

7 Spectacular! PLACES FOR HOLIDAY GLITTER N' GLAM

*West Suburban Chicago.... At a Glance*

# Glancer®

M A G A Z I N E

**Early Dec 2017**  
Vol 16 / Issue 150  
West Suburban Edition  
[www.GlancerMagazine.com](http://www.GlancerMagazine.com)  
Publishing Twice Monthly

12 DAYS OF  
*Beauty*

GLITTER  
*Gowns*

SPA-LA-LA-LA  
*Relaxation*

GIFTS  
*& glam*



BEAUTIFUL  
GIFT IDEAS  
2017 Holiday  
Gift Guide

A West Suburban Focus Featuring Local Faces + Places



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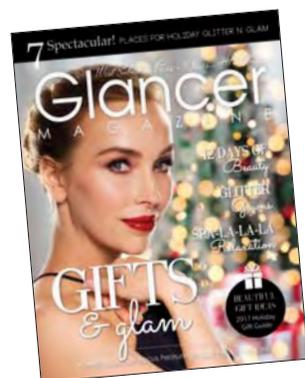
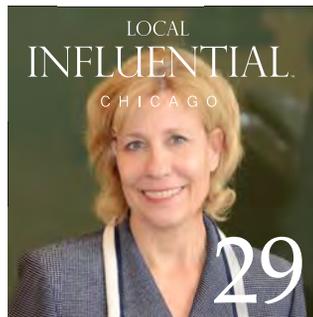
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**West Suburban Edition**  
DECEMBER 2017, Early Edition | Vol 16  
Glam Gifts  
Featuring 12 Days of Beauty, Glitter  
Gowns, Spa-La-La-La Relaxation,  
Holiday Events and More

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# Early Dec 2017



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# Glancer

MAGAZINE

**A West Suburban Focus**  
Featuring Local Faces & Places

**COME OFF THE ROTATION**  
LIST & STOP MISSING OUT ON  
GREAT MONTHLY ISSUES!

Thank you to the many residents who have subscribed to our west suburban magazine, featuring local faces & places. Glancer Magazine is sent twice monthly complimentary on rotation, but to get **all 24 issues annually**, you need to subscribe. You are missing so much! We are excited to grow our pages and our west suburban footprint delivering more of what you enjoy— photos, columns, faces & places.

Glancer Magazine Reserves All Rights. 2017

## Don't Miss a Single Issue

- YES! Send Me 24 Issues of Glancer Magazine for Just \$21 - Visit us Online for a List of Upcoming Issues**
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# Hello!



Badgley Mischka Gold Sequin Sheath Dress Rent The Runway

## GIFTS, GLAM, GLITTER GOWNS & MORE!

It's time to celebrate the season with friends, loved ones and co-workers. From holiday parties to New Year's Eve celebrations, there will be plenty of reasons to get glammed up over the next few weeks and that's why you'll love this issue! As you turn the pages, you'll glance festive finds and trendy styles to help you get glamorous for the holidays. Start by treating yourself to 12 Days of Beauty! On page 12 you'll find a unique invitation from local area beauty-inspired establishments—there is one for each day.

Once you are feeling as beautiful as ever, don't be afraid to take glamorous all the way with an elegant gown and jewelry to match. West Suburban Chicago has many shops where you can find the perfect dress such as Special Occasions in Batavia, Bri Zan Couture in Naperville, Niala Conte in Geneva, and more.

But if you're on a budget and looking to try something unique and different, visit [www.RentTheRunway.com](http://www.RentTheRunway.com) and browse the variety of options available. You'll love that other shoppers have uploaded photos of them in the same dress style so you can see what it looks like on typically figured women rather than just models. This site is a lot of fun—I've tried it before and loved it—such a fun way to shop and totally affordable.

If you love this issue, you'll love the next issue set to arrive in just two weeks. It's themed *15 Most Charitable Women of 2017* and it will be awe-inspiring! Be sure to subscribe to our printed publication so you don't miss a single feature, photo or fabulous invitation. When you become a paid subscriber, Glancer Magazine will be delivered directly to your mailbox at home twice monthly, and you will come off of the rotating trial list. We will be publishing 24 issues again in 2018 with our annual Healthy Vibes issue kicking off the new year. Many more captivating themes will follow including *The Besties Issue*, *Fit N' Happy Kids*, *It's Porch Party Time*, *20 Under 35*, *Cozy House* and many more. Request an editorial schedule today! If you are interested in joining our writing team, please send your writer's resume to me at [lkleivo@glancermagazine.com](mailto:lkleivo@glancermagazine.com) for review.

Please remember to celebrate the season safely. Happy Holidays to you and yours and thank you so much for reading.

*Lindy*



Lindy Kleivo  
Publishing Director, West Suburban Area  
Content • Sales • Marketing



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WEST SUBURBAN EVENT HIGHLIGHTS

# On the go

## BREAKFAST WITH SANTA AT PHEASANT RUN RESORT Sunday • December 3, 10, 17

A holiday tradition! In the New Orleans Ballroom at everyone's favorite. Stroll through the Christmas Light Spectacular on Bourbon Street courtesy of iPANic Escape Rooms, decorate cookies, and leave your list with the man in the red suit! Omelet station, carving station with roasted prime rib, plus all your breakfast favorites. Sunday, December 3, 10, and 17 • 9am-1pm \$24.95 Adults | \$12.95 Children 5-12 \*Does not include tax or gratuity. Reservations Recommended. Call (630) 584-6300. Visit [www.pheasantrun.com](http://www.pheasantrun.com) for more information and other great holiday-themed events.

## GENEVA CHRISTMAS HOUSE TOUR • December 1 & 2

Enjoy five lovely, exquisite Geneva homes decorated in holiday splendor by local decorators. These homes will open to visitors for self-guided tours from 11am-8pm on Friday, Dec. 1 and 11am-5pm on Saturday, Dec. 2. Tickets include a traditional holiday tea and a booklet with delightful Christmas decorating and entertaining ideas for every corner of the house. Tickets are \$35 per person. Proceeds are used to decorate Geneva for the holiday season. [www.genevachamber.com](http://www.genevachamber.com)

## MOOSEHEART HOLIDAY LIGHTS Through December 31

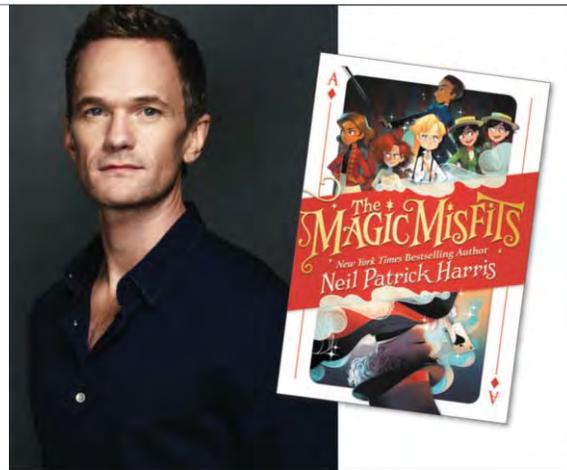
Join in on the colorful fun for the 7th Annual Holiday Lights display, opening on Friday, November 24 and running 5-9pm nightly through Sunday, December 31. Holiday Lights at Mooseheart is one of Chicagoland's largest light displays! The lighted route is approximately 1.8 miles and has more than 80 lighted displays to view. It's so much fun for the entire family. For a list of FAQs visit [www.mooseheart.org/event/holiday-lights/](http://www.mooseheart.org/event/holiday-lights/)



## NAPER LIGHTS

### Happening All Month Long at Naper Settlement

Stroll the museum grounds and experience a magical holiday lights celebration! Naper Lights, presented by The Sunrise Rotary Club of Naperville, will be open Thursdays from 4-7pm, Fridays and Saturdays from 4-9pm and Sundays from 4 to 6pm from Nov. 24 to Dec. 17. Guests will also be able to enjoy Naper Lights from Dec. 18 to 23 Sunday through Thursday from 4-8pm and Friday and Saturday from 4pm-9pm. The lights will be viewable from outside of Naper Settlement from Dec. 24-26. Admission is free. Visit [www.naperlights.com](http://www.naperlights.com).



## NEIL PATRICK HARRIS

### Presentation only • Friday, December 8

Multi-talented actor of stage and screen Neil Patrick Harris visits with his new middle grade children's book, *The Magic Misfits*. The author is also the past president of the Academy of Magical Arts. Tickets exclusively at [www.NPHAndersons.brownpapertickets.com](http://www.NPHAndersons.brownpapertickets.com). Event held at 7pm at Bobak's Signature Events, 6440 Double Eagle Dr., Woodridge. Hosted by Anderson's Bookshop.



## THE WAILERS AT NORTH CENTRAL COLLEGE • January 27

The legendary Wailers band returns to bring its revolutionary sound to fans around the world. Steered by famed bassist and founder Aston "Familyman" Barrett and joined in solidarity with original Wailers' guitarists Julian Junior Marvin and Donald Kinsey, The Wailers continue to make musical history. Don't miss this once in a lifetime experience on Saturday, January 27 at North Central College. For tickets visit, [www.northcentralcollege.edu/tickets](http://www.northcentralcollege.edu/tickets).

