted Caramel Bar. The best homemade salted caramel on a buttery shortbread, topped with semi-sweet chocolate. The egg-free Chocolate Jumble takes all your favorites; oats, pecans, chocolate, peanut-butter and coconut and rolls them into one bite! For a savory option try the cheddar and spring onion buttery biscuit. Packed with oats, dried fruit, hemp seeds, flaxseed, almond butter and spices the chewy granola bar is just what you need to keep going through the day. A Thanksgiving table must have is the Pumpkin Spice Cake. The moist cake is topped with a vanilla buttercream and then dusted with spices. You simply cannot pass up treats that are this good for you!

**ABOUT THE CRITICS** Stephanie (right) & Tiffany (left) Schmoker are west suburban sisters who have always shared a love for dining out and they also enjoy cooking together. They came from a family of 7 and grew up on farm with fresh fruits, veggies and more. Watch for their review of a different west suburban restaurant in each issue of Glancer Magazine. Invite them to your eatery at [editorial@glancermagazine.com](mailto:editorial@glancermagazine.com).





**FREE Nature DISCOVERY DAYS**

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Fun hands-on activities, games, crafts, experiments, nature books and more. Designed for children and adults to explore nature topics together. Topics Include:

- November - Hooting Owls
- December - Illinois Mammals
- January - Trees in Winter
- February - Winter Birds and the Great Backyard Bird Count
- March - Maple Sugaring

For more information visit [napervilleparks.org/kknc](http://napervilleparks.org/kknc)

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Procession to the Tree Lighting Ceremony  
Gingerbread House Contest  
Gingerbread Man Hunt  
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Visit with Santa in his Gingerbread House  
Breakfast with Santa  
Shopping & Dining  
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## WINTER @ NAPER SETTLEMENT



Christkindlmarket	Nov. 24-Dec. 24
Naper Lights	Nov. 24-Dec. 26
Santa @ the Settlement	Nov. 25, Dec. 2, 9, & 16
Victorian Holiday Traditions	Dec. 3
Wedding Showcase	Jan. 6

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# KID STUFF

The holidays are here! What a fun and festive time for the kids. With events and activities happening all over the suburbs—each just as merry and bright as the next—we're here to introduce them to you. Featuring fabulously festive events and activities, it's no wonder why this page is loved just as much as Santa on Christmas Eve. Enjoy!

## Climb the Ackerman Alps

GLEN ELLYN—Indoor rock climbing is an ideal recreational activity for both youths and adults as it helps develop physical skills, cognitive skills, courage, and confidence. Ackerman Sports & Fitness Center's Ackerman Alps features two 30-foot climbing walls with auto-belays and a bouldering wall where participants can experience the thrill of ascending the rock wall in a safe and convenient setting. Just \$6 per visit for residents and \$8 for non-residents. View available hours at [www.AckermanSFC.com](http://www.AckermanSFC.com).



## Santa House On the Riverwalk

NAPERVILLE—This year, take a magical trip to visit Santa on the Naperville Riverwalk at Jackson Avenue and Webster Street. Admission is free. Photos can be purchased for \$8 each or two for \$15. Don't miss this unique opportunity to visit Santa this year! *Naperville Park District*, [www.napervilleparks.org](http://www.napervilleparks.org)

## Santa's Craft Corner at Cosley Zoo

**Saturday Nov 25, Dec 2 & 9, 10-2pm**  
WHEATON—Skip the long line at the mall and visit Santa at the zoo. While you are here, make a craft or two and be sure and tour the zoo before you go. Your admission includes crafts, refreshments, and of course, a visit with the man in red himself. Santa's Craft Corner is held in the Kiebler Room, located on the second floor of the large barn. [www.cosleyzoo.org/events/](http://www.cosleyzoo.org/events/)



HO! HO! HO!