## STEEPLE WALK IN GENEVA • December 3

The 9th annual Steeple Walk is sponsored by the Geneva Cultural Arts Commission. From 2-4:30pm the United Methodist Church (Scott Stevenson on piano), the First Church of Christ Scientist (EnsAmble Ad-Hoc, who focus on Renaissance and Baroque music), Geneva Lutheran Church (Glen Ellyn-Wheaton Ensemble) and Unitarian Universalist Church (Batavia High School Madrigal Singers) will participate. Cost is \$12. Attendance by children under six years of age is not recommended.

## HAPPENING DOWNTOWN WHEATON ALL MONTH LONG

**HOLIDAY CARRIAGE RIDES**  
Enjoy complimentary, horse drawn, carriage rides throughout scenic Downtown Wheaton.  
December 9 • 12-3pm  
December 16 • 12-3pm  
December 23 • 2-3pm



## VISITS WITH SANTA

Nestled between the Christmas tree and Old Train Station is Santa's (satellite) Wheaton house. Come pay him a visit as he gets ready for Christmas! Martin Memorial Plaza, 134 W Front St., Downtown Wheaton.  
December 2 • 10am-1pm  
December 9 • 10am-1pm  
December 16 • 10am-1pm  
December 23 • 10am-1pm

To List Your Event In 2018 Contact Us at [promotions@glancermagazine.com](mailto:promotions@glancermagazine.com)

## www.GLANCERGOTOGUIDE.com

Visit our online Go-To Guide today for the hottest events, local businesses, coupons and more! Become a registered Glancer for a chance to win fun prizes. It's free to residents & business memberships are just \$19/month. How fun is that? Businesses can list events, coupons, photos and get reviewed by registered Glancers. #ClickLoveForYourFavorites ♥



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# Santa Houses

PRESENTED BY **Woody** NAPERVILLE  
BUICK | GMC

Take a magical trip to visit Santa on the Naperville Riverwalk at Jackson Ave. and Webster St.

**Admission is free!**

General Hours of Operation • December 1-3 • 8-10 • 15-17 • 19-23 :  
Mon.-Fri.: 4:00-8:00 p.m. • Sat. & Sun.: 12:00-6:00 p.m.

Special Nights\* • 5:00 - 8:00 p.m.:  
\*Reservations are required at [napervilleparks.org/santahouse](http://napervilleparks.org/santahouse)

December 4-6 & 14 • Special Needs Nights  
December 11 • Pet Night  
December 12 • Military & First Responders Night

For more information visit  
[napervilleparks.org/santahouse](http://napervilleparks.org/santahouse)

## The Christkindlmarket Returns to Naper Settlement!

**November 24 through December 24**  
523 S Webster Street

• Food • Fun • Holiday Cheer

We'll see you there!

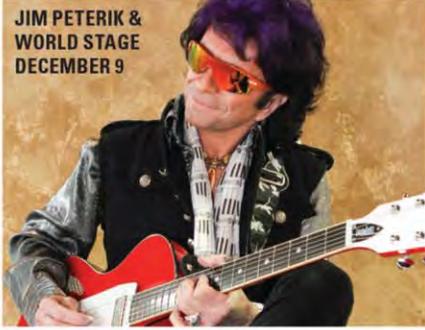



Open select days | More information:  
[www.christkindlmarket.com/naperville](http://www.christkindlmarket.com/naperville)

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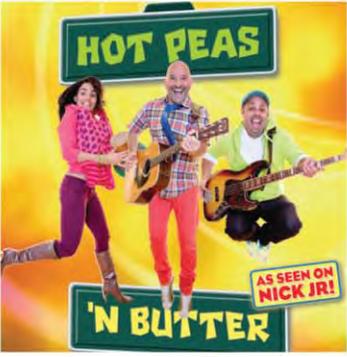


**THE TENORS**  
*Christmas Together*  
**DECEMBER 15**



**JIM PETERIK & WORLD STAGE**  
**DECEMBER 9**

**HOT PEAS 'N BUTTER**  
"HOLIDAYS AROUND THE WORLD"  
**DECEMBER 16**



**HOT PEAS**  
**'N BUTTER**  
AS SEEN ON NICK JR!



**THE WAILERS**  
**JANUARY 27**

FOR A FULL SEASON LINEUP AND TO GET TICKETS VISIT  
[northcentralcollege.edu/tickets](http://northcentralcollege.edu/tickets)  
BOX OFFICE: TUESDAY - FRIDAY, 10 A.M. - 6 P.M. • 630-637-SHOW (7469)

ILLINOIS ARTS COUNCIL AGENCY  
These programs are partially supported by a grant from the Illinois Arts Council, a state agency.

**NORTH CENTRAL COLLEGE**  
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Founded 1861



**YOU'VE BEEN GLANCED AT....**  
**Wheaton Holiday House Walk (Nov 11)** – Guests ignited their holiday spirit and design inspiration. The event featured four spectacular Wheaton homes– each with a unique style that dazzled and invigorated visitors with new design ideas. This fourth annual fundraiser featured beautiful styling from various area merchants who created everything from captivating porches to mesmerizing tables. Each home was decorated in a theme: 2 fall, 1 Christmas, and 1 winter. Such a wonderful community event benefiting Wheaton North's award-winning show choir, Flight. More details at [www.wheatonhousewalk.com](http://www.wheatonhousewalk.com).  
*Photos by Mike Catuara*

# scene around

## Suburbia™

You've Been Glanced!

facebook

More Event Photos:  
[www.facebook.com/GlancerMagazine](http://www.facebook.com/GlancerMagazine)



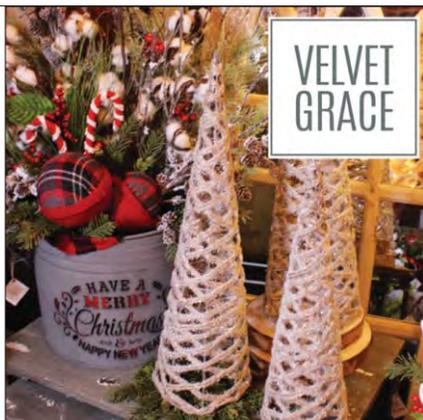
**YOU'VE BEEN GLANCED AT....**

**NJWC Shop & Give Ladies Night Out 2017 (Nov 9)**  
 Naperville Junior Woman's Club held their 8th annual Shop & Give Ladies Night Out at the Chicago Marriott Naperville on Thursday evening. A variety of unique vendors displayed their holiday must-haves while guests enjoyed meeting new friends and mingling with local enthusiasts. Emceed by Danielle Tufano of 95.9 The River, the night included live entertainment, spa moments, shopping, raffles, signature cocktails, appetizers, goodie bags, and more– including a dessert display like no other offered by Le Chocolat Du Bouchard. This event was held in support of Bridge Communities, Inc. To learn more visit the event page at 2017 NJWC Ladies Night Out - Shop & Give. *Photos by Mike Catuara*



HOLIDAY FUN 2017

# 5 Things to Do



## 1. SHOP FOR ALL THINGS BEAUTIFUL AT VELVET GRACE

OSWEGO—Are you ready for crisp air, hot chocolate, sweaters, and cuddling by the fire? Let Velvet Grace warm your holiday season with perfect amounts of cozy home decor, inspirational art, gifts, jewelry, and holiday-scented candles to treat yourself or someone special. Velvet Grace is a proud retailer of Annie Sloan Chalk Paint® and the boutique offers creative classes, perfect for a ladies night out! No artistic ability required- refreshments provided.

Velvet Grace, 4025 US 34 Oswego  
[www.velvetgrace.net](http://www.velvetgrace.net) • (630) 636-6570

## 2. HOLIDAY IN THE GROVE IN BEAUTIFUL SUGAR GROVE

Saturday, December 2 • All Day Long  
Holiday in the Grove is a festive community event that includes Breakfast with Santa and many other holiday activities throughout the day in Sugar Grove. Holiday in the Grove was established to continue to run the Sugar Grove Community Christmas festival. This volunteer-ran event is the highlight of the year for the entire community. We hope to Glance you there. [www.holidayinthegrove.org](http://www.holidayinthegrove.org)



## 3. RING IN THE NEW YEAR AT PHEASANT RUN ON NEW YEAR'S EVE

ST CHARLES—Ring In 2018 at Pheasant Run Resort! Packages include an upscale gala with dinner, drinks and a band, a dance party with drinks, and a night of dining and laughter at Zanies. Options include a champagne toast and balloon drop at midnight. Those who prefer to head home at midnight can enjoy dinner, comedy, or the dance party. Pheasant Run is THE New Year's Eve celebration location. See all package options at [www.pheasantrun.com](http://www.pheasantrun.com).



## 4. SANTA @ THE SETTLEMENT

Get in the spirit this holiday season by visiting Mr. and Mrs. Claus at Santa @ the Settlement taking place on Dec. 2, 9 and 16 from 9am-12pm. Visitors will be able to share their wishes in their letter to Santa, craft two ornaments in Santa's Workshop and prepare a magical treat for Santa's reindeer in the Reindeer Food Factory. Be sure to visit Mrs. Claus' Bakery to help her decorate cookies, then gather around for story time. Bring your cameras for a special photo with Santa. Admission is \$15 per person and \$13 per member. Children under 1 year old are free. Registration is required. To register or for more information, call (630) 420-6010. *Naper Settlement's winter programming is provided by The Stenger Devermann Group at Morgan Stanley.*



## 5. CHRISTKINDLMARKET NAPERVILLE RETURNS THIS YEAR

The Christkindlmarket is one of the most spectacular outdoor events in the holiday season. Let your family discover this festive German and European tradition with international flair and local charm at Naper Settlement. Enjoy high quality gifts and food and create lasting memories! Running through December 24: Thurs 11am-7pm, Fri & Sat 11am-9pm, Sun 11am-6pm Also open: December 18-21 11am-8pm, December 24 11am-4pm Explore special events and entertainment at [www.christkindlmarket.com/naperville](http://www.christkindlmarket.com/naperville).

TREAT YOURSELF TO GLAM

# 12 DAYS OF Beauty



Nanette's Boutique

## Shop & Give Back

**DAY #1 • GIVE BACK BY SHOPPING AT NANETTE'S**  
Known as the "Giving Boutique" this west suburban shop has beautiful items and adorable gifts for all occasion with new items arriving weekly! Be sure to visit today and support the many charities that Nanette's gives to throughout the year. Formerly in Yorkville, the boutique is now located in Sugar Grove. Nanette's has made each of the selected lines affordable, providing quality and services similar to a high end store on Michigan Avenue with warmth and a personal shopping experience. *Nanette's, 50 Cross Street, Sugar Grove*



## Relax with a Facial

**DAY #3 – REJUVINATE WITH A RELAXING FACIAL**  
This local salon & spa loves to spoil their facial guests with soothing music, heated beds, personal consultations and fabulous results. By adding ZANO facial treatments to your regular maintenance routine, you can actually change the texture of your skin and make it appear brighter, smoother and tighter. Younger. Fresher. More like the "you" you want to see in the mirror. Zano's does this by providing the latest technologies in healthy skin care. Treat yourself this season to a Zano's facial! Check website for available promotions. *4 West Suburban Locations*  
[www.zanosalons.com](http://www.zanosalons.com)

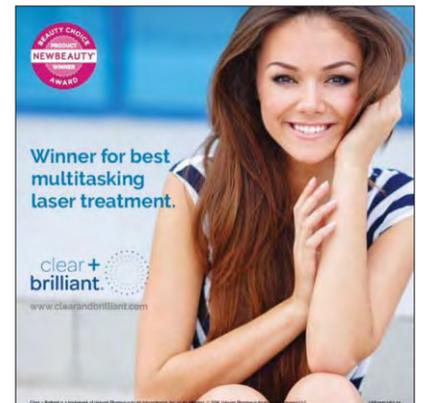
## Enjoy 20% Off

**DAY #2 – VISIT A NEW SALON & BOUTIQUE**  
Come check out the new local salon, Salon b. Salon b is the perfect one stop shop and holiday destination. Not only can you get beautified by their outstanding stylists, but you can also shop the hottest trends that make perfect gifts. Some of their most popular items include Ambre Blends, Mantra Bands, The Giving Keys, as well as R+Co products. As a special gift, Salon b will be offering 20% off your first service. *Salon b, 4151 McCoy Drive, Suite 111, Aurora (Near The Foundry) • (630) 820-2398 • [www.wersalonb.com](http://www.wersalonb.com)*



## Treat Your Skin

**DAY #4 – TAKE SPECIAL CARE OF YOUR SKIN**  
Ariano Gray Dermatology is a full service general and cosmetic practice. Dr. Moira Ariano and Dr. Arthur Gray treat patients of all ages in a beautiful office space conveniently located with easy parking/access. Holiday Gift Certificates are available for use toward treatments and products. FREE gift with Clear & Brilliant treatment scheduled in December! FREE product or service consultations with our esthetic provider Patty Moore. *Ariano Gray Dermatology, 2323 Naperville Road, Suite 120, Naperville • (630) 462-8680 • [www.arianograydermatology.com](http://www.arianograydermatology.com)*





## Try This Beauty Trend

### DAY #6 – BE TRENDY WITH MICROBLADING

The latest and best boldest beauty trend to hit our brows worldwide is known as Microblading. Put your brow pencils down, you're going to want to hear this from the Phibrow expert. Phibrow Microblading is a manual hand method of permanent cosmetics for your eyebrows which creates extremely fine natural looking hair strokes. The results? Perfectly natural thick, full brows. The pigment is applied with a specific Phibrows tool that is implanted in the skin to transform over-plucked, sparse eyebrows, and no eyebrows, to thick feathery, beautiful bold shapely brows lasting one to three years. It's time to say goodbye to waxing, threading, and brow products and welcome the fabulous work of art called "Phibrow Microblading" *Wasan Ahmad, Phibrow Artist By PhiAcademy* [www.elbornocenters.com](http://www.elbornocenters.com)



## Choose a Lava Bead Bracelet

### DAY #7 – CHOOSE A SPECIAL BRACELET JUST FOR YOU

New at Jeans and a Cute Top Shop! Lava bead bracelets are in stock and make the perfect addition to your jewelry collection. You can add essential oils to the lava beads, making these a popular favorite. These also make a perfect gift for someone special in your life.

Available at Jeans and a Cute Top Shop  
St. Charles • Downers Grove • Wheaton  
[www.jeansandacutetopshop.com](http://www.jeansandacutetopshop.com)

## Get a Brighter Smile

### DAY #5 – ENJOY A WHITER, BRIGHTER SMILE

There's no better time than now to brighten your smile! Valley View Dental can help. Depending on the whitening method you choose, results can be dramatic: in-office whitening, for example, can lighten teeth three to eight shades in a single hour. WOW! Instant gratification is the best gift.

Locations in Naperville, Romeoville & Montgomery.  
[www.vvdental.com/library/7756/TeethWhitening.html](http://www.vvdental.com/library/7756/TeethWhitening.html)



## Accessorize Beautifully

### DAY #8 – SHOP FOR THE TRENDIEST WINTER ACCESSORIES

From beautiful hats, gloves and scarves to handbags, jewelry and more– you'll love all that's available at Jeans and a Cute Top Shop. With new items arriving weekly, you'll love shopping at this festive and fun boutique. Conveniently located and loved by all! ♥

Jeans and a Cute Top Shop  
St. Charles • Downers Grove • Wheaton  
[www.jeansandacutetopshop.com](http://www.jeansandacutetopshop.com)



## Refresh with GlamGlow

### DAY #9 – ONE OF THE BEST MASKS ON THE MARKET

The GRAVITYMUD™ Firming Treatment is an innovative face mask that changes color from white to a brilliant chrome. The included mask application brush delivers an even coat to the face, which peels off the skin to visibly tighten and lift for a youthful-looking complexion. The skin's contours are given a defined and radiant look. It's simply amazing. Available at Sephora locations and at [www.Sephora.com](http://www.Sephora.com)



## Be Warm with Stylish Boots

DAY #10 – REMEMBER YOUR LOVE FOR UGG BOOTS The snow is coming! Be prepared for the season with trendy UGG Boots available at a local boutique in Wheaton. Such a fabulous array of UGG styles to choose from. Have fun! *Miroballi Shoes, 124 N Hale St, Wheaton, [www.miroballishoes.com/shop/](http://www.miroballishoes.com/shop/)*

## Shop for Paris Chic

### DAY #11 – PARIS CHIC IN THE SUBURBS

This "Tempo Paris" raglan sleeve sweater with flounce tunic is both feminine and functional with an irresistible french flair. The beautiful ladies on your list will love it. Available at both *Crème de la Crème* locations - 4710-3 Main St., Lisle (630-968-2500) and 686 Roosevelt Rd, Glen Ellyn (630-545-1100).

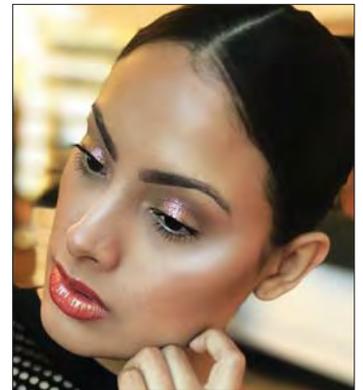


## Beautifully with Mac

### DAY #12 – PLAN A TRIP TO THE MAC STORE

Mac's 2017 Holiday Set is simply stunning. Enjoy a festive glitter kit complete with 12 lipstick minis, snowflake embossed highlighters, falsies and so much more– plus limited edition packaging making it that much more special.

Mac Cosmetics,  
108 W Jefferson Ave,  
Naperville, (630) 637-3350



# Gifts to Love



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Great Gift Ideas  
for Everyone  
On Your List.....