## Mooseheart Holiday Lights

BATAVIA—Join in on the colorful fun for the 7th Annual Holiday Lights display, opening on Friday, November 24 and running 5-9pm nightly through Sunday, December 31. Holiday Lights at Mooseheart is one of Chicagoland's largest light displays! The lighted route is approximately 1.8 miles and has more than 80 lighted displays to view. It's so much fun for the entire family. For a list of FAQs visit [www.mooseheart.org/event/holiday-lights/](http://www.mooseheart.org/event/holiday-lights/)



## Instruments, Art, Building and More at DuPage Children's Museum

NAPERVILLE—Activities are gearing up at DuPage Children's Museum this month! Play, hear, and move to the sound of a variety of instruments while being surrounded by art in the Museum's newest exhibit, Art is Instrumental. Join us Grand Opening weekend November 11-12 and enjoy special performances and activities. Then, November 25-26, grab your tool belts because we've got the blueprints drawn up for a weekend built for fun at Builder Extravaganza. Every visit is a new adventure! [www.dupagechildrens.org](http://www.dupagechildrens.org), (630) 637-8000

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-Confucius



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As you think about gifts this holiday season, consider the real and lasting gift of self-knowledge. While valuable at any stage of life, learning how to engage their own talents or "gifts" can help young people make wise choices about their future education and work life. An equally important benefit is the confidence that comes with a clear sense of self and direction.

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For more details and pricing, visit [careervision.org/career-service-program-options/](http://careervision.org/career-service-program-options/)



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MONTHLY FEATURE

# Literary Locals



## Travis Gill, Yorkville BLACK FRIDAY AND THE GIRL WITH PURPLE EYES

Travis Gill is a former magazine contributor and blogger from California who now resides in Yorkville with his wife and daughter. Travis likes to show his readers the adventure in everyday life through carefully crafted characters that you feel you have known all your life.

"In a mystery, the setting is crucial but the characters are everything," says Travis. His stories do not go to elaborate places but, instead, take you into the hidden lives of average people through upbeat dialogue and unique interactions. *Black Friday and the Girl with Purple Eyes* is available from Lulu Press at: [www.Lulu.com](http://www.Lulu.com). Follow Travis Gill on Twitter @MrTravisGill

MONTHLY COLUMN

## Mom's Little Black Book

### GIFT OF GIVING BACK

It's this time year that truly reminds me about the gift of giving back. This month's issue focuses on crafty neighbors which got me thinking about the creative lunch bags that can be made for DuPage Pads "Learning through Lunches" Initiative. This new volunteer program allows for even the youngest of volunteers to help prepare sack lunches for the Interim (Overnight) Housing program, which provides homeless families and individuals access to shelter, safety and meals 365 nights a year. Kids and their families can help obtain all the food and supplies necessary to pack approximately 75 bagged lunches, and then are encouraged to be creative by drawing or writing a note of encouragement on the outside of the lunch bags! [www.dupagepads.org/wp-content/uploads/2013/02/LTL501.pdf](http://www.dupagepads.org/wp-content/uploads/2013/02/LTL501.pdf)

As my kids have grown older, the volunteer opportunities at DuPage Pads have expanded into helping to setup beds; as well as, prepare and serve a meal for guests of the shelter. It's a meaningful and humbling experience to create a comfortable and reliable bed for someone else for the night – a fresh mattress with clean sheets, a fluffy pillow and warm blanket, housed in a safe place.

Several area churches send groups of volunteers throughout the west suburbs to setup interim (overnight) housing sites in Glen Ellyn at First Congregational Church; St. John the Baptist Catholic Church in Winfield; Trinity Episcopal Church in Wheaton; Redeemer Lutheran Church in Hinsdale; First United Methodist and St. Mary Gostyn Church in Downers Grove; Community UMC, Our Saviour's Lutheran Celebration Campus, and St. Margaret Mary Churches in Naperville. Each are al-



ways in need of food donations, as well as plenty of volunteers to setup home base for the night. The spirit of hospitality and respect for each person flows deeply as volunteers assist staff in providing dinner, a sleeping space, breakfast, and a bag lunch to go the next day.

[www.dupagepads.org/solutions/volunteer/volunteer-opportunities/](http://www.dupagepads.org/solutions/volunteer/volunteer-opportunities/)

The gift of giving back is by far the greatest adventure Mom's Little Black Book goes on each year. Regardless of age, both young and old can serve their community through DuPage Pads.

### Overview

In DuPage County, we can all do something incredible; we can work together to offer people hope and possibility to end homelessness in our community. Volunteers make DuPage Pads an agency of positive change in the lives of people in crisis in DuPage County.