## Give the Gift of Good Taste

NAPERVILLE— OPEN HOUSE Dec 1st, 12-9pm, 15% Off All Cash & Carry Items. Come see Twisted Olive's holiday selections including many new items. Featuring Whimsical wares from Mud-Pie, Chocolate Storybook, Stone Wall Kitchen, Bella Cucina and much more. Visit Twisted Olive at Christkindl Market in Naperville all season long!

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(630) 778-9550 • [www.twistedoliveimports.com](http://www.twistedoliveimports.com)



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Main Street Promenade  
55 S. Main St., Suite 351, Naperville  
(630) 544-3372 • [www.downtownnaperville.com](http://www.downtownnaperville.com)



### A Gift of Family Fun (with learning built in)

NAPERVILLE—Give the Gift of DuPage Children’s Museum Membership! One year of membership adds up to a lifetime of memories and unlimited opportunities. It’s the gift that won’t get broken, no batteries needed, and it’s sooo EASY! Give your loved ones the gift of play and let them unwrap the wonders of building, learning, exploration, discovery, and more. Gift memberships can be purchased online, in-person, and over the phone.  
[www.dupagechildrens.org](http://www.dupagechildrens.org), (630) 637-8000



### The Gift of Relaxation with Elements Massage Geneva

GENEVA—Relax, you’ve found the perfect gift at Elements Massage. The most wonderful time of the year can also be the most stressful. When you give the gift of massage The Elements Way™ you’re giving your loved one a personalized session of bliss that promotes relaxation and less stress. After all, ‘tis the season to Let Yourself Go! Call or visit our website for a variety of holiday gift card and package specials.

Elements Massage, Geneva  
[www.elementsmassage.com/geneva](http://www.elementsmassage.com/geneva) • (630) 232-7335



### Celebrate the Season at The Sipping Muse

WHEATON—Located in beautiful downtown Wheaton, The Sipping Muse Paint & Sip Studio invites you in for the holiday season. Give the gift of a fun night out! PLUS—Enjoy 20% off your January public canvas event. Enter code GLANCERJAN20 during checkout. A Creative Arts & BYOB Studio Where FUN is Your Muse

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 (630) 949-8565 • [www.thesippingmuse.com](http://www.thesippingmuse.com)  
[thesippingmuse@gmail.com](mailto:thesippingmuse@gmail.com)



### Vomfass Naperville—Many Great Gift Ideas!

NAPERVILLE— Located in downtown Naperville, Vom Fass (from the Cask in German) offers the finest spirits (Scotch, Whiskey, Vodka, Gin, Rum), brandies, liqueurs, wines, fruit balsamic vinegars, extra virgin olive oils, nut & seed oils, and more! Amazing products and flavors from around the world. . . and the best part is that you get to sample before you decide which wonderful choices you will bring home. You’ve got to get in here!

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 121 S Washington St, Naperville  
[www.naperville.vomfassusa.com](http://www.naperville.vomfassusa.com)



## A NAPERVILLE TRADITION...GIVE THE GIFT OF GOOD TASTE!

### New Items!

Come see our holiday selections including many new items! Featuring Whimsical wares from Mud-Pie, Chocolate Storybook, Stone Wall Kitchen, Bella Cucina and much more! For this special time of year, put Twisted Olive under the Tree for those you love!



STONEWALL KITCHEN



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Visit Us at  
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Christkindlmarket - thru Dec. 24  
Santa @ the Settlement - Dec. 2, 9, & 16  
History Speaks Lecture Series:  
An Old-Fashioned Christmas - Dec. 10

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# KID STUFF

The holidays are here! What a fun and festive time for the kids. With events and activities happening all over the suburbs—each just as merry and bright as the next—we're here to introduce them to you. Featuring fabulously festive events and activities, it's no wonder why this page is loved just as much as Santa on Christmas Eve. Enjoy! share...share....share!



## Santa House On the Riverwalk

**NAPERVILLE**— This year, take a magical trip to visit Santa on the Naperville Riverwalk at Jackson Avenue and Webster Street. Admission is free. Photos can be purchased for \$8 each or two for \$15. Don't miss this unique opportunity to visit Santa this year! *Naperville Park District*, [www.napervilleparks.org](http://www.napervilleparks.org)



HO! HO! HO!

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**HOLIDAY GIFT CERTIFICATE**—This is a great time of year to give the gift of horses! Please call or email to purchase your Gift Certificate today. (630) 800-8422 – Prices & more details at [www.trillionequestrian.com](http://www.trillionequestrian.com).  
*Trail rides, one-time rides & parties not offered.*



## Brunch with Santa at Brookfield Zoo

**Sunday • December 10**

Bring your appetite to Brookfield Zoo for a delectable all-you-can-eat holiday brunch. Enjoy an appearance by Santa and Mrs. Claus and costumed characters, all of whom will be available for photos. Seating is limited. For additional information and to make the required reservations, go to [CZS.org/Events](http://CZS.org/Events) or call (708) 688-8355.



Blackberry Farm

## The Holiday Express at Blackberry Farm

**Dec. 2-3, Dec. 8-10 and Dec. 15-17**

**AURORA**—The Holiday Express train is welcoming all aboard during the first three weekends in December at Blackberry Farm for its Yuletide celebration, with thousands of glittering lights, festive activities throughout and the jolly presence of Santa and his elves. Tickets on sale now! [www.foxvalleyparkdistrict.org](http://www.foxvalleyparkdistrict.org)



## Walk on the Wild Side at DuPage Children's Museum

**NAPERVILLE**—Every visit to DuPage Children's Museum is a new adventure where families can revel in play together, creating memories that will last a lifetime. Explore, create, build, wonder, discover, think, play, and more. The opportunities are endless! Do you want to take a walk on the wild side? Join us to ring in the New Year with a ROAR at the Museum's 2017 Bubble Bash New Year's Eve celebration on Sunday, December 31, 9am–Noon.

[www.dupagechildrens.org](http://www.dupagechildrens.org), (630) 637-8000



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*Celebrate Christmas in Downtown Wheaton  
in December*

**Living Wheaton Christmas Festival  
December 2nd • 7:30am-9pm**

The Reindeer Run, holiday treats, caroling,  
and family activities throughout the day

**'A Gift to Remember'  
Wheaton Christmas Art Walk  
December 12th-24th**

12 fine art pieces displayed in selected shops  
that tell the Biblical story of Christmas

*Celebrate Christmas in Downtown Wheaton  
in December*

**Holiday Gingerbread House Contest  
December 16th • 10am**  
Wheaton Public Library

**Santa visits & complimentary  
horse and carriage rides**  
are offered each

**Saturday from 12pm to 3pm  
starting Nov. 25-Dec. 23rd**  
at Martin Memorial Plaza on Front Street.

MONTHLY FEATURE

# Literary Locals

## Barbara Lipkin, Naperville BELLA SARVER MYSTERY SERIES

Barbara Lipkin, a long-time resident of Naperville, has always enjoyed writing stories, short and long, but never worked on getting them published. Recently, a friend introduced her to a local chapter of NANOWRIMO (National Novel Writing Month), a group that challenges its members to write a novel of at least 50,000 words in the month of November. She took up the challenge, and wrote a draft of *Painting Lessons*, the first book in her published Bella Sarver Mystery Series.



MONTHLY COLUMN

## Mom's Little Black Book

### CALLING ALL ADRENALINE JUNKIES

If your kid is over 4'6", you are probably ready to let loose and release your stress by speeding, bumping, and banging into them. Having teenagers of my own, I know I found our latest adventure playing WhirlyBall very therapeutic!



and I loved that my group of teenagers and twenty-somethings couldn't get enough of it; no eye rolling, no complaining, just good ole fun and giggles leaving us wanting more!

### OVERVIEW

To the delight of daredevils and adrenaline junkies everywhere, WhirlyBall combines unequal parts of basketball, lacrosse, and bumper cars all in one inside a 4,000 square foot court offering competition between teams as they bump, slam dunk, pass, and cross check one another.

WhirlyBall  
800 E. Roosevelt Road  
Lombard, IL 60148  
(630) 932-4800  
www.WhirlyBall.com

Hours: 11 a.m. to 11 p.m. Sunday through Thursday; 11 a.m. to 2 a.m. Friday and Saturday

Price \$: Court Rental: Monday through Thursday \$200 First Hour, \$180 Additional Hours; Friday through Sunday \$220/Hour. Walk-In Rates Per Half Hour \$15/player, 4-player minimum

If you haven't played, it's an absolute must for total entertainment with your kids; an interactive date night; an exciting twist on a Girls Night Out; the perfect corporate bonding party; or perhaps taking a family feud to the courts! Time-off during the holidays is the perfect time!

The game has been likened to lacrosse, basketball, and bumper cars all combined together. If laughter is the best medicine, you will feel incredible after this play date. Picture yourself in a bumper car with a stick as your steering wheel, while holding a hand-held scoop and trying to shoot a whiffle ball at a backboard. After a few trips up and down the court, you quickly become an expert driver and learn how to work with your team members to block shots, cut off those in pursuit of YOUR whiffle ball, and leave the court feeling exhilarated and empowered!

The game of WhirlyBall becomes quickly addictive and a professional referee ensures that even the most aggressive players stay in check. In between games, you can enjoy refreshing drinks at the full service bar or a quick appetizer and pizza to satisfy your hunger. While waiting your turn, you can also enjoy a game of pool, arcades, and even lasertag or bowling at some locations.

Being here feels like you are at an amusement park reliving childhood memories

### ABOUT THE WRITER

Naperville mom Kristen Kucharski graduated from Illinois State University in 1992 with an International Business Degree. She is married and has two energetic daughters and her house is always full of children. Kristen's column titled, Mom's Little Black Book, is a monthly feature written for moms who are looking for ways to keep their kids busy.



*Painting Lessons* is about an artist, Bella Sarver, who lives in the fictional town of Deer Creek, west of Chicago, and teaches painting. She takes her students on a painting holiday to Tuscany, and when one of them ends up murdered, Bella uses her knowledge of art and painting to discover "whodunit". Barbara's second book, *Brush with Death*, continues with Bella and her artist adventures, and of course, another murder to solve.

Although Barbara spent her career in nursing, she always enjoyed painting. After retiring, she began to seriously pursue that vocation. Her work can be found in many private and corporate collections and local art shows, and she also teaches painting at the Naperville Art League. Painting being such a passion of hers, she enjoys bringing it to life in many ways through her mystery series. Every time she starts writing a book, more ideas for new stories start bubbling up.

The Bella Sarver Mystery Series are published through Amazon's Create Space and Kindle Direct Publishing. They can be found on the Amazon website, through the Naperville Art League, the Local Author shelf at the Naperville Library. Just recently, Anderson's Bookstore in Naperville have also added the books to their collection. — Mindy Kyle



## Rumer Haven COATTAILS AND COCKTAILS

Born and raised in Bartlett, Colleen Keough Wagner has been writing and publishing books since 2014 under the pen name, Rumer Haven. Her current (and third) novel, *Coattails and Cocktails*, is a romance and mystery set in the 1920's in a mansion inspired by Colonel Robert McCormick's house at Cantigny Park in Wheaton.

Currently living in London with her husband, Ryan, it was a trip home to Illinois to see family that gave her the opportunity to tour Cantigny's historic grounds and first sparked the idea for the story setting. "I was always a fan of Agatha Christie," says Colleen, "and I wanted to write a murder mystery. *Coattails and Cocktails* is where Agatha Christie meets *The Great Gatsby*."

Originally a finance consultant, Colleen found that business never made her tick, so after a few years, she changed courses and earned a masters degree in education, going on to teach high school English. Once she moved to London, she found more time to write and pursue publication as well as working as an editor.

Her second novel written under Rumer Haven, *What the Clocks Know*, recently won First Place in General Fiction for the 2017 Red City Review Book Awards. These books, including her first one, *Seven for a Secret*, can be found on Amazon in both print and e-book format. — Mindy Kyle

# CAREER VISION

“Success depends upon previous preparation, and without such preparation there is sure to be failure.”

—Confucius



## Does your student need more “Stuff”?

As you think about gifts this holiday season, consider the real and lasting gift of self-knowledge. While valuable at any stage of life, learning how to engage their own talents or “gifts” can help young people make wise choices about their future education and work life. An equally important benefit is the confidence that comes with a clear sense of self and direction.

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# CARING and Sharing



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MONTHLY COLUMN

## To Give, To Inspire

### IN THE EYE OF THE STORMS

Our country has just been overwhelmed with mass destruction by multiple hurricane landfalls in these past few months. This is a personal subject for me, as I spent a lot of my growing up years in St. John, U.S. Virgin Islands at my grandparent's home – now an island that will never look the way I remembered it. In times like this, I am always astounded by the hearts of the people not affected and their efforts to provide relief efforts for their fellow man.



supplies for families in need. When Hurricane Harvey hit, they used the program to collect school supplies for the students in Houston. Seventeen schools housed bins to collect supplies, and Mayor Irvin and the City of Aurora donated trucks and warehouses to help organize, pack and ship over 200,000 supplies.

You may be thinking, what can I do? There really are a ton of options out there. American Red Cross and Hand in Hand are frantically raising funds for all the efforts as well as training volunteers to travel and help. There are many Go Fund Me Pages for all the different areas in need, including Puerto Rico and the US Virgin Islands. If you would prefer to send actual supplies, you can check with your local Red Cross offices and also find wish lists on Amazon.com for Red Cross that allows you to ship exactly what they need.

### Mindy's December Giving Inspiration:

Our humanity keeps us strong. Keep a look out for local businesses and efforts to help support our recent victims of natural disasters and tragic events. Or start one of your own.

### ABOUT THE WRITER

Mindy Kyle is the owner of Be Inspired Studios and is passionate about helping people discover what brings them joy and to live a full, healthy and happy life. She has her Masters in Fine Arts degree in creative writing from DePaul University and lives in Naperville with her husband, three children and the cutest dog in the land.



I found so many of our local businesses that got involved in the efforts. One Downers Grove business, Romexterra Construction, Fire and Water Damage Restoration took it upon themselves to collect supplies needed for Hurricane Harvey victims and loaded up their own trucks. Nick Duta (owner) and his sons, Alex and David, drove their two trucks down themselves. Nick Popescu, owner of Hermes NVC Trucking, generously donated a semi-truck and a driver to their efforts, and they began collecting for Hurricane Irma before it even hit. Fox Fire Steakhouse in Geneva was another local business that quickly got the wheels rolling and put together a fundraising dinner at their restaurant.

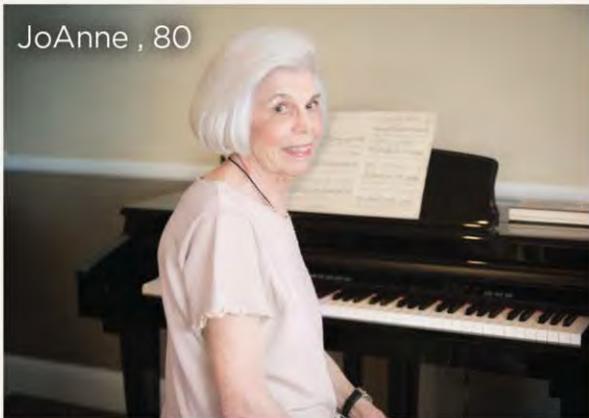
A unique effort coming out of the City of Aurora and Illinois Prairie School District 204, was originally created by Stephen Howser's sons, Ashton, Bryce, Camden and Vaughn. Last year, they created an organization called Supply Bucket that collected re-purposed school



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JoAnne , 80



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## Exercise And Pregnancy

Not long ago, pregnant women were advised to limit or eliminate physical activity. Today, we know that regular exercise during pregnancy is beneficial to both the mother and the baby. You should check with your doctor first, but pregnancy does not mean you have to give up your workouts. While it may not be a good idea to take up a challenging or dangerous exercise regimen when you find out you are expecting, you need to stay active. Pilates, yoga, water aerobics, swimming, walking, toning and other workouts are great for you and may even make an impact when it is time to push!

Chandrika S. Rao, MD, a board-certified obstetrician and gynecologist with AMITA Health Medical Group with office locations in Hinsdale and La Grange, IL. For more information, call 630.734-2634.



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## Thermalift Face Tightening Package

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\*Thermalift - Introductory Price of \$69 (a \$250 value) for one session of this 45-minute face tightening process. One per person. New clients only. Choose either \$69 introductory offer (Thermalift or Ultrasonic Cavitation).

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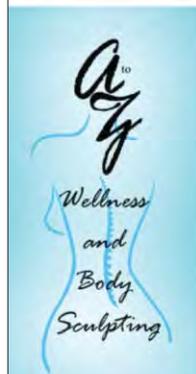
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- Pain Free Fat Reduction
- No Surgery, No Downtime

Special Intro Price

Just \$69\*

\* Ultrasonic Cavitation - Introductory Price of \$69 (a \$250 value) for one session of three step process: Liposculpt (15 minutes), Ultrasonic Cavitation (15 minutes), and Thermalift (15 minutes) on abdomen. One per person. New clients only. Choose either \$69 introductory offer (Thermalift or Ultrasonic Cavitation).