DuPage Pads  
601 West Liberty, Wheaton  
(630) 682-3846, [www.dupagepads.org](http://www.dupagepads.org)

Hours: Hours vary depending on volunteer opportunity selected

Price \$: Priceless

### ABOUT THE WRITER

Naperville mom Kristen Kucharski graduated from Illinois State University in 1992 with an International Business Degree. She is married and has two energetic daughters and her house is always full of children. Kristen's column titled, Mom's Lit-



### MICHELLE MANSFIELD, GENEVA It's Just Me, Brooklyn

Michelle Mansfield is a Board Certified Holistic Health Coach who believes in the whole self when it comes to true health. Her first book, *It's Just Me, Brooklyn*, is about a girl and her kittens discovering being yourself is amazing. The book encourages conversations of positive self-esteem in children. *It's Just Me, Brooklyn* was inspired by Michelle's four-year old daughter, Brooklyn, who has been part of social media since the day she was born. Michelle would share photos and videos to make people laugh. Friends enjoyed her stories so much, they encouraged her to find a way to share Brooklyn in a book.

The book is available at Anderson's Bookshop and online at Amazon.com, as well as [www.itsjustmebrooklyn.com](http://www.itsjustmebrooklyn.com). For the month of November, Michelle will be donating a portion of the book sale proceeds to Turkey on the Table, an organization that helps get holiday meals on the table to those in need. She will also be raffling off a Turkey on the Table gratitude turkey. To enter, the book must be purchased off her website by November 17th. —MK

KNOW A LOCAL AUTHOR? Introduce us at [editorial@glancermagazine.com](mailto:editorial@glancermagazine.com)



## Know Your Gifts & Talents

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MONTHLY COLUMN

## To Give, To Inspire

### WISHES FOR WYATT ELBURN/ ST. CHARLES

Building a family is a joy, but not always an easy path for each couple. I will share, with heavy heart, that my husband and I, along with several couples we know, have had the devastating experience of losing a child to miscarriage, stillbirth or infant death. We have, as many others have, gone on to still raise healthy children, but remember that period of grieving and healing. Wishes for Wyatt is a foundation created specifically to help others through these types of experiences.



hospitals. Their first fundraiser is known as "Wyatt's Wheels". The idea is that Wyatt's Wheels, a decorated Cozy Coupe, travels from house to house around the neighborhood prompting families to visit our website and donate to the fundraiser. In their first weekend, the foundation was able to reach their first goal of \$3,000 and purchased a Cuddlecot that they donated to Good Samaritan Hospital in Downers Grove.

Wishes for Wyatt is now in the planning stages for their first winter event, Wyatt's Winter Games where there will be Minute To Win It style games, raffles, food and fun. To learn more about Wishes for Wyatt and becoming involved, you can visit their website at [www.WishesForWyatt.com](http://www.WishesForWyatt.com) or check out their facebook page, [Wishesforwyatt1](https://www.facebook.com/Wishesforwyatt1).

**Mindy's November Giving Inspiration:** Think about your friends nearby that might not be able to be with family for Thanksgiving or the holidays. If you are hosting the holiday, invite them to join in. If you are not, maybe create a special Friendsgiving dinner close to the actual date.

### ABOUT THE WRITER

Mindy Kyle is the owner of Be Inspired Studios and is passionate about helping people discover what brings them joy and to live a full, healthy and happy life. She has her Masters in Fine Arts degree in creative writing from DePaul University and lives in Naperville with her husband, three children and the cutest dog in the land.



After leaving the hospital, the Wizcebs found that Cuddlecots are not common in the United States. At this point, they decided to create a fundraiser in their son's name to help purchase these cots for local



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Black Friday and the Girl with Purple Eyes, the debut novel from author Travis Gill, is a lighthearted, pseudo-mystery that brings a charming twist to the genre. A winsome narrative chaperones a unique female lead, along with her variety guests of holiday shoppers seeking shelter on a stormy Black Friday. It is a witty absorbing story that is a delightful fiction and mystery fans alike.

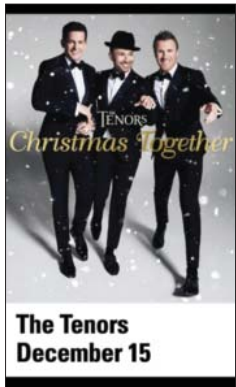
Black Friday and the Girl with Purple Eyes is available from Lulu Press. www.Lulu.com



# Holiday Events

## Not to Miss This Season

'Tis the season to enjoy all of the unique events that west suburban Chicago has to offer you and yours—there are so many to choose from inside this issue and here are two more that you'll love. Enjoy!