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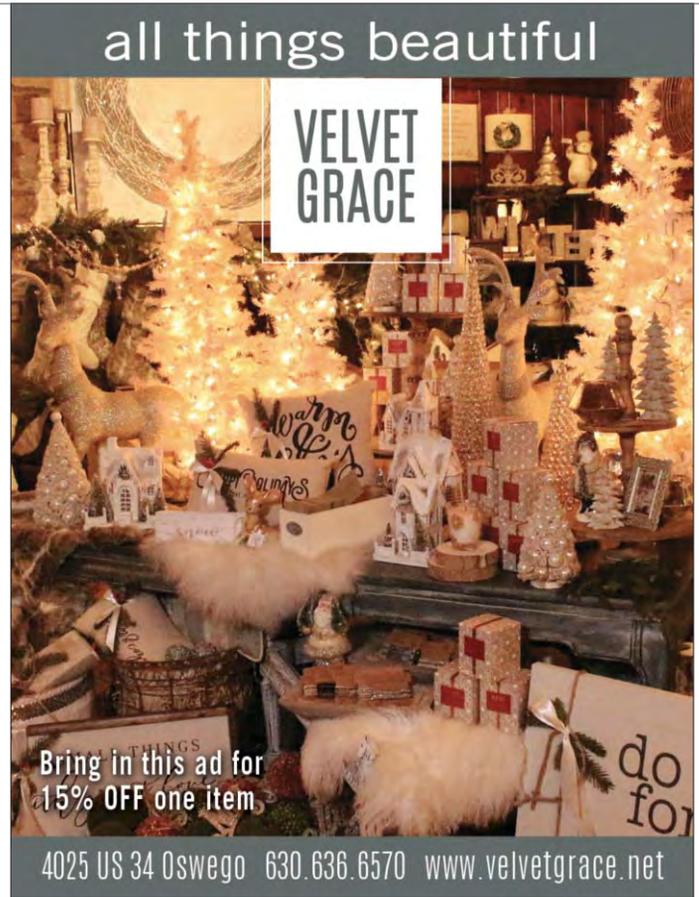
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GUEST BLOGGERS

# Pedis-n'-Passports

## OUR ALL AMERICAN NASHVILLE WEEKEND

If you have the opportunity to visit Nashville, a stay at Gaylord Opryland Resort and Convention Center is a magnificent choice.

Having a French exchange student living with us at the time, and having had experienced Chicago's culture thoroughly, we thought it would be beneficial for her to have a chance to see another all American city. What would be better than Nashville over July 4th weekend?

With indoor and outdoor pools, acres and acres of beautiful, lush, tropical gardens and waterfalls, thousands of balconied guestrooms, 16 restaurants, 12 retail shops—all under sparkling glass ceilings, this resort feels like a city unto itself. The entire resort sits on 172 acres. Each section of the hotel has its own theme. We stayed in the Cascades, which was absolutely stunning. You will definitely get your 10,000 steps in a day while staying here!

During our stay, the resort was in the midst of its Alice and Wonderland "Through the Looking Glass" Summerfest, so the entire resort was full of whimsical and fantastic embellishments. The girls absolutely loved this. They immediately partook in the Scavenger Hunt, one of the numerous kid-friendly Summerfest activities.

The Delta Riverboat tour, which runs directly through the hotel, carried us along 4.5 acres of lush gardens and colorful Alice in Wonderland surprises. Following the boat ride, we headed to dinner. We all agreed on Italian food (not an easy choice with so many options) and Ravello certainly did not disappoint. Our exchange student said it was the best meal she had in America. Although I cooked for her several times, I let this one go.

Gardeners will be in flora and fauna heaven here! I believe there are over 50,000 plants inside this resort—from exotic fruit trees, to delicate orchids—the lushness was all encompassing.

The only challenge you will face while visiting this hotel is actually wanting to leave the resort to head into Nashville. Gaylord Opryland offers shuttles, taxis or ubers into the city, so getting there couldn't have been more convenient. We decided on a taxi and were in Nashville in 15 minutes ready for an evening of country music, line dancing and fireworks—an authentic American experience!

So if you're in need of an exciting and luxurious weekend getaway, head to Gaylord Opryland Resort and Convention Center. *For more details and photos visit [pedisnpassports.com](http://pedisnpassports.com) to read our Nashville blog.*

## ABOUT THE BLOGGERS

Naperville mom and teacher, Kristen Kainrath and her teen daughter, Brooke, are a mother-daughter travel-blogging team who have always shared an incurable case of wanderlust. Their goal is to inspire girls to follow their passions and appreciate the diversity of our global community. Follow them on their journeys at [www.pedisnpassports.com](http://www.pedisnpassports.com) and watch for their monthly article inside Glancer Magazine in 2017.



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Beyond traditional services, Dr. Petrelli offers Velscope Vx Oral Cancer Screenings, Xylitol products which help prevent cavities, Philips ZOOM!, professional teeth whitening options, and a variety of Sonicare electric toothbrushes. Now offering extended hours, contact Glen Ellyn Dentistry today. -*Kristen Kucharski*

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## Must-Visit New Business: Salon b

**AURORA/NAPERVILLE**—They say "choose a job you love, and you will never have to work a day in your life". Ruth Anne Brown did just that when she recently opened Salon b with her friend Traci Strait.

"I have been in fashion wholesale for 30 years and Traci has been doing hair for 28 years," Ruth Anne shares. "It

was nice to combine both our passions to open this amazing salon." Perfecting the impeccable cut and style for women, men and children, Salon b welcomes all guests to gather and also shop exclusive vendors like R+Co, Chandler Candles, Mantra bands, GlamRock and The Giving Keys jewelry lines. Be sure to be ready for this holiday season's hottest trends by booking online today! -*Kristen Kucharski*

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## Neighbor To Know

### Turning Book Pages Into Beautiful Decor Melissa Bernas of Oswego

Melissa is a total book nerd with a passion for the arts and crafts. She can recall sitting in her bedroom when she was young making Christmas ornaments out of pipe cleaners for her parents. In search for a book related holiday gift for her monthly book club members, Melissa decided to make paper Christmas trees out of book pages....."and it completely took off from there!" After selling a few in her neighborhood, she launched Pretty Pages and began creating one-of-a-kind custom pages that brought new life to old stories.

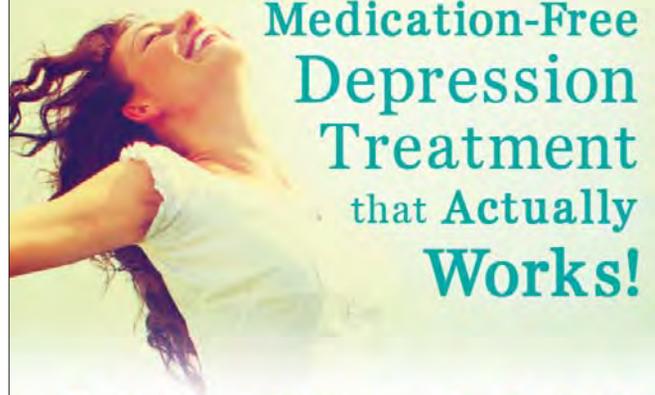


"I scour used book stores and Etsy for just the right page coloring, size and text font," Melissa says. "It's like a treasure hunt for me! My favorite pages are from a vintage French dictionary." During the holidays, she likes to use Nutcracker pages and sheet music from Christmas songs; but can customize for any occasion including family names on wreath banners, books with a special meaning, or favorite songs on sheet music. Although the pages are typically black and white, the sky's the limit on the color of the lettering, ribbon, accent paper and printed pictures.

Her next market appearance will be at the Backroads Vintage Holiday Market at Emerson Creek Pottery. It's a full weekend-long market on November 11th and 12th with a Sneak Peak Friday evening. [www.facebook.com/prettypagesco/](http://www.facebook.com/prettypagesco/) -KK



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# Dining

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### 12 BEERS OF CHRISTMAS

**Two Brothers Tap House • Thursday, December 7**

Get some holiday cheer with some winter beer! Join us for 12 Beers of Christmas at the Two Brothers Tap House and brewery. We are opening up our brewery and our archives to the public, offering beer samples or our rare beers and putting 12 of our specialty beers up for purchase. Enjoy a few beer in our Christmas decorated brewery then head into the Tap House for dinner. *Two Brothers Tap House, 30W315 Calumet Ave., Warrenville • www.twobrothersbrewing.com*

### MOTHER TRUCKIN' FEST

**Sears Centre Arena • Saturday, December 9**

More beer than you can drink. More food than you can eat. Hoppy Holidays, Chicago! Mother Truckin' Fest returns with the gift of Craft Beers and Food Trucks this holiday season as Mother Truckin' Fest rattles the walls of the 100,000 sq. ft. Sears Centre Arena on Saturday, December 9. With each ticket you will receive a commemorative tasting glass, 25 tasting tickets and full access to the festivities, featuring craft beer, the cascading Beer-ing-ham fountain, Santas Little Hoppers Workshop and specialty food trucks. *www.mothertruckinfest.com*



## Naperville Native Offering Delicious Treats Worthy of Any Celebration

SERVING CHICAGO'S WESTERN SUBURBS & BEYOND—ECBG Studio is a cake and pastry shop in Chicago that has been specializing in wedding cakes, decorated cookies and cupcakes since 2011.

Owner Erin Martin started the small business in Naperville where she

grew up and is committed to offering delicious treats made with high quality and organic ingredients that are worthy of any celebration. Order your holiday favorites or a decorated cookie party tray for your celebration. Delivery options are available. *erincustombakedgoods@gmail.com, www.ECBGstudio.com*



WEST SUBURBAN EDIBLES TO LOVE

## Savory & Sweet Sisters

### The Little Popcorn Store

111 ¼ W. Front Street, Wheaton

(630) 690-7712 [www.littlepopcornstore.com](http://www.littlepopcornstore.com)

Owner: Bill Wakefield

### THE MAGIC BEHIND THE RED DOOR

Measuring only forty-nine inches wide and sixty feet long The Little Popcorn Store is the smallest shop around but has a long history. In 1921 Wheaton resident E. Claire Brown put a roof over an alleyway and with the secret popcorn recipe in hand opened his door. In 1935 the popularity of his popcorn drove him to want a little more space. He found another alley at 111 ¼ Front Street, put a roof over it and popcorn has been popping inside ever since. A Wheaton local, Bill Wakefield took over in 1979 and keeps the memories alive.

As you pull open the red door sandwiched between two storefronts, the smell of freshly popped popcorn brings back many memories. A favorite of young and old Mr. Wakefield sells eight tons of popcorn a year! He uses only white corn, veggie oil and salt. The simple recipe helps to keep the popcorn allergy safe for many children. The narrow store is lined with nostalgic penny candy. From root beer barrels, wax teeth and swirled lollipops to giant jaw breakers and Satellite wafers. You are bound to find a childhood favorite. Although Mr. Wakefield loves chocolate his favorite candy is the grapefruit gummy and we must agree it bursts with flavor.

Mr. Wakefield shared that his favorite part of the day is when the children come in. As we talked a smiling young girl with excitement on her face eyed each candy jar trying to pick just the right sweet treat. She was clenching in her hand a token. Each token awards the lucky child one dollar worth of candy.

This holiday season enjoy some sweet treats from yesteryear, grab a bag of fresh popcorn and make memories with your family. One family started as a proposal with a ring pop and now it is tradition to bring their children. Just look for the red door on Front Street!

**ABOUT THE CRITICS** Stephanie (right) & Tiffany (left) Schmoker are west suburban sisters who have always shared a love for dining out and they also enjoy cooking together. They came from a family of 7 and grew up on farm with fresh fruits, veggies and more. Watch for their review of a different west suburban restaurant in each issue of Glancer Magazine. Invite them to your eatery at [editorial@glancermagazine.com](mailto:editorial@glancermagazine.com).





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# Spotlight On!

## 'Tis the Season to Celebrate Family

PATRIOT HEATING & COOLING SERVICES, INC.—It's getting cold outside, we have turned the clocks back and Christmas music is playing. While the season gets underway, one local business is out repairing and replacing furnaces keeping area families warm and safe. At Patriot Heating and Cooling Services it is one of their favorite times of the year.

"Thanksgiving, Christmas and the New Year are all special times for us, as we get extra time with our families," shares the owners Josette and Bill. "If you know Patriot, then you know we operate a family business and promote a family culture where family is a priority. It's so important to us."

Josette and Bill understand first hand how important family is and also how important it is to be available when a client needs them.

"It is critical to be available 24/7/365 to meet clients urgent needs and its also critical to take care of employees. This is why we strategically set up an on call rotation for technicians where no one technician is burdened with too much on call responsibility, and yet we are available anytime for an urgent client need" says Josette.

"Providing Exceptional Client Service and doing the right thing at the right time—every time—is a big part of our success. Making sure our team members have time to attend their children's school and athletic events, as well as have time off with their spouse makes for a happy team member. This is another big part of our success." Bill added.

"Whether it's our family or yours, we make family a priority. Celebrating family is what we do and who we are, not just at this time of the year, but all year long. After all our Patriot Team is really just one big family, too. Happy holidays from all of us at Patriot Heating and Cooling." Pictured: Tim, a Patriot Technician & His Family

Patriot Heating and Cooling Services, Inc.

821 W. State Street Geneva • (331)229-0212, [www.patriothvacservices.net](http://www.patriothvacservices.net)



## HomeWerks Design Center Invites You In

HOMEWERKS KITCHEN AND BATH— Recognized as a premiere remodeling company, this **10,000 square foot showroom** is truly inspiring. Family owned and operated since 1996, HomeWerks specializes in full service remodeling.

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# LOCAL INFLUENTIAL

## CHICAGO



Photos by Mike Mantucca & Mike Cattara

## Inspired by a Love for the Arts, Meet Joan Kaufman, Local Interior Design Influencer

Story by Kristen Kucharski

Joan's love for the arts started in junior high. She gravitated to the Beckman Art Room at Nichols Library in Naperville enjoying books and paintings about art and artists. She loved to draw and paint and proceeded to take classes and learn new techniques. Joan loved to attend special tours and peruse the expansive library at the Art Institute of Chicago.

Joan furthered her studies at the University of Illinois Krannert Art School in both Art and Interior Design, and pursued international education while living in Rome. Joan's interests span into sustainability, creating beautiful spaces that also support health. Owning her own business provides her the flexibility to devote time to family.

"Wearing all hats from mom, to business owner is both exciting and challenging," Joan says. "Staying fresh and relevant in today's ever-changing world is especially important."

Demonstrating a high level of design expertise and dedication to quality service, Joan is a leader in the community; in 2016 Joan earned the Designer of Distinction Award which honors a professional designer who has established a body of superior work demonstrating creativity, excellence, and innovation. A strong leader in eco-friendly design, Joan Kaufman's firm, Interior Planning & Design, Inc., received the 2015 Design Excellence Award for Springbrook Animal Care Center. Her firm is nationally recognized for Lighting Design and

innovative kitchen design. This summer, Joan was a panelist at the Merchandise Mart/ComEd event for green design, and has also been featured on WGN-AM radio's Bill Moller Show, educating listeners about healthy design and creating balance in one's space.

**BUSINESS SUMMARY IN JOAN'S WORDS**  
"For more than twenty-five years, we have provided quality service and created beautiful spaces. We create the total environment through lighting, color, fabrics, finishes, and furnishings. We work within our clients timing and budget. We work in partnership with our clients create spaces that they love. We create amazing interiors that are beautiful and comfortable. Our unique mission and focus to create healthy spaces that promote well-being using products that are healthy for our clients and the environment." — Joan Kaufman, FSID

### AREAS OF SPECIALTY

- Space Planning
- Kitchen and Bath Design
- Custom millwork Design
- Corporate Image Design
- Interior Design
- Lighting Design
- Project Coordination
- Window Design

### AWARDS, ACCOLADES, AND ACHIEVEMENTS

- ASID (American Society of Interior Designers)
- 2016 ASID Designer of Distinction
- 2015 ASID Design Excellence Award
- ASID Fellow
- Winner: Halo/Metalux National Lighting Competition

### BUSINESS LOCATION

Interior Planning & Design, Inc. • Naperville  
(630) 848-2119 • [info@interiorplanning.com](mailto:info@interiorplanning.com)

### MENTORING OUR FUTURE

Joan's advice for future Interior Designers is to create a network of colleagues you can rely on.

See Joan's Story and Many Others at [www.LocalInfluential.com](http://www.LocalInfluential.com)



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ROSELAND INTERIORS—Since you know your furniture will take a beating this month, now is the perfect time to schedule a reupholstery consultation and jump start your plan to freshen up your home in 2018!

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## 'Tis the Season to Feel Beautiful and Youthful

Submitted by Nesreen Suwan, M.D

Beauty is being the best possible version of yourself, inside and out. At Forever 25 Medical Center/ChicagoCoolSculpting Center we have always been devoted to providing the latest in medical science like CoolSculpting. This fights the unwanted bulge in many areas of the body, using the controlled freezing technology that was developed at Harvard And Mass General Hospital.

We also provide Dermal fillers that provide an FDA-approved solution to smoothing out unwanted age lines and adding volume beneath the surface of the skin, where volume loss caused sagginess and aging features. There is no downtime, and their effects can be seen immediately, and patients are wowed with the way they look after injections.

There are many types of dermal fillers. The right product is chosen based on the condition you wish to address. Botox works very well in smoothing expressive wrinkles in the upper face. PDO thread lifting is considered the best non-invasive procedure For neck & jawline treatment.

Although PDO Threads can be inserted almost anywhere, one area where they are especially effective is the neck and jawline. The lower third of the face is challenging to treat effectively with botulinum toxin or injectable fillers, which are most effective in the upper and middle third of the face, respectively.

Threads are fully absorbed by hydrolysis within 4 to 6 months and doesn't create any scar tissue. The foreign body stimulates collagen synthesis and the skin structure created will hold for another 12 to 15 months.

**ABOUT THE DOCTOR** Dr. Suwan is a medical doctor, cosmetic and anti-aging specialist with extensive certifications in cosmetic procedures, Botox, Dermal fillers/ liquid facelift, vampire PRP facelift, PDO thread face / neck lift, FRACTORA and Radio Frequency face/ neck lift and tightening. Medical and cosmetic laser procedures, laser and PRP hair restoration. Prescription med for weight loss, supplements, meal replacement programs. Laser, CoolSculpting, ultrasound and Radio frequency, for body contouring. For more info [www.forever25.com](http://www.forever25.com) or call (630) 420-8080.