### THE TENORS

**December 15 • North Central College**

Spend the holidays with The Tenors on Saturday, December 15 at North Central College. The Tenors have been thrilling audiences around the world with their powerful songs and outstanding harmonies. Blending classical music and contemporary pop, the award winning and multi-platinum selling band have achieved international success, showcasing their undeniable charm and diverse vocal styles performing over 700 shows on five continents. *For tickets visit [www.northcentralcollege.edu/tickets](http://www.northcentralcollege.edu/tickets).*

**2017 CUP OF CHEER™**  
**November 30 & December 1**

Get design inspiration

from the Naperville Garden Club's Cup of Cheer™ House Walk, Holiday Market and Tea. Tour four Naperville homes decorated for the holidays. Shop the Market for artisan gifts. Enjoy cookies and tea and keep the cup! Preview Day is November 30th from 9 am – 4 pm for \$55. Cup of Cheer™ Day is December 1st from 9 am – 4 pm for \$35. Go to [www.napervillegardenclub.org](http://www.napervillegardenclub.org) for ticket information.



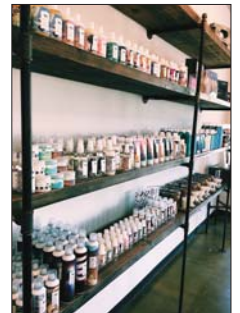
## Must-Visit New Business: Salon b

AURORA/NAPERVILLE—They say “choose a job you love, and you will never have to work a day in your life”. Ruth Anne Brown did just that when she recently opened Salon b with her friend Traci Strait.

“I have been in fashion wholesale for 30 years and Traci has been doing hair for 28 years,” Ruth Anne shares. “It was nice to combine both our passions to open this amazing salon.”

Perfecting the impeccable cut and style for women, men and children, Salon b welcomes all guests to gather and also shop exclusive vendors like R+Co, Chandler Candles, Mantra bands, GlamRock and The Giving Keys jewelry lines. Be sure to be ready for this holiday season's hottest trends by booking online today! *—Kristen Kucharski*

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# Spotlight On!



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"We offer service, repair or replacement of your furnace and AC," Josette says. "Whether it's a \$100 repair or an \$8,000 replacement, our focus is always providing exceptional client service."

Take advantage of the new client comprehensive clean and check of your air conditioner or furnace today for only \$49.00 and you too will experience what it's like to work with the best! -Kristen Kucharski

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## Holidays AT HOME



### Holiday Circles!

OPAL ENTERPRISES— When thinking about the upcoming holidays and defining what they mean to me this year, the word circle is a keyword that makes me smile. The year coming to a circle end signals a time to be circling back to all those that have provided substance in my very full life for holiday gift giving. The circle of employees that I have around me. The circle of customers that have been embraced this year. Rounding back to the home and how wonderful it truly feels to be inside home walls. Being so thankful that all

these circles have brought joy to my world and given me the inspiration to start the circle all again in 2018! —Tara Dawn, Co-Owner

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The local Buff & Coat business was started as a small family business in Naperville in 2010. Today they are headquartered in Plainfield and service all of Chicagoland. Owner, Ray Horan (pictured), saw an under served market and brought his three decades of management experience and passion for excellent customer service to the Hardwood Floor Business. Horan grew up in New York, married a Chicagoan and has lived with his family in Naperville since 1992. He is an avid sports fan who enjoys baseball history and trivia when not working on floors. His motto is: "Love your floor again!"

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Parents often ask how they can help their child become more motivated to learn, especially material that is above grade level. Stanford University Professor of Psychology, Carol Dweck demonstrates that communication to children about their effort, successes, and setbacks often shapes a child's mindset and motivation. When we believe that success is based on innate ability, we are said to have a fixed theory of intelligence, otherwise known as a fixed mindset.

When we believe that success is based on hard work, learning, and perseverance, we are said to have a growth theory of intelligence, also called growth mindset. Parents and Instructors are most effective when they praise effort and results equally. Praising effort means recognizing errors as learning opportunities that lead to improvement and success. The brain is a muscle that becomes stronger through hard work and learning from our mistakes. We can motivate children to develop a growth mindset and achieve their goals through communication about effort, learning, and persistence.