## All About Alopecia

TUBELLA HAIR STUDIO— Alopecia is a misunderstood autoimmune condition that includes Alopecia Areata, Alopecia Totalis, or Alopecia Universalis. Nearly 5 million Americans (2% of the population) are affected. The cause is unknown and there is no cure.

Alopecia is highly unpredictable, as hair loss and regrowth can occur at any time. The only positive is that there is new technology to recreate someone's natural hair and scalp and it's available at TuBella Hair Studio in Lisle through their new partner company Cesare Ragazzi. They have developed a 3D printed hair prosthetic. Visit online today for more details! [www.tubellahairstudios.com](http://www.tubellahairstudios.com)



## Welcome to Wellness

A TO Z WELLNESS AND

BODY SCULPTING –

Since 1989, Dr. Adriana Zabrosky has been serving patients by delivering excellent chiropractic care and helping them maintaining a healthy nervous system. "I am so pleased to have had a long relationship with my patients, their family members, their friends and neighbors. I decided to add body-contouring technology to my practice and the results have been terrific! Now, not only do they feel good, but they look good too!" said Dr. Zabrosky.

A to Z Wellness and Body Sculpting

at Zabrosky Chiropractic • (630) 515-000 • [www.zchiro.com](http://www.zchiro.com)



## Personal Training

**Q** What are some ways to increase my intensity of my workouts?

There are numerous ways to make your workouts more challenging and can easily be put to use in your next workout. The first thing you can do is make sure you are using the proper weight. Your last rep or two should be a struggle to finish if you have the right resistance. Another thing you can do is to perform your reps with a slow count to increase time under tension for the muscle. Finally you can try and do more work in less time. If you did 5 rounds of 5 exercises in 30 minutes, you might next time try to finish in 25. Those are just a few of the many ways to make your workouts harder but for now give those a try!

**ABOUT THE WRITER** Hank Ebeling is the Owner and Lead Coach at H4 Training. His training systems have helped countless clients achieve their goals and get into the best shape of their lives. Hank has a Bachelor of Science degree in Kinesiology from University of Nevada-Las Vegas, and is certified by the American College of Sports Medicine. Hank has been in the training industry for 8+ years working on his craft at numerous health clubs and private training studios. With a passion for fitness, he strives to empower his athletes and clients with knowledge so that they may continue to improve throughout their lives.



Photos by Mike Catuara

## Exceeding the Trust and Respect of Patients

WEST SUBURBAN CHICAGO—For nearly 20 years, founders, Dr. Paul Singh and Dr. Pradeep Khurana have shared their vision of uncompromising excellence in dentistry by offering superior service and the latest in dental technology, innovation and training. With three west suburban Valley View Dental locations, it has fast become a preferred dental practice in the area.

The Naperville location recently celebrated 10 years. Area families are invited in to see why so many residents are pleased with both Catherine Rhim, DMD and Homam W. Saadi, DDS, MS, the dentists at this location.

"I was very impressed with the services, technology and level of professionalism I experienced in my first visit to Valley View Dental," said Cindy Chrzanowski, a patient at the Naperville location.

The practice offers general, cosmetic, periodontal, implant and orthodontic procedures, in addition to Invisalign, BOOST Teeth Whitening, CEREC one-day crowns and even same day emergency visits. For a complete list of services visit their website.

As a family practice, Valley View Dental listens to and cares for their patients, just as they do for their own family members—extending the philosophy of family in every treatment and service. Valley View Dental recently opened a location on Route 34 in the Ogden Hill Shopping Center in the Montgomery-Oswego area. Call or visit the location nearest you to discover what Valley View Dental is doing right!

By combining gentle care, genuine concern and experience, integrated with on-site labs, a large staff of doctors and extended business hours, Valley View Dental can meet your family's dental needs. As 2017 comes to a close, consider using your insurance benefits and flex spending accounts to make your smile even more memorable this holiday season. —Kristen Kucharski

Valley View Dental • [www.vvdental.com](http://www.vvdental.com)

Located In Naperville, Montgomery & Romeoville

## Spotlight On!

### Introducing a Revolutionary Depression Treatment

HINSDALE— HPR Treatment Centers recently brought their revolutionary depression treatment TMS Therapy to Hinsdale. TMS is a non-invasive, medication-free, FDA cleared treatment that uses magnets to stimulate areas of the brain associated with depression. It is very well tolerated with few if any side effects, and has helped thousands of people achieve long lasting relief from depression.

HPR Treatment Centers • 800) 604-0208 • [www.hprtc.com](http://www.hprtc.com)  
201 East Ogden Ave., Suite 127, Hinsdale





# Spectacular

## PLACES FOR HOLIDAY GLITTER N' GLAM

Ladies, it's time to pamper yourself before your holiday celebrations. After you've enjoyed your 12 Days of Beauty, add some glitter and glam with a holiday makeover, an elegant updo, trendy makeup styles or a relaxing facial. There's no better feeling than walking into a holiday soiree feeling as fabulous as ever. Start today with Glancer Magazine's list of 7 Spectacular Places for Holiday Glitter N' Glam. Happy Holidays!

1.



### 1. COLOR YOUR EVENING WITH DIOR HOLIDAY 2017 PRECIOUS ROCKS COLLECTION

Combining the "refinement of precious gems with the rock attitude of the modern Dior woman", the Dior Holiday 2017 Precious Rocks Collection is making beauty extraordinaires smile. Whether you are looking to dazzle your nails or jazz up your lips, the collection has something to offer everyone. For a complete review along with swatches, follow beauty insiders The Happy Sloths at [www.thehappysloths.com](http://www.thehappysloths.com). The Dior Holiday 2017 collection (right) is available at Macy's.

### 2. TREAT YOURSELF TO A PRE-PARTY MAKEUP APPLICATION AT MARIO TRICOCI

Arrive to the party feeling as glamorous as ever with a full makeup application (\$40). It includes a 30-minute makeup application with COSE, Mario's own custom blended mineral makeup line. [www.tricoci.com](http://www.tricoci.com)

2.



3.

### 3. ADD VOLUME THIS SEASON WITH BEAUTIFUL HAIR EXTENSIONS

This year it is not about what you remove, it is about what you add! Zano's hair extension department can answer all of your needs from adding length to adding density. Zano has been a leader in the extension business in the Western Suburbs for over ten years, only partnering with the best in the industry. Their commitment to supporting the local beauty community and excellence has made their choice of partnering with Tony Odisho a simple one. This partnership has led to success stories in making thinning hair feel full again, creating the perfect haircut and maintaining or changing your color without any damage to your hair. Please read the frequently asked questions section online and reserve your Hair Extension consultation today. [www.zanosalons.com](http://www.zanosalons.com)

### 4. GET THAT SUN KISSED LOOK AT L.A. TAN

If you're looking for that perfect glow all year round or just throughout the holidays, L.A. Tan's memberships are the perfect choice for you. With a variety of options, L.A. Tan has a membership at the right price. With memberships starting as low as \$10/ a month with no sign up fee and without any long term commitment requirements, it's no wonder why so many love L.A. Tan. Choose a spray tan pack age that's just right for you. Several locations throughout the western suburbs. [www.latan.com/spray-tan/](http://www.latan.com/spray-tan/)

4.



### 5. GET THAT HOLIDAY GLOW WITH NEW ITEMS AT ULTA

Head to ULTA for all of your favorites and try out some new items, too. Many will leave you feeling glittery and glamorous just in time for that holiday soiree you've been planning. Pictured is the Shimmering Skin Perfector Pressed Highlighter Gradient Glow, a new product on ULTA's shelves. #Item 2517351 \$38.00

5.



### 7. VISIT THE NEW MERLE NORMAN SHOP IN DOWNTOWN GENEVA

Visit before the holidays for great gifts and to pamper yourself. This new shop is the latest addition to Downtown Geneva. Attend the Ribbon Cutting on Thursday, January 4, 2018 at 4pm to celebrate its arrival. *Merle Norman Cosmetics, 518 W. State Street in Geneva.*

7.



6.

### 6. TREAT YOURSELF TO AN ANTI-AGING FACIAL AT THIS GLEN ELLYN FAVORITE

Offering skin care to help you look and feel your best, this Glen Ellyn studio is the perfect place for your holiday facial. Their Signature Facial is 1 hour, 15 minutes and consists of nurturing and pampering the skin using enzymes, mild exfoliants, light therapy and nourishing ingredients. \$80. *Private studio by appointments and referrals only.* [www.theskinstudio.com](http://www.theskinstudio.com)



# Chicago CoolSculpting Center



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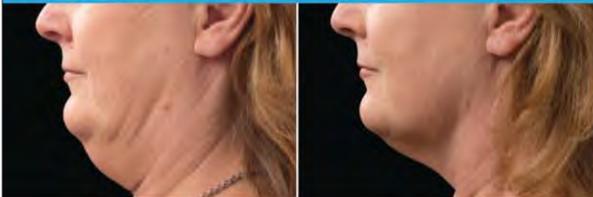
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Dr. Suwan

# Chicago CoolSculpting Center



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12 WEEKS AFTER

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Photos courtesy of A. Jay Burns, MD

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Molly Sims

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# Glancer

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