The Kumon Method is designed to improve persistence, confidence, study habits, discipline, and their problem solving and critical thinking skills which are so important in life. Consistently ranked as Kumon's top instructor Nationally, Ms. Bhamini Makwana has been developing Growth Mindset in students for last 17 years!

Come see how we can help your child succeed at Kumon of Naperville South (95 & Rt. 59) and Kumon of Aurora S.E. (Eola & Ogden) at (630)-926-8538 or visit [www.growthmindsetguru.com](http://www.growthmindsetguru.com). Mention GLANCER & Save \$25.



## Thermalift Face Tightening Package

Special Intro Price

Just \$69\*

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\* Thermalift - Introductory Price of \$69 (a \$250 value) for one session of this 45-minute face tightening process. One per person. New clients only. Choose either \$69 introductory offer (Thermalift or Ultrasonic Cavitation).

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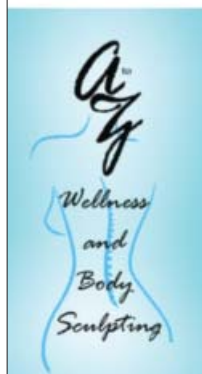
See Immediate & Measurable Results within Just One Hour

- Non-Invasive
- Pain Free Fat Reduction
- No Surgery, No Downtime

\* Ultrasonic Cavitation - Introductory Price of \$69 (a \$250 value) for one session of three step process: Liposculpt (15 minutes), Ultrasonic Cavitation (15 minutes), and Thermalift (15 minutes) on abdomen. One per person. New clients only. Choose either \$69 introductory offer (Thermalift or Ultrasonic Cavitation).

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Submitted by Nesreen Suwan, M.D

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We also provide Dermal fillers that provide an FDA-approved solution to smoothing out unwanted age lines and adding volume beneath the surface of the skin, where volume loss caused sagginess and aging features. There is no downtime, and their effects can be seen immediately, and patients are wowed with the way they look after injections.

There are many types of dermal fillers. The right product is chosen based on the condition you wish to address. Botox works very well in smoothing expressive wrinkles in the upper face. PDO thread lifting is considered the best non-invasive procedure For neck & jawline treatment.

Although PDO Threads can be inserted almost anywhere, one area where they are especially effective is the neck and jawline. The lower third of the face is challenging to treat effectively with botulinum toxin or injectable fillers, which are most effective in the upper and middle third of the face, respectively.

Threads are fully absorbed by hydrolysis within 4 to 6 months and doesn't create any scar tissue. The foreign body stimulates collagen synthesis and the skin structure created will hold for another 12 to 15 months.

**ABOUT THE DOCTOR** Dr Suwan is a medical doctor, cosmetic and anti-aging specialist with extensive certifications in cosmetic procedures, Botox, Dermal fillers/ liquid facelift, vampire PRP facelift, PDO thread face / neck lift, FRACTORA and Radio Frequency face/ neck lift and tightening. Medical and cosmetic laser procedures, laser and PRP hair restoration. Prescription med for weight loss, supplements, meal replacement programs. Laser, CoolSculpting, ultrasound and Radio frequency, for body contouring. For more info [www.forever25.com](http://www.forever25.com) or call (630) 420-8080.



## Spotlight On!

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### All About Alopecia

TUBELLA HAIR STUDIO—Alpoecia is a misunderstood autoimmune condition that includes Alopecia Areata, Alopecia Totalis, or Alopecia Universalis. Nearly 5 million Americans (2% of the population) are affected. The cause is un-

known and there is no cure. Alopecia is highly unpredictable, as hair loss and regrowth can occur at any time. The only positive is that there is new technology to recreate someones natural hair and scalp and it's available at TuBella Hair Studio in Lisle through their new partner company Cesare Ragazzi. They have developed a 3D printed hair prosthetic. Visit online today for more details!

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## Welcome to Wellness

### A TO Z WELLNESS AND

**BODY SCULPTING** – Since 1989, Dr. Adriana Zabrosky has been serving patients by delivering excellent chiropractic care and helping them maintaining a healthy nervous system. "I am so pleased to have had a long relationship with my patients, their family members, their friends and neighbors. I decided to add body-contouring technology to my practice and the results have been terrific! Now, not only do they feel good, but they look good too!" said Dr. Zabrosky.



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### Personal Training

**Q** Is spot reduction a real thing? I have multiple problem areas I would like to target.

Spot reduction is a myth. In a perfect world you would just tell your body your bad areas and just like that you could fix them. But in reality it does not work this way. Your best plan is to do full body workouts and just add in some extra work for those problem areas. Many problem areas are just spots in which you need less body fat. In order to reduce body fat you need to eat lean and do full body resistance training workouts.

**ABOUT THE WRITER** Hank Ebeling is the Owner and Lead Coach at H4 Training. His training systems have helped countless clients achieve their goals and get into the best shape of their lives. Hank has a Bachelor of Science degree in Kinesiology from University of Nevada-Las Vegas, and is certified by the American College of Sports Medicine. Hank has been in the training industry for 8+ years working on his craft at numerous health clubs and private training studios. With a passion for fitness, he strives to empower his athletes and clients with knowledge so that they may continue to improve throughout their lives.

### Service With a Smile!

GLEN ELLYN DENTISTRY— Owner, Dr. Charise Petrelli has been practicing dentistry since 2002. She is skilled in all aspects of general and cosmetic dentistry and enjoys treating patients of all ages.

Glen Ellyn Dentistry boasts the latest technological advancements and is completely paperless supporting a greener environment. They only use digital x-rays, which contain 80-90% less radiation than traditional film x-rays. The newly expanded staff, which includes new associate dentist, Dr. Christopher Zwiercan, takes great pride in knowing their patients individually and treating them like family.

Beyond traditional services, Dr. Petrelli offers Velscope Vx Oral Cancer Screenings, Xylitol products which help prevent cavities, Philips ZOOM!, professional teeth whitening options, and a variety of Sonicare electric toothbrushes. Now offering extended hours, contact Glen Ellyn Dentistry today. -Kristen Kucharski

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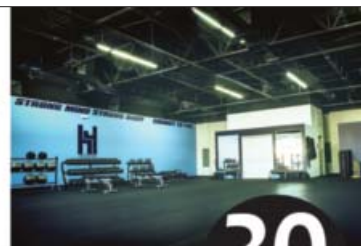


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# Spectacular

PLACES FOR TASTY GIFTS THEY'LL LOVE

Everyone loves tasty gifts for the holidays and this month we are unveiling just where to find them! Whether you are in search of something special for a friend or loved one— or even a special hostess, teacher, babysitter, mail carrier or neighbor— the gift of tasty treats always goes a long way. This year we encourage you to shop local at these west suburban favorites. Here is our list of 7 Spectacular Places for Tasty Gifts They'll Love.



Small Cakes

1.

## 1. SMALLCAKES: A CUPCAKERY OF NAPERVILLE

Two Locations In Naperville  
This unique bakery serves up delectable desserts that are skillfully decorated and carefully baked. Treat the sweet tooth on your list to some scrumptious cupcakes or a gifts card they can use in the future. From seasonal favorites to custom birthday and wedding cakes, their baked goods are a delightful addition to any celebration. With a variety of yummy options in he shop, featuring 18 tasty flavor combinations each month, you will for sure be able to find a tasty gift here.

[www.cupcakeshopnapervilleil.com](http://www.cupcakeshopnapervilleil.com)

3.

## 3. THE SUGAR PATH

Located in Geneva

Nothing says "I Love You" at Christmastime than a cupcake treat. This local bakery offers old fashioned favorites like Vanilla Bean and Simply Chocolate, plus other unique choices such as Holiday Squiggle, Scarlett, Milk n Cookies, Snowball, The King, Peppermint Bark, Hot Cocoa, Vanilla Holiday Glitterbomb and many more! Offering old-fashioned cakes, cupcakes, cookies & pastries in daily flavors. [www.thesugarpath.com](http://www.thesugarpath.com)



The Sugar Path

5.

## 5. INGRAM'S BUSY BEE BAKERY

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7.

## 7. SWEET TEMPTATIONS DESSERT COMPANY • Located In Yorkville

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[www.fuzziwigscandyfactory.com](http://www.fuzziwigscandyfactory.com)



Fuzziwig's  
Candy Store

2.

4.

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Located In St. Charles

